# J Watumull GLOBAL HOSPITAL & Research Centre

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# Representing India in the USA

Newsletter

On the invitation of the American Academy of Ophthalmology, senior consultant ophthalmologist Dr Sudhir Singh presented his low cost, innovative cataract operation technique at their annual meet at San Francisco, USA, in October. Kudos to him for this prestigious exposure!



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## Dental conference

#### Visiting super-specialists

*Cardiology:* Dr Ashish Kumar Agarwal from Jaipur saw 15 patients in November. Dr Subir Ghosh from Ahmedabad visited once each in November and December, when he was consulted by 23 patients in all. *Dermatology:* Dr Sunil Mishra from Mumbai saw 104 patients in December.

*Neurology:* A neurologist from Delhi was consulted by 13 patients in November.

*Pulmonology:* Dr Manoj Singh from Ahmedabad saw 27 patients in November. Dr Shwetang Jani from Ahmedabad saw 32 patients in November and 16 in December. The North Gujarat Branch of the Indian Dental Association held the 49th Gujarat State Annual Dental Conference at the Gyan Sarovar Academy for a Better World, Mount Abu. The entire dental department was in attendance. Senior dental surgeon Dr Niranjan Upadhyaya co-chaired the organising committee.

#### New assets

Acquisitions included a transport ventilator (Air Liquide), a ventilator (GE Premium), an audiometer (Arphi), a washing machine and a car (Maruti Suzuki Nexa Zeta).

#### Lectures delivered

October 20 ~ Future of healthcare in 2035 ~ Dr K Ganapathy, director, Apollo Telemedicine Networking Foundation & Apollo Tele Health Services and emeritus professor, Tamilnadu Dr MGR Medical University, Chennai

October 31 ~ Stroke: Global & US perspective, current management guidelines ~ Dr Sri Divya Jaini, hospitalist physician, California, USA

November 28 ~ Quality improvement and quality assurance ~ Ranjan Shukla, associate director, SSA Business Solutions, India

December 12 ~ Therapeutics and control for end of life care ~ Dr Roger Cole, palliative care physician, Australia

#### Conference participation

Dr Mahesh Hemadri, medical officer Incharge, GV Modi Hospital,17th National Geriatric Conference, by Indian Academy of Geriatrics, at Vellore, on December 6-7

Dr Nitin Sunku, consultant orthopaedics & joint replacement surgeon, 40th Orthopaedic World Congress, by the International Society of Orthopaedic Surgery and Traumatology, at Muscat, Oman, from December 4-7

## Outreach consultations

Consultant gastrointestinal, general & laparoscopic surgeon Dr Dilip Kothari saw 20 patients in Jalore and Sirohi, and 24 patients in Nana, Pali district, during October. He visited Jalore and Sirohi twice each in November where he saw 32 patients. In December, his visits to these towns attracted 48 patients. Dr Kothari also visited Raniwara where he saw 6 patients.



At a knee joint consultation event in Jalore in October, senior orthopaedic surgeon Dr Narayan Khandelwal and consultant orthopaedic surgeon Dr Kailash Kadel saw 46 patients. In Bhinmal in December, Dr Khandelwal saw 100 patients.



### Cancer screening

The Lions Club sponsored two oral cancer screening events in Jhadoli, in October, where oral & maxillofacial surgeon Dr Keyur Mevada screened 508 people. At a subsequent programme in Abu Road, he screened 55 people.



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#### Cataract screening

Cataract screening events in November in Nichalagarh and Uplagarh attracted 20 villagers while 150 were screened in Krishnaganj by DNB ophthalmology resident Dr Anshuman Pattnaik. In Sildar, Sirohi, DNB ophthalmology resident Dr Poulami Pal screened 197 patients. In December, Dr Pal screened 38 patients in Surpagla. In two more events held in Reodar and in Sumerpur during December, Dr Pattnaik screened 313 patients.

## A new lease of life for a road traffic accident victim

A 25 year old man met with a road accident while riding his bike. Serious injuries on the left side of his body exposed his chest and neck upto the cervical roots. He had bled profusely. He had also suffered a fracture of his right hand/wrist and leg. Dr Anil Bhansali, senior general & laparoscopic surgeon, Dr Kusum Bhansali, ENT specialist, and Dr Nithin Sunku, consultant orthopaedics & joint replacement surgeon, performed two operations on him. Miraculously, the victim was fit enough to be discharged a week later. The cost of his treatment was met by the Bhamashah Rajasthan state health insurance scheme for the poor.

# Bone mineral density screening

Three bone mineral density screening programmes were arranged at the Radha Mohan Mehrotra Global Hospital Trauma Centre between October and December.

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### New asset

At the Radha Mohan Mehrotra Global Hospital Trauma Centre, the asset base expansion involved the acquisition of an obturation unit (Skydent) in December.

# Treating cancer

Premaram, a 47 year old male was diagnosed with cancer of the left cheek which had invaded his lower lip, the margins of the adjacent mandibular bone and his neck lymph nodes. Dr Bhansali excised all the cancerous part and performed a radical dissection of the left side of the neck. He reconstructed the cheek with a forehead flap and covered the forehead with a split skin graft from his thigh. Premaram was advised to return for a second surgery to reconstruct the lower lip.



## Best district blood bank



Society and Rajasthan State **Blood Transfusion Council** 

collected this award in Jaipur on October 1.



### Mega blood donation drives

The Rotary International Global Hospital Blood Bank collected 1117 bags of blood over 16 donation drives between October and December. One of these events yielded 206 bags, this was organised with the Yuva Committee Muslim Samaj, Pindwada. Another five events yielded over 100 bags each. Co-organisers for these events included the Agarwal Samai. Abu Road; Vishwa Hindu Parishad, Reodar; Brahma Kumaris, Taleti; Muslim Vakhf Committee, Abu Road; and the Bajrang Dal, Swaroopganj.

#### Serving thalassemia patients

The Thalassemia Day Care Centre at the Rotary International Global Hospital Blood Bank celebrated its first anniversary on October 2. The unit offers blood transfusions and testing services to 30 thalassemic patients from across the district and nearby areas. Rotarians Rajendra Bakliwal and Deepak Agarwal, and Rakesh Dhanya from the cosponsor, Sankalp India Foundation were in attendance.



Eye care

## Curing cataract

Global Hospital Institute of Ophthalmology performed 887 free surgeries between October and December. We present one beneficiary:

Otaram Meena, age 50, a resident of Sumerpur, entered the Global Hospital Institute of Ophthalmology a quiet, blind man. As soon as he got back his sight, he underwent a miraculous transformation. Post-operatively, he mingled with the other patients and was eager to share his experience with anyone with time to listen! He narrated his struggle with poverty, poor health and loss of vision. But now, he said he was keen to take up some work to help his family. Otaram was ever so grateful to the hospital, staff, even his neighbours who were the ones who heard of the eye screening programme and advised him to get his eyes checked for free knowing that otherwise, with no money in his pocket, Otaram would continue to suffer in silence.

## Support for cataract treatment

LV Prasad Eye Institute with the support of the Seva Foundation is covering the cost of 175 free cataract surgeries.

#### New asset

Much gratitude to Jashan Jewels for sponsoring the procurement of a vitrectomy machine (Icon Medicare) for the Global Hospital Institute of Ophthalmology.

#### Tax exemption details

Global Hospital & Research Centre offers section 80G (50% exemption) tax exemption on donations.

# Spreading awareness on glaucoma

On November 30, Dr Shalini, a glaucoma specialist with Global Hospital Institute of Ophthalmology, delivered a talk on the cause of glaucoma, methods of prevention, types and warning signs. Glaucoma is a disease of the optic nerve that can cause permanent loss of sight.



# Awareness events



On World Mental Health Day, October 10, graduate students arranged an awareness event on suicide prevention. This was the On November 16, Sudhanjali Behra, a lecturer, and Komal Jain, a clinical instructor, delivered a talk on careers to students of grade 10 and 12, at the

#### Talk on meditation

On October 4, Dr IS Bansal from Delhi, a proponent of Sahaj Yoga, and Dr Nita Pokharel delivered a talk on using that meditation technique for problem resolution.

#### Outdoor visit

On a visit to Ahmedabad on October 4-5, graduate students toured the Government Mental Hospital and the Civil Hospital.

government school in Bharja.

During the Newborn Care Week, on November 21, graduate students stepped out to educate mothers.

A campaign about AIDS on December 1, World AIDS Day, saw graduate students interact with class 12 students of the Bharja government school.

### Annual days

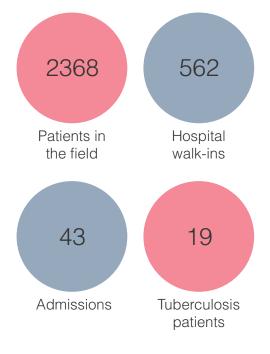
The annual day celebration on November 25 saw students participate in competitions–fancy dress, card making, etc. The toppers were awarded prizes. Banupriya won the best teacher award. Sirohi district chief Payal Parasrampuria presided over the event.

Students participated very enthusiastically in the annual sports meet on December 17. Suresh Thinger, chairman of the municipality distributed prizes on December 21.



# Eye screening and surgery

#### PERFORMANCE UPDATE



Eye teams screened 20 residents of Nichalagarh and Uplagarh for cataract. Fourteen were brought to J Watumull Global Hospital & Research Centre, Mount Abu, for surgery. The happy patients were escorted home after being operated on. They wore dark spectacles to protect their eyes from dust and glare.

#### Treating cases of extreme neglect

A one year infant from Uplagarh, one of the adopted villages, developed what looked like a black ulcer over his cheek. It slowly spread to his lips. He occasionally suffered from fever. It took his parents a month to approach a doctor. Oral & maxillofacial surgeon Dr Keyur Mevada operated on the boy, removing the dead tissue, giving the infant a new lease of life.





after •



#### Prepping for winter

377 primary school children of the adopted villages in Abu Road: Ambaveri, Bageri, Kadraphalli, Kyaria, Nichalagarh, Takiya and Tuka were distributed sweaters.



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