



Annual Report 2015-2016



Global Hospital & Research Centre
J Watumull Global Hospital & Research Centre and other units of the trust

—_contents__contents

Messages	←	01	
		05	→ Services of flagship unit
Performance of branches	←	09	
		15	↳ Community outreach
Research & academics	←	21	
		25	→ Educational initiatives
Training & development	←	29	
		33	↳ Consultants & doctors
Equipment upgrades	←	35	
		37	↳ Governance, patronage & financials

—_contents__contents

Messages





*BK Janki
Administrative Head
Prajapita Brahma Kumaris Ishwariya Vishwa
Vidyalaya*

Om Shanti and greetings of love to the Global Hospital family!

The heart is filled with pride and thanks as we honour another year of Global Hospital & Research Centre's wide-ranging services. Dadi is extremely fond of her association with the hospital, and similar establishments that provide all-round service: physical, mental and spiritual.

The good wishes that emerge from the hearts of patrons, donors, patients and their families are enabling a gigantic task to be accomplished year after year, and we congratulate every member of the staff for their determination and tireless services!

Our Almighty Supreme Surgeon, the Incorporeal Supreme Father and Mother, has taught us how to interact and serve others with compassion that is selfless and free from expectations. So this underlying virtue within the medical fraternity is the greatest healing power we can offer the restless, suffering world today.

Let us continue to follow the footsteps of our Supreme Being by alleviating sorrow and bringing happiness to all!



*BK Hridaya Mohini
Additional Administrative Head
Prajapita Brahma Kumaris Ishwariya Vishwa
Vidyalaya*

Om Shanti!

Saying 'Om Shanti' brings peace to the mind. When I stay in this experience of peace, it brings me wellbeing and the gifts of health, wealth and happiness.

Good health is everyone's birthright, and as Global Hospital has shown in its 25 years of existence, it is attainable. Not just physical health but the hospital is an oasis providing mental peace and comfort to patients.

Global Hospital's uniqueness is its spiritual environment, created by the doctors, nurses and staff who practice meditation. They understand the need to care for patients completely, body and mind. Thanks to them, returning to good health becomes easy.

For this reason, many visitors say 'it does not feel like a hospital' and many come to see this 'healing space' as a 'holy place' rather than a hospital.

There is no bigger gift than the gift of peace of mind. May you continue to serve everyone in the remembrance of the Divine and nourish them with this precious gift. Million fold congratulations for your untiring service and may you accrue millions of blessings.



*BK Nirwair
Managing Trustee, Global Hospital & Research Centre*

Dr Partap Midha, director of Global Hospital & Research Centre, consultants, doctors, nursing and other staff of the Global Hospital family deserve multimillion-fold congratulations for their great service to the needy, poor and general public. You have also maintained a very high standard of professional and clinical services. *All the facilities at Mt Abu, Abu Road, Baroda, and Mumbai have performed meritoriously. Statistics for the year 2015-16 speak for themselves.*

The induction of new equipment at the Global Hospital Institute of Ophthalmology and the new digital x-ray machine at the Radha Mohan Mehrotra Global Hospital Trauma Centre have been a blessing. We are thankful to our donors for helping to improve diagnostics in this remote part of Rajasthan.

The Village Outreach Programme is truly doing a yeoman's service, spreading health awareness to help the poor understand how to look after themselves and seek treatment.

Our esteemed team of surgeons continued with the laudable knee replacement programme and cleft lip surgeries. The diabetes control programme has improved the life of many diabetic patients.

We are proud of our nursing education principal and faculty for inspiring hundreds of youth to learn nursing. The DNB ophthalmology and family medicine courses have also seen very encouraging success.

We look forward to the kind support of our patrons and well-wishers to expand our facilities.



*Dr Ashok Mehta
Trustee, Global Hospital & Research Centre
Honorary Medical Director, BSES MG Hospital &
J Watumull Global Hospital & Research Centre*

A tiny seed planted in 1990 has blossomed into a large humanitarian health organisation receiving support from a large number of philanthropic individuals, companies, private and public charitable trusts and students of the Brahma Kumaris World Spiritual University. The Janki Foundation for Spirituality in Healthcare, a UK based charity inspired by Dadi Janki, chief of the Brahma Kumaris, has supported the hospital in a major way.

It is time to rededicate ourselves to deliver the fruits of the progress of modern medicine to the socially and economically less privileged.

It is time to reaffirm our commitment to promote positive health by incorporating spirituality in medical practice and creating a spiritual model of healthcare.



*Dr Partap Midha
Trustee, Global Hospital & Research Centre
Medical Director,
J Watumull Global Hospital & Research Centre*

I am happy to report some highs from the year gone by:

Radiologist Dr Ananda B joined us at Mt Abu, and is making regular visits to Abu Road. His professional acumen and competence has considerably strengthened the radiology department, and even enthused the installation of a brand new high end CT Scanner.

We created a new skill laboratory to impart hands-on training to nurses and resident doctors, part of our commitment to continuously improve patient care.

A new Intensive Care Unit and high dependency unit has strengthened the medicine services at the Radha Mohan Mehrotra Global Hospital Trauma Centre, Abu Road.

We were delighted to host US-based nephrologist Dr Rahul Prakash and his wife Dr Namita, who introduced us to the Da Vita Foundation and its Bridge of Life initiative. With their support we are expanding the dialysis units at Abu Road and Mt Abu.

Consultant ENT surgeon Dr Sharad Mehta has been working hard to expand the ENT services at Mt Abu and Abu Road. He is an asset to the hospital.

Patients, their friends and relatives and staff have taken much benefit from the Department of Spirituality & Wellbeing. Undoubtedly, this service helps J Watumull Global Hospital & Research Centre stand out as a centre practising holistic health.

Consultant ophthalmologist Dr Sudhir Singh has been in the limelight for his scientific publications. His expertise with the SICS technique has made him a lot of friends in India and overseas. Dr Singh's flare for documentation is worthy of mention.

Patient Relation Officer Rishi Mehta's soft words, loving attitude and sincerity have won hearts, making him very popular with the public! For patients seeking relief, his presence at the front office is welcoming and comforting.

Our Department of Diabetology has delivered tremendous benefit to people seeking holistic relief from what has become India's leading epidemic. Diabetologist Dr Shrimant Sahu travels extensively in India to impart the message—empower yourself to defeat diabetes.

This year promises to be even more special, as we celebrate 25 years of service to humanity. A very small beginning has grown beyond conceivable proportions thanks to your support.

Services of flagship unit



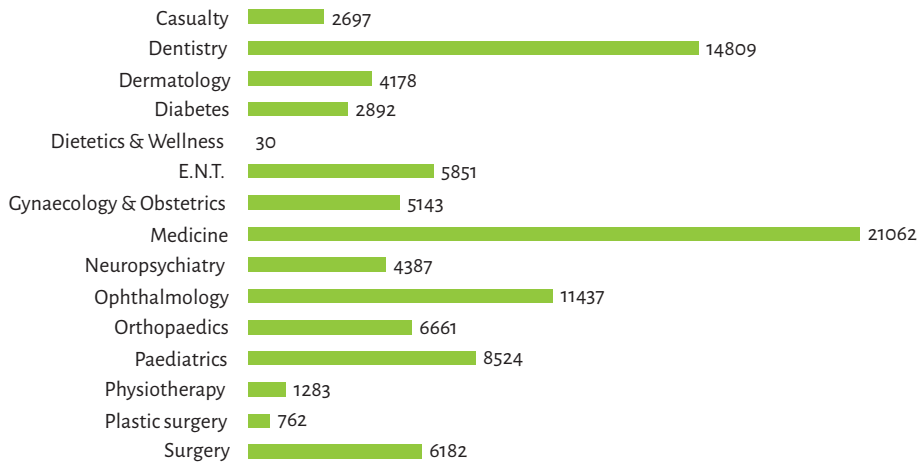


J Watumull Global Hospital & Research Centre

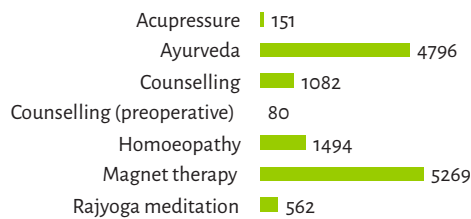
Consultations

Patients walking into J Watumull Global Hospital Research Centre have a choice few hospitals offer, and certainly no other in Sirohi district in Rajasthan. They can opt to get treated by a consultant practicing modern allopathy or traditional medicine.

Service By Modern Medicine



Service By Complementary Medicine



Visits by specialists helped to expand the range of allopathy services:

Cardiology: Regular visits by cardiothoracic & vascular surgeon Dr Surya from Mittal Hospital, Ajmer, 73 patient consultations, 79 2D echo cardiography investigations

Dermatology: One visit by Dr S C Tiwari, a senior dermatologist from Delhi, 256 patients; two visits by Dr Sunil Mishra, a dermatologist from Ahmedabad, 23 patients

Neurology: Three visits, 15 patients

Nephrology: Two visits by a nephrologist from Solapur, Maharashtra, Dr Anandnarayan Malu, 23 patients

Periodontology: One visit by Dr Kamteshwari, dean & head, Periodontology Department, Aurobindo Dental College, Indore, 25 patient consultations, 15 procedures

Pulmonology: Mumbai based pulmonologist Dr Shekhar Kadam, 125 patients, 67 spirometry tests

Hospital registration counter



ENT consultant Dr Sharad Mehta examines a patient



Major Diagnostics

PATHOLOGY LABORATORY

24x7 processing, adhering to stringent external and internal quality standards, by means of modern equipment and instrumentation.

BLOOD STORAGE CENTRE

Blood units are requisitioned from other blood banks, stored, cross-matched for patients and issued for transfusion.

Samples

18401

Free **50%**

Subsidised **11%**

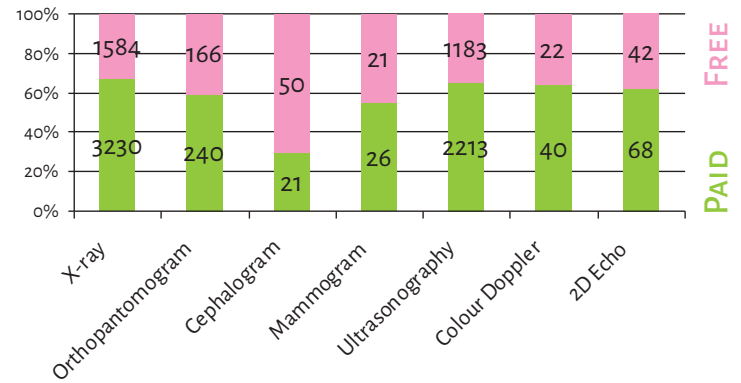
Paying **39%**

Blood units transfused

310

IMAGING DIAGNOSTICS

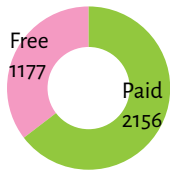
X-ray includes digital x-rays, mobile x-rays and special procedures like barium studies, intravenous urography and myelography.



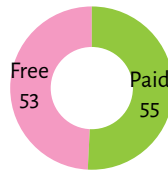
Other Diagnostics

CARDIOLOGY

Electrocardiogram

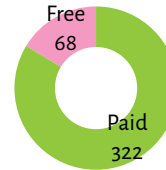


Tread Mill Test



ENT

Audiometry



Nasal Endoscopy **6**

Laryngoscopy **47**

GENERAL SURGERY

Gastrosopies **147**

Cystoscopies **4**

GYNAECOLOGY

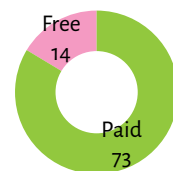
Hysteroscopies **2**

NEUROPSYCHIATRY

Biofeedback



Electroencephalogram



Magnet therapy in progress, by magnet therapist Dr Ramesh Dharamthok



Guided exercise for diabetics, Ahmedabad, by diabetologist Dr Shrimant Sahu



Indoor Patient Department

Patients

3478

Free **49%**

Subsidised **23%**

Paying **28%**

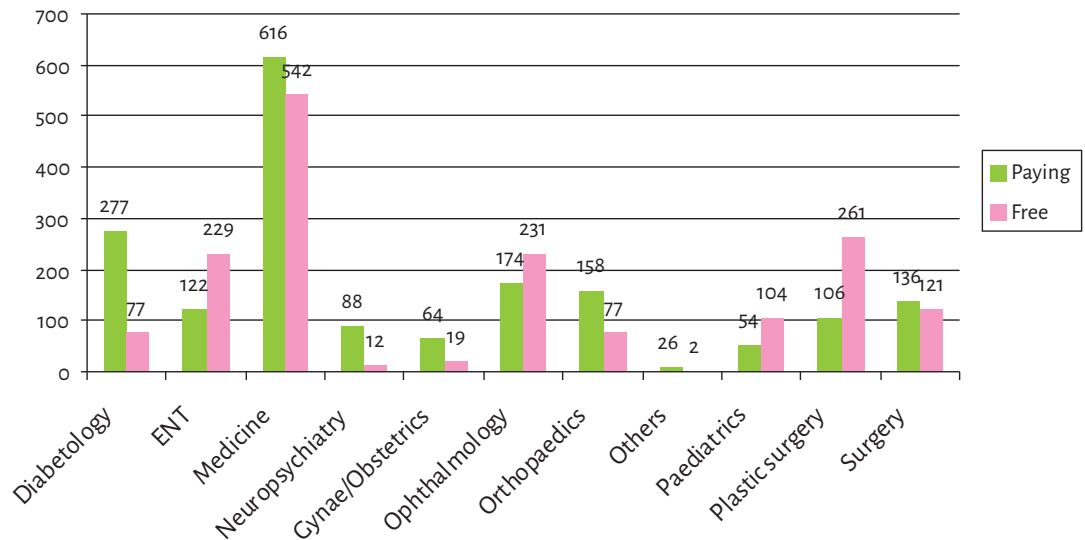
Bed capacity

110

General beds **36**

Subsidised beds **32**

Paying beds **42**



Operation Theatre

Major Operations		1310
1	Ophthalmology	401
2	Plastic surgery	272
3	ENT	251
4	Orthopaedics	221
5	General surgery	95
6	Gynaecology (+C-sections)	68

Minor Operations		533
1	Orthopaedics	202
2	Plastic surgery	119
3	General surgery	102
4	ENT	60
5	Ophthalmology	40
6	Dermatology	6
7	Gynaecology/Obstetrics	4
8	Pain clinic	3

Visits by specialists helped to expand the range of allopathy operative services:

Joint replacement: BSES MG Hospital orthopaedic surgeon & medical superintendent Dr Narayan Khandelwal performed 120 joint replacement surgeries during the year, assisted by Dr Kailash Kadel, orthopaedic surgeon, and Dr Murlidhar Sharma, registrar, Orthopaedics & Emergency.

Orthopaedics: Dr Prakash Chauhan from Ahmedabad performed seven club foot surgeries. He was assisted by orthopaedic surgeon Dr Kailash Kadel.

Urology: Dr Brajesh Singhal, urologist from Gwalior, operated on two cases in June and one in November.

J Watumull Global Hospital & Research Centre is an authorised treatment centre for :

> Admitted patients registered under Bhamashah Swasthya Yojana, a Rajasthan state government health insurance scheme for the poor and underprivileged.

> Admitted and outpatient employees of the central government stationed at Mt Abu, such as employees of the Central Reserve Police Force.

> Admitted women under Janani Suraksha Yojna, a government scheme to promote institutional deliveries.

The busy Department of Dentistry



Laparoscopic surgeon Dr Somendra Sharma operates on a patient



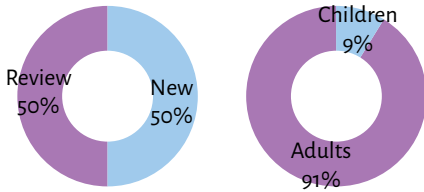
Performance of branches



Global Hospital Institute of Ophthalmology

Global Hospital Institute of Ophthalmology is an eye hospital. A new wing, P C Parmar Foundation Global Hospital Eye Care Centre, is named after the donor.

OUT PATIENTS: 47,210*

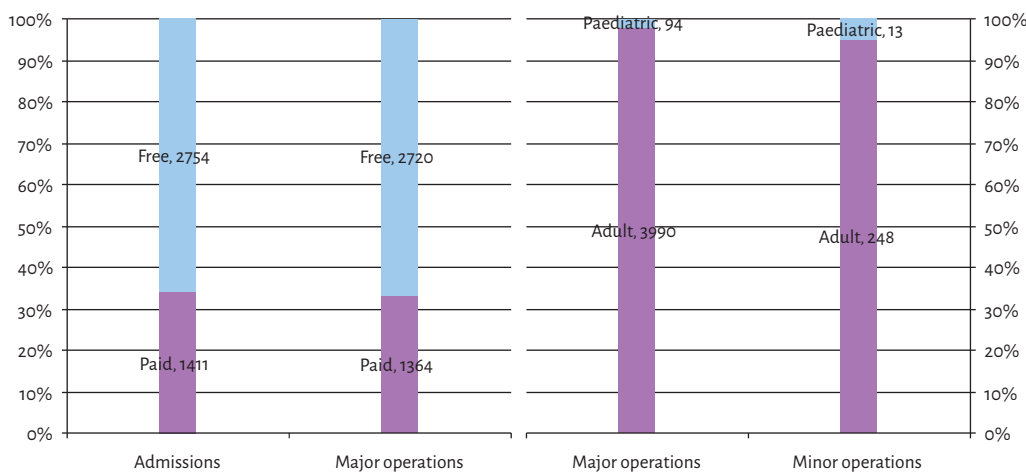


* All out patient consultations are free

Out-patient procedures offered:

- Artificial eye
- Computerised perimetry
- Contact lens
- FFA/ Fundus photography
- Foreign body removal
- Low vision aids
- Optical coherence tomography
- Orthoptic examination
- PRP laser
- Refraction
- Sonography
- Syringing
- Yag laser capsulotomy
- Yag laser iridotomy

ADMISSIONS / OPERATIONS



Operations performed:

- Cataract removal
- Corneal tear repair
- Entropion correction
- Glaucoma (trabulectomy)
- Intraocular trauma
- Keratoplasty
- Lensectomy
- Pterygium excision
- Ptosis correction
- Retinal detachment correction
- Scleral fixation
- Squint correction
- Vitrectomy

EYE BANKING

Collections **31**

Implanted	5
Research	11
Sent to other eye bank	13
Deemed unfit	2

Eyes pledged **143**

National Eye Donation Fortnight Events August 25 to September 8

- Dr Seema Laad, incharge, eye banking services, and Dr VC Bhatnagar, medical superintendent, delivered lectures at Chartered Institute of Technology, an engineering college
- Dr Bhatnagar and eye care manager Dinesh Singh conducted a workshop on eye donation at St John's Senior Secondary School
- Dr Zeeshan Jamil, DNB resident and Dr Laad conducted a Q&A session on eye donation for the residents of Shivmani Geriatric Home
- A public programme was held in collaboration with Lions Club of Abu Road to spread awareness and drive eye donations



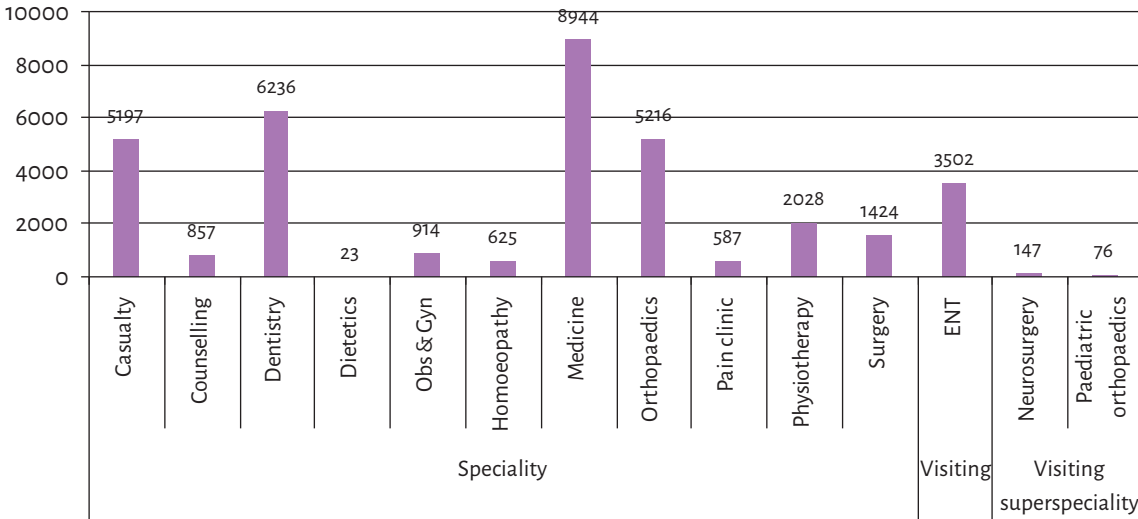
Other initiatives to spread awareness:

- World Optometry Day was celebrated on March 23. Ophthalmologists and optometrists spoke on the occasion. Optometry students were given gifts.
- On March 12, the closing day of Glaucoma Week, staff took to the streets of Abu Road to spread awareness about the disease. They walked three kilometres with banners and placards bearing slogans, distributing handouts to bystanders. RJ Mona of the local radio station Radio Madhuban interviewed doctors on glaucoma.

Radha Mohan Mehrotra Global Hospital Trauma Centre

Radha Mohan Mehrotra Global Hospital Trauma Centre offers emergency services and consultation with specialists on pre-determined days of the week. It is an accredited centre for the treatment of employees of North Western Railways.

OUT PATIENTS: 35,776*



* All regular out patient specialist consultations are free

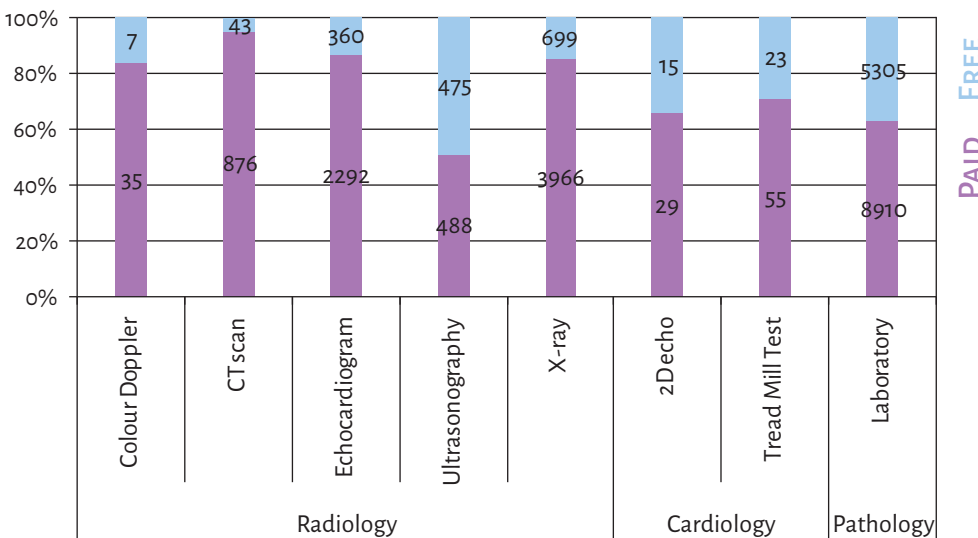


Every effort is made to make patients comfortable, Dr Satish Gupta, director, Medicine & Cardiology



A well equipped laboratory serves the hospital; lab technician Rashmi Singh on the job

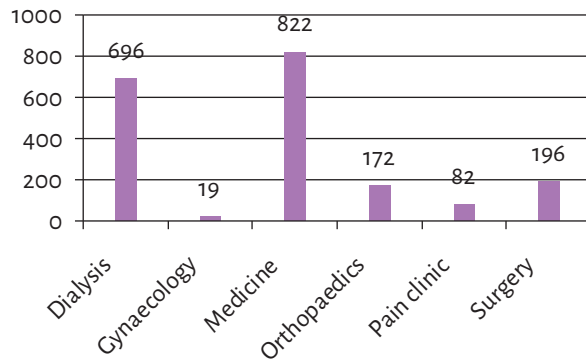
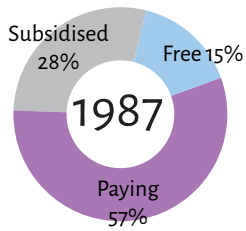
DIAGNOSTICS



Thank you doctor for sharing your thoughts with us on the work of the hospital, especially the holistic form of medicine that you project-- including meditation.

Professor Clement Sankat Mochan
Campus Principal,
University of the West Indies,
St Augustine,
Trinidad

ADMISSIONS



Surgeries take place in two operation theatres, one located adjacent to the casualty, the other used for planned surgeries. Both operating rooms are equipped with C-Arm, anaesthesia machine, high efficacy particulate air filters and laminar flow.



Transfers to higher centres **533/94032 kms**
 Inbound ambulance retrievals **91/3640 kms**



The trauma centre's ICU is the only one in Abu Road

OPERATIONS

Major	86
↳ Orthopaedics	75
General surgery	10
Gynaecology	1

Minor	566
↳ Pain management	304
Orthopaedics	203
General surgery	45
Gynaecology	13
ENT	1

ROTARY INTERNATIONAL GLOBAL HOSPITAL BLOOD BANK

Donor bleeds	5009
↳ Voluntary donors	99.8%
48 donation drives,	3548 Donors

Units issued	5121
↳ Used in-house	9%
Storage Centre (Mt Abu)	6%
Requisitioned by Mt Abu unit	3%
Sent to other hospitals	82%

Patients transfused	2724
Units issued free	910

It is the sole NGO Regional Blood Transfusion Centre in Rajasthan, which means it is mandated:

- > To promote voluntary blood donation
- > To separate into components at least 50% of the blood it collects
- > Referred technical and clinical problems of the region it oversees

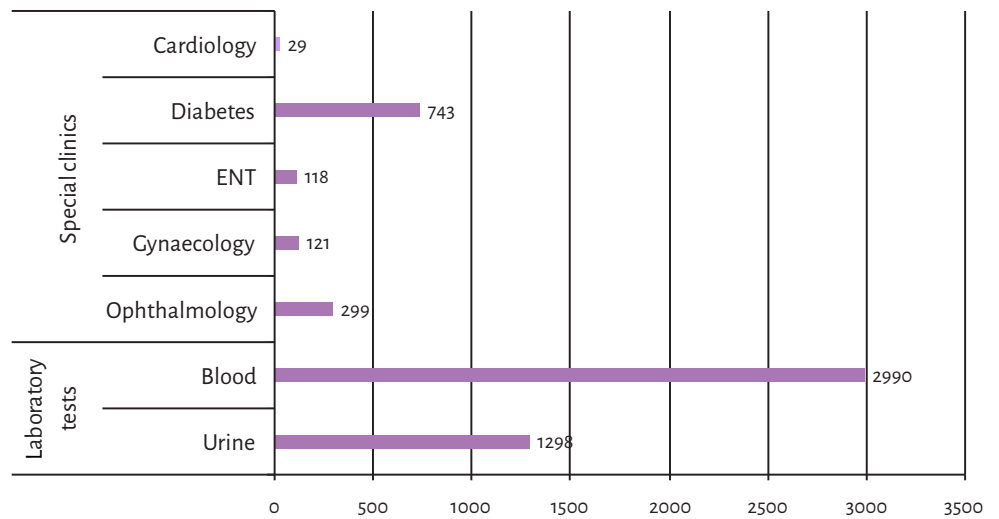


Blood donation programme in progress

Brigadier Vora Clinic & Jyoti Bindu Diagnostic Centre

A clinic offering regular medical consultations, diagnostics and specialists consultations by visiting doctors to patients in Vadodara.

Consultations	7699
Male	45%
Female	38%
Children	17%

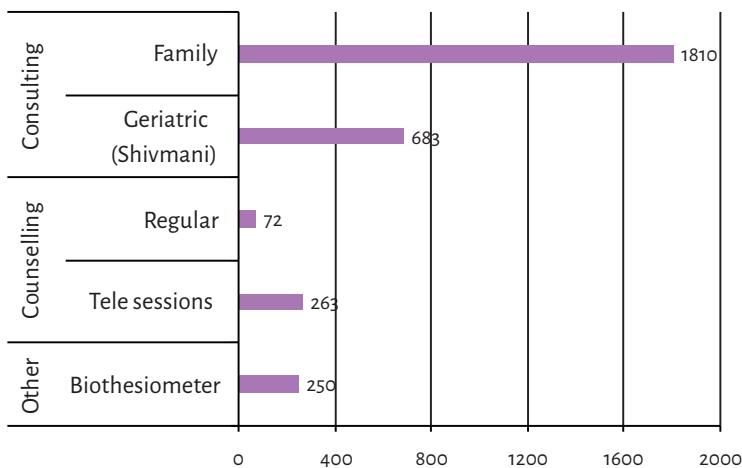


Dr Satish Upadhyaya offers regular general consultations while visiting specialists running weekly clinics include:

- > Cardiologist Dr Upendra Vaidya
- > Diabetologist Dr Sunil Maniar
- > Gynaecologist Dr Rasila Patel
- > Ophthalmologist Dr Ketan Patel

G V Modi Rural Health Care Centre

A clinic offering medical and geriatric consultations and counselling.



Medical officer Dr Mahesh Hemadri shared health tips with seniors at a home in UK when he visited the country for a conference. At similar programmes across India during the year, he reached out to 7000+ seniors.

Shivmani Geriatric Home

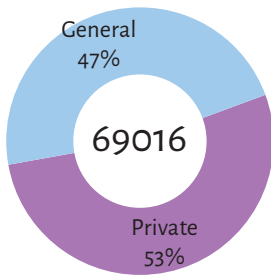
A lifestyle facility for the elderly, with a full capacity of 85 individuals.

Shivmani residents celebrate festivals, enjoy spiritual discourses, and an array of facilities on campus such as a full time dietician for meals tailored to their health conditions, physiotherapist for fitness/physiotherapy sessions, consultations with a geriatric care specialist, etc.

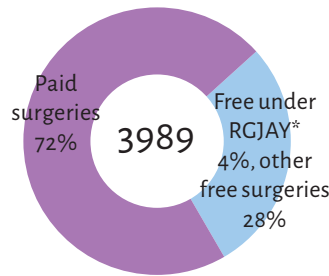


Seniors having fun!

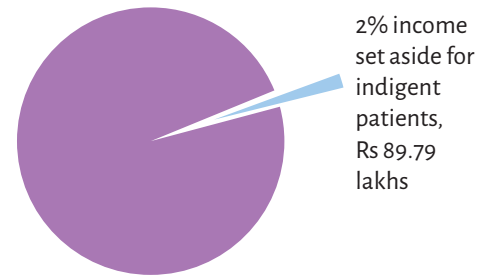
BSES Municipal General Hospital



Out patient services
General patients consult for free



Operations performed
* Rajeve Gandhi Jeevandayi Aarogya Yojna



Spending on indigent patients
* Free treatment if annual income < Rs 50,000

HUMANITARIAN ACTIVITIES

Camps **224**

↳ RGJAY	10
↳ Mobile clinic	180
↳ Blood donation	21
↳ Cleft lip/palate	13

Cleft lip & palate

↳ Surgeries	572
↳ Camp patients	65

Senior Citizen Healthcare

↳ New members	179
↳ Total members	5000+
↳ Benefits	Rs 37 lakh



Dr Parit Ladani with a cleft patient

BSES MG HOSPITAL PARTNERS FOR HUMANITARIAN ACTIVITIES: AmeriCares India for relief work in Nepal; volunteers included physicians Dr Phulendra Kothari and Dr Surendra Seth, surgeon Dr Shankar Kanthe, anaesthetist Dr Leena Chokhani, and orthopaedic surgeon Dr Abhijit Jadhav. Other partners included Radha Mohan Mehrotra Medical Relief Trust for cancer and ENT patients, and the Sir Ratan Tata Trust for dialysis patients

Events & Health Initiatives

Head & neck cancer awareness: On July 26, World Head & Neck Cancer Day, 70 doctors and family physicians attended a programme where they were told about the high risk factors, head & neck surgery advancements, and patient anecdotes.

Remembering Dr BC Mehta: On September 26, the hospital arranged the Dr BC Mehta Memorial CME Series in memory of pioneering haematologist Dr BC Mehta, a major contributor to the hospital. Dr Purvish Parikh, medicolegal expert & consultant, precision oncology, delivered a talk on *Current Scenario in Medical Negligence: A Growing Nightmare* to 80 consultants from various disciplines of medicine.

Dr Mehta set up the Dr J C Patel Medical Research Department, Parikh Foundation's Department of Pathology and DG Goenka Blood Bank, founded the hospital's Ethics Committee and led research in haematology under the Smt. Santokben Chhotalal Mehta Haematology Department.

Medical writing: On November 5, the hospital hosted a pre-conference workshop on Medical Writing, part of the Joint Biennial Congress of the Indian Society of Medical & Paediatric Oncology (ISMPO) & Indian Society of Oncology (ISO).

Values in Healthcare A Spiritual Approach (VIHASA): On October 12, honorary medical director & trustee Dr Ashok Mehta addressed participants of the Academy's Department of Science and Technology programme on

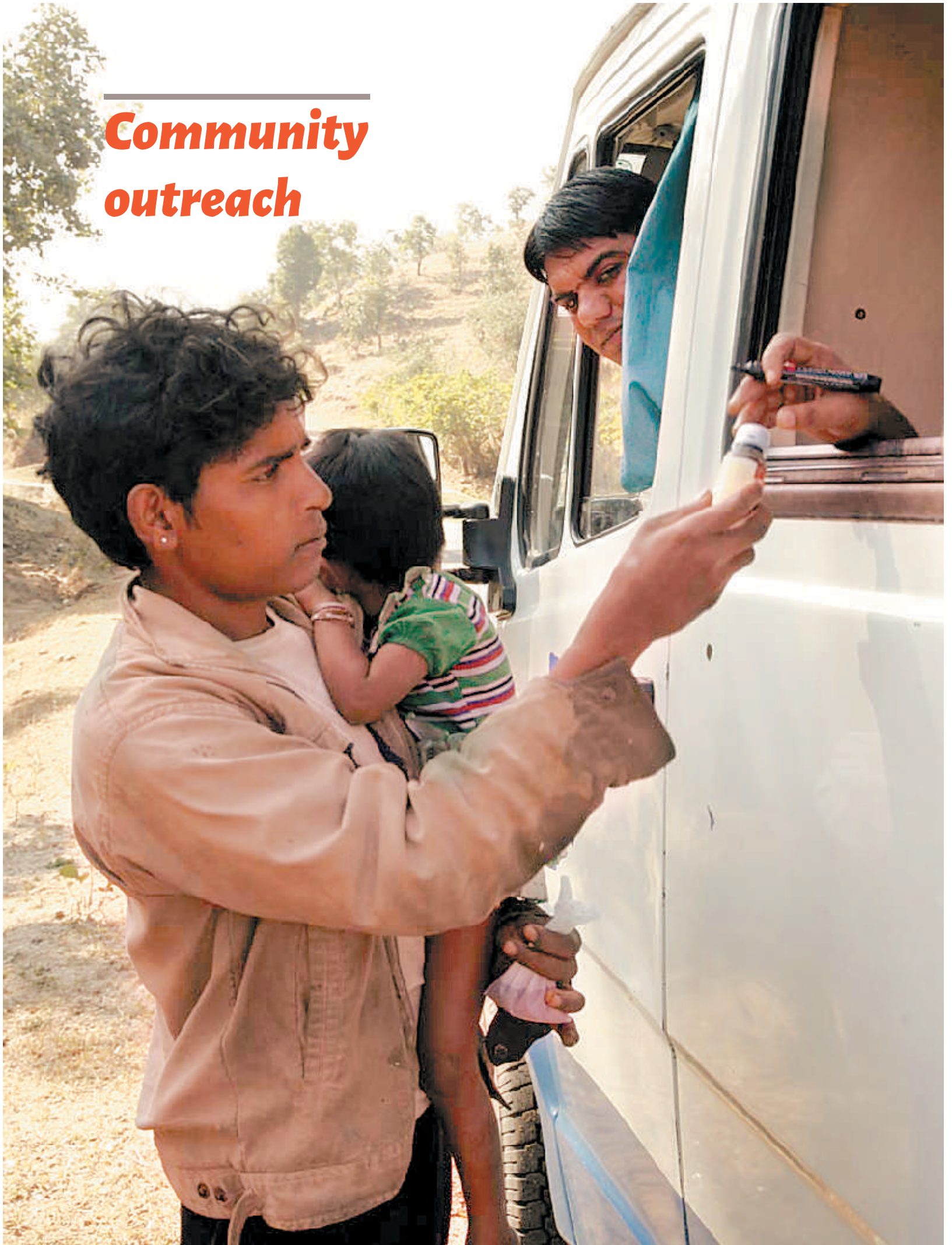
Accountability and Responsiveness in Scientific Organisations in a session entitled Values in Research and Education.

In December, at the 75th annual conference of the Association of Surgeons of India held at Gurgaon, Dr Mehta, delivered a lecture on Paradigm Shift in Surgical Training, based on VIHASA.

Tobacco awareness: Project Global Initiative for Tobacco Awareness (GITA), led by Dr Sachin Parab, created tobacco awareness, provided tobacco de-addiction services and promoted values-based healthful living.

Staff empowerment: Led by Dr Girish Patel, the Department of Mind Body Medicine conducted staff empowerment programmes.

***Community
outreach***



Community Service Project



Dr Ashok Dave sees a patient in the clinic, most of his patients suffered from respiratory, skin and gastro intestinal diseases.

ANNUAL TALLY

26446

Two doctors assisted by two attendants run a mobile health consultation service. They visit 69 villages in tehsils Abu Road, Pindwara and Reodar in district Sirohi, a population of about 150000.

WHY | To plug a gap in available health services. For most of these villages, the nearest Primary Health Centre is 5 to 20 km away. Travelling to and fro to see a doctor takes up the better part of a day, and means the loss of a day's wage. Understandably, these people tend to delay doctor's visits.

WHEN | Since 2004

SPONSOR | Zorg Van De Zaak Foundation, Holland

BENEFICIARIES | 22472 new patients, 3974 follow-up visits

28% children of age < 5

19% children of age 6 to 15 years

37% adults (age < 60 years)

16% senior citizens

1527 referrals to Global Hospital for further diagnosis and treatment

STAFF | Dr B S Deora (supervisor), Dr Ashok Dave (doctor), Dr Ritu Sharma (doctor)

Village Outreach Programme



We used to start breastfeeding a couple of days after delivery, after performing certain rites. We never used to feed our babies colostrum (first milk). Sometimes, we even threw away the colostrum. We know better now.

A beneficiary,
Healthphone health
education initiative, Village
Outreach Programme



Dr Kanak Shrivastava, chief of the Village Outreach Programme, sees a baby brought in by a tribal village woman. Regular VOP services have helped to gain the trust of tribal communities living around Mt Abu.

ANNUAL TALLY

11407

A doorstep health service and health education service operating in 19 villages around Mt Abu, namely: Aarna, Achalgarh, Chandela (Telapurphali, Ambaveriphali, Bageri, Khadrphali), Hetamji, Jaidra, Jamburi, Jawaingaon, Kyaria, Nichalagarh, Oriya, Salgaon, Siawa, Takiya, Tuka, Uplagarh. Villagers from Shergaon and Utteraj are offered hospital-based services.

Patients are distributed medicine on paying Rs 10, destitute patients are exempt from this charge. Health workers escort those needing hospitalisation to the hospital. The workers also educate women on health aspects by sharing informative videos in the local language sourced from Healthphone.

WHY | To plug a gap in available health services. To spread awareness about the availability of modern medicine and encourage patients to step into Global Hospital.

WHEN | Since 1991

SPONSOR | Individual philanthropists

BENEFICIARIES | 6078 patients on site, 5071 stepped in for consultations, 258 hospital admissions

STAFF | Dermatologist Dr Kanak Shrivastava (dermatologist & VOP head), Dr Manisha Maindad (doctor)

SEWING PROJECT: AN INITIATIVE OF THE VILLAGE OUTREACH PROGRAMME

In villages Chandela (three locations) and Oriya, the VOP arranges sewing classes to help women/girls learn a useful skill. These 'pupils' then help their teachers to stitch uniforms of children studying in schools where the nutritional programme is running (see next page for more).

Nutritional Project



27%

HEALTHY STUDENT % IN 2014,
TOTAL 700

41%

HEALTHY STUDENT % IN 2015,
TOTAL 1290

Students of 17 government schools in villages forming the VOP circle are served a milk-based snack and fruit during school hours daily. The VOP team conducts annual check-ups to monitor the health of children. When funds are available, students are distributed learning aids and warm clothing, and schools are provided with extra infrastructure.

WHY | To boost the nutritional status of school-goers, to monitor the health status of children in adopted villages, to enhance school attendance, to reduce drop-outs and to drive school enrolments.

WHEN | Since 1995

SPONSOR | Individual philanthropists, Kanyadaan Charitable Trust, Hong Kong

BENEFICIARIES | 2004 students



It was a great pleasure to work in Global Hospital. We saw patients from all spectrums here as this is a tertiary referral hospital. The staff is excellent & courteous.

Dr Atul Gilankar
Neocare Hospital,
Malegaon,
Maharashtra

The Smile Train Project



Alita, age 3, daughter of Kailash Barela, a resident of village Vejpuri, district Badwani, Madhya Pradesh underwent cleft lip repair surgery for no charges. Barela, who works as a farmer, could ill afford the operation.

Cleft lip and cleft palate corrective surgery for children from economically less privileged families.

WHY | To enhance the quality of life of children afflicted with a cleft lip and/or cleft palate, hailing from families that are unaware that the congenital deformity can be corrected by surgery.

WHEN | Since 2006

SPONSOR | The Smile Train

BENEFICIARIES | 322 surgeries

STAFF | Smile Train accredited surgeons: plastic surgeon Dr A Gopalakrishna and consultant ENT surgeon Dr Sharad Mehta.

Juvenile Patients Project

Care for 0 to 16 year olds from poor families



Health consultation and treatment for children up to 16 years of age, hailing from poor families.

Children are treated at J Watumull Global Hospital & Research Centre, Mt Abu, or at its branches in Abu Road.

WHY | To ensure that children receive timely health care for acute and chronic ailments.

WHEN | Since January 2008

SPONSOR | Individual philanthropists

BENEFICIARIES | 644 children

Blindness Prevention Project

ANNUAL TALLY

2800

operations

25769

eye checks



Rajasthan state government targeted reaching out to 453999 cataract patients during 2015-16 but was able to operate only 90487 patients.

J Watumull Global Hospital & Research Centre and Global Hospital Institute of Ophthalmology are implementing agencies of the National Programme for Control of Blindness, a Government of India initiative to eradicate preventable blindness.

WHY | To clear the back log of cataract cases in the state of Rajasthan, which has arisen because of the paucity of health services.

WHEN | Since 1997

SPONSOR | Government of India (for the partial reimbursement of the cost of surgery); Shri Shankarmandal Religious Public Charitable Trust of Mt Abu; Dr B R Jain and Bharat Vikas Parishad, Sheoganj (screening programme on January 10, 1008 patients examined, 385 patients provided spectacles for free and 114 patients underwent cataract surgery); and Champabai Chandulal Parmar Educational Foundation Trust of Pune (screening programme at Mohabatnagar on January 24, 600 patients examined, 295 patients provided spectacles for free, 58 patients referred for cataract surgery).

BENEFICIARIES | 2800 operations including 2756 IOL implants and 44 small incision cataract surgeries that fell within government norms for the partial reimbursement of the cost of surgery. These included walk-ins and 2394 cases identified from 25769 patients who presented themselves at 74 screening programmes.

Paediatric Ophthalmology Project



Both retinal and non retinal cases are operated on for free under the aegis of the paediatric ophthalmology project.

Global Hospital Institute of Ophthalmology offers children from economically less privileged families free surgery for eye ailments like cataract, squint, ptosis, keratoplasty, eye tumours, etc.

The community ophthalmology team also conducts eye check-ups of school students for the early detection and correction of eye ailments.

WHY | To complement the community ophthalmology programme under the aegis of which children are offered cataract surgery, as this project covers all kinds of eye ailments.

WHEN | Since 2014

SPONSOR | Dr Shroff's Charity Eye Hospital (current), Orbis Inc (2006-2009)

BENEFICIARIES | 28 children availed of free surgeries, 71 children received free spectacles, 5423 students underwent eye check-ups over 15 eye screening programmes

“ My son can now see, I will come back soon for surgery of his other eye.

Amritlal Jain
father of
Naveen, 14,
a case of irido-
cylitis with
complicated
cataract with
endothelial
dystrophy in
both eyes,
corrected by
intra ocular lens
implantation



In December, Manish Rana, age 4, a Mt Abu resident, underwent surgery for the correction of a bilateral squint. Gopal Rana and Manju Rana, his parents, are daily wage labourers. Manish was operated on for no charges.



Over and above the school students eye screening supported by Dr Shroff's Charity Eye Hospital, the eye team from Global Hospital Institute of Ophthalmology screened 5656 students from government schools. 134 students had refractive errors and were provided free spectacles. This activity was conducted with internal hospital resources.

Tuberculosis Project



Pappu Gameti, 5, hails from village Nichlabhula. He lives with his parents, seasonal farmers/daily wage labourers, and siblings. Put on treatment in December 2015, he fully recovered by June 2016.

A team of 42 field workers supported by four supervisors and three doctors tracks 15000 residents of 90 villages to identify suspect tuberculosis sufferers. To confirm the diagnosis, the field workers get sputum tests done at Radha Mohan Mehrotra Global Hospital Trauma Centre or J Watumull Global Hospital & Research Centre, both are registered Designated Microscopy Centres under the Government of India's Revised National Tuberculosis Control Programme.

Positively identified patients are started on medication, which the government provides. Field workers personally visit the patients to administer medicine; this ensures patients' adherence to the long treatment regimen, failing which the patient may develop drug resistant tuberculosis. Field workers also distribute nutritional supplements to the patients.

WHY | Timely detection and treatment is both a curative measure as well as a preventative measure because it helps to check the spread of the disease as positive cases turn non-infectious after being put on treatment. Distributing nutritional supplements helps to boost patients' immunity and prevent relapses due to malnutrition.

WHEN | Since 2008

DONOR | Government of India, for the medicine. GivelIndia helps raise funds for the nutritional supplements.

BENEFICIARIES | 1280 sputum sample examinations, of which 370 tested positive; 158 new cases, 149 cures during the year, including 145 category I cases and 4 category II cases; 5 deaths

Health Outposts - Vision Centres

Optometrist Rakesh, Gautam and Divakar run the three Vision Centres in Kalindri, Raniwara and Pindwara respectively.



Vision Centres in Raniwara, in district Jalore, and Kalandri, in district Sirohi, offer vision checks and minor ophthalmic procedures.

Both the centres are run on a no profit-no loss basis. Patients are charged nominally for the procedures. Post-operative checks are conducted for free.

During 2015-16, preparations were made to start a third Vision Centre at Pindwara in district Sirohi, which finally got underway in 2016.

WHY | With serious cases being referred to Global Hospital Institute of Ophthalmology, these outposts help disseminate awareness about the eye care services to people. They also offer a means to conduct post-operative health check-ups.

WHEN | Since January 2010 (Raniwara), January 2011 (Kalandri), July 2016 (Pindwara)

DONOR | Orbis Inc, an eye not-for-profit supported the creation of the Raniwara centre while PC Parmar Foundation pitched in, in Kalandri. Swaran Singh Sian from UK committed funds for buying equipment for and establishing the new centre in Pindwara.

BENEFICIARIES | 6227 eye checks, 3781 refractions, 454 post-operative follow-up checks

ANNUAL TALLY

6227
patients

14%
children

100+
cataract referrals

450+
post-op check-ups

Health Outposts - Delwara Clinic

“ We remain grateful to all these wonderful people who with selfless devotion help us to carry out a God-given opportunity to serve the less fortunate.

Sudhir Jain & Shailesh Jain
founders of the clinic



Dr Shashi Chawla sees a patient

Shri Jaisinh Jain Dispensary, a family clinic at Delwara village provides health services to residents of Delwara and nearby hamlets, lying just outside the municipal limits of Mt Abu.

It is open from 10am to 1pm in the morning and from 3pm to 5pm in the evening Monday through Saturday.

WHY | Delwara is a fairly populated hamlet near Mt Abu, justifying the running of an outpost. It fills the lack of a health service.

WHEN | Since February 2013

DONOR | Sudhir Jain and Shailesh Jain, Mt Abu residents, helped establish the clinic in premises owned by the famous Dilwara Jain temple (Digambar Jain Mandir), in memory of their late father Shri Jaisinh Jain. They also partially sponsor the free medicines dispensed to needy patients.

BENEFICIARIES | 8461 patients

Medical Support to Village Bakhel, Udaipur



Patient consultations in progress

The Community Service Project team runs a monthly health consultation clinic for residents of Bakhel village in district Udaipur, about 100 km from Abu Road. This year, the ophthalmology team also conducted an eye camp for the people.

WHY | To plug a gap in the availability of health services in the village.

WHEN | Since 2012

DONOR | Educate for Life, an NGO active in the village, is meeting half of the project's expenses.

BENEFICIARIES | Over 13 visits, the mobile clinic team saw 696 patients; 254 eye-check-ups, 24 cataract operation referrals

Outreach Consultations

Close to 15000 patients consulted doctors from J Watumull Global Hospital & Research Centre, Radha Mohan Mehrotra Global Hospital Trauma Centre and Global Hospital Institute of Ophthalmology at consultation programmes organised in villages and towns outside Mt Abu / Abu Road during the year. Many of these events were multispeciality programmes.

Jul 2015	Reodar	Orthopaedics	58
Jul 2015	Jaswantpura	Surgery & Orthopaedics	79
Oct 2015	Reodar	Orthopaedics	18
Dec 2015	Ker & Bhula	Medicine	23
Dec 2015	Reodar	Orthopaedics	10
Dec 2015	Sanchor	Dentistry/ Gynaecology/ Medicine/ Orthopaedics/ Plastic Surgery/ Surgery	175
Jan 2016	Swaroopganj	Surgery & Orthopaedics	55
Jan 2016	Kacholi	Dentistry & Ophthalmology	205
Jan to Mar 2016	Jaswantpura, Kacholi, Jaidra, Deldar, Shivgarh, Bhatana & Sindrath	Ophthalmology	734
Jan to Mar 2016	Villages in districts Pali, Jalore, Udaipur & Sirohi	Ophthalmology	13,192
Feb & Mar 2016	Palanpur & Rajkot, Gujarat	Joint Replacement	42

Research & academics



New Research

(Nine new projects approved by the Research Ethics Committee have started data collection)

9

> *Effect of Rajyoga meditation on insulin resistance and carotid intima-media thickness in patients with coronary heart disease*

Dr Shanti Ahir, DNB Family Medicine resident (Guide Dr Satish Gupta, co-guide Dr Anand B)

> *Study of status of dental development in children with cleft lip & palate in the age group of 6-12 years (mixed dentition) and comparison with normal children of the same age group*

Dr Niranjan Upadhyay, senior dental surgeon, Dr Punit Batra, visiting orthodontist

> *Assess emotional intelligence and its effect on academic achievements among the nursing students studying in SLM Global Nursing College and Global Hospital School of Nursing, Abu Road, Rajasthan*

A Banupriya, vice principal, SLM Global Nursing College

> *Clinical study of visual outcome and complications following Nd: YAG laser capsulotomy for posterior capsular opacification: A hospital based study*

Dr Abhimanyu Gadakh, DNB Ophthalmology resident (Guide Dr V C Bhatnagar, co-guide Dr Amit Mohan)

> *To compare the results of 5mm intratunnel phacofracture technique of the MSICS and 2.8mm*

phacoemulsification

Dr Sudhir Singh, senior consultant & HOD, Ophthalmology

> *Assess mobile phone dependency and nomophobia among undergraduate college students studying in selected institutes, Abu Road, Rajasthan, with a view to create awareness on nomophobia*

Chris Thomas, lecturer, SLM Global Nursing College

> *Prevalence of pseudoexfoliation and its association with other ocular and systemic diseases in south-western Rajasthan: A hospital based study*

Dr Navjot Kaur, DNB Ophthalmology resident (Guide Dr V K Sharma, co-guide Dr Sudhir Singh)

> *Study of serum B12 levels in vegans*

Dr Ramnik Makwana, (former) DNB Family Medicine resident & Dr A K Chawla, consultant physician

> *Epidemiological profiling of pain abdomen cases presenting to a rural hospital of south Rajasthan*

Dr Pratik Vasantbhai Patel, DNB Family Medicine resident (Guide Dr Somendra Sharma, co-guide Dr Nikhil G Patel)

Global Hospital & Research Centre's status as a Scientific Industrial Research Organisation with the Department of Science & Industrial Research, Ministry of Science & Technology has been extended until March 31, 2019, the fifth consecutive extension since 2005.

Completed Research

To determine the prevalence of spheroidal degeneration of cornea & its association with other eye diseases & its impact on visual outcome of cataract IOL surgery in region of south-western Rajasthan

Dr Zeeshan Jamil, DNB Ophthalmology resident

A study of clinical, radiological, and pulmonary function features in stone crushing and stone grinding workers to detect pneumoconiosis and look at preventive measures in district Sirohi in Rajasthan

Dr Priyank Sharma, DNB Family Medicine resident

Epidemiology & incidence of visual deficits following ocular trauma in paediatric patients

Dr Rini Sukhwil, DNB Ophthalmology resident

To determine the effect of topical 0.03% tacrolimus as sole therapy in VKC: A randomized double masked study

Dr Jalpaben Thakarani, DNB Ophthalmology resident

Role of school screening camps & paediatric ocular surgery in sight restoration of children under guidelines of Vision 2020

Dr Anita Bisht, DNB Ophthalmology resident

6



DNB residents in Family Medicine and Ophthalmology made major contributions to research. Research is mandated in the DNB course.

First year DNB Ophthalmology incumbent Dr Abhimanyu Gadakh examines a patient.

On June 28, 120 staff and students attended a symposium Discovering the power of research aiming at showcasing ongoing research. Dr TP Ahluwalia, head, Division of Health Systems Research, Indian Council of Medical Research, Delhi, delivered a lecture.



The services this hospital is rendering to the have-nots is praiseworthy indeed. The people would be very grateful for this mission.

Hon'ble Justice Serves Kumar Gupta
Nainital High Court,
Uttarkhand

A study of dental and skeletal fluorosis with an attempt at early detection and efforts at preventing the progression of the disease in a rural population of district Sirohi in Rajasthan
Dr Prakash Rabadiya, DNB Family Medicine resident

Research Projects in the Pipeline

- > The effect of pre operative Rajyoga meditation on the postoperative recovery pattern of patients of knee replacement surgery
- > Role of Rajyoga meditation and Rajyoga lifestyle in the control of diabetes
- > Epidemiology of diabetic retinopathy in district Pali, Rajasthan

- > Retrospective five year review of Total Knee Replacements done at J Watumull Global Hospital & Research Centre
- > Retrospective study of smile train patients to determine frequency of Van der Woude Syndrome
- > Incidence of maxillofacial injuries in poly trauma for last five years

6

Research Publications

- > Thomas C, Identify conflict resolution styles used by nursing professionals working in clinical and academic settings of selected hospitals and nursing colleges of south-western Rajasthan, International Journal of Advances in Nursing Management, Jul to Sep 2015 3(3): P
- > Sajjanshetty J, Sharma SM, Gopalakrishna A, Mewada K, Magnification to avoid medication errors, Indian Journal of Anaesthesia, Oct 2015 P673-675

- > Sharma A, Parab S, Midha P, Lal B, Nair V, Study on the effect of Rajyoga lifestyle on de-addiction in India, Indian Journal of Private Psychiatry, Nov 2015 Vol 9/Iss. 2 (35-39)

- > Mohan A, Surgical outcome of frontalis sling surgery with silicon tube in severe congenital blepharoptosis, Rajasthan Journal of Ophthalmology 2015, 53-57

4

Academic Publications

- > Mewada K, Gopalakrishna A, Comment on 'Nonsyndromic Mandibular Symphysis Cleft', Case Reports in Dentistry, Apr 2015
- > Somendra S, What gravity, genetics & smoking, together can achieve, Indian Journal of Clinical Practice, Oct 2015 Vol 26 / Number 5 (484-485)

4

- > Singh S, Saraf S, Goswami D, Singh S, Case report of solitary eccrine spiradenoma of eyelid, European Ophthalmic Review, Vol 9/Iss 1 P 139-142
- > Mewada K, Gopalakrishna A, Intraoral synechiae with cleft palate in an older child: A case report and review of literature, Journal of Cleft Lip Palate and Craniofacial Anomalies Jan-Jun 2016 Vol 3/Issue 1 P46-49



Members of the hospital's Ethics Committee and others

Scientific Conference Research Presentation

74th All India Ophthalmological Society Conference, February 25-28, 2016, Kolkata
Incidence of refractive error and amblyopia

among young adults: A hospital based study
e-poster presentation by Dr V K Sharma, Dr Amit Mohan

Scientific Conference Academic Presentation

74th All India Ophthalmological Society Conference, February 25-28, 2016, Kolkata
> *Intratunnel Phaco-fracture: A new technique of the nucleus management in MSICS*
E-poster presentation by Dr Sudhir Singh & Dr V K Sharma
> *Intratunnel Phaco-fracture: A new technique of*

the nucleus management in MSICS
Surgical video presentation by Dr Sudhir Singh
> *Technical Skills Transfer Course: OT Video Recording and Archiving & Surgical Video Editing in Windows*
Faculty involvement of Dr Sudhir Singh

Collaboration with University of Fort Hare

J Watumull Global Hospital & Research Centre has entered into a Memorandum of Understanding with the University of Fort Hare (UFH), South Africa to promote academic and educational cooperation and exchange towards the internationalisation of higher education and community

engagement. In March 2016, colleagues at UHF successfully submitted an application for the International Academic Exchange Programme Funding for 2016, via the Govan Mbeki Research and Development Centre, as a result of which two academics will come for a site visit by the end of 2016.

Applied Research

In the late nineties, J Watumull Global Hospital & Research Centre co-conducted a study to assess the effect of lifestyle changes: Rajyoga meditation, exercise and a vegetarian diet on regressing coronary artery disease. Defence Institute of Physiology and Allied Sciences (DRDO), New Delhi, co-conducted this study while the Central Council for Research in Yoga & Naturopathy, the Ministry of Health and Family Welfare, Government of India, and the Defence Research & Development Organisation, New Delhi sponsored the project. Mount

Abu Open Heart Trial, a paper on the findings was published in September 2011 in the Indian Heart Journal.

Based on the study, Dr Satish Gupta, director, Department of Medicine & Cardiology, Radha Mohan Mehrotra Global Hospital Trauma Centre, developed the 3D Healthcare Model, to teach patients how to implement the lifestyle changes that bring spiritual, mental and physical wellness. During the year, 423 cardiac patients took benefit.

Contribute to the hospital

Find us on www.GiveIndia.org

Donate via www.ghrc-abu.com
(Paypal enabled)

Cut a cheque favouring
Global Hospital & Research Centre

Transfer via NEFT (Indians)
or
Telegraphic Transfer
(overseas donors)
Email ghrcabu@gmail.com for details

Did you know?

Donors who pay taxes in India can avail these income tax benefits:

Under section 35AC of the Income Tax Act of 1961

100% of the donated amount is deductible from income for the purpose of computation of taxable income. Donors must provide their income tax PAN and full address at the time of making a donation so that the receipt can be issued.

Under section 80G of the Income Tax Act of 1961

50% of the donated amount is deductible from income for the purpose of computation of taxable income.

THE MOST COMMON CAUSE OF SPREADING INFECTION IN HOSPITALS?

COMMON COLD

AND TO HAND

INSTRUMENTS

OF HANDS? (DEMONSTRATION)

Educational initiatives



GLOBAL HOSPITAL & RESEARCH
BIO-MEDICAL WASTE SEGREGATION (बायो-मेडिकल कचरे का अलग-अलग संग्रह)

<p>पीला बैग (Yellow Bag) (Incineration)</p> <ol style="list-style-type: none"> रक्त और रक्त से युक्त कचरा Human tissue, Body parts, placenta, organ etc. रक्त से युक्त कपड़े, बंधन, सर्जिकल गोंद, बंधन, कॉटन, etc. Blood soiled waste - dressings, bandages, cottons, etc. खरबूदों का कचरा Discarded medicines & Cytotoxic drugs मैक्रोबयोलॉजी और बायोटेक्नोलॉजी का कचरा Microbiology and Biotechnology waste 	<p>लाल बैग (RED BAGS) (Autoclaving & Shredding)</p> <ol style="list-style-type: none"> कटोरी (Hand Gloves) मूत्र की थैली (Urinal Bags) आई.वी. लाइन्स, ड्रेन, कैथीटर, etc. (I.V. Lines, Drains, Catheters etc) आई.वी. बोतलें (I.V. Bottles) इंजेक्शन केप (Needle Caps) रक्त से युक्त थैली (Empty blood bags) 	<p>काला बैग (BLACK BAG) (General Waste)</p> <ol style="list-style-type: none"> सामान्य कचरा (Biodegradable waste) प्लास्टिक की थैली (Plastic Bags) फल, सब्जियाँ, पत्र, कचरा, etc. (Fruits, Veg, wastage and wastage food) ख़बरें, न्यूजपेपर्स कार्डबोर्ड बॉक्स (Cardboard boxes) खाली दवा की थैली (Empty medicine bottles) ग्लास और प्लास्टिक की बोतलें (Glass and Plastic bottle)
--	--	--



Global Hospital School of Nursing/ Saroj Lalji Mehrotra Global Nursing College

Global Hospital School of Nursing (GHSN) has offered a three and half year diploma in General Nursing & Midwifery since 2006 (students referred to as GNM students).

Saroj Lalji Mehrotra Global Nursing College (SLMGNC) has offered a four year graduate programme in nursing since 2011 (students referred to as B Sc students).

Inclusive education

Last year, two graduate and four diploma students were awarded education loans. One nursing school student was awarded a scholarship and two others received awards for good performance. Zorg van de Zaak Foundation, a Dutch NGO sponsored three girls from socio-economically weak families for the diploma course.



ENROLLED



GRADUATED

GNM

81

B Sc

103

27

1st
batch
in 2017

Activity: Days celebrated

World Health Organisation Day | April 7

Interns of Global Hospital School of Nursing organised a quiz for diploma students. Students of Saroj Lalji Mehrotra Global Nursing College performed a skit on the theme: *From farm to plate, make food safe* at Radha Mohan Mehrotra Global Hospital Trauma Centre. They performed role plays on food safety at several local schools.

World Malaria Day | April 25

Students conducted health awareness programmes for the community. Through role plays, they stressed malaria prevention.

International Nurses' Week | May 7 to 12

Students held folk dancing, theme-based speech and mono acting competitions. Counselling psychologist Dr Rupal Jaideo and nursing tutor Sister Achala judged the participants.

World Population Day | July 11

Third year GNM students organised a panel discussion on population, covering the statistics of various states, elucidating the ill effects of population growth and measures to contain population.

Oral Rehydration Solution Day | July 29

First and third year GNM students showed the residents of village Chandela how to use ORS for treating diarrhoea and dehydration. Thereafter villagers demonstrated what they had learned.

International Day for the Elderly | October 1

GNM students presented posters to create awareness among their peers about elderly care, especially in the family setting.

World Mental Health Day | October 10

Dr Vikrant Saxena, anaesthesiologist at Chandraval Hospital delivered a talk, B Sc students presented an exhibition on psychiatric nursing, GNM students performed a role play to educate residents of village Chandela about the treatment of psychiatric ailments, Mamtha S, vice principal, GHSN spoke on stress management.

World Immunisation Day | October 11

A presentation modelled on the theme: *Closing the gap*; covering the history of vaccination, types of vaccines, etc. was made by first year GNM students. A public talk on the value of immunisation was also organised for the people of village Telpura.

World Diabetes Day | October 14

Second year students presented posters on diabetes, showing its spread and explaining its pathophysiology and demonstrated insulin administration and other aspects of care.

World AIDS Day | December 1

Students of the nursing school and college participated in a rally to create awareness about HIV/AIDS and also performed a play to bring out this year's theme: *Getting to zero*.

World No Tobacco Day | May 31

First year GNM students spread awareness on the problems associated with smoking and chewing tobacco, and the causes of life threatening diseases like cancer and respiratory diseases among residents of village Chandela.

Alzheimer's Day | September 12

Third year students presented a skit to spread awareness about Alzheimer's and its management, at the Community Health Centre in Mt Abu.

World Cancer Day | February 4

Global Hospital School of Nursing students made a presentation on cancer, its causes, pathophysiology and treatment. Lifestyle modification was the prime focus of the presentation to highlight the theme: *We Can, I Can*.

Lamp Lighting | May 12 / February 19

Oath taking (Nightingale pledge) by first year diploma and graduate nursing students.

Activity: Outreach

On | July 4
By | First year diploma students
To | Banas Dairy in Palanpur district
Why | To understand subjects of the nutrition component of the GNM syllabus, such as food storage, preservation of milk and dairy products, sterilisation of milk, etc.

On | November 4 and 5
By | Third year graduate nursing students
To | Mental Health Hospital, BAPS Hospital and Civil Hospital, Ahmedabad
Why | To experience mental care nursing

Activity: Volunteering, conference participation, workshops, etc.

Volunteered at national conference:

Nursing students volunteered at the 31st National Conference on Mind Body Medicine, organised by the Medical Wing, Rajyoga Education & Research Foundation, at Shantivan, Abu Road, from August 14 to 17, and at the 10th World Congress on Clinical, Preventive Cardiology and Imaging held from September 3 to 7.

Conducted blood pressure checks:

On September 21, students and staff helped employees of Radha Mohan Mehrotra Global Hospital Trauma Centre conduct blood pressure screening programmes in GAIL Limited, Bhansali Engineering Polymers Ltd. and at the Community Health Centre in Abu Road.

Organised a state-level workshop:

On December 14-15, students and staff organised a two-day state-level workshop on HIV/AIDS and ART. Attendees came from RCM College and Institute of Nursing, Falna, Padamshri School of Nursing, Falna, etc.

Evaluator appointment:

Professor Geetha Venugopal, principal, SLMGNC was deputed as an evaluator at Rajasthan University of Health Science, Jaipur.

Rally participation:

On December 15, students participated in a rally organised by the Lions Club to promote the message: *Beti Bachao, Beti Padhao* (save daughters, educate daughters). At a public programme, former Pakistani tourism minister Nilofer Bakhtiar spoke about gender equality and the role of women.

On January 22, nursing students participated in a *Beti Bachao* rally arranged by the Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya. District counsellor Payal Parasrampuriya and former MLA of Sirohi district Tara Bhandari graced this occasion.

On | February 3
By | Diploma students
To | A water purification plant in Mt Abu
Why | To understand the origins of water borne diseases and methods of water purification and treatment

On | February 29
By | Diploma students
To | An incineration plant in Udaipur
Why | To learn about the working of shredders, incinerators and autoclaves and understand the importance of bio medical waste management

Knowledge sharing:

In December, Shrinidhi K introduced the new batch of GNM students to AIDET (Acknowledge, Introduce, Duration, Explanation, Thank You), a patient communication tool.

Over November and December, the *Values in Healthcare: A Spiritual Approach* (VIHASA) module on self care was conducted for GNM students, that on co-operation for B Sc students. Similar events were held on February 8 and March 8, 15 and 18.

Conference participation:

Accounts assistant Sister Jyoti attended VIHASA facilitator training from September 18 to 23. Principal of GHSN Shashi Bala participated as a facilitator.

On November 2, Suraj Soni, joint treasurer of the Student Nurses Association (SNA) and Suresh, vice president, attended the SNA National Conference in Jaipur. They presented a poster on psychosocial development in children.

Professor Geetha Venugopal attended DIACON, 2015, a conference on diabetes in Ahmedabad from November 20 to 22.

Between January 28 and 30, professor Geetha Venugopal participated in the 4th International Conference on Nurse Facilitated Research Building Capacity for Excellence. The International Centre for Collaborative Research, Chennai, organised this event.

On March 10 and 11, professor Geetha Venugopal, lecturer Harish Kumar Nair, clinical instructor Mukesh Bhavansha and some B Sc students participated in a national conference, *Enhancing Skills in Nursing. Through Evaluation*, organised by Joitiba College of Nursing at Bhandu, Mehsana, Gujarat.



*Touched by
the love and
beauty.*

Harry Wong
Hong Kong TV
show host,
magician, musician

&

Ayako Ichimaru
Violinist

Post Graduate education in Ophthalmology

Global Hospital Institute of Ophthalmology has been a National Board of Examination-accredited institute for post graduate training in ophthalmology since 2013. It offers two primary DNB in Ophthalmology seats for candidates holding a graduate degree in medicine (MBBS) (three year course), and two secondary seats for candidates holding a Diploma in

Ophthalmology (DO/DOMS) (two year course). Last year, Dr Navjot Kaur from Batti, Amritsar, and Dr Abhimanyu Gadakh from Shirdi signed on. They joined final year residents Dr Zeeshan Jamil from Patna and Dr Anita Bisht from Meerut, and second year residents Dr Jalpaben Thakarani from Junagadh and Dr Rini Sukhwal from Udaipur.

Post Graduate education in Family Medicine

J Watumull Global Hospital & Research Centre has been accredited by the National Board of Examinations, New Delhi, for post graduate training in family medicine since 2013. It is the only institution in Rajasthan offering this course, and one of about 517 institutions across India offering DNB programmes.

MBBS holders can apply for two primary seats, entailing three years training.

Candidates holding a Diploma in Geriatrics or Mother and Child Healthcare from IGNOU can apply for two secondary seats of two years duration.

Dr Prakash Rabadiya and Dr Priyank Sharma are in the final year. Dr Pratik Patel and Dr Shanti Ahir are in the second year of the course. Dr Manoj R Khyani and Dr Sagarkumar K Dharsandia are the new entrants.

Diploma in Ophthalmic Techniques

Global Hospital Institute of Ophthalmology offers a three year diploma in Ophthalmic Techniques conducted in affiliation with the Federation of Ophthalmology and

Optometry Research and Education College, New Delhi. Currently, 44 students are enrolled. Last year, 17 final year students were successfully placed.

Graduate education in Optometry & Ophthalmic Techniques

Global Hospital College of Ophthalmology runs a four year graduate (B Sc) honours programme in Optometry and Ophthalmic Techniques, affiliated to the School of Health

Sciences, Indira Gandhi National Open University (IGNOU). It has four students enrolled in one batch.

Student Internships, Observerships & Training

J Watumull Global Hospital & Research Centre offers students of medicine and allied streams training opportunities as well as short-term internships and observerships. Last year the hospital hosted:

Lydia Yarlott and Rosalie Brooman-White, final year medical students from Oxford University, UK (physician & intensivist Dr Sachin Sukhshale supervised)

Dr Sonakshi Sharma, a dentist from Kota, Sneha Mishra, a dentistry student from Jodhpur National University, and Sonu

Agarwal, a student from Vyas Dental College, Jodhpur (senior dental surgeon Dr Niranjana Upadhyay supervised)

Alexandra Jones, Ariella Pratzler, Axel Moreira, Caryn Brehm, Dana Williams, Gary Lacroix, Marie Dufitumukiza, Samantha Balakirsky, medicine or pre medicine students who visited the hospital for a clinical posting, under the aegis of a new agreement entered into with the Child Family Health International (CFHI), a US NGO (senior consultant physician Dr Anil Chawla supervised).

Equipment wish-list

Monetary donations and donations of equipment for which spares and support are readily available are welcome.

For J Watumull Global Hospital & Research Centre

OT table: Rs 400,000
Anaesthetic gas monitor: Rs 450,000
ETO steriliser: Rs 20,00,000
Electrosurgical unit: Rs 300,000
Lithotripsy unit: Rs 30,00,000
Generator: Rs 10,00,000
Elevator: Rs 64,00,000

For Radha Mohan Mehrotra Global Hospital Trauma Centre

MRI: Rs 500,00,000
Laparoscopic equipment: Rs 25,00,000
Plasma freezer: Rs 800,000
Laminar air flow: Rs 100,000
Biochemistry analyser: Rs 600,000
Haematology analyser: Rs 600,000
Laundry equipment: Rs 10,00,000

For Global Hospital Institute of Ophthalmology

Phaco unit with air cutter: Rs 20,00,000
Microscope: Rs 10,00,000
Perimeter: Rs 19,00,000
Anaesthesia machine for paediatric ophthalmic surgery: Rs 120,000
New bus: Rs 18,00,000

For Global Hospital Nursing School/ Saroj Lalji Mehrotra Global Nursing College

New bus: Rs 18,00,000
Boys' hostel: Rs 100,00,000

If you are enthused to support us, do drop us a mail:
info@ghrc-abu.com

Or call:
02974 238347/8/9

Or write:
PO Box 35
Mt Abu
307501

Training & development

Abnormal Breathing - Listen

- I can't breathe!
- Stridor, wheezing
- Decreased breath sounds

J WATUMULLI

POL

SA



Overall Update

Activity has considerably picked up since an anonymous donor extended support two years ago. Following a staff survey to identify learning and development expectations from the weekly Continuing Medical Education, the hospital is organising more guest lectures and holding half and full day hands-on training programmes.

J Watumull Global Hospital & Research Centre organised 161 training events during the year, detailed as under:

41 departmental presentations and journal club study reviews

18 guest lectures (*see side bar*)

36 mandatory lectures needed to achieve NABH accreditation on bio medical waste and hand washing, radiation safety, readiness for fire disaster, disaster management

31 nursing lectures arranged by nurse educator Vikram Goswami on subjects like nosocomial infection, professional ethics and values, patient handover, documentation & discharge process, etc.

2 full-day communication skills trainings

14 one-hour *Communication Made Easy* sessions run by physician Dr Sachin Sukhsohale to improve English-speaking skills

19 case presentations and clinical discussions for DNB candidates

Sponsorships for Staff

CONFERENCE PARTICIPATION

Who ~ Event/Conference ~ Organised by ~ When ~ Where

Dr Keyur Mewada, registrar, ENT, Principles in Craniomaxillofacial Fracture Management, Association of Craniomaxillofacial Surgeons, July 3 to 5, Delhi

Dr A Gopalakrishna, plastic surgeon, Principles in Craniomaxillofacial Fracture Management, Association of Craniomaxillofacial Surgeons, July 3 to 5, Delhi

Dr Vishal C Bhatnagar, senior consultant ophthalmologist & medical superintendent, Annual Conference, Vision 2020, September 11, Moradabad

Stephen Berkeley, manager, Organisational Development, and Shrinidhi K, assistant



Nursing assistants participate in a group activity, to identify customer needs and expectations as part of AIDET, a customer communication tool training. Facilitator Shrinidhi K is seen standing.

manager, Resource Mobilisation & Partner Development, learning event, International Association of Facilitators, July 25, Mumbai

Dr Niranjana Upadhyaya, senior dental surgeon, World Dental Show, Indian Dental Association, October 17/18, Ahmedabad

Dr NS Girish, dental surgeon, World Dental Show, Indian Dental Association, October 17/18, Ahmedabad

Dr Mahesh Hemadri, medical officer in-charge, Improving Continence Health in Elderly/Geriatrics for Juniors, British Geriatrics Society, November 6/7, Leeds, UK

Dr Kailash Kadel, orthopaedic surgeon, IOACON 2015 60th Annual Conference, Indian Orthopaedic Association, December 10 to 14, Jaipur

Dr Saurbhi Singh, gynaecologist & obstetrician, 59th All India Congress of Obstetrics & Gynaecology, All India Obstetrics & Gynaecological Society, January 13/14, Agra

Dr VK Sharma, senior ophthalmologist, 74th Annual Conference, All India Ophthalmological Society, February 25 to 28, Kolkata

Dr Amit Mohan, paediatric ophthalmologist, 74th Annual Conference, All India Ophthalmological Society, February 25 to 28, Kolkata

Dr Seema Laad, ophthalmologist, 74th Annual Conference, All India Ophthalmological Society, February 25 to 28, Kolkata

Jyoti Narang, chief lab technologist, National Conference on Managing Quality in Clinical Laboratories, Tata Memorial Centre, March 5/6, Mumbai



Paediatric ophthalmologist Dr Amit Mohan presents a paper at a conference

TRAINING

Dr Niranjan Upadhyaya, senior dental surgeon, course in implants, Osteem, June 20/21, Ahmedabad

Dr Somendra Sharma, general & laparoscopic surgeon, diagnostic & interventional upper GI endoscopy course, Centre of Excellence for Flexible Endoscopy Training & Indian College of Endoscopy, September 10 to 12, Mumbai

Dr E Archana, dental surgeon, clinical orthodontic workshops, Dr Kabre's Clinic, four during the year, Mumbai

STUDY

Purchase and claims supervisor Shivali Upadhye completed a Masters programme in Business Administration, specialising in Hospital Administration.

New Skills Lab

On February 9, district Sirohi chief health & medical officer Dr Sushil Parmar inaugurated a skills lab, the only simulated training facility in the district.

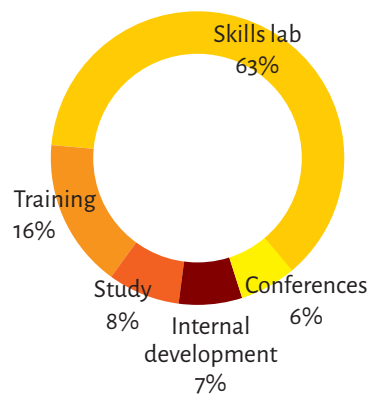
A variety of manikins, including an adult and paediatric intravenous training arm, airway manikin, CPR manikin, central line manikin, advanced nursing manikin, advanced infant CPR manikin, digital projector and two computers have been installed for hands-on training.

120 staff took part in five half-day workshops on Basic Life Support, 201 staff participated in 16 hands-on training sessions for DNB residents, nursing students and interns.



Gynaecologist Dr Saurbhi Singh at a conference

Annual expenses on Training & Development



Senior clinical associate Dr Hina Mukadam demos the use of the teaching manikin during the formal opening of the skill laboratory by district Sirohi CMHO Dr Sushil Kumar Parmar

WHO WE HOSTED, WHEN AND FOR WHAT TALK?

Dr Anannya Ghosh, consultant neuro surgeon, London, Royal Infirmary, March 29, *Managing Head Injuries*

Dr Jagdeep Walia, Queens University and Kingston Hospital, Kingston, Canada, March 14, *Clinical Genetics in Primary Care*

Dr Sanjay Gehlot, district Sirohi TB officer, February 25, *Revised National Tuberculosis Control Programme*

Dr Kamteshwari, periodontist & dean, Aurobindo Medical College, Indore, MP, February 10, *Diagnostic Aids in Periodontics & Perio-esthetics*

Dr Udayan Ray, director, Clinical Chemistry, Department of Pathology, Hobart, Australia, January 29, *Insulin Resistance in Acute Ischaemic Heart Disease*

Dr Rahul Prakash, nephrologist, President Houston Renal Clinic, USA, January 21, *Chronic Kidney Disease*

Dr Namita Tuli, medical director, Wound Care Centre, North Cyprus Medical Centre, Houston USA, January 21, *Wound Management*

Dr Samir Dani, cardiologist, Apollo Hospitals, Ahmedabad, January 6, *Advances in Cardiology*

Dr Astrid Bendorim, occupational health specialist, UK, November 10, *Trends in Occupational Health Medicine in UK*

Mohd. Akmal, B Braun representative, September 15, *Easy and Safe Infusion*

Dr Damodar Bachani, deputy commissioner for non-communicable diseases, Ministry of Health & Family Welfare, September 21, *Non Communicable Diseases Control: Current Status in India*

Dr Sunita Lodaya, gynaecologist from Karnataka, August 28, *Basics of Gynaecological Practice*

Dr Gautam Lodaya, Haveri, Karnataka, August 27, *Cancer Prevention*

Dr Pramod Borghare, ENT specialist, July 1, CSOM

Dr Atul Gilankar, neonatal specialist, Nasik, Maharashtra, June 26, *Convulsion & Seizure Disorder in Children*

Dr Sudhir Shah, eminent Ahmedabad neurologist, April 25, *Neurology of Happiness*

Dr Shekhar Kadam, respiratory specialist from Mumbai, April 11, *Management of Asthma*

Dr Mukul Saxena, general surgeon, retired colonel, July 14/15/16, *Documentation & Discharge Process, Fire Safety (training)*

Values in Healthcare: A Spiritual Approach

Values in Healthcare: A Spiritual Approach (VIHASA) is a modular development programme for health professionals to support themselves and their patients. Through experiential exercises and opportunities for reflection and self-enquiry, participants can identify their core values such as compassion, cooperation, peacefulness and self-care, and discover new insights to enhance and revitalise their personal lives and professional practice.

2015/16 saw a lot of interest in VIHASA with one event held in Nepal and 47 in India, in Delhi, Haryana, Maharashtra, Rajasthan, Tamil Nadu, Telangana and Uttar Pradesh for healthcare professionals, faculty and students and the general public. Two facilitator training programmes were held, in Mt Abu and Mumbai. Over 60 staff participated in two in-house programmes in Mt Abu while 66 GNM and 74 BSc Nursing students took part in 10 programmes.



Participants were asked to create a values statement for their hospital; a group presents their statement

Initiatives to Comply With National Accreditation Board Of Hospital Standards

At J Watumull Global Hospital & Research Centre, efforts are underway to comply with the National Accreditation Board for Hospitals (NABH) Standards. During 2015-16, compliance with the full set of standards increased from 63% to 68% while compliance with the new entry level standards increased from 79% to 85%. Achievements included developing 11 new policies and procedures and one department manual including:

ACCESS, ASSESSMENT AND CONTINUITY OF CARE

Compliance against this full set of standards increased from 71% to 92%

Developed the Initial Assessment and Reassessment Policy and Procedure

Designed and implemented a new visual vitals observation chart
Completed the Department of Radiology Manual, followed up with lectures for concerned staff on radiation safety

CARE OF PATIENTS

Developed five new Policy and Procedures:
HWP 1.12 Cardio-Pulmonary Resuscitation
HWP 1.13 Management of Accident and Emergencies

HWP 1.14 Management of Anaesthesia

HWP 1.15 Care of Paediatric Patients

HWP 2.9 Medico-Legal Policy & Procedure

Implemented the WHO recommended Safe Surgery Checklist, modified to suit internal conditions, for patients undergoing surgery in the hospital

85%

compliance with entry level standards

68%

compliance with full set of standards

HOSPITAL INFECTION CONTROL

Achieved 100% compliance with pre-accreditation entry level standards; 98% against the full set of standards

Completed the Infection Control Manual by adding five new policies and procedures:

HIC 2.0 How Infection Control is Managed in GHRC, Overview

HIC 2.12 Engineering Controls to Prevent Infections Procedure

HIC 2.13 Sterilisation of Equipments outside CSSD and OT

HIC 2.14 Laundry and Linen Management

HIC 2.15 Management of Central Lines

Held 33 sessions for staff on hand washing and handling of bio-medical waste

Conducted monthly hand hygiene surveys to assess compliance with hand washing guidelines

FACILITIES MANAGEMENT AND SAFETY

Ran fire safety lectures for fire wardens and fire fighters on readiness for fire disaster, with the assistance of Dr Mukul Saxena, surgeon and army colonel (Retired)

Replaced the fire exit route signs across the hospital with glow signs; added extra signage

MANAGEMENT OF MEDICATIONS

Pharmacist Sandeep Sharma was seconded to the Organisation Development Department for a month, eight policy and procedures were developed and are currently being reviewed and are close to sign off.



Fire safety training for the hospital staff, a demo on how to use devices to extinguish fire

Consultants & doctors



J Watumull Global Hospital & Research Centre, Mt Abu

Administrative Doctors

Dr Mehta, Ashok, Honorary Medical Director (& Trustee)
Dr Midha, Partap, Medical Director (& Trustee)

Consultants

Dr A Gopalakrishna, Plastic Surgeon
Dr Ananda B, Radiologist
Dr Batra, Puneet, Orthodontist (visiting)
Dr Chawla, Anil, Senior Consultant Physician
Dr Ghatoda, Gurcharan Singh, Anaesthesiologist (visiting)
Dr Kadel, Kailash, Junior Consultant, Orthopaedics
Dr Khandelwal, Narayan, Senior Orthopaedic Surgeon (visiting)
Dr Mehta, Sharad, Senior Consultant ENT Surgeon
Dr Mistry, Saurav, Orthodontist (visiting)
Dr Pancholi, Rajendra, Paediatrician
Dr Patel, Nikhil, Senior Consultant Neuropsychiatrist
Dr Patil, Laxmi, Dental Surgeon
Dr Sahu, Shrimant, Anaesthetist & Diabetologist
Dr Sajjanshetty, Jagadevi, Anaesthetist
Dr Singh, Saurbhi, Consultant, Obstetrics & Gynaecology
Dr Singh, Sudhir, Senior Consultant Ophthalmologist
Dr Sharma, Somendra Mohan, Consultant General & Laparoscopic Surgeon
Dr Sukhsohale, Sachin, Physician & Intensivist
Dr Upadhyay, Niranjana, Senior Dental Surgeon

Doctors

Dr Chawla, Shashi, Senior Medical Officer
Dr E Archana, Dental Surgeon
Dr Maindad, Manisha, Medical Officer, VOP
Dr Mevada, Keyur, Registrar, ENT
Dr Prakash, Om, Senior Resident, Surgery
Dr Sharma, Murlidhar, Registrar, Orthopaedics & Emergency Department
Dr Shrivastava, DK, Senior Medical Officer
Dr Shrivastava, Kanak, Senior Medical Officer & Chief, Village Outreach Programme

Clinical Associates

Dr Chauhan, Neelam, Clinical Associate
Dr Hosamath, Sumangala, Yoga Therapist &

Clinical Associate
Dr Mukadam, Hina, Senior Clinical Associate
Dr Sonar, Savita, Clinical Associate, Department of Diabetology
Dr Upadhyaya, Naba Jyoti, Senior Clinical Associate, Surgery Department

Alternative Therapists

Dr Dharamthok, Ramesh, Magneto Therapist
Dr Mehta, Pushpa, Honorary Homeopathic Physician (visiting)
Dr Mehta, Yogesh, Honorary Homeopathic Physician (visiting)
Dr Soni, Ram Prakash, Ayurveda Specialist

Global Hospital Institute of Ophthalmology, Abu Road

Consultants

Dr Arya, Saket, Vitreoretinal Surgeon (visiting)
Dr Bhatnagar, Vishal, Senior Consultant Ophthalmologist & Medical Superintendent
Dr Gohel, Punit, Senior Resident, Ophthalmology
Dr Jamil, Zeeshan, Medical Officer, Ophthalmology
Dr Laad, Seema, Consultant Ophthalmologist
Dr Mohan, Amit, Consultant, Paediatric Ophthalmology
Dr Sharma, Vinod Kumar, Senior Consultant Ophthalmologist

Radha Mohan Mehrotra Global Hospital Trauma Centre, Abu Road

Consultants

Dr Gupta, Ashok Kumar, Senior Orthopaedic Consultant
Dr Gupta, Satish, Director, Medicine & Preventive Cardiology
Dr Kaur, Rajbir, Dental Surgeon
Dr Lakhotia, Rahul, Anaesthesiologist
Dr Manchanda, Ashok, Consultant General Surgeon & Medical Superintendent
Dr Mishra, Kanaklata, Gynaecologist (part-time)
Dr NS Girish Kumar, Dental Surgeon

Dr Sahu, Shantanu Kumar, Registrar, Anaesthesia & Intensive Care
Dr Velaskar, Kalpana, Pathologist & In-charge Blood Bank Services

Doctors / Clinical Associates

Dr Das, Rajat, Senior Medical Officer & Additional Blood Bank Officer
Dr Jaideo, Rupal, Consultant Psychologist
Dr Krupakar, Hari, Senior Medical Officer
Dr Patel, Dignesh, Clinical Associate
Dr Sharma, Giriraj Prasad, Clinical Associate
Dr Verma, Hemant Kumar, Clinical Associate

G V Modi Rural Health Care Centre, Abu Road

Dr Hemadri, Mahesh, Medical Officer & In-charge

Community Service Programme

Dr Dave, Ashok, Clinical Associate
Dr Ranjan, Shalini, Senior Medical Officer

Brigadier Vora Clinic & Jyoti Bindu Diagnostic Centre, Baroda

Dr Satish Upadhyaya, Medical Officer & In-charge

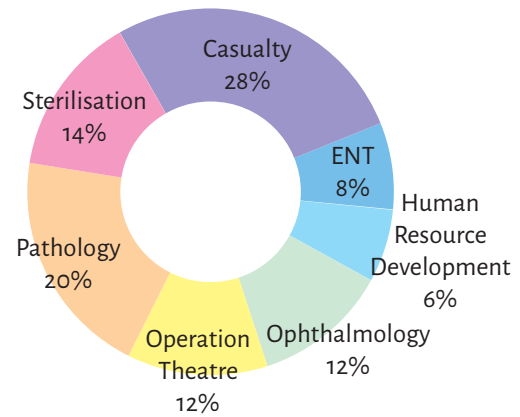
*In alphabetical order as on 15.7.2016

Equipment upgrades



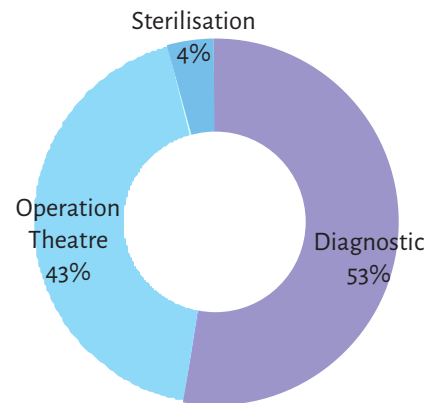
J Watumull Global Hospital & Research Centre

- Casualty
- EECO ambulance
- Department of ENT
- Sinuscope - 4mm o deg HD wide angle
- Human Resource Development
- Training educational models
- Laundry
- Stefab vaccuum finishing table with steam generator, 2x
- Department of Ophthalmology
- DGH Pachmate 4 portable desktop pachymeter
- Operation Theatre
- OT table with ortho attachment
- Department of Pathology
- Semi automated CLIA plate analyzer



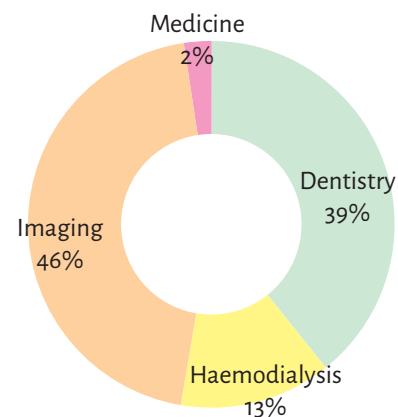
Global Hospital Institute of Ophthalmology

- Diagnostic Equipment
- Topcon optical coherence tomography 3D oct-1 maestro
- Topcon autoref Model RM 800
- Plantech refraction chair unit CS-04
- Topcon auto kerato Ref KR-1
- Hawk - I slit lamp B-3 model
- Operation Theatre equipment
- Laureate world phaco system
- Oertli phaco emusification system
- Proelectro epilator
- Sterilisation Equipment
- Automatic ethylene oxide gas steriliser



Radha Mohan Mehrotra Global Hospital Trauma Centre

- Department of Dentistry
- Satelec intraoral x-ray system
- Ultrasonic scaler P5 newton XS LED
- Suzy top dental chair package
- Electrosurge dental
- Dental imaging system
- Compact I classic dental unit
- Department of Haemodialysis
- Haemodialysis chair
- Haemodialysis machine 4008S
- Imaging Department
- Mars 40 digital radiography system
- Laser camera DV6950
- Department of Medicine
- TC20 ECG machine



Shivmani Geriatric Home

- Hard water solution plant

**Governance,
patronage &
financials**



Trustees

GLOBAL HOSPITAL & RESEARCH CENTRE (GHRC) TRUST is registered with the Charity Commissioner of Greater Mumbai. The trust is represented by unrelated trustees from diverse walks of life, including:

FOUNDER TRUSTEE BK NIRWAIR is a visionary leader with exemplary drive, dedication and meditative qualities, an inspiration for many employees of the trust's hospitals at Mt Abu and Abu Road.



FOUNDER TRUSTEE DR ASHOK MEHTA is a distinguished surgical oncologist, previously

associated with Tata Memorial Hospital and Nanavati Hospital. Dr Mehta is honorary medical director of BSES Municipal General Hospital, Mumbai, and J Watumull Global Hospital & Research Centre, Mt Abu.

FOUNDER TRUSTEE KISHORE D SHAH is a retired businessman and Mt Abu resident since 1982, who aggregated the land on which the flagship unit J Watumull Global Hospital & Research Centre is constructed.



TRUSTEE R L WADHWA brings a lifetime of financial and banking experience to the Board. His sound understanding of finance helps steer the trust's accounting policies in the right direction.

TRUSTEE JEETENDRA G MODY is a civil engineer with five decades of experience in developing real estate. He has helped implement trust projects involving the construction of new buildings.



TRUSTEE GULU WATUMULL is son of late Mumbai-based businessman and founder trustee Khubchand Watumull. Gulu assumed Khuba Dada's place when he retired. Gulu worked in the fashion industry in the US and Hawaii for some years.



HONORARY TREASURER DR BANARSI LAL SAH has been associated with the Trust since its inception. Dr Banarsi is executive secretary of the Medical Wing, Rajyoga Education & Research Foundation.

TRUSTEE DR PARTAP MIDHA worked for two decades with the health department of the government of Haryana, gaining a sound understanding of grassroots health needs. He is responsible for the trust units at Mount Abu and Abu Road.



TRUSTEE MAHESH PATEL is a chartered accountant and businessman with a chain of care homes in the UK. His family helped support the establishment of the hospital's Shivmani Geriatric Home.



TRUSTEE BK YOGINI has majorly contributed to the activities of the Brahma Kumaris in Mumbai. She manages 22 Rajyoga centres spanning the city. She holds the position of honorary director, Administration, BSES MG Hospital, and is a member of that hospital's Advisory Committee.



Patronage



BRAMHA KUMARIS

Guidance from the administrative leaders, late Dadi Prakashmani and the current head Dadi Janki. Assistance to sustain and expand the infrastructure. About a fifth of the staff at Mt Abu and Abu Road are volunteers drawn from the pool of individuals serving the Brahma Kumaris. About half of the hospital's regular employees practice Rajyoga open-eyed meditation.



Bridge of Life, USA, has sponsored dialysis machines for the hospitals at Mt Abu and Abu Road.



Dr Shroff's Charity Eye Hospital is covering the major part of the cost of paediatric eye surgeries like cataract, squint, ptosis, keratoplasty, etc. It is also meeting the cost of spectacles and logistical support for screening programmes held at remote locations.



Fundacion Ananta, Spain, has supported the hospital's ambulance services, nursing scholarships and its general sustenance.



Give India channels donations for the hospital's recurring expenses from Indian and overseas donors.



Global Hospital Institute of Ophthalmology is a very active partner of the government for the implementation of the National Programme for Control of Blindness.

Point of Life Inc., USA

It helps garner support from US based individuals and organisations.



Sitaram Jindal Foundation contributes towards the cost of medicines distributed to poor patients of the hospital.



SmileTrain
Changing The World One Smile At A Time.

The Smile Train, USA, sponsors the cost of cleft lip and palate reconstructive surgery.

OTHERS

- > G V Mody Trust, Surat
- > Global Harmony Foundation, Switzerland
- > Government of India
- > Government of Rajasthan
- > Kanya Daan Charitable Trust, SAR
- > Parmar Foundation, Pune



The Janki Foundation for Spirituality in Healthcare

The Janki Foundation for Spirituality in Healthcare, UK, helps sustain regular activities. Global Hospital & Research Centre has adopted *Values in Healthcare: A Spiritual Approach*, a programme for healthcare professionals developed by the foundation.



IndiaCare

The IndiaCare Trust, Germany has channelled equipment and consumables to the Mt Abu unit since its inception.



Wilde Ganzen, a Dutch media agency, jointly with the Stichting Global Hospital Nederland, Holland, has supported solar energy, nursing education and community outreach endeavours delivering health services to residents of remote villages.

Zorg van de ZaaK[®]

Netwerk

Zorg van de ZaaK Foundation is supporting the operational cost of two mobile clinics serving 56 remote villages, the employment of two disabled persons, and nursing scholarships for poor/disabled students.

- > Radha Mohan Mehrotra Medical Relief Trust, Mumbai
- > Rotary Club: Black Mountain, USA; Abu Road, India
- > Stifunng Cleft Children International, Switzerland
- > The Generation Charitable Trust, UK

Auditors Report

We have examined the annexed Balance sheet of Global Hospital & Research Centre, 102, Om Shanti, N S Road No 3, JVPD Scheme, Mumbai 400056 as at March 31, 2016 and the Income & Expenditure Account for the year ended on that date. These financial statements are the responsibility of the management of the hospital. Our responsibility is to express an opinion on these financial statements based on our audit.

We have conducted our audit in accordance with the accounting standards generally accepted in India. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatements. An audit includes examining on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluation of the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

We report that:

1. We have obtained all the information and explanation which to the best of our knowledge and belief were necessary for the purpose of audit.
2. In our opinion, proper books of accounts have been kept by the head office and the branches of the above named trust visited by us so far as appears from our examination of those books.
3. The Balance Sheet and Income and Expenditure Account dealt with by this report are in agreement with the books of account.
4. In our opinion and to the best of our information, and according to explanation given to us, the said accounts give a true and fair view in conformity with the accounting principles generally accepted in India.
 - i) In the case of the Balance Sheet, of the state of affairs of the above named trust as at March 31, 2016 and
 - ii) In the case of Income & Expenditure Account, of the deficit for the year ending on March 31, 2016.

For and on behalf of

Balkrishna T Thakkar & Co
Chartered Accountants

Notes to the Balance Sheet and Income & Expenditure Account

Significant Accounting Policies

System of Accounting: The Trust adopts the accrual basis in the preparation of its accounts. As such the financial statements are prepared under the historical cost convention on accrual basis and under the going concern assumption, in accordance with generally accepted accounting principles.

Inflation: Assets and liabilities are recorded at historical cost.

Fixed Assets: Fixed assets are capitalised at cost and are stated at historical cost. At each Balance Sheet date, an assessment is made as to whether there is any indication of impairment in the value of assets. Impairment loss is recognised whenever the carrying amount of an asset exceeds its recoverable value.

Investments: Investments are valued at cost.

Inventories: Inventories such as stock of surgical, sutures, medicines, pathology chemical, x-ray films are valued at cost or net realisable value whichever is lower and are physically verified and certified by the management.

Sundry Creditors / Debtors: Sundry creditors and debtors are subject to confirmation from them.

Receipts:

1. Hospital Receipts:

OPD Receipts: It is accounted on accrual basis on the date of providing hospital services/facilities.

IPD Receipts: It is accounted on accrual basis on the date of billing as and when the patient is discharged. However billing is done upto March 31 of every year.

2. Medical Stores Receipts: GHRC Medical Stores (Mt Abu) & GHIO Medical Stores (Talheti) sales are accounted at gross (inclusive of VAT) and transfer to inter units is shown separately. Similarly, purchases are accounted at gross (inclusive of VAT) and transferred from/to inter units is shown separately.

3. Donation Receipts are accounted on receipt basis on the date of receipt. Donation received towards specific / corpus fund is transferred to respective fund as per the direction of the donor.

4. Interests on bank fixed deposits and investments are accounted on accrual basis.

5. Grant-in-aid from the government is accounted as and when it is sanctioned and reasonable certainty of disbursement of claim exists.

BSES MG Hospital, Mumbai: In compliance with the directions of the Honourable Mumbai High Court, a sum of Rs 89,79,771 being 2% of the gross receipts has been set apart and credited to a separate fund called "Indigent Patients Fund" for the benefit of indigent patients to be spent in the manner specified under the scheme framed by the Honourable High Court.

During the year, BSES MG Hospital migrated to new management software (UBQ). However, due to certain technical hitch/implementation issues, errors were noticed in various reports including reports on sales/revenue, inventory, collections, indigent patients fund account, consumption, etc. which are relied on for preparation of the accounts. In view of the substantial delay in furnishing Return of Income and reports with the Charity Commissioner, the management has decided to close accounts based on the latest reports provided by the UBQ management and give effect to changes/corrections, if any, which may be reported by the UBQ management during the subsequent year. Based on the discussions held by the management with the UBQ team, management does not expect any major impact on profitability of the hospital for the year ended March 31, 2016 or its state on affairs as on that date.

Depreciation: Depreciation on fixed assets is provided for on the written down value method as per the rates shown against each asset as under:

> In case of assets held on April 1, 2015, for the full year

> In case of assets purchased and capitalised during the year, for half year irrespective of its date of purchase.

Gratuity: The trust has opted for Group Gratuity Scheme with Life Insurance Corporation of India for the benefit of employees.

Contingent liabilities not provided for: Nil

Claims made by other parties not acknowledged as debt: Nil

Bank guarantee: FDR of Rs 1 lakh purchased from State Bank of India Mt Abu Branch

given as bank guarantee to ECHS Regional Centre, Ahmedabad.

Payment made to Trustees: The hospital has paid professional charges to Medical Director Dr Ashok R Mehta (Trustee) for professional services rendered by him which is considered reasonable.

Donations:

1. 100% exemption: The Trust project of the hospital at Mt Abu is notified as an eligible project u/s 35 AC of the Income Tax Act, 1961. During the year the Trust has collected donations of Rs.4,36,22,787 under the said project.

2. BK Healthcare Fund: The Trust has launched a donations drive programme in the past years to raise funds for a specified purpose i.e. BK Healthcare Fund. Under the scheme, the Trust will raise funds and invest in specified securities. The income of the fund will be applied for medical purposes for poor and needy people. During the year the Trust managed to raise Rs.20,32,499 under the scheme.

3. BK Global Heart Foundation: The Trust has launched a donation drive to raise funds for the BK Global Heart Foundation. Under the scheme, the trust will raise funds for establishing a cardiac hospital. Donations so raised will be utilised to construct and run a cardiac hospital, which will benefit poor and needy people. During the year, the Trust has raised Rs 3,00,000 under the scheme.

Internal Audit: Internal Audit of the trust units (except BSES MG Hospital, Mumbai and Brigadier Vora Clinics, Baroda) are carried out by M/s GMJ & Company, Chartered Accountants, Mumbai. We have considered their reports for finalising the accounts.

Accounts of BSES MG Hospital: Accounts of one branch BSES MG Hospital, Mumbai, are audited by M/s N G Thakrar & Company, Chartered Accountants, Mumbai. Similarly accounts of GHRC Medical Stores and GHIO Medical Stores branches at Mt Abu and Abu Road respectively are audited by M/s GMJ & Company, Chartered Accountants, Mumbai. We have relied on their audit report and statements for merging them in the main accounts.

Current & Previous Years Figures: Current year and previous year figures have been regrouped and re-arranged wherever necessary.

Global Hospital & Research Centre (Consolidated)

Balance Sheet as on March 31, 2016

Liabilities	Previous year	Current year
Trust Corpus Fund	31,49,41,249	35,85,64,036
Misc Earmarked Funds	25,20,75,665	26,13,08,082
J Watumull Global Hospital & Research Centre Fund	34,45,127	34,80,627
BSES MG Hospital Fund	19,72,53,746	21,13,84,411
Sundry Credit Balances	13,63,55,139	16,01,99,128
	90,40,70,927	99,49,36,285
Assets		
Immovable Properties	32,27,35,885	30,68,25,014
Capital Work In Progress	14,50,673	21,93,545
Investments	10,02,000	10,02,000
Advances	2,08,28,662	3,27,17,063
Income Outstanding	2,37,65,249	3,32,57,701
Stock & Inventories	3,26,41,063	3,48,90,309
Cash & Bank Balances	24,22,76,771	30,26,04,772
Income & Expenditure a/c	25,93,70,617	28,14,45,878
	90,40,70,927	99,49,36,285

Income & Expenditure Account for the year ended March 31, 2016

Expenditure	Previous year	Current year
To Amount Transferred to Specified Fund	5,12,49,050	6,52,88,075
To Brigadier Vora Clinic	7,32,058	6,79,462
To BSES MG Hospital	53,67,29,235	48,13,35,998
To BSES MG Om Shanti Chemist Shop	-	12,91,71,238
To GHRC CAD Project	12,05,493	14,68,734
To GHRC Education Project	60,466	93,199
To GHRC Eye Care Project	25,95,103	23,65,821
To GHRC Mumbai	8,09,664	9,81,656
To GHRC Village Outreach Programme	81,81,783	77,71,898
To GV Modi Rural Health Care Clinic	2,21,277	1,75,424
To Global Hospital Institute of Ophthalmology	3,38,46,362	3,61,26,269
To JW Global Hospital & Research Centre	10,77,10,382	11,41,78,170
To RMM Global Hospital Trauma Centre	5,11,15,935	5,91,09,124
To Shivmani Geriatric Home	1,74,11,442	1,75,19,379
To Smile Train Project	1,03,34,154	1,07,90,131
To Global Hospital School Of Nursing	97,92,422	97,31,035
To SLM Global Nursing College	1,06,31,918	1,14,72,894
To GHRC: Medical Stores [Mt Abu]	-	4,76,35,284
To GHIO: Medical Stores [Talheti]	-	1,86,75,371
To GHIO: Optical Shop	-	41,47,703
	84,26,26,751	101,87,16,870
Income		
By Interest	1,36,01,538	1,53,62,195
By Dividend	-	2,20,730
By Donations in Cash or Kind	11,66,52,775	14,00,12,077
By Grant-in-Aid	31,14,375	32,20,000
By Income from Hospital Receipts	62,38,33,364	79,73,16,435
By Income from Other Receipts	3,70,75,799	4,09,98,163
By Amount Transferred from Specific Fund	1,21,44,743	1,17,50,526
By Deficit Carried to Balance Sheet	3,62,04,157	98,36,744
	84,26,26,751	101,87,16,870

J Watumull Global Hospital & Research Centre, Mt Abu,
and projects*

Income & Expenditure Account for the year ended March 31, 2016

Expenditure	Previous year	Current year
To Administration expenses	1,71,35,633	1,54,17,926
To Depreciation	83,03,253	84,76,302
To Education project expenses	19,72,778	26,24,076
To Employment cost	4,04,69,208	4,40,23,963
To Hospital consumables	1,29,08,123	1,34,86,519
To Insurance	4,45,962	4,43,965
To Medical relief & assistance	3,26,78,086	3,47,55,388
To Other consumables	12,07,421	15,21,874
To Power & fuel	78,88,943	91,61,158
To Repairs & maintenance	51,31,714	40,18,822
To Medical / Social project	15,40,348	19,18,000
To Rent, rates & taxes	329	53,096
	12,96,81,798	13,65,74,756
Income	Previous year	Current year
By Donation income	4,40,51,451	5,24,71,579
By Hospital receipts	5,71,38,175	6,36,30,807
By Other receipts	32,82,736	53,70,994
By Net deficit transferred to HO a/c	2,52,09,436	1,51,01,376
	12,96,81,798	13,65,74,756

* Also includes Smile Train Project, Village Outreach Programme, Coronary Artery Disease Regression Project and Eye Care Project

Global Hospital & Research Centre (Consolidated)
Funds Flow Statement for the year ended March 31, 2016

Sources of Funds	
Opening Balance in Cash & Bank a/c	4,52,82,084
Donation income (including FCRA fund received)	7,99,73,908
Hospital income (OPD & IPD)	79,85,85,538
Grant-in-aid from Government	32,20,000
Bank & other interest	1,51,15,954
Other income	4,08,30,154
Sales of fixed assets	150,000
Contribution to earmarked funds (including fund received under FCRA)	1,64,15,382
Contribution to Trust Corpus fund	4,36,22,787
Increase in current liabilities	2,38,58,096
Fund transferred from BSES MG Hospital	29,86,735
Total sources	1,07,00,40,638
Application of Funds	
Addition to fixed assets (excluding WIP capitalised)	2,51,69,248
Addition to work in progress (then capitalised)	456,834
Investments in fixed deposits with bank	4,82,97,236
Disbursements from earmarked funds	70,45,514
Revenue expenditure (excluding depreciation)	90,81,28,858
Increase in current assets	2,36,30,099
Closing Balance in Cash & Bank a/c	5,73,12,849

J Watumull Global Hospital & Research Centre, Mt Abu,
and projects*

Balance Sheet as on March 31, 2016

Liabilities	Previous year	Current year
Mumbai office control a/c	10,62,12,211	13,76,62,788
Specific Reserve Fund	34,45,127	34,80,627
Sundry creditors	6,73,427	17,11,014
Outstanding expenses	41,53,879	42,07,352
	11,44,84,644	14,70,61,781
Assets		
Fixed assets	6,93,69,482	6,50,90,181
Capital work in progress	-	5,39,920
Sundry debtors	4,53,772	79,314
Advances to creditors	8,10,004	41,99,653
Loans/advances & deposits	27,44,961	32,37,315
Investments	2,29,74,186	4,84,44,681
Income receivable	16,89,921	39,93,776
Closing stock	25,60,929	20,96,559
Bank balances	1,35,65,627	1,85,95,092
Cash balances	3,15,761	7,85,290
	11,44,84,644	14,70,61,781

* Also includes Smile Train Project, Village Outreach Programme, Coronary Artery Disease Regression Project and Eye Care Project

J Watumull Global Hospital & Research Centre, Mt Abu,
and projects*

Funds Flow Statement for the year ended March 31, 2016

Sources of Funds	
Opening Balance in Cash & Bank a/c	1,35,65,627
Donation income (including fund received under FCRA)	5,24,71,579
Hospital income (OPD & IPD)	6,36,30,807
Grant-in-aid from Government	417,500
Bank & other interest	37,26,241
Other income	12,27,253
Contribution to specified fund	35,500
Head Office and Branch Office Transfer Account	4,68,67,715
Increase in current liabilities	10,91,060
Total sources	16,94,67,655
Application of Funds	
Addition to fixed assets	41,97,001
Investments in Bank FD's	2,54,70,495
Revenue expenditure (excluding depreciation)	12,80,98,454
Increase in current assets	53,47,030
Addition to capital work-in-progress	539,920
Closing Balance in Cash & Bank a/c	1,93,80,382

G V Modi Rural Health Care Centre, Abu Road
Income & Expenditure Account for the year ended March 31, 2016

Expenditure	Previous year	Current year
To Administration expenses	31,175	17,300
To Depreciation	43,270	38,229
To Employment cost	92,885	104,910
To Hospital consumables	1,200	-
To Medical relief & assistance	31,818	4,537
To Other consumables	11,416	1,668
To Power & fuel	2,250	2,860
To Repairs & maintenance	7,263	5,920
	2,21,277	175,424
Income	Previous year	Current year
By Hospital receipts	19,090	21,390
By Other receipts	3,909	361
By Net deficit transferred to Mumbai HO a/c	1,98,278	153,544
	2,21,277	175,424

Global Hospital Institute of Ophthalmology, Abu Road
Income & Expenditure Account for the year ended March 31, 2016

Expenditure	Previous year	Current year
To Administration expenses	20,42,150	18,22,449
To Depreciation	32,11,928	33,22,460
To Employment cost	1,29,84,633	1,49,04,768
To Hospital consumables	49,04,738	48,95,518
To Insurance	102,546	83,020
To Medical relief & assistance	74,42,243	84,08,989
To Other consumables	8,38,170	7,83,085
To Power & fuel	10,40,438	10,93,637
To Repairs & maintenance	11,86,294	6,99,548
To Rent, rates & taxes	93,222	112,796
	3,38,46,362	3,61,26,269
Income	Previous year	Current year
By Donation income	24,63,193	79,96,878
By Hospital receipts	1,68,29,585	1,78,57,475
By Other receipts	46,05,144	48,91,010
By Net deficit transferred to Mumbai HO a/c	99,48,440	53,80,906
	3,38,46,362	3,61,26,269

G V Modi Rural Health Care Centre, Abu Road
Balance Sheet as on March 31, 2016

Liabilities	Previous year	Current year
Mumbai office control a/c	6,56,834	623,301
Outstanding expenses	22,573	29,132
	6,79,407	652,433
Assets	Previous year	Current year
Fixed assets	6,69,488	634,429
Cash & Bank balances	9,919	18,004
	6,79,407	652,433

Global Hospital Institute of Ophthalmology, Abu Road
Balance Sheet as on March 31, 2016

Liabilities	Previous year	Current year
Mumbai office control a/c	2,96,28,558	3,41,47,149
Outstanding expenses	15,31,726	16,01,771
Advance for expenses	1,49,479	9,83,373
	3,13,09,763	3,67,32,293
Assets	Previous year	Current year
Fixed assets	2,43,50,535	2,76,81,397
Advances & deposits	2,71,757	3,37,904
Grant-in-aid	53,00,250	63,37,750
In-patient receivable	23,880	17,300
Stock	5,11,770	8,63,385
Cash & bank balances	8,51,571	14,94,557
	313,09,763	3,67,32,293

Radha Mohan Mehrotra
Global Hospital Trauma Centre, Abu Road
Income & Expenditure Account for the year ended March 31, 2016

Expenditure	Previous year	Current year
To Administration expenses	63,08,034	64,20,431
To Depreciation	41,32,769	47,33,708
To Employment cost	1,69,00,800	1,92,07,886
To Hospital consumables	85,48,867	91,26,494
To Insurance	1,80,336	195,339
To Medical relief & assistance	85,40,501	1,16,62,781
To Other consumables	2,47,743	214,344
To Power & fuel	29,59,405	36,31,679
To Repairs & maintenance	22,63,578	27,78,233
To Rent, rates & taxes	43,050	42,540
To TB Project	9,90,853	10,95,690
	5,11,15,936	5,91,09,124
Income	Previous year	Current year
By Hospital receipts	2,73,59,636	3,65,72,613
By Other receipts	23,83,890	23,28,244
By Donation	1,21,80,421	78,73,500
By Net deficit transferred to Mumbai HO a/c	91,91,989	1,23,34,768
	5,11,15,936	5,91,09,124

Shivmani Geriatric Home, Abu Road
Income & Expenditure Account for the year ended March 31, 2016

Expenditure	Previous year	Current year
To Administration Exp.	6,39,782	943,523
To Depreciation	57,29,919	52,41,665
To Employment Cost	34,04,070	38,75,738
To Hospital Consumables	2,57,288	-
To Insurance	57,413	61,065
To Medical Relief Assist.	15,198	10,405
To Other Consumables	1,54,326	1,32,124
To Power & Fuel	13,48,459	13,78,630
To Repairs & Maint.	17,21,923	20,37,513
To GHRC Senior Citizens Home	40,83,063	38,38,717
To Net surplus Transfer to Mumbai	40,356	-
	1,74,51,798	1,75,19,380
Income	Previous year	Current year
By Donation	22,99,011	10,07,425
By Other Receipts	1,51,52,787	1,54,66,216
By Net deficit Transfer to Mumbai	-	10,45,739
	1,74,51,798	1,75,19,380

Radha Mohan Mehrotra
Global Hospital Trauma Centre, Abu Road
Balance Sheet as on March 31, 2016

Liabilities	Previous year	Current year
Mumbai office control a/c	3,25,96,879	3,83,94,037
Outstanding expenses	27,21,748	29,98,685
Advances for expenses	19,26,381	949,250
	3,72,45,008	4,23,41,972
Assets	Previous year	Current year
Fixed assets	3,23,14,249	3,60,28,038
Building construction expense	14,50,673	15,93,692
Fixed deposits – SBI	-	2,00,000
Sundry debtors	2,04,466	16,76,737
Stock	8,39,753	6,24,105
Advance & deposits	9,75,825	5,88,316
Income receivable	142,250	3,504
Cash & bank balances	13,17,793	16,27,580
	3,72,45,008	4,23,41,972

Shivmani Geriatric Home, Abu Road
Balance Sheet as on March 31, 2016

Liabilities	Previous year	Current year
Mumbai Office	4,03,67,158	3,96,80,332
Outstanding Expenses	6,08,394	510,380
Advance For Expenses / Others	6,82,433	473,869
Geriatric Patients Deposits	7,42,41,120	9,47,28,068
	11,58,99,105	13,53,92,649
Assets	Previous year	Current year
Fixed Assets	4,87,36,080	4,42,01,517
Fixed Deposits - SBI	2,25,00,000	2,15,00,000
Fixed Deposits - Axis	4,40,00,000	6,75,00,000
Fixed Deposits - SBI Sweep	60,745	48,791
Sundry Debtors	924	13,183
Advance & Deposits	43,459	219,825
Income Receivable	2,41,853	373,656
Cash & Bank Balance	3,16,045	14,75,744
	11,58,99,105	13,53,92,649

Saraj Lalji Mehrotra Global Nursing College,
Abu Road

Income & Expenditure Account for the year ended March 31, 2016

Expenditure	Previous year	Current year
To Administration expenses	13,25,921	12,22,612
To Depreciation	33,58,780	30,75,327
To Employment cost	37,18,369	53,97,663
To College consumables	8,54,430	707,731
To Insurance	37,773	41,326
To Medical relief & assistance	43,180	29,167
To Other consumables	4,83,538	153,619
To Power & fuel	4,83,356	435,533
To Repairs & maintenance	3,26,572	409,917
	1,06,31,919	1,14,72,895
Income	Previous year	Current year
By Other receipts	78,43,222	92,97,367
By Net deficit transferred to Mumbai HO a/c	27,88,697	21,75,528
	1,06,31,919	1,14,72,895

Global Hospital School of Nursing, Abu Road

Income & Expenditure Account for the year ended March 31, 2016

Expenditure	Previous year	Current year
To Administration expenses	8,29,307	10,13,866
To Depreciation	34,33,808	30,77,703
To Employment cost	35,58,831	38,08,492
To School consumables	6,91,233	574,541
To Insurance	39,853	50,009
To Medical relief & assistance	-	15,750
To Other consumables	5,16,525	320,761
To Power & fuel	5,10,734	444,971
To Repairs & maintenance	2,12,132	424,942
	97,92,423	97,31,035
Income	Previous year	Current year
By Other receipts	69,60,137	93,21,510
By Net deficit transferred to Mumbai HO a/c	28,32,286	409,525
	97,92,423	97,31,035

Saraj Lalji Mehrotra Global Nursing College,
Abu Road

Balance Sheet as on March 31, 2016

Liabilities	Previous year	Current year
Mumbai office control a/c	2,63,34,490	2,62,22,145
Outstanding expenses	6,24,693	567,495
Advances / Deposits payable	21,39,275	28,25,468
	2,90,98,458	2,96,15,108
Assets	Previous year	Current year
Fixed assets	2,78,09,888	2,51,02,375
Fixed deposits	4,50,000	29,50,000
Advances & deposits	5,37,372	6,05,979
Income receivable	2,11,095	3,04,527
Cash	7,934	12,806
State Bank of India – 29540	62,558	6,19,034
State Bank of India – 24506	19,612	20,386
	2,90,98,458	2,96,15,108

Global Hospital School of Nursing, Abu Road

Balance Sheet as on March 31, 2016

Liabilities	Previous year	Current year
Mumbai office control a/c	2,98,90,462	2,84,69,053
Outstanding expenses	1,79,309	241,142
Advances for expenses	29,67,380	14,62,011
	3,30,37,151	3,01,72,206
Assets	Previous year	Current year
Fixed assets	2,90,94,610	2,60,56,937
Advances & deposits	6,98,062	17,31,455
Income receivable	16,08,493	15,48,383
Cash	4,475	5,357
State Bank of India – 9158	16,31,511	830,074
	3,30,37,151	3,01,72,206

Brigadier Vora Clinic & Jyoti Bindu Diagnostic Centre,
Baroda
Income & Expenditure Account for the year ended March 31, 2016

Expenditure	Previous year	Current year
To Administration expenses	93,880	89,486
To Depreciation	1,52,337	1,35,956
To Employment cost	2,98,836	3,02,136
To Hospital consumables	7,449	8,294
To Medical relief & assistance	95,782	76,815
To Power & fuel	13,794	11,331
To Repairs & maintenance	21,350	4,650
To Rent, rates & taxes	48,631	50,795
	7,32,059	6,79,462
Income	Previous year	Current year
By Donation	1,56,800	1,34,500
By Hospital receipts	74,075	71,075
By Other receipts	37,919	30,922
By Net deficit transferred to Mumbai HO a/c	4,63,265	4,42,965
	7,32,059	6,79,462

BSES MG Hospital, Mumbai

Income & Expenditure Account for the year ended March 31, 2016

Expenditure	Previous year	Current year
To Expenditure in respect of properties	54,72,967	36,81,021
To Establishment expenses	4,88,81,977	3,69,60,188
To Legal expenses	55,07,141	41,88,547
To Other administrative expenses	13,21,067	8,59,562
To Depreciation	1,36,85,992	1,12,32,354
To Amount transferred to reserve	1,27,50,075	1,23,97,371
To Medical relief	46,18,60,091	42,44,14,326
To Surplus carried over to Balance Sheet	9,32,867	1,22,38,517
	55,04,12,177	50,59,71,886
Income	Previous year	Current year
By Medical receipts	50,29,41,018	46,06,14,743
By Pharmacy income (net)	77,17,192	61,32,571
By Interest income (hospital)	1,04,94,881	92,91,661
By Interest income (IP patient fund)	2,16,847	3,07,394
By interest income (kidney patient fund)	2,39,692	2,37,500
By Donations	1,66,57,804	1,76,37,490
By Amount spent for specific fund	1,21,44,743	1,17,50,526
	55,04,12,177	50,59,71,886

Brigadier Vora Clinic & Jyoti Bindu Diagnostic Centre,
Baroda
Balance Sheet as on March 31, 2016

Liabilities	Previous year	Current year
Mumbai office control a/c	17,53,473	16,06,084
Outstanding expenses	6,340	6,322
	17,59,813	16,12,406
Assets	Previous year	Current year
Fixed assets	13,21,989	11,86,033
Bank of Baroda FDR	3,54,521	3,00,000
Advances	15,701	10,714
Cash & bank balances	67,602	1,15,659
	17,59,813	16,12,406

BSES MG Hospital, Mumbai

Balance Sheet as on March 31, 2016

Liabilities	Previous year	Current year
Other earmarked funds	20,39,61,814	21,80,92,479
Liabilities	4,05,32,829	4,33,25,068
	24,44,94,643	26,14,17,547
Assets	Previous year	Current year
Immovable properties	58,24,850	52,42,365
Other fixed assets	6,10,46,789	5,35,53,454
Closing stock	1,46,23,142	1,66,52,586
Advances & deposits	2,81,66,458	4,00,61,384
Cash & bank balances	1,21,851,691	12,85,88,828
Income outstanding	1,29,81,714	1,73,18,931
	24,44,94,643	26,14,17,547

Credibility Alliance Norms Compliance Report



The Global Hospital & Research Centre trust is accredited for minimum norms by the Credibility Alliance, an organisation reviewing and certifying nongovernmental organisation for their commitment to transparency and good governance.

Identity

The Global Hospital & Research Centre trust is registered with the Charity Commissioner of the Greater Mumbai Region (Mah.) under No. PTR/E/12573 dated January 5, 1990.

The functional units of the Trust, in the order of their establishment are:

- > J Watumull Global Hospital & Research Centre, Mt Abu
- > Brigadier Vora Clinic & Jyoti Bindu Diagnostic Centre, Baroda
- > G V Modi Rural Health Care Centre & Eye Hospital, Abu Road
- > BSES MG Hospital, Mumbai
- > Global Hospital Institute of Ophthalmology, Abu Road (includes the wing named P C Parmar Foundation Global Hospital Eye Care Centre, Abu Road)
- > Radha Mohan Mehrotra Global Hospital Trauma Centre, Abu Road
- > Shivmani Geriatric Home, Abu Road

Two permanent positions at J Watumull Global Hospital & Research Centre, Mt Abu, medical director and honorary medical director are held by Dr Partap Midha and Dr Ashok Mehta respectively. BK Yogini is honorary director for administration at BSES MG Hospital. Dr Banarsi Lal Sah is the honorary treasurer of the Global Hospital & Research Centre trust.

The Trust Deed is available on request.

Vision & Mission

Mission: To provide world class complete healthcare services responsibly and with a human touch at affordable prices.

Vision: Healthcare for all irrespective of social or economic background.

Trust Registration

Under section 12A of the Income Tax Act, 1961 vide No.TR/27348 dated January 15, 1990.

Under section 35AC, vide registration No. S.O.NO. 1971 (E) dated 20.7.2015 valid until financial year 2017-18.

With the DIT Exemptions, under section 80C, vide registration No.DIT(E)/MC/80g/1303/2008/2008-09 valid in perpetuity.

Under section 6 (1) (a) of the Foreign Contribution (Regulation) Act, 1976 (FCRA registration No. 083780494 dated June 5, 2016) valid until 31.10.2021.

Name & Address of FCRA Bankers

Union Bank of India, 11 Vithal Nagar Co-operative Housing Society, 10th Road JVPD Scheme, Vile Parle (West), Mumbai 400056.

Name & Address of Auditors

Balkrishna T Thakkar & Co, 6th floor, 602-603, "Saffron", Near Bank of Baroda, Ambawadi, Ahmedabad, 380006.

Governance

The Global Hospital & Research Centre trust Board met five times during the year 2015-16, on June 25, September 10, October 13, January 6 and February 27. Minutes of the Board meetings are documented and circulated.

A Board Rotation Policy (of non-rotation) exists

and is practised. Minutes of the Board meetings are documented and circulated.

The Board approves programmes, budgets, annual activity reports and audited financial statements. The Board ensures compliance with laws and regulations.

Accountability & Transparency

No remuneration, sitting fees or any other form of compensation has been paid since the inception of the foundation, to any Board member, trustee or shareholder, for being members of the trust.

The following reimbursements have been made to Board members:

Professional fees paid to trustee Dr Ashok Mehta, for operations he has performed: Rs 35,72,981.

Professional fees / remuneration of Dr Partap Midha, Director, J Watumull Global Hospital & Research Centre: Nil

No other reimbursements have been made to any Board member, trustee or shareholder.

Remuneration of 3 highest paid staff members:

- 1) Rs 140,000
- 2) Rs 135,000
- 3) Rs 109,000

Remuneration of the lowest paid staff member: Rs 5,670

Total cost of national travel by all personnel (including volunteers) & Board members: Rs 8,44,649.

Total cost of international travel by all personnel (including volunteers) & Board members: Nil

Staff Details

All trustees are "volunteers" giving their time pro bono. They are not included in these numbers.

Cleaning labourers, paid volunteers and trainees being paid a stipend are also excluded.

Details of Board Members

Name	Age	Gender	Position on Board	Occupation	Area of competency	Meetings attended
BK Nirwair	77	M	Managing Trustee	Social worker	Social Service	5/5
Dr Ashok Mehta	78	M	Trustee	Medical Director & Consultant Cancer Surgeon, BSES MG Hospital, Mumbai	Hospital Management & Oncology	3/5
Gulu Watumull	66	M	Trustee	Business person	Business	Nil
Mahesh Patel	63	M	Trustee	Chartered accountant	Healthcare	Nil
Raghunath L Wadhwa	81	M	Trustee	Retired from banking	Banking & Finance	1/5
Dr Partap Midha	66	M	Trustee	Director, J Watumull Global Hospital & Research Centre	Hospital Management	5/5
Yogini Bhupatrai Vora	64	F	Trustee	Director, Rajyoga Centres, Vile Parle Sub-Zone	Social Service	4/5
Kishore D Shah	68	M	Trustee	Business person	Business	5/5
Jeetendra G Modi	73	M	Trustee	Business person	Civil Engineering	5/5

Distribution of staff according to category:

Gender / Staff distribution	Male	Female
Paid full time	417	401
Paid part time	12	16
Paid consultants	17	7
Volunteers	63	39

Distribution of staff according to salary levels:

Slab of gross salary (Rs) plus benefits paid to staff	Male	Female	Total
<5000	8	7	15
5000-10000	162	70	232
10000-25000	171	256	427
25000-50000	46	46	92
50000-100000	23	14	37
>100000	4	5	9
Total	414	398	812

Contribute to hospital activities:

Find us on www.GiveIndia.org

Donate via www.ghrc-abu.com
(Paypal enabled)

Cut a cheque favouring
Global Hospital & Research Centre

Transfer via NEFT (Indians) or
Telegraphic Transfer (overseas donors).
Email ghrcabu@gmail.com for details.

Did you know?

Donors who pay taxes in India can avail income tax benefits:

Under section 35AC of the Income Tax Act of 1961

100% of the donated amount is deductible from income for the purpose of computation of taxable income. Donors must provide their income tax PAN and full address at the time of making a donation so that the receipt can be issued.

Under section 80G of the Income Tax Act of 1961

50% of the donated amount is deductible from income for the purpose of computation of taxable income.

Printing of annual report partially sponsored by :

Niv Art Centre

210, Neb Sarai, Near IGNOU, New Delhi - 110 068
niv@nivartcentre.com



Angelus Developers

Developers of God's Grace,
1 & 2 Bedroomed Residences at Abu Road

E: info@godsgraceabu.com
W: www.godsgraceabu.com



Global Hospital & Research Centre

Delwara Road, Mount Abu 307501 Rajasthan, INDIA
T +91 2974 238347/8 F +91 2974 238570 E ghrcabu@gmail.com
URL www.ghrc-abu.com