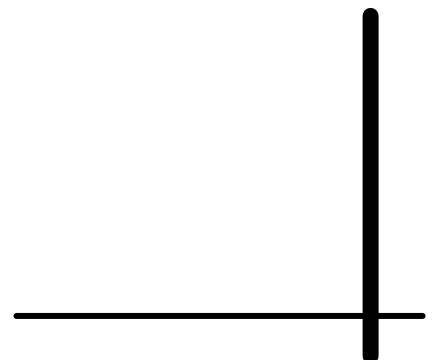


# ANNUAL REPORT 2004-05

- *J.Watumull Global Hospital & Research Centre, Mount Abu*
- *BrigadierVora Clinic & Jyoti Bindu Diagnostic Centre, Vadodara*
- *G.V.Modi Rural Health Care Centre, Abu Road*
- *Global Hospital Institute of Ophthalmology, Abu Road*



# ***Charter***

In 1991, the Brahma Kumaris, a worldwide socio-spiritual organization having its headquarters at Mount Abu, established J.Watumull Global Hospital & Research Centre. The hospital was envisaged to be in a position to fill a lacunae in health services for residents of district Sirohi, Rajasthan and especially for the local community of Mount Abu. The hospital would also cater as an emergency medical centre for the numerous guests of national and international conferences and retreats organized by the Brahma Kumaris at its complexes at Mount Abu and Abu Road. A charitable trust Global Hospital & Research Centre (Mumbai) was registered to manage the affairs of the hospital.

J. Watumull Global Hospital & Research Centre offers free medical consultation to all and free or partially-free treatment to patients unable to pay the full hospital charges.

Since 1991, the trust has expanded its scope to the Brigadier Vora Clinic & Jyoti Bindu Diagnostic Centre at Vadodara, G.V. Modi Rural Health Care Centre at Abu Road, BSES MG Hospital at Mumbai and the Global Hospital Institute of Ophthalmology at Abu Road.

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Department of Neuropsychiatry, Department of Nursing, Department of Obstetrics,

Department of Ophthalmology, Department of Orthopaedics, Department of Paediatrics

Department of Pathology, Department of Surgery, Non-medical Departments

SISTER HOSPITALS

G.V. Modi Rural Health Care Centre & Eye Hospital, Talhati, Abu Road

Global Hospital Institute of Ophthalmology, Talhati, Abu Road

Brigadier Vora Clinic & Jyoti Bindu Diagnostic Centre, Vadodara

B.S.E.S. M.G. Hospital, Mumbai

Radhibai Watumull Global Hospital, Mumbai

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COMMENTS

PLANS FOR 2005-06

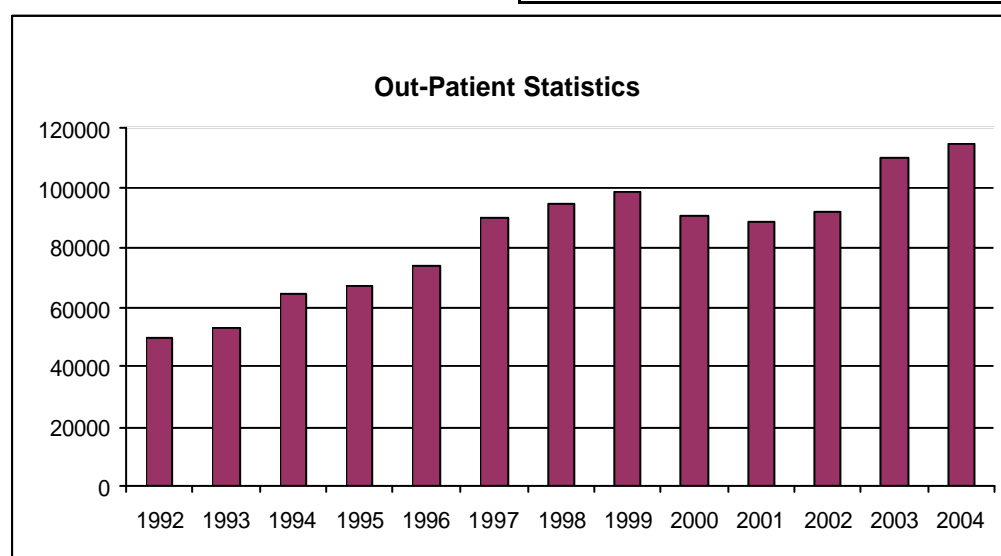
## STATEMENT OF MISSION

- Provide free consultation to all and free/partially-free treatment to poor patients.
- Plan, organise and implement medical & surgical camps as well as medical & health education programmes to allow patients from remote villages access to the hospital's health services.
- Contribute to the economic development of the society by offering local youth vocational training programmes in the fields of nursing aides, optometry and laboratory technology. Many of our past students have been absorbed as hospital staff.
- Initiate research programmes in various disciplines of medicine, aiming to offer an insight into the effects of lifestyle on health.
- Offer self-empowering and self-understanding positive thinking & Rajyoga meditation courses to patients and their relatives, thereby covering an essential holistic aspect of healthcare.

## OUT-PATIENT DEPARTMENT

Our out-patient department consists of 15 clinics including cardiology, dentistry, dermatology, dietetics & wellness, E.N.T., gynaecology, medicine, neuropsychiatry, obstetrics, ophthalmology, orthopaedics, paediatrics, physiotherapy and surgery. Global Hospital offers complementary medicine therapies such as acupressure, acupuncture, ayurveda, homoeopathy, magnet therapy, mountain air and yoga therapy.

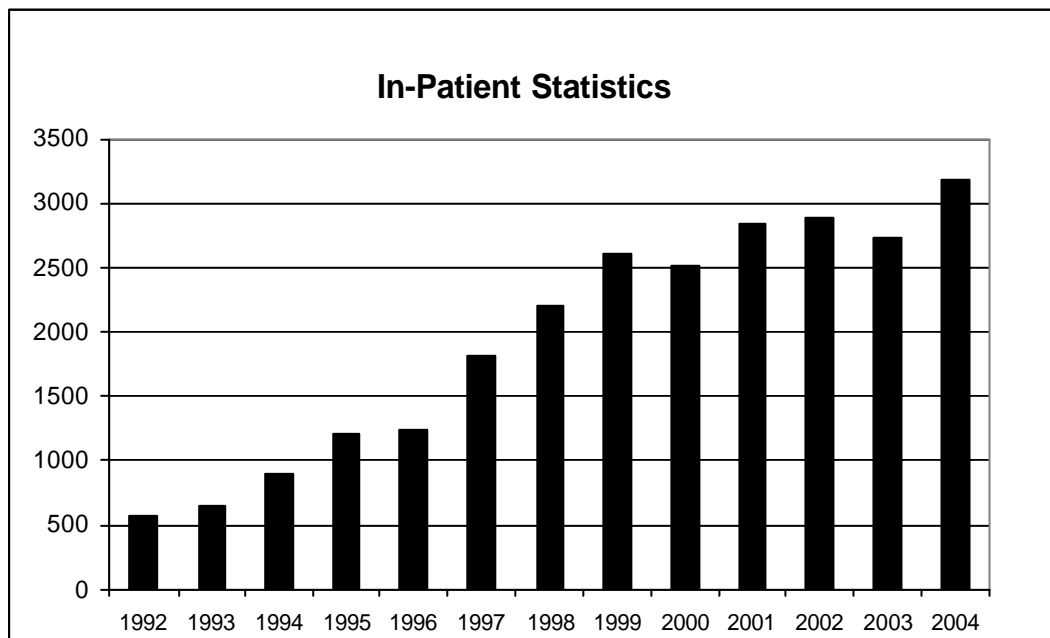
Department	2004-05	2003-04
Acupuncture & Acupressure	2535	3704
Ayurveda	2757	3166
Dentistry	14603	14302
Dermatology	2808	2368
Dietetics & wellness	4764	2805
E.N.T.	5719	6463
Gynaecology	2369	2606
Homoeopathy	4617	5119
Magnet therapy	8041	9932
Medicine	14494	14168
Neuropsychiatry	4295	3910
Obstetrics	3979	1257
Ophthalmology	10642	10902
Orthopaedics	8584	7493
Paediatrics	7904	6084
Physiotherapy	5666	6523
Surgery	5857	5801
Yoga therapy	4654	3288
<b>TOTAL</b>	<b>114288</b>	<b>109891</b>



## IN-PATIENT DEPARTMENT

The in-patient services comprises 102 beds spaciouly laid out in the general ward, twin-sharing rooms, single occupancy air-conditioned and non-AC rooms and delux suites. At present, 70 beds are functional. Poor patients requiring intensive nursing are offered special care irrespective of their paying capacity. Resident doctors are available to augment nursing care round-the-clock. The nursing staff includes nursing supervisors, nurses and nursing assistants.

Department	Free	Paid	2004-05	2003-04
<b>E.N.T.</b>	38	126	164	168
<b>Gynaecology &amp; Obstetrics</b>	27	82	109	49
<b>Medicine</b>	389	463	852	691
<b>Neuropsychiatry</b>	15	77	92	63
<b>Ophthalmology</b>	852	167	1019	937
<b>Orthopaedics</b>	93	140	233	226
<b>Others</b>	4	19	23	10
<b>Paediatrics</b>	147	136	283	166
<b>Surgery</b>	179	231	410	420
<b>Total</b>	1744	1441	3185	2730



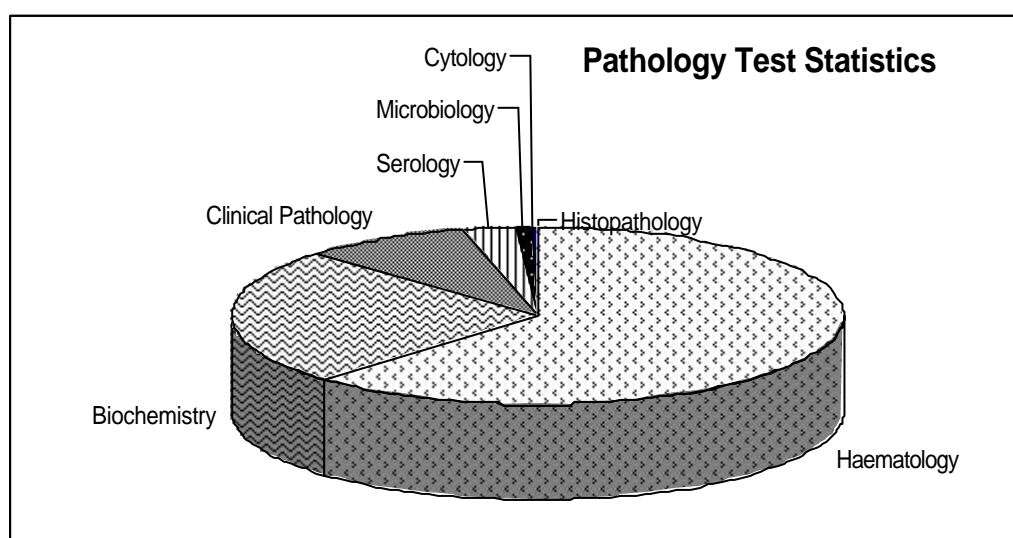
## PATHOLOGY LABORATORY SERVICE UNITS

The pathology is a fully equipped computerized lab that provides round the clock services under stringent external and internal quality controls.

- *Biochemistry*: Equipped with Bayer RA-50 semi autoanalyzer, Roche fully automated AVL 9180 electrolyte analyzer and fully automated Radiometer Medical ABL blood gas analyzer. All routine tests are conducted, such as lipid profiles, liver function tests and cardiac function profiles. Special examinations such as serum calcium, magnesium, phosphorous and uric acid, are also available.
- *Clinical pathology*: Conducts routine urine, stool, semen and body fluid analysis.
- *Haematology*: Uses fully automated Coulter ACT Diff and Coulter MD-18 for complete blood counts along with the full range of haematology tests.
- *Microbiology*: Performs aerobic, microaerophilic, anaerobic and fungus cultures of all specimens.
- *Serology*: An Elisa reader and automatic Elisa well washer are used to test blood for HIV, Hepatitis B and Hepatitis C. All other serological tests are available.
- *Cytology*: Fine needle aspiration cytology (FNAC) and cytology of any sample is available.
- *Histopathology*: Fully equipped with automatic tissue processor, microtome and automated knife sharpener to handle all histopathology examinations.

Department	2004-05	2003-04
<b>Haematology</b>	127843	126793
<b>Biochemistry</b>	51007	42395
<b>Clinical Pathology</b>	18107	9973
<b>Microbiology</b>	1582	1435
<b>Serology</b>	5986	4352
<b>Cytology</b>	261	200
<b>Histopathology</b>	253	138

Payment mode	2004-05 OPD	2004-05 IPD	2004-05 Total	2003-04
<b>Paid patients</b>	5239	1654	6893	6392
<b>Concessional patients</b>	539	179	718	1339
<b>Free patients</b>	7289	3233	10522	9571
<b>Total</b>	13067	5066	18133	17302



## BLOOD BANK (License No. RAJ 1874)

The licensed blood bank attached to the pathology laboratory at Global Hospital is a source of life saving blood for the trauma and road accident cases occurring in the hilly terrain in and around Mount Abu, as well as a life support measure for the surgery and anaemia patients who seek indoor treatment. The blood bank is fully equipped with collection monitors, tube sealer and temperature regulated refrigerators. The blood bank depends mainly on voluntary blood donations. In order to comply with the stringent regulations controlling the supply of safe and good quality blood, blood donors are fully examined and blood is screened to exclude presence of HIV, HBsAg, HCV, syphilis and malaria parasite prior to transfusions. Monthly and annual reports of the blood bank are sent to government officials. Regular donor motivation and donor care are given special attention.

Details	2004-05	2003-04
Total number of donor bleeds	366	456
Total number of voluntary donors	330	346
Total number of replacement donors	36	110
Total number of BK voluntary donors	189	195
Total number of local voluntary donors	102	120
Total number of patients transfused	205	213
Total number of units transfused	373	417
Number of units issued that were not cross matched	Nil	Nil
Number of transfusion reactions	Nil	Nil
Number of date expired units	26	41
Number of unused units due to HbsAg positive	6	6
Number of blood donation camps organised	2	5
Number of donors at blood donation camps	34	70
Number of unused units due to HIV positive	1	1
Number of unused units due to HCV positive	Nil	Nil
Number of unused units due to VDRL positive	1	2

## IMAGING/CARDIOLOGY/NEUROPSYCHIATRY DIAGNOSTICS

The backbone of equipment for imaging services includes an x-ray machine, mobile 100mA x-ray machine, C-arm, ultrasonography machine, Philips Envisor colour doppler, mammography and Shimadzu CT Scan.

*Services offered by the department of imaging:*

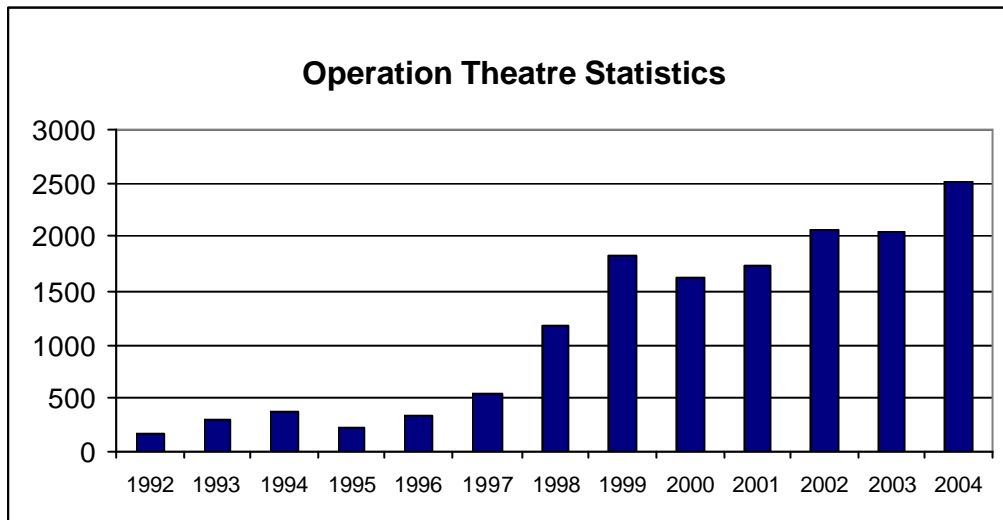
- Routine abdominal, obstetrics, soft tissues ultrasound examination
- Routine X-rays, also special procedures like barium study of GIT, intravenous urography and myelography
- Ultrasound guided interventions like liver abscess drainage

Department	Paid	Free	2004-05	2003-04
Xray	3030	2382	5412	5216
Ultrasonography	1552	1114	2666	1795
Mammography	31	64	95	65
CT Scan	186	163	349	273
<b>Cardiology &amp; Neuropsychiatry statistics</b>				
ECG (computerized)	1739	1497	3236	2951
TMT	9	29	38	28
Colour Doppler	37	62	99	NA
EEG	83	25	108	98
Biofeedback	175	20	195	362

# OPERATION THEATRE

We are happy to note that all our departments have performed exceedingly well.

Discipline	Major Surgery 2004-05	Minor Surgery 2004-05	Total 2004-05	Major Surgery 2003-04	Minor Surgery 2003-04	Total 2003-04
ENT	128	151	279	126	111	237
Ophthalmology	965	93	1058	863	96	959
Orthopaedics	80	243	323	82	232	314
Surgery	205	199	404	234	242	476
Gynaecology/Obstetrics	30	35	65	11	17	28
Ayurveda	Nil	332	332	NA	NA	NA
Others	4	43	47	NA	26	26
<b>Total</b>	<b>1412</b>	<b>1096</b>	<b>2508</b>	<b>1316</b>	<b>724</b>	<b>2040</b>



Type of Scopy	2004-05	2003-04
Gastroscopy	161	149
DL scopy	1	NA
Colonoscopy	NA	0
Nasal endoscopy	45	53
Urethroscopy	0	0
FOL scopy	41	33
Oesophagoscopy	7	4
Sigmoidscopy	NA	NA
Cystoscopy	0	0
Bronchoscopy	1	0



## OTHER DIAGNOSTIC PROCEDURES & OPERATIVE SERVICES

Statistics of some other common diagnostic procedures routinely available (see right).

Department	2004-05	2003-04
General injections	1387	1377
Audiometry	421	454
Tympanometry	45	75
Dressing	644	871
Vaccination	2113	1443
Late potential analysis	0	1
ECT	8	12

### *Gastroscopy and Colonoscopy*

Dr Vineet Ahuja, assistant professor in Gastroenterology from the All India Institute of Medical Sciences, New Delhi offered voluntary services on December 21-25, 2004. He rendered his expertise to around 70 out-patients and performed 21 gastroscopies and colonoscopies.

### *Cleft Lip/Cleft Palate Surgery*

A cleft lip and cleft palate corrective surgery programme was organized from December 6-11, 2004. Dr Jan Lilja (Sweden), Dr Shailesh Vadodaria (UK) and full-time consultant ENT surgeon Dr Sharad Mehta operated 41 patients, a medley of cleft lip and cleft palate cases.

### *Neurosurgery*

Dr Mohnish Bhatjiwale, a neurosurgeon from Mumbai's Tata Memorial Hospital & KEM Hospital, holding special certification in epilepsy and spine surgery, rendered his expertise to around 70 out-patients and performed two spine surgeries on December 23-24, 2004.

### *Urology Surgery*

Eminent surgeon from New York, Dr Gopal Badlani, operated 60 select urology cases between June 11-14, 2004, in tandem with Dr Darshan Shah and Dr Sanjeev Mehrotra from Apollo Hospitals – Ahmedabad and our full-time general surgeon Dr Sanjeev Agarwal. Of the 60 cases, 48 were major and 12 required minor surgery. Cases treated included TURP, PCNL, URS, hypospadias, urethroplasty, vaginal fistula, nephrectomy, varicocele, cystoscopy, OIU, open pilolithotomy, suprapubic cystolithotomy and transurethral cystolitholapaxy etc.

### *Summary of Heath Camps*

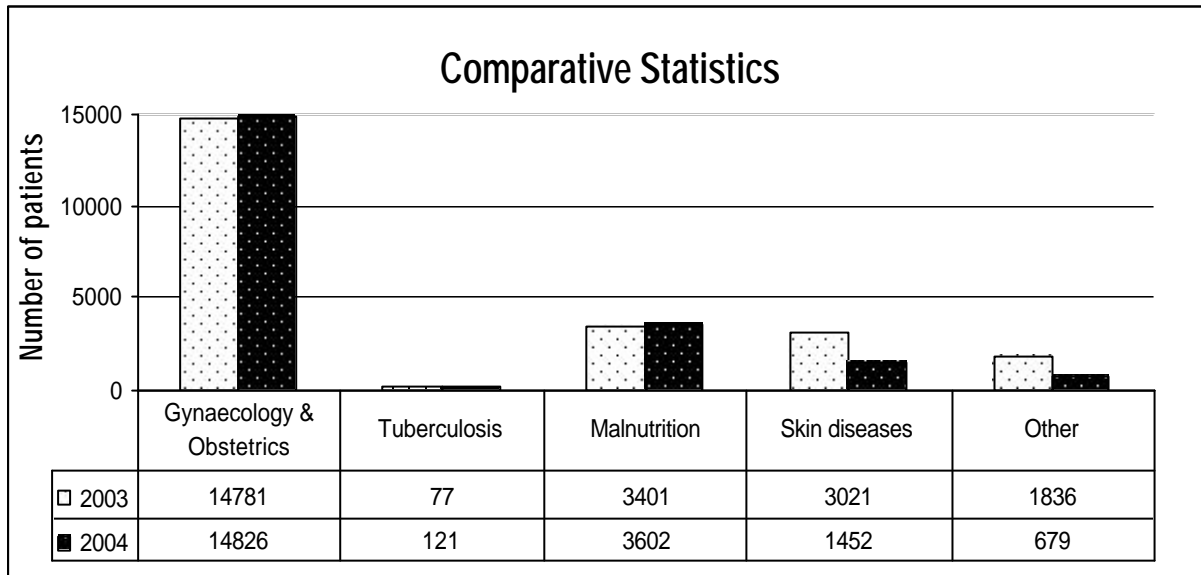
- In celebration of World Health Day 2004, a healthy baby contest was organized on April 11, 2004 in conjunction with the Rotary Club of Mount Abu. A large number of infants aged 6 months to 3 years availed of a free health check-up.
- Two free bone density check-up camps were organized by the department of orthopaedics. On June 25-26, about 200 patients and on December 3-4, around 483 persons took benefit of the free check-up.
- The Lions Club of Sirohi organized a general health screening camp on August 22 at Sirohi. Many patients took benefit of the free consultations rendered by our consultant orthopaedic surgeon Dr Nitish Kabra, consultant ophthalmologist Dr Sudhir Singh, consultant ENT surgeon Dr Sharad Mehta, obstetrician Dr Saurbhi Singh, dermatologist Dr N S Patni and for general health ailments senior medical officer Dr Shaily Khandelwal. Poor patients were also offered free medicines.
- The Agrawal Samaj and Agrawal Seva Samiti of Abu Road organized an all day multi-disciplinary health camp at the Shri Agrawal Vishnu Dharamshala at Abu Road on September 19. Participating consultants included heart specialist Dr Satish Gupta, ENT specialist Dr Sharad Mehta, dental specialists Dr Niranjana Upadhyaya and Dr Raman Bagla, eye specialist Dr Seema Laad, dermatologist Dr N S Patni, surgeon Dr Asha Upadhyaya, senior medical officers Dr Mahesh Hemadri and Dr Shaily Khandelwal. Around 983 consultations were proffered by the doctors. Diagnostic facilities such as ECG, calcium checks for elderly ladies, audiometry and screening for diabetes were offered. Poor patients were also given free medicines.
- Consultant Neuropsychiatrist Dr Nikhil Patel was invited to deliver a lecture to around 50 teachers of Sirohi district at a get-together and training camp held at Mount Abu during the school summer holidays in May 2004. Dr Patel spoke about common childhood psychiatric illnesses and their treatment. EEG technician Sister Sunita also talked about Rajyoga meditation in brief.

# VILLAGE OUTREACH PROGRAMME

Report from January – December 2004

## Village outreach programme field work

Twice weekly visits to our ten adopted villages by consultant gynaecologist and chief of the village outreach programme Dr Vinay Laxmi and a daily service conducted by Dr Vandana Yadav continued throughout 2004, with emphasis on mother and child care, tuberculosis, malnutrition and skin diseases. The years' statistics in comparison with the year 2004 are presented below:



Whereas the total number of patients seen in 2003 was 23116, in 2004, 20680 patients were seen, of which 14914 patients were seen under the village outreach programme and 5766 patients by the daily OPD service.

## Nutritional programmes

Nutritional programmes for village schools are now operating in the following villages:

- Aarna village school programme
- Achalgarh village school programme
- Chandela village school programme
- Jaidra village school programme
- Jawaingaon village school programme
- Oriya village school programme
- Salgaon village school programme

Under the nutritional programmes, village school students are served a healthy snack and milk once a day during school hours to supplement their dietary intake. As the incidence of malnutrition in school children is very high, the pupils benefit tremendously from this serving. Most village schools report higher attendance, better concentration and a healthier student population since the commencement of the nutritional programmes.

The *Takiya* village primary school was refurbished during the year thanks to a donation from the Global Harmony Foundation, Switzerland.

## DOTS—Tuberculosis treatment

During the year 2004, a total of 121 tuberculosis patients were seen, of whom 63 were cured, treatment of 35 patients was completed, 2 patients were declared failures, 1 patient defaulted, 2 patients transferred out, 15

## TRAINING PROGRAMMES

### *Dr Bhanuben Nanavati Nursing Training Centre*

The Dr Bhanuben Nanavati Nursing Training Centre offers a vocational nursing course to local youth. The one year nursing aides training programme, focusing on both practical and theory, was launched in 1995. The course covers subjects such as the human body, emergency nursing, first aid, elementary nursing and holistic health care. Many students have been gainfully employed in the hospital wards and out-patient clinics.

Eight students took admission to the nursing aides training course in 2004-05.

### *DOT—Diploma in Ophthalmic Techniques*

In view of certain course structural changes being effected by the Federation of Ophthalmic Research and Education Centre - Noida (regulatory authority), no students were admitted to the three-year course in ophthalmic techniques leading to a Diploma in Ophthalmic Training. The course will resume in the year 2005-06.

### *DMLT—Diploma in Medical Laboratory Technology*

Since December 2002, the pathology department offers a 2-year Diploma in Medical Laboratory Technology conducted under guidance of the Indian Medical Association and recognized by the Government of India. Five students enrolled for the third batch commencing December 2004.

### *Holistic Health Centre*

Sister Mathilde Sargeant, Nursing Tutor, conducts Positive Thinking and 7-day Rajyoga meditation courses for patients, their relatives and visitors wanting to learn more about Rajyoga meditation. During 2004, Sister Mathilde shared her experience of Rajyoga meditation with around 180 seekers. Rajyoga meditation may be described as open-eyed meditation taught by the Brahma Kumaris focusing on self-awareness and self-realization, ultimately applying one's internal strengths to cope with the stresses of daily life.

## NEW COMMUNITY HEALTHCARE ENDEAVOURS

### *Community Service Project*

In association with the K P Sanghvi Charitable Trust of Pawapuri Tirthdham (district Sirohi), a new community outreach project was initiated on April 5, 2004. The project, referred as "Clinic on wheels", comprises a mobile van staffed by a doctor, pharmacist cum nursing assistant and driver.

The staff visits nine villages on a rotational basis, offering medical advice and distributing essential medicines. The villages included in the area of this project fall in three gram panchayats, each having a population of approximately 4000 village folk. These are Ker, Eesra and Ubeda under gram panchayat Eesra; Kachauli and Phulabai kheda under gram panchayat Kachauli and Achpura, Nagpura, Panchdevla and Kasindra under gram panchayat Achpura. All the villages selected are remotely situated and are not served by any Primary Health Centre. During the year, however, the team paid intermittent visits to several villages not on their official beat. These included: Sangwada, Nagpura, Kalabora, Nitoda, Mandwada, Jaidra, Kyara, Galiya, Bhakarwada.

Statistics of patients seen and referred for admission to Global Hospital during the year are presented. The staff reported a widespread prevalence of ENT, eye, GI tract, Koch's, respiratory and skin diseases.

Besides focus on identification of maladies and offer remedies for the same, the team commenced a de-addiction programme that involved distributing homeopathic medication to persons addicted to the consumption of *bidis*, *ghutka*, tobacco, alcohol, opium and cannabis, to name a few. The community project also aims to increase awareness of general health and hygiene amongst the village folk. The team stressed the importance of cleanliness, early diagnosis and treatment of disease and referral for serious cases.

Month	Patients seeking consultation	Patients hospitalized
April 2004	1388	10
May 2004	741	06
June 2004	968	04
July 2004	1297	07
August 2004	599	04
September 2004	661	04
October 2004	691	04
November 2004	682	07
December 2004	724	04
January 2005	525	-
February 2005	605	05
March 2005	550	05
<b>TOTAL</b>	<b>9431</b>	<b>60</b>

In order to also promote the idea of holistic health among community members, exhibitions aiming to explain the link between spirituality and health were organized a couple of times during the year.

This programme is being partially funded by Childrens Hope India, USA, who are also funding an endeavour for children of rural schools in three of these villages, as outlined below.

#### *Rural Child Health Care*

##### *Part I: Sponsored by Childrens Hope India, USA*

This covers basic health check-ups and provision of nutritional and vitamin supplements to school children of the primary and secondary village schools of Eesra, Panchdevla and Phulabai khera. The distribution of a high-protein supplement thrice weekly during school hours was commenced in January 2005. This encourages parents to send their children to school regularly.

A school camp was arranged in Eesra school on 10<sup>th</sup> February 2005 where hepatitis vaccination & MMR vaccinations were given to school children; blood examination and test for tuberculosis was done and general physical examination was carried out. A follow-up camp was held on March 17, where the 2<sup>nd</sup> dose of hepatitis and MMR vaccination was given to all the students who had their consent forms signed by their parents. Eye examinations and dental check-ups were also carried out.

A blood examination camp was organised in the school of Phulabai khera.

##### *Part II: Sponsored by an anonymous corporate donor*

This covers the school children of the primary and secondary village schools of Ker, Kachauli, Danvav. This sponsorship also provided for the construction of two additional classrooms and provision of furniture, lighting and teaching aids in the schools. The construction work was completed in early March and inaugurated for the use of Ker school on March 13.

Activities common to all camps held in school premises were:

- General health examination for prevalence of malnutrition where malnutrition (weight for age) was graded according to Indian Academy of Paediatrics, where 50<sup>th</sup> percentile of Harvard standard was considered as normal. Grade I malnutrition was defined as 71-80% of the expected normal weight. Grade II - 61-70% Grade III - 51-60% Grade IV - < or = 50%.
- Blood investigations for anaemia and/or tuberculosis
- Administering vaccinations

- Dental/ENT/eye examinations
- Distributing nutritional supplements

A summary of major findings at camps conducted is as follows:

#### Village Ker, November-December 2004

- 122 school children were examined and investigated. Common problems found were worm infestation, pyoderma (skin ailment), cervical lymphadenopathy (enlargement of glands in the cervical), otitis media (infection of the middle ear), dental and eye problems. Most of the children were underweight for their age, 2 were suffering from grade IV malnutrition, 18 filled in grade III and 34 in grade II malnutrition. The balance number of children fell in grade I (almost normal) or normal.
- Only 1 child was found to be severely anaemic (Hb 5.5 gm%), 37 children were found to be suffering from mild anaemia (Hb 8-11 gm%). Peripheral smear examination of these children revealed iron deficiency anaemia. Hematinics (iron & folic acid) and antihelminthics (albendazole for worms) were distributed.
- About 97 children were screened for tuberculosis by mantoux test, 19 of them were found to be suffering from tuberculosis infection. Further investigations like chest x-ray, sputum examination & FNAC to detect the disease and its spread were required.
- 78 children vaccinated for Hepatitis B (1st dose). Second dose is scheduled after 1 month.

#### Village Ker, January 2005

- 31 school children found to be Mantoux test positive ( $>$  or  $=$  10mm induration suggests tuberculosis infection) were screened for TB disease by clinical examination and chest x-ray. These children were distributed antitubercular drugs along with hematinics and multivitamins under the guidance of teachers and parents. 15 children had abnormal x-ray findings like primary complex, progressive pulmonary disease and fibrosis. Many children had cervical and axillary lymphadenopathy. Invasive investigations like FNAC / biopsy was not done (because of lack of consent from relatives). The government authority (District TB control officer) was informed about the findings and requested to cooperate by supplying anti-TB drugs and detecting the prevalence of TB among the relatives of these children.
- Hepatitis B vaccine was given to 161 children and MMR shots were given to 115 children.
- Dental check-up revealed many children were suffering from fluorosis and caries. A demonstration about dental care and oral hygiene was given by the dentist.
- Eye checkup including refraction of school children was done. 2 children had traumatic cataract (advised to undergo an operation), 13 children were hypermetropic, 5 children were myopic, 5 children had amblyopia, around 18 children had refractive errors (spectacles will be provided to them) and 2 children had allergic conjunctivitis.

#### Village Ker, February 2005

- Of 31 children found to be suffering from tuberculosis, anti-tubercular drugs were distributed to 28 children for 2nd month of the course of treatment. Three children refused to accept antitubercular drugs. Their parents were informed of the disease and consequences of leaving the disease untreated. The majority of the children have shown improvement in health in the form of weight gain, increased appetite and interest & involvement in activities.
- The 2nd dose of Hepatitis B was given to 85 children and MMR shots were given to 56 children.
- Dental check-ups revealed that many children studying in Ker village school but who were from "Danta" village were suffering from fluorosis. The concerned authority of Danta village was informed of the problem and possible preventive aspects.
- Eye checkup of 40 school children. 2 children were found to be suffering from blepharitis and 2 had refractive errors. Occluders were distributed to 4 children suffering from amblyopia.

#### Village Danvav, March 2005

- Medical screening of 140 children of the total of 171.

*Asset Based Community Development Project, a collaborative effort with The People Bridge Charitable Foundation (Canada)*

This collaborative venture commenced in March 2005 to implement a Community Building and People Connections Project in the area around Abu. The project's aim is to encourage the local community in identifying their skills and talents, in an effort to inspire them to develop projects for their own sustenance, thereby improving their economic and social standing. The basis of the project is that communities that are economically weak are unaware of their own skills. By facilitating a process of recognition of the existing skills, talents and connections of the people, a course of motivation for proactive change is set into motion. The result: betterment of their conditions rooted in their own empowerment.

## ACQUISITION/UPGRADATION OF EQUIPMENT

### *Department of Cardiology*

A probe PA 42 part no MXM6511 of Philips make was procured for colour Doppler studies of cardiology patients. It would be used with the existing Philips ENVISOR colour Doppler.

### *Department of Dentistry*

A basic electrically operated dental chair model Mookambika of Confident Dental Equipments Ltd. and a dental x-ray unit with manual developer clip hanger were obtained for the unit at Abu Road. A new air compressor, model no TFS 10B-9 was also procured.

### *Department of E.N.T.*

A probe for diaphanoscopy localization of nasolacrimal ducts and fistula, for use with fibre-optic light cable 495 NL, Rhinoforce Blakesley nasal forceps and spectacle frame for binocular loupe 4x of Heine, Germany with mount and strap were procured during the year.

### *Department of Fitness*

Dumb bells, ankle weights, acupressure plate and a new tread mill were procured to cater to the increasing number of persons taking benefit from the fitness department.

### *Department of Intensive Care Unit*

V24E multi-colour modular monitor display of model M1204A, Philips multiparameter monitor with high contrast colour display pre-configured for ECG, Spo2, NBP, Philips portable biphasic defibrillator/monitor/recorder/AED model Heartstart XL and a syringe pump, model Terfusion TE-331 of Terumo-Japan were procured.

### *Nursing School*

The following models were procured: pelvic skeleton female, pelvic skeleton male, classic skull with brain parts, fully flexible super skeleton on roller stand.

### *Department of Obstetrics*

A Philips make portable antepartum foetal monitor FM2 model M2022A and accessories were bought.

### *Non-medical Departments*

A Canon digital copier model IR 1600 with 16 ppm capacity (administration), reverse osmosis water treatment system, portable SS ozonator (kitchen) and 8-seater Bolero MDI jeep (transport) were procured.

## EVENTS

During the year, three main events were organized in conjunction with other groups:

- The 4th holistic healthcare conference for nursing professionals on the theme "The Heart Of Healing" was

held from April 14 to 18 at the Brahma Kumaris' Shantivan complex. About 1450 nurses participated.

- Celebrations during the national fortnight on eye donation, August 25 to September 8. A public programme on August 25 marked the launch of the fortnight, wherein sub-divisional magistrate Mr Mahavir Kharadi, trustee and medical superintendent Dr Partap Midha and consultant ophthalmologists Dr Sudhir Singh and Dr Seema Laad elucidated the humanitarian aspects of eye donation. A drawing competition for 170 school children on the theme "Eye Donation" was organized on September 5.

## LIST OF CONSULTANTS/SR. DOCTORS/ALTERNATE THERAPISTS

*(Alphabetical list as on 31.5.2005)*

### CONSULTANTS

Dr. Agarwal, Sanjeev, Registrar in Surgery  
Dr. Kabra, Madhu, Pathologist  
Dr. Kabra, Nitish, Orthopaedic Surgeon  
Dr. Khurana, Vinay Laxmi, Consultant Gynaecologist  
Dr. Mandot, Sanjay, Paediatrician  
Dr. Mehta, Ritu, Consultant Radiologist  
Dr. Mehta, Sharad, E.N.T. Surgeon  
Dr. Pandit, N.A., Physician  
Dr. Patel, Nikhil, Neuropsychiatrist  
Dr. Sahu, Shrimant, Anaesthetist  
Dr. Sheth, Mahendra, Advisor - Medical Insurance Services  
Dr. Singh, Saurbhi, Registrar-Obstetrics & Gynaecology  
Dr. Singh, Sudhir, Consultant Ophthalmologist  
Dr. Upadhyaya, Niranjana, Senior Dental Surgeon

### DOCTORS

Dr. Khandelwal, Shaily, Senior Resident Medical Officer  
Dr. Patil, Laxmi, Dental Surgeon  
Dr. Sharma, Mulidhar, Senior Resident Medical Officer  
Dr. Shrivastava, Durgesh, Senior Resident Medical Officer  
Dr. Shrivastava, Kanak, Senior Resident Medical Officer  
Dr. Upadhyaya, Nabajyoti, Resident Medical Officer—Surgery

### ALTERNATIVE THERAPIES

Dr. Dharamthok, Ramesh, Magnet therapist  
Dr. Hosemath, Sumangala, Yoga therapist  
Dr. Mehta, Pushpa, Homeopath  
Dr. Mohanta, Charulata, Ayurveda

### G.V.MODI RURAL HEALTH CARE CENTRE & EYE HOSPITAL

Dr. Bagla, Raman, Dentist  
Dr. Gupta, Satish, Cardiologist  
Dr. Hemadri, Mahesh, Senior Medical Officer

### GLOBAL HOSPITAL INSTITUTE OF OPHTHALMOLOGY

Dr. Laad, Seema, Consultant Ophthalmologist  
Dr. Sharma, V.K., Head & Consultant Ophthalmologist  
Dr. Vatwani, Kishore, Consultant Ophthalmologist

### BRIGADIER VORA CLINIC & JYOTI BINDU DIAGNOSTIC CENTRE

Dr. Satish Upadhyaya, In-charge

## WORKING WITH THE GOVERNMENT

### *Blindness Prevention Project*

The World Bank funded blindness prevention project functions under the National Programme for Control of Blindness and is part of the Government of India's efforts to eradicate cataract and glaucoma blindness. Annual statistics for 2004 are presented below:

Quarterly Period	Cataract operations (ECCE/IOL) Free	Other operations	No. of screening camps	No. of out patients in camp	Total OPD cases
Apr–June 2004	121	57	5	842	8683
July–Sep 2004	217	81	9	2109	8206
Oct–Dec 2004	313	84	12	1383	8306
Jan–Mar 2005	898	106	32	6382	8905
<b>Total 2004-05</b>	<b>1549</b>	<b>328</b>	<b>58</b>	<b>10716</b>	<b>34100</b>
<b>Total 2003-04</b>	<b>1038</b>	<b>338</b>	<b>25</b>	<b>5356</b>	<b>31068</b>

A marked improvement over the previous year is apparent.

### *Tsunami Relief*

On December 26, the Tsunami struck many countries with coastlines bordering the Indian ocean, affecting millions of lives. The Global Hospital & Research Centre trust and the Brahma Kumaris through their centre in Chennai (Tamil Nadu) joined hands to reach immediate relief to several villages. This included the provision of new sets of clothes the villagers were accustomed to, kitchen sets comprising basic utensils, food items such as grains and pulses and articles relating to family hygiene such as soaps, detergents and washing buckets and mugs.

Over three thousand school children were distributed study material kits and uniform sets. Schools were provided essential furniture. A van was purchased and put into service as a mobile clinic, operating twice weekly with the help of volunteer doctors and assistants around Azheekkal or Alappad in Kerala. This has served over a thousand inmates of temporary shelters, offering medical advice and basic medicines. Counseling services, especially counseling distraught students, and teaching simple meditation techniques to calm the mind have also been a part of the relief service throughout the region.

### *Tuberculosis Control*

The hospital offers several diagnostic tests such as mantoux tests, E.S.R., sputum culture for acid fast bacilli. Special tests such as IgA, IgM and IgG are facilitated by collecting blood samples and sending them to a laboratory in Ahmedabad for testing and reporting. Under the Government's DOTS scheme (Directly Observed Treatment—Short-course Chemotherapy), 360 patients requested TB screening of who 110 were diagnosed as sputum positive for TB. Further, 348 follow-up cases reported for testing of who 29 were identified as sputum positive for TB.

### *Malaria Control*

Our blood bank conducts necessary tests to ensure blood is malaria free prior to transfusions. Screening for out-patients is also offered. During 2004-05, of 845 samples screened for malaria, 51 were detected positive, of which 34 were identified as plasmodium vivax and 17 as plasmodium falciparum.



## CONFERENCES/SEMINARS/AWARDS/TRAINING

### *Department of E.N.T.*

Consultant ENT surgeon Dr Sharad Mehta spent one month updating his skills in the management of cleft lip & palate surgery under Dr Jan Lilja at the Sahlgrenska University Hospital in Gothenburg (Sweden). Besides learning new techniques, he gained a better understanding of a multi-disciplinary approach to cleft anomalies and associated speech defects. He also observed the plastic surgical correction of malformed ears. Dr Mehta subsequently spent a fortnight in London (UK) training with orthodontist Dr Michael Mars at the Great Ormond Street Hospital.

### *Department of Dentistry*

Senior Dental Surgeon Dr Niranjan Upadhyaya and Dentist Dr Raman Bagla (G V Modi Rural Health Care Centre & Eye Hospital) attended the FDI Annual World Dental Congress at New Delhi from September 10-13, 2004.

### *Department of Magnet therapy*

Magnet therapist Dr Ramesh Dharamthok was awarded the UNO 2004 National Award for Magneto Therapy for his outstanding contribution to the field of magnet therapy at an international conference at Gandhinagar on September 12, 2004.

### *Department of Medicine*

Senior Medical Officer Dr Mahesh Hemadri (G V Modi Rural Health Care Centre & Eye Hospital) participated in the 12th Biennial Conference of the Association of Gerontology (India) and the 2nd Annual Conference of Indian Academy of Geriatrics from November 5 to 7, 2004 at the All India Institute of Medical Sciences at New Delhi. Dr Mahesh also participated in "Current Perspective in Liver Diseases 2004" on the theme of Ascitis, also held at AIIMS on November 6, 2004.

### *Department of Neuropsychiatry*

Dr Nikhil Patel, Consultant Neuropsychiatry, attended ANCIPS 2005, the annual conference of the Indian Psychiatric Society at Chandigarh in January 2005.

### *Department of Nursing*

The hospital management is extremely grateful to the SPA Trust (Mumbai) for continuing their sponsorship of the nursing education expenses of Miss Savitri Jaiswal at Poona Hospital & Research Centre. Ms Jaiswal enrolled for a 3-year G.N.M. programme in 2002.

### *Department of Obstetrics*

Obstetrician Dr Saurbhi Singh attended a 14-days advanced training course in ultrasound at the Malhotra Nursing & Maternity Home in Agra.

### *Department of Ophthalmology*

Dr V K Sharma, Head & Consultant Ophthalmologist (Global Hospital Institute of Ophthalmology) and Consultant Ophthalmologist Dr Sudhir Singh attended Utkalika, the 63rd Annual Conference of the All India Ophthalmologists Society at Cuttack.

Optometrist Dhaneshwar Deka successfully completed a three-month low vision fellowship training program at the L V Prasad Eye Institute, Hyderabad on 30th June 2004. He is now applying his newly acquired skills and tools such as magnifiers, telescopes and software in this sphere of ophthalmology for the benefit of patients.

#### *Department of Orthopaedics*

Consultant Orthopaedic Surgeon Dr Nitish Kabra attended the 49th Annual Conference of the Indian Orthopaedic Association at Agra in December 2004.

#### *Department of Paediatrics*

Consultant Paediatrician Dr Sanjay Mandot underwent training in conducting Echocardiography under Dr Tejas Patel at Sterling Hospital, Ahmedabad.

#### *Department of Pathology*

Consultant Pathologist and Blood Bank Incharge Dr Madhu Kabra attended RAPCON 04 at the Santokba Durlabhji Memorial Hospital cum Medical Research Institute, Jaipur in December 2004.

#### *Department of Surgery*

Consultant General Surgeon Dr Sanjeev Agarwal participated in the 7th International Course on Endoscopy and Laparoscopy held from August 13 to 15 at Mumbai. Consultant General Surgeon Dr Asha Upadhyaya attended a 6-day course titled Diploma in Laparoscopic Surgery from December 6 - 11, 2004 at Gem Hospital India Private Limited in Coimbatore. Resident Medical Officer in Surgery, Dr Naba Jyoti Upadhyaya underwent a 45 day observers training in the Department of Casualty at A.I.I.M.S. In September – October 2004.

#### *Non-medical Training*

Optometrist Brother Sandeep, senior laboratory technician Brother Sanjib, public relations officer Brother Sudhakar and security officer Brother Netaji at the G V Mody Rural Healthcare Centre & Eye Hospital and Global Hospital Institute of Ophthalmology signed up for the SMART programme conducted by the medical wing of the Rajyoga Education & Research Foundation at Shantivan, Abu Road. An acronym for stress management through right thinking, SMART aims to help trainees create a stress-free work or home environment towards a better society.

Office Assistant Sister Manisha Ligade attended MEDRECON 2005, a conference for medical records technicians at Pondicherry Institute of Medical Sciences, Pondicherry in February 2005.

## **SISTER HOSPITALS**

*G V Modi Rural Health Care Centre & Eye Hospital, Talhati, Abu Road & Global Hospital Institute of Ophthalmology, Talhati, Abu Road*

The opening of the new eye hospital at Abu Road, the Global Hospital Institute of Ophthalmology, has shifted the focus of eye care from this extension unit. A joint list of statistics is presented in the following table:

Department	2004-05	2003-04
<b>Consultation:</b>		
Ayurveda	140	214
Cardiology	1896	1885
Dentistry	5378	5657
Dermatology	671	777
E.N.T.	285	280
Homoeopathy	515	422
Medicine	8246	9033
Neuropsychiatry	210	223
Ophthalmology	21690	20166
Ophthalmology (camps)	NA	NA
Orthopaedics	NA	57
Paediatrics	48	NA
Surgery	56	NA
<b>Total</b>	<b>39135</b>	<b>38714</b>
<b>Diagnostic services:</b>		
ECG	1107	1125
X-Ray	502	376
Pathology	7272	4615

The dedicated eye hospital offers a range of eye procedures while the older unit concentrates on medicine, dentistry and diagnostic services. Global Hospital Institute of Ophthalmology is headed by consultant ophthalmologist Dr V K Sharma, and assisted by consultant ophthalmologists Dr Seema Laad and Dr Kishore Vatwani. Vitreo-retinal surgeon Dr Kartikey P Nanawati visits fortnightly from Ahmedabad.

A look at the statistics of eye operations for the year 2004:

Operation details	2004	2003
ECCE with IOL	1700	1011
ECCE	72	148
Others plus trab	51	28
Minor	141	127
<b>Total</b>	<b>1964</b>	<b>1314</b>

Surgery is done both in the new setup as well as the old operation theatre. The number of surgeries has increased vis-à-vis the earlier year and is expected to increase further as the new hospital gains momentum.

In addition to the above statistics, details of out-patient procedures conducted for the period starting from the commencement of the institute on October 27, 2003 until the completion of its first fully functional year 2004-05 are presented as follows:

Besides this, the team has been very active in the field. During the same period, 29 free eye camps were held at which 7420 persons availed of the screening/consultation. The number of surgeries held that pertain to patients screened at camps are 1052.

Eye bank services were also functional; 6 eyes (3 pairs) were collected during this period.

Detailed plans explaining the future expansion and activities that will be offered by this institute are presented on the last page of this report.

Procedure	October 27, 2003
Autoperimetry	374
Yag laser capsulotomy	507
Retinal laser	67
Laser iridotomy	41
Fundus flu. Angiography FFA	31
Fundus photography	278
Ultrasonography	1732
Orthoptic treatment	64
Contact lens clinic	24
Artificial eye	9

*Brigadier Vora Clinic and Jyoti Bindu Diagnostic Centre, Vadodara*

Out-patient attendance at the clinic was 9098 patients of whom 3062 patients were male, 4092 were female and 1944 were children.

A look at the comparative statistics of patients availing of special consultations and investigations for the years 2005 and 2004 is presented below.

*Special camps organized during the year:*

A free diagnostic and treatment camp for skin diseases and piles was held in April 2004 where 80 patients took benefit. A blood pressure and diabetes camp was organized in August 2004 at which 175 people took benefit of a free consultation with physician Dr Maniyar, besides which 50 persons had their ECG and blood pressure checked and received free medication. A blood donation camp was organized in September 2004 where 45 donors participated to collect blood for 26 patients. A diagnostic eye camp was organized in March 2005 with Dr J K Patel, Dr Vipul Arora and Dr Prashant Lad volunteering their expertise for the benefit of 221 patients.

*B.S.E.S. M.G. Hospital, Mumbai*

The BSES MG Hospital is the first of its kind, where the Brihanmumbai Municipal Corporation (a civic body), BSES (a corporate body) and Global Hospital & Research Centre (a registered charitable trust) joined hands to implement a humanitarian healthcare project, a 100-bed hospital located on S V Road, opposite Andheri (W) railway station, Mumbai. Land for the good cause was given by the BMC, the building and equipment by BSES and the management of the hospital is being looked after by the Global Hospital & Research Centre trust. The hospital has been patronised and supported by the Brahma Kumaris.

The management of BSES MG Hospital has ensured a spiritual dimension to its general medical services. The hospital out-patient services include clinics dedicated to cancer, cardiology, child guidance, chest, dental, diabetes, ENT, endocrine, family medicine, GI endoscopy, gynaecology, homeopathy, medicine, nephrology, neurology, ophthalmology, orthopaedics, paediatrics, pain, physiotherapy, psychiatry, surgery and urology.

Other services include 24-hour pathology, 24-hour blood bank and blood components, artificial kidney dialysis, audiometry, bone densitometry, CT scan, echo cardiography, histopathology, lung functions, mammography, sonography, spirometry, stress test and x-ray unit. The hospital has well developed indoor treatment facilities, including, general ward, economy beds, twin sharing rooms, deluxe rooms, ICU/ICCU and day care beds. The hospital has 4 operating rooms.

Functionally, BSES MG Hospital organizes 5 camps a month and 1 out reach programme. Since its inception in 2002, the hospital has treated more than 7000 in-patients and 38,000 out-patients. New departments opened in the last year include a cleft clinic and pain clinic. On the anvil are a laser clinic and training certificate course in practical nursing.

Department	2004	2003
<b>Consultation:</b>		
Cardiac clinic	36	62
Diabetic clinic	322	308
E.N.T. clinic	206	280
Eye clinic	299	319
Gynaec clinic	142	139
Holistic Health	21	14
Orthopaedic clinic	199	301
Paediatric clinic	109	122
Skin clinic	212	209
<b>Total</b>	<b>1546</b>	<b>1754</b>
<b>Diagnostic services:</b>		
Blood tests	2204	1598
Urine tests	199	389

## *Radhibai Watumull Global Hospital, Mumbai*

The Radhibai Watumull Global Hospital is a 129-bed multi-speciality hospital situated at Mahim, Mumbai. Sister BK Meera, the Managing Trustee, has put untiring efforts for the holistic development of the Hospital, Brother BK Mohanbhai Keswani has also rendered his dedicated services as Honorary Chief Administrator.

The Hospital has three well-equipped operation theatres, a computerised laboratory and department of imaging etc. It has a team of 75 Consultants, 6 Resident Medical Officer's and 135 staff members working for the mitigation of the suffering of mankind. Its Arjan Watumull Eye Centre is an ophthalmic day care centre equipped with latest facilities like phaco-emulsifier and YAG laser. The hospital also runs a medical store for the benefit of indoor and OPD patients.

The Radhibai Watumull Global Hospital is on the panel of C.G.H.S., V.S.N.L., B.A.R.C., R.C.F., Air India, Indian Airlines etc and is recognised by the College of Physicians and Surgeons of Mumbai for post-graduate studies.

The Radhibai Watumull Global Hospital at Mahim, Mumbai upgraded its facilities during the financial year 2004 - 2005, in that the OPD wing wears an entirely new outlook and so does the ophthalmic department. A dental department was also added and equipments for 2D echo and sonography investigations put in place.

During the year 2004, a total of 25,870 patients availed of OPD treatment and 1,199 patients were admitted for treatment. The number of ophthalmic surgeries done was 385.

The staff conducted free health check-ups at various points in the city for dental treatment (159 beneficiaries), osteoporosis awareness (186 beneficiaries) and for school children (1000 beneficiaries). An ambulance service is now available. A polyclinic is also functional during the evening hours.

## FINANCIAL SUPPORT

### *Chief Patrons*

- Dadi Prakashmani, Administrative Head, Brahma Kumaris
- Dadi Janki, Additional Administrative Head, Brahma Kumaris

### *Patrons*

- Mr. Robin Ramsay, Australia
- Mrs. Indru Watumull & Mr. Gulab Watumull, Hawaii, U.S.A.
- Dr. Hansa Raval, Texas, U.S.A.
- Mr. Mahesh Patel, U.K.

*We are indebted to the following organizations for their support:*

- Government of India
- Government of Rajasthan
- The Janki Foundation For Global Health Care, London, U.K.
- Stichting Global Hospital India, Amsterdam, Netherlands
- IndiaCare Trust, Berlin, Germany
- Watumull Foundation, Mumbai
- G.V.Mody Trust, Surat

- Central Council for Research in Yoga and Naturopathy, New Delhi
- Global Harmony Foundation, Lausanne, Switzerland
- The People Bridge Charitable Foundation, Canada
- Gurjar Gujarati Association of New England, U.S.A.
- Children's Hope India, U.S.A.
- Parmar Foundation, Pune
- S.J.Jindal Trust, New Delhi, India
- Point of Life Inc., U.S.A.
- The Kanya Daan Trust, Hong Kong
- K.P.Sanghvi Charitable Trust, Pawapuri Tirthdham, District Sirohi, Rajasthan, India
- Radha Mohan Mehrotra Medical Relief Trust
- Stiftung Cleft Children International, Basel, Switzerland
- 1% Development Fund of the ILO, Geneva, Switzerland

## TRUST CONSTITUTION

The Global Hospital & Research Centre Trust is registered with the Charity Commissioner of the Greater Mumbai Region (Mah.) under No. PTR/E/12573. The functional units of the Trust include J Watumull Global Hospital & Research Centre, Mount Abu; G V Modi Rural Health Care Centre & Eye Hospital, Abu Road; Global Hospital Institute of Ophthalmology, Abu Road; Brigadier Vora Clinic and Jyoti Bindu Diagnostic Centre, Vadodara and BSES MG Hospital, Mumbai.

Two honorary positions of medical director and treasurer of J Watumull Global Hospital & Research Centre are permanently held by Dr Ashok Mehta and Dr Banarasilal Sah respectively. In addition, Dr Partap Midha is medical superintendent of J Watumull Global Hospital & Research Centre. In addition, at BSES MG Hospital the honorary director for administration position is held by BK Yogini.

### *Trustees*

- Dada Khuba Watumull, Industrialist, Mumbai
- BK Nirwair, Managing Trustee, Global Hospital & Research Centre, Mount Abu
- Mr Ramanbhai Thakkar, Chartered Accountant, Gandhinagar
- Dr Ashok Mehta, Chief of Department of Oncology, Nanavati Hospital, Mumbai
- Mr R L Wadhwa, Financial Consultant, Mumbai
- Mr Shantibhai Patel, Industrialist, Mumbai
- Mr Jitendra Kumar G Modi, Property Development & Builder, Surat
- Mr Sanjay Kirpalani, Businessman, Mumbai
- Mr Kishore D Shah, Businessman, Mount Abu
- BK Yogini, Honorary Director - Administration, BSES MG Hospital, Mumbai
- Dr Partap Midha, Medical Superintendent, J Watumull Global Hospital & Research Centre, Mount Abu

# FINANCIAL REPORT

## J.Watumull Global Hospital & Research Centre (Mount Abu) Income and Expenditure Account for the year ended 31st March 2004

EXPENDITURE	AMOUNT (Rs.)	INCOME	AMOUNT (Rs.)
TO ADMINISTRATION EXPENSES	2310479	BY DONATION	21562083
TO DEPRECIATION	9582339	BY HOSPITAL OPD RECEIPT	2882747
TO EDUCATION PROJECT EXPS	109536	BY HOSPITAL IPD RECEIPTS	4169957
TO EMPLOYMENT COST	11779178	BY BANK INTEREST	1408144
TO HOSPITABLE CONSUMABLES	5228053	BY OTHER RECEIPTS	1646017
TO INSURANCE	211733	BY NET DEFICIT TR TO HO	5799897
TO MEDICAL RELIEF ASSISTANCE	2082588		
TO OTHER CONSUMABLES	557354		
TO POWER AND FUEL	2780297		
TO REPAIRS AND MAINTENANCE	2827288		
TOTAL	37468845	TOTAL	37468845

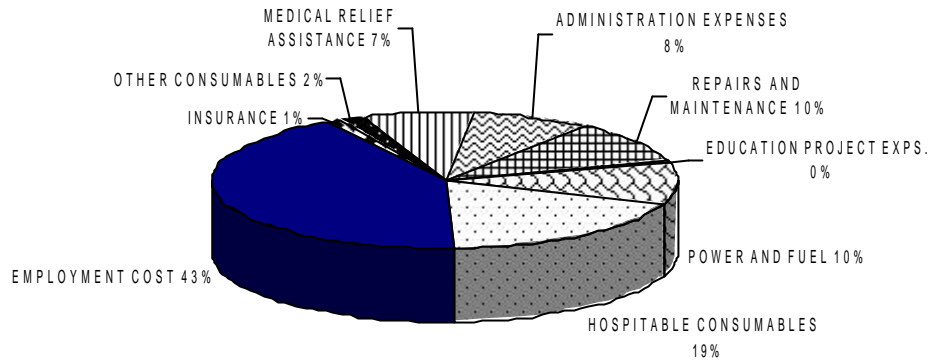
## J.Watumull Global Hospital & Research Centre (Mount Abu) Balance Sheet as on 31st March 2004

LIABILITIES	AMOUNT (Rs.)	ASSETS	AMOUNT (Rs.)
MUMBAI OFFICE CONTROL ACCOUNT	27176494	ADVANCE TO CREDITORS	331203
G.H.R.C. PATIENT RELIEF FUND	104000	LOANS/ADVANCES & DEPOSITS	412516
SUNDRY CREDITORS	89180	INVESTMENTS	16534002
OUTSTANDING EXPENSES	1324092	INCOME RECEIVABLE	3188714
		CLOSING STOCK	1671777
		BANK BALANCES	6453633
		CASH BALANCES	101921
TOTAL	28693766	TOTAL	28693766

## Global Hospital & Research Centre (Mumbai) Balance Sheet as on 31st March 2004

LIABILITIES	AMOUNT (Rs.)	ASSETS	AMOUNT (Rs.)
TRUST CORPUS FUND	104195331	FIXED ASSETS	88685979
ASSET ACQUISITION FUND	1100000	CAPITAL WORK IN PROGRESS	1383460
B.K.HEALTH CARE FUND	32763312	BRANCH OFFICE	40182415
CANCER RESEARCH & TREATMENT FUND	26256483	ADVANCES FOR PURCHASES	24680
FRIENDS OF G.H.R.C.	569313	INVESTMENTS	6206971
MEDICAL FUND	674053	CASH & BANK BALANCES	3471934
DEPRECIATION RESERVE FUND	76682347	INCOME RECEIVABLE	90169
SUNDRY CREDITORS	7200	INCOME & EXPENDITURE A/C	25520084
TOTAL	165565692	TOTAL	165565692

## Breakdown of Hospital Expense



### Change in Hospital Expense breakdown vis-à-vis previous year

Expenditure Head	Percent in 2003-04	Percent in 2002-03
ADMINISTRATION EXPENSES	8	7
EDUCATION PROJECT EXPS	0	10
EMPLOYMENT COST	43	41
HOSPITABLE CONSUMABLES	19	17
INSURANCE	1	1
MEDICAL RELIEF ASSISTANCE	7	5
OTHER CONSUMABLES	2	2
POWER AND FUEL	10	10
REPAIRS AND MAINTENANCE	10	7
	100	100



## COMMENTS

*Some interesting comments by visitors to our hospital during 2004-05:*

*Thank you for a beautiful visit in the field of infinite possibilities!*

Dr Deepak Chopra, Author ~ Speaker, U.S.A.

*Wonderful hospital giving health care for larger number of people specially poor people. There are a large number of doctors and paramedics who are voluntary workers. I wish this hospital a great success.*

Dr D K Das, Director General , Railway Health Services, U.S.A.

*You are doing God's work and I am impressed.*

Dr N K Ganguly, Director General, Indian Council of Medical Relations, New Delhi

*All of us are impressed with the combination of allopathy, homeopathy, ayurveda and yoga and meditation applied. Housekeeping is excellent . Very affectionate approach.*

Vinod M Ambani & Group, Reliance Industries Ltd., Mumbai

*A highly efficient setup with a dedicated staff! With our best wishes,*

Lieut Gen JBS Yadav, Deputy Chief of Army, New Delhi

*The visit to this hospital makes me feel as if entering in to a temple of peace and tranquility. Cleanliness is Godliness which we experience here.*

C D D Reddy, Managing Director, Apollo Hospital, Ahmedabad

*Really I feel proud of the hospital. I can say this is a great hospital giving free service to poor and doing good job about meditation also.*

Dr Digamber Singh, Health Minister, Rajasthan

*GHRC is a fine hospital, rendering services to poor and needy—with devotion and dedication. I had this experience for last few years, in conducting eye camps in Rajasthan, in Sirohi and other districts. This time as a patient in the GHRC I could understand and experience it better. To serve poor and rich patients, both with same dedication and devotion, is an achievement on account of the spiritual background of BK's. Every staff member and each doctor look after patients with a smiling face. May God them with highest blessings.*

P C Parmar, Parmar House, Pune (Chartered Accountant & collaborator)

*I was pleased to visit the hospital today. Thanks for the opportunity to interact with the medical staff. I am greatly impressed by the mission of the hospital and the tremendous service that is being provided to the population in and around Mt Abu.*

Dr Ramesh Khanna, Professor of Medicine, Director, Division of Nephrology, Health Sciences Center, Columbia, USA

*A great learning experience. Congrats. Keep up the good work!*

N Madhavan Kutty, Associate Editor, The New Indian Express, Kochi

*It has been a pleasure and a privilege to be here.*

R K Sharma, IAS, District Collector and Divisional Magistrate, Sirohi

*Hospital, that too a 'global' one is a dream come true. BK Nirwairji had mentioned the idea of its establishment years back when I visited the Brahma Kumaris first as a 'doctor' practicing in deep interiors of Sabarkantha-Gujarat. Today I saw the extraordinary institute along with Shri Kashiram Rana and found a poetry written in stones!*

Dr Keshubhai Desai, Gujarati Author & Activist, Gandhinagar

## PLANS FOR 2005-06

*Trauma Centre, a venture sponsored by the Radha Mohan Mehrotra Medical Relief Trust of Mumbai*

The Radha Mohan Mehrotra Medical Relief Trust of Mumbai has committed Rs.1.5crore to the creation of a Trauma Centre at Taleti, Abu Road. The centre would cater to emergency patients – road accident and medical emergencies and transfer patients to J Watumull Global Hospital & Research Centre at Mount Abu or to other cities depending on the seriousness of the case. The centre would be equipped for emergency (and basic routine) surgery requirements in the disciplines of general surgery and orthopaedics. Laboratory and imaging diagnostic devices both as support services for surgery and as infrastructure available for routine diagnosis of residents in the vicinity of the centre are also proposed. A neurosurgeon attached to the centre on “visiting basis” and a critical care ambulance equipped with wireless control equipment to ensure prompt attention to cases rushed to the centre will both be a vital part of the trauma setup.

*Nursing School, an endeavour by J Watumull Global Hospital & Research Centre, Mount Abu*

Efforts are underway to establish a nursing school running a 3-year general nursing & midwifery course attached to the medical units at Mount Abu and Abu Road. While the government of Rajasthan state has already approved of this move, the Indian Nursing Council has yet to inspect and approve the teaching facilities.

*Expansion of Global Hospital Institute of Ophthalmology, Abu Road*

The staff at the Global Hospital Institute of Ophthalmology identify strongly with the Government of India’s VISION 2020: Right to Sight and would like to take all necessary steps to ensure this dream becomes a reality.

Plans to expand the ophthalmology unit by way of adding extra indoor capacity for both private and general patients and specialty clinics for cornea, glaucoma, low vision aids, orthoptic and paediatric ophthalmology, are being drawn up. A full-fledged eye bank and keratoplasty facilities are also sought to be added. The resounding success of the eye hospital has necessitated this to ensure that ophthalmology sub-specialties are taken care of and more complicated surgeries requiring the overnight stay of patients may be conducted.

Insofar as teaching and training is concerned, the institute seeks to commence an independent ophthalmic technicians course, avail DNB registration and ensure the organization and conduct of continuous CME’s in ophthalmology. Along with this, staff will be encouraged to present papers at state and national conferences.

In the field, a more intensive focus on eyecare of school children and launch of a trachoma/entropion eradication programme are envisaged.

*Education Project, an endeavour by J Watumull Global Hospital & Research Centre, Mount Abu*

A plan to establish a centre of excellence in education is envisaged. The first phase will consist of courses relating to medicine, i.e. dental, ECG and OT technicians, nursing and pharmacy. The second phase will focus on agriculture, engineering and music, and will also cater to preventive cardiology and holistic health. The third phase will eventually have five different faculties, to be eligible for the status of deemed university.