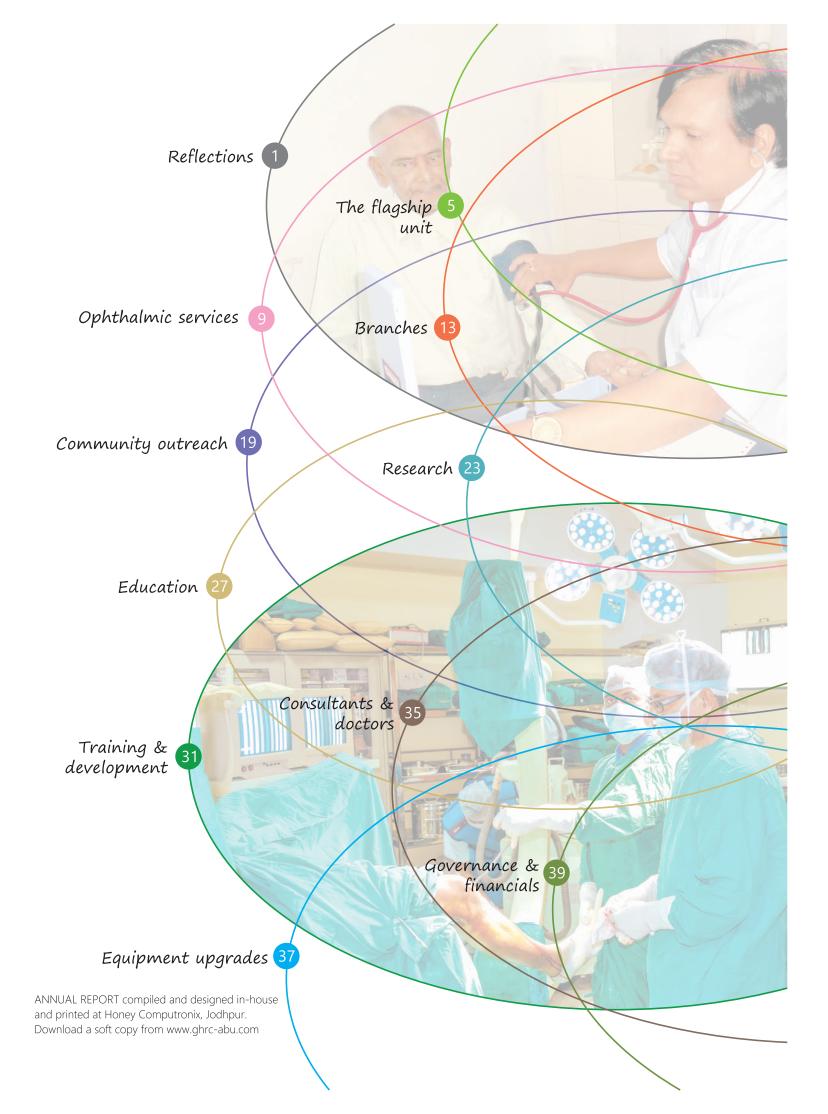


# Global Hospital & Research Centre

J Watumull Global Hospital & Research Centre and other units of the trust







**BK Janki** Chief Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya

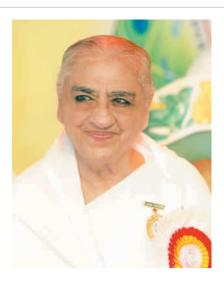
## On the year gone by:

Every year, it's a pleasure to hear of the achievements that the Global Hospital & Research Centre team attains through sheer diligence, commitment, care and love.

### Blessings for the future:

Though of course there are challenges to be surmounted every week, your strength lies in the wish to serve selflessly and provide equal opportunity for positive health to every patient. None of this would be possible without the foundation of spirituality, it teaches us humility, far-sightedness, alertness, compassion and the ability to go beyond differences and work towards the total well-being of patients, specialists, trainers, staff members and nursing students.

On behalf of the Brahma Kumaris worldwide family, many of whom take benefit from the facilities of Global Hospital & Research Centre, I extend my hearty greetings for continued progress free from obstacles.



**BK Hridaya Mohini**Additional Administrative Head
Prajapita Brahma Kumaris
Ishwariya Vishwa Vidyalaya

## On the special role of the hospital:

Situated at the peak of the Aravali range, Global Hospital is a blessing not only for the local population of Mount Abu and people across Rajasthan but also cares for the physical and mental wellbeing of tourists from around the world.

Our Supreme Godfather has addressed this hospital as a holy place. The doctors, nurses and health workers have an affinity towards spirituality, which sees them serve with love and an altruistic attitude. Their constant effort is to strengthen the body as well as the soul. The clean surroundings, honest service and the pure and powerful vibrations take away half the discomfort of the patients on arrival.

The service providers and the patients are therefore both fortunate as there is healing and spreading happiness at all levels.

## Blessings for the future:

I am hopeful that all the instrument souls involved in this social service will take this social project of the Brahma Kumaris to greater heights.



**BK Nirwair**Managing Trustee
Global Hospital & Research Centre

## On the year gone by:

I extend my hearty congratulations to Dr Ashok Mehta, Dr Pratap Midha and my other co-trustees, Dr Satish Gupta and other respected senior consultants, doctors, nursing staff and valuable members of all departments from the sister health concerns of Global Hospital & Research Centre at Mt Abu, Abu Road, Mumbai, Jalore and Vadodara, the Global Hospital School of Nursing, Saroj Lalji Mehrotra Global Nursing College and Shivmani Geriatric Home, for completing another year of providing invaluable health services to the suffering and needy, especially sisters and brothers from economically-challenged backgrounds.

I have been regularly receiving statistics of the services rendered by the units every month, giving a very clear picture of the immense care being provided to patients including those undergoing cataract operations, knee replacement surgeries, diabetes control and the 3-D Health and Happiness Retreats for a healthy mind, happy mind and healthy body.

## On patrons and donors:

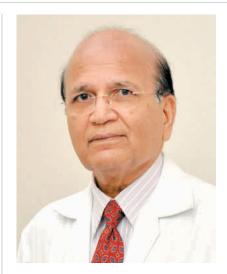
We are extremely grateful to the Janki Foundation For Spirituality in Healthcare, UK, for the continued support and guidance, especially to respected chairperson Dadi Janki ji.

## On the future:

I am very proud of the spirit of togetherness that binds the trustees and their interest in creating new services for humanity. Presently, we are reflecting on new facilities in the fields of heart care and neurology. With the Rajasthan government's approval of the conversion of 34 bigas of land, these plans are on track.

## Thanksgiving:

Let us continue to serve society with utmost dedication and sincerity, with the aim of creating a healthy and happy environment. Multimillion thanks to all members of the Global Hospital & Research Centre families.



Dr Ashok Mehta
Trustee
Global Hospital & Research Centre,
Honorary Medical Director
BSES MG Hospital,
Honorary Medical Director
J Watumull Global Hospital & Research Centre

## On the journey so far:

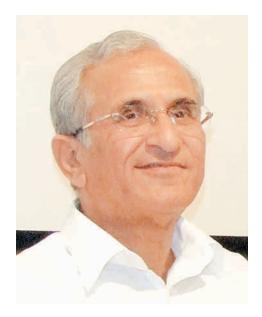
It is almost three decades since I first came in contact with the Brahma Kumaris' and visited Mt Abu. It was sheer coincidence that during my stay two people fell sick needing emergency care. The upshot of this was we formed the Global Hospital & Research Centre trust and went on to commission our first hospital in Mt Abu in 1991, to offer basic health care facilities. We proposed to expand in future.

## On the expansion strategy:

In the early years, the hospital extended its outreach services to meet the healthcare needs of nearby villages. The development of speciality services happened gradually, initially with the support of visiting surgeons. A need based expansion policy led to the commissioning of a trauma centre and an institute of ophthalmology. A lifestyle modification programme for coronary artery disease patients attracted many. More recently, it has led to the creation of ICU facilities in the trauma centre and the installation of a 128 slice CT Scan. We were assigned the responsibility of managing a municipal hospital for 30 years. We developed the small 100 bed facility into a multispeciality hospital with 33 intensive care beds and 33 general ward beds.

### On the way forward:

The challenge before the trust is now to bring about a qualitative change in our approach. We trustees need to be even more committed. We need to be more accountable and professional. We must work to resolve issues. With rapid advancements in healthcare technology, the medical scenario is fast changing across the world and in India. We will need to document the long term needs of our hospitals to bring in more funds. We need to find a way to promptly respond to the needs of the people, keep our promises and demonstrate reliability. Greater clinician involvement in management will help to contain costs and usher in cost efficient clinical practices by influencing attitudes and behaviour. Clinical leadership improves health outcomes.



Dr Partap Midha
Medical Director
J Watumull Global Hospital &
Research Centre
&
Trustee
Global Hospital & Research Centre

2018 has been an eventful year.

#### Management

Two new trustees inducted to the board in 2017, Rashmikant Acharya and Chetan Mehrotra, played an active role in steering the trust forward.

#### Units

J Watumull Global Hospital & Research Centre, Mt Abu, has been recognised as a secondary care centre for the treatment of employees covered by the Employees State Insurance Act. Until the previous year, the hospital was recognised for offering primary treatment. J Watumull Global Hospital & Research Centre, Mt Abu, was also recognised as a referral centre for the treatment of retired army personnel and their families.

We're seeing increasing interest from doctors and nurses in *Values in Healthcare, A Spiritual Approach*, a training module to help health practitioners identify their core values and insights that can enhance their work.

Global Hospital Institute of Ophthalmology crossed a milestone in successfully implementing a project to enhance the diabetes retinopathy treatment capability of the government health infrastructure in district Pali, Rajasthan. This project involved training government employees, procuring

equipment on behalf of the government hospital and clinics, and offering patient screening until such time that the government infrastructure was not ready to take on patients.

We had a change of guard at the Radha Mohan Mehrotra Trauma Centre, Abu Road. Qualified radiologist Dr Roja Tumma joined as deputy medical director and has taken the trauma centre under her wing. She has brought onboard Dr Anil Bhansali in general surgery, Dr Kusum Bhansali in ENT and Dr Nithin Sunku in orthopaedics. With this team, we expect patient numbers to trend upwards.

Blood banking by the trauma centre's Rotary International Global Hospital Blood Bank, a regional blood bank in Rajasthan, touched new highs with the collection of 1008 units of blood at a mega donation programme at Mt Abu and the centre hosting a workshop on the rational use of blood and blood products for officers of blood banks across the state. The Rajasthan State Blood Transfusion Council and Rajasthan State AIDS Control Society arranged the latter event.

We commissioned the Sri Adinath Fateh Global Eye Hospital, a new eye hospital in Jalore, a district bordering Sirohi where our flagship unit is located. Late professor Mohan Lal Bohra of Jalore met the cost of creating this eye facility in memory of his late wife Shantidevi Mohanlal Bohra. L V Prasad Eye Institute has technically supported this unit.

### Fund raising and partnership building

I visited Holland to attend a fund raiser for a solar power project of J Watumull Global Hospital & Research Centre, Mt Abu. Generous support from Rotary Club The Hague Metropolitan, Wilde Ganzen and Stichting Global Hospital Nederland helped meet our target as a result of which the hospital has installed solar electricity generating panels that have reduced its consumption of grid electricity by one-fourth.

A visit to Australia was timed with the launch of the Australian Friends for Global Hospital (AF4GH) foundation, a brainchild of Stephen Berkeley, manager Organisational Development at J Watumull Global Hospital & Research Centre. This foundation aims at supporting the hospital to implement capacity building projects to improve the wellbeing of local communities. Old friends of the hospital Dr Barbara Hannon and Robin Ramsay are patronising this initiative.

The Government of Japan awarded Global Hospital & Research Centre a grant of 7.8 million Yen, approximately \$ 70,000, for the

procurement of four eye equipments—an operating microscope, a perimeter, a non contact tonometer and an anaesthesia workstation—to be installed at Global Hospital Institute of Ophthalmology, Abu Road, where thousands of poor patients undergo cataract surgery for free every year.

## Disaster relief

When Jalore in Rajasthan and Muzaffarpur, Motihari and Sitamarhi in Bihar were affected by floods in 2017, we sent in teams led by dermatologist Dr Kanak Shrivastava, senior clinical associate Dr Nabajyoti Upadhyaya and volunteer Dr Devendra Sachdev to provide health consultations and basic treatment. Close to 6,000 people availed this service.

### Recognition

Chief of nursing services Rupa Upadhye collected a best nurse trophy at the Six Sigma Healthcare Excellence Awards 2017. On International Nurses Day, she also collected the prestigious Florence Nightingale award from the President of India, marking the first time a nurse from the not-for-profit sector in Rajasthan has bagged this recognition.

#### **Growth plans**

Nursing education features at the forefront of our growth plans. We would like to expand the college infrastructure to take on more students and are happy to confirm that the Sar-La Education Trust has committed to support this plan.

We have a growing queue of elderly citizens knocking at our door to book a room in Shivmani Geriatric Home. We are looking at creating a new facility for seniors, partially modelled on our existing facility.

Now that it has a new team, Radha Mohan Mehrotra Global Hospital Trauma Centre also needs a fresh infusion of funds to increase the number of patients it can cater to and to introduce neurology and cardiology as regular services.

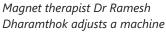


# A hospital with a difference

At J Watumull Global Hospital Research Centre, patients can opt to get treated by a doctor practicing modern allopathy or traditional medicine. Allopathic disciplines span secondary care services with a few visiting specialists helping to expand the range to the tertiary level. All consultations at Global Hospital, as it is popularly known, are free.



Plastic surgeon Dr T Ayyappan explains a surgery procedure to a patient





General, gastrointestinal and laparoscopic surgeon Dr Dilip Kothari performs an endoscopy

Casualty

2764



Anaesthetist Dr Jagadevi Sajjanshetty preps a patient

11511



# Outpatient consultations

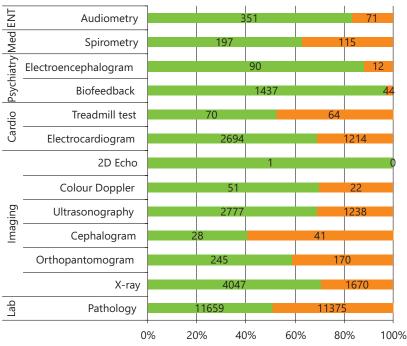


Dentistry 4467 Dermatology 2917 Diabetes **Dietetics & Wellness** E.N.T. 6464 Gynaecology & Obstetrics 4519 **Allopathy** Medicine 21081 Neuropsychiatry 4202 Ophthalmology 9441 Orthopaedics 6406 6312 Paediatrics Physiotherapy 724 Plastic surgery | 353 5557 Surgery Pulmonology Visiting super-specialists Nephrology 100 Neurology 98 Acupressure 2310 Ayurveda Counselling Alternative therapies 1028 Homoeopathy 666 Magnet therapy 5596 Rajyoga meditation

Location: Mt Abu

**FACT FILE** 

# Diagnostic investigations









Jayshree Deora, age 4, was born with a cleft lip.

We didn't know what a cleft lip was before we had Jayshree. We were saddened by her looks. We are Rajputs, people of our caste expect women to look good. We thought Jayshree had no future, how would she go to school?

Jaswant Deora, her father, a farmer from district Sirohi, Rajasthan

Post surgery at Global Hospital, he said:

We were relieved to see her after her operation at Global Hospital. I no longer worry about her future. She can be anyone she wants to, like Kalpana Chawla.

# Serving poor patients

At Global Hospital, no patient has ever been turned away for want of money to pay for diagnostics or hospitalisation. Associations with donor agencies and government programmes as well as a few internal funds—such as those described below—help meet the cost of delivering health services to poor patients.

## GiveIndia



Contributes towards the cost of employing a gynaecologist, paediatrician and radiologist. Also, the cost of gynaecological operations, trauma care, CT scans and nutritional supplements for poor tuberculosis patients.

Donor since | 2009 Sponsor | Taps online donors Beneficiaries | Thousands

## Bhamashah Swasthya Bima Yojna



Bhamashah Swasthya Beema Yojana

Covers the cost of prehospitalisation diagnostics and treatment for every poor family covered under the National Food Security Act in Rajasthan.

Operational since | 2015 Sponsor | Rajasthan Government Beneficiaries | 984

## Smile Train Inc.



Covers the cost of cleft lip and/or cleft palate corrective surgery for children from poor families, to enhance their quality of life.

Operational since | 2006 Sponsor | The Smile Train Beneficiaries | 188

# Juvenile Patients Fund

Covers the cost of diagnostics and treatment for children from poor families.

Covers children treated at both the Mt Abu and Abu Road units.

Operational since | 2008 Sponsor | Individual donors Beneficiaries | 680 children

# Dialysis Patients Fund

Covers the cost of dialysis for less affording patients who are not covered under any other health support programme.

Covers patients treated at both the Mt Abu and Abu Road units.

Operational since | 2014 Sponsor | Individual philanthropists Beneficiaries | 68

# Shri Jaisinh Jain Dispensary

A family clinic catering to residents of Delwara, a suburb of Mt Abu, since February 2013. Delwara lacks a health service, so this facility is invaluable. The service is offered two hours in the morning and evening Monday through Saturday.

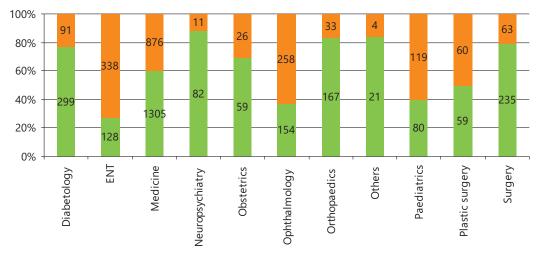
Sudhir Jain and Shailesh Jain, Mt Abu residents, helped establish the clinic in premises owned by the famous Dilwara Jain temple (Digambar Jain Mandir), in memory of their late father Shri Jaisinh Jain. They also partially sponsor the free medicines dispensed to needy patients.

Last year, 8,461 patients were served through this clinic.

We are highly impressed by the social work.

Members Legislative Assembly Committee on Government Assurances Kerala

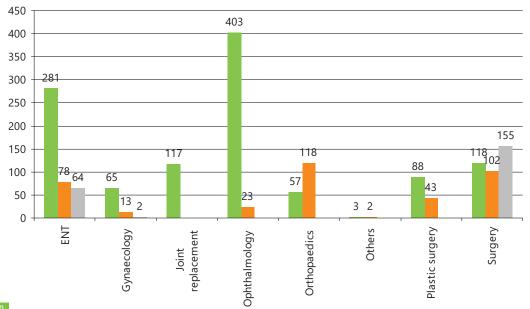
## Admitted patients



Free admissions
Paid / subsidised
admissions



# Operations performed



Major operations
Minor operations
Scope investigations





# Global Hospital Institute of Ophthalmology

Ophthalmology services are provided through Global Hospital Institute of Ophthalmology (established in 2004) and its new wing, P C Parmar Foundation Global Hospital Eye Care Centre (established in 2007), named after the donor, late P C Parmar of Pune.

Hospital-based ophthalmology services include consultations, procedures, eye banking and operations.

Community services include screening programmes to identify patients needing cataract surgery, screening school students to identify children with ocular defects, and treatment for all those afflicted.

The institute runs three extension Vision Centres. Last year, staff provided managerial inputs in the creation of Sri Adinath Fateh Global Eye Hospital, a new unit in Jalore. Since 2016, the unit has been helping to improve the diabetic retinopathy diagnostic and treatment capabilities of government sector doctors and technicians in district Pali.







Clockwise from top left: unit head and senior ophthalmologist Dr Vishal Bhatnagar with a patient, patient counselling, a villager tries on spectacles in the Vision Centre

## Out-patient procedures:

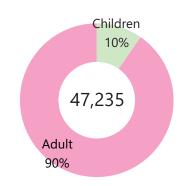
- > Artificial eye
- > Computerised perimetry
- > Contact lens
- > FFA / Fundus photography
- > Foreign body removal
- > Low vision aids
- > Optical coherence tomography
- > Orthoptic examination
- > PRP laser
- > Refraction
- > Sonography
- > Syringing
- > Yag laser capsulotomy
- > Yag laser iridotomy

## Operations performed:

- > Cataract removal
- > Corneal tear repair
- > Entropion correction
- > Glaucoma (trabulectomy)
- > Intraocular trauma
- > Keratoplasty
- > Lensectomy
- > Pterygium excision
- > Ptosis correction
- > Retinal detachment correction
- > Scleral fixation
- > Squint correction
- > Vitrectomy

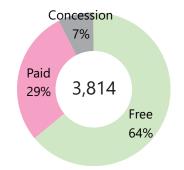
# Walk-in consultations

All out patient consultations are free



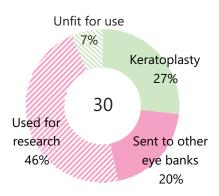
## Hospital admissions

3,846 admissions, 3,814 operated on



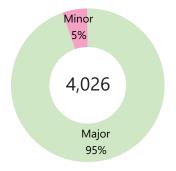
# Eye banking

Application of harvested eye balls



# Eye operations

Major 3814, minor 212



## Cataract blindness prevention

Global Hospital Institute of Ophtahlmology and J Watumull **Global Hospital & Research Centre are implementing** agencies of the National Programme for Control of Blindness, a Government of India initiative to eradicate preventable blindness.

WHY | To clear the back log of cataract cases in the state of Rajasthan, numbering hundreds of thousands. This sorry state has arisen because of the shortage of health services.

WHEN | Since 1997

BENEFICIARIES | 2,430 operations including 2,409 IOL implants and 21 small incision cataract surgeries that fell within government norms for the partial reimbursement of the cost of surgery. These included walk-ins and 2,057 cases identified from 22,552 patients who presented themselves at 87 screening programmes.

SPONSORS | Government of India (for the partial reimbursement of the cost of surgery); Shri Shankarmandal Religious Public Charitable Trust of Mt Abu (121 patients); Seva Foundation with L V Prasad Eye Institute (100 patients); Bharat Vikas Parishad, Sheoganj (126 patients); Mahaveer International (158 patients); Champabai Chandulal Parmar Educational Foundation Trust of Pune (24 patients).



Operated patients sit in the eye reception, waiting to be escorted home







# Paediatric ophthalmology

Global Hospital Institute of Ophthalmology offers children from economically less privileged families free surgery for eye ailments like cataract, squint, ptosis, keratoplasty, tumours, etc.

The community ophthalmology team also conducts eye checkups of school students for the early detection and correction of eye ailments.

WHY | To complement the extensive community ophthalmology programme under which children are offered cataract surgery, as this project covers all kinds of eye ailments.

WHEN | Since 2014

BENEFICIARIES | 68 children availed of free surgeries, 32,873 students from 100 schools had their eyes checked, 949 were found to have vision ailments, 277 were clinically treated, 674 received spectacles for no charges

**SPONSORS** | Dr Shroff's Charity Eye Hospital, Play Games24x7





Gautam Meghwal, 5, was born with a squint in his left eye.

I was shocked to see my baby boy.

My relatives and neighbours told me to accept his looks as God's will.



In November 2017, Kumar took Gautam to Ahmedabad for an eye check. There, doctors told him that his son's eye could be corrected, and suggested that he visit the Global Hospital Institute of Ophthalmology.

Gautam was operated on in December 2017.

His father's verdict:

Now he looks good.



# Sri Adinath Fateh Global Eye Hospital

Staff from the Global Hospital Institute of Ophthalmology played a key role in the establishment of the Sri Adinath Fateh Global Eye Hospital, an ophthalmic unit at Jalore commissioned in November 2017.

Late professor Mohan Lal Bohra of Jalore sponsored the creation of this new eye hospital in memory of his late wife, Shantidevi Mohanlal Bohra. The Bohra's are industrialists engaged in granite mining (Fateh Granites). For this initiative, the Global Hospital & Research Centre trust entered

into an agreement with the Fateh Kalyan Charitable Trust, their family charity, represented by Sushila Chandmal Mehta, the late professors' daughter and her cousins Pushpraj Bohra and Rameshraj Bohra

Sri Adinath Fateh Global Eye Hospital houses 20 beds for patients from economically less privileged backgrounds and five for private patients, one major and one minor operation theatre, a sterilisation room, two clinics, two refraction rooms, one counselling room, one procedure room, an optical shop, a medical store, an admin office and support services. The hospital spanning 10,800 square feet cost rupees 2.5 crore to build.



## **Vision Centres**

Vision Centres in Raniwara, district Jalore, and in Kalandri and Pindwara, district Sirohi conduct eye checks and minor ophthalmic procedures while referring serious cases to the Global Hospital Institute of Ophthalmology.

WHY | These outposts help disseminate awareness about the eye care services offered by the parent organisation and facilitate post-operative eye check-ups for patients living afar.

MODUS OPERANDI | The centres are run on a no profit-no loss basis. Patients are charged nominally for the procedures. Post-operative checks are conducted for free.

WHEN | Since January 2010 (Raniwara), January 2011 (Kalandri), July 2016 (Pindwara)

**DONORS** | Orbis Inc. supported the creation of the Raniwara centre; PC Parmar Foundation supported the Kalandri centre; Swaran Singh Sian from UK sponsored the centre in Pindwara.

BENEFICIARIES | 6,993 eye checks, including 3,917 refraction investigations.



# Diabetic Retinopathy Care

Global Hospital Institute of Ophthalmology staff continued to implement a project to strengthen the capability of the public health system in district Pali to diagnose and treat diabetic retinopathy.

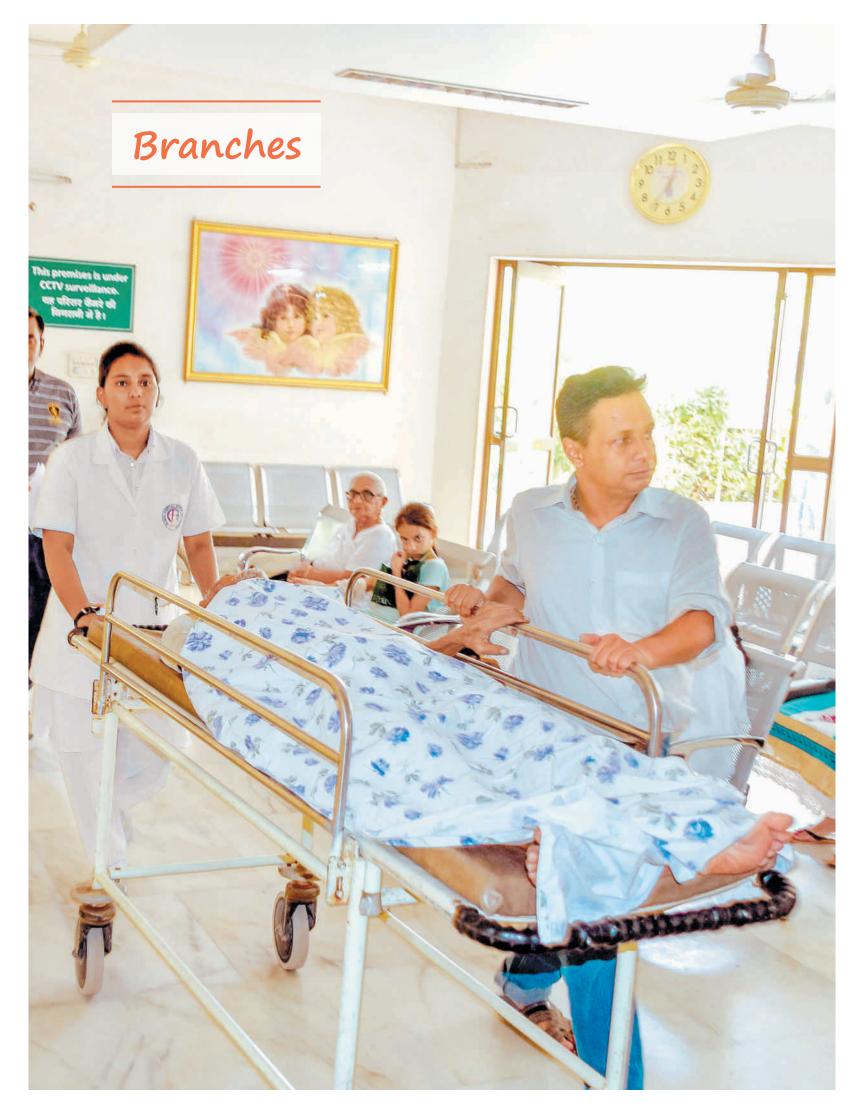
MODUS OPERANDI | The project involved training staff in four Non Communicable Disease clinics in Community Health Centres in district Pali, and in the government hospital to screen suspect cases for retinopathy using a slip lamp and fundus camera. These equipments were procured under the project. Serious cases would be forwarded to Global Hospital Institute of Ophthalmology for further treatment by means of an optical coherence tomography, a laser machine, a vitrectomy, a tonometer and an indirect ophthalmoscope, also procured under the project. In the final year of implementation, the entire equipment would be shifted to the Pali hospital.

WHY | Retinopathy or retinal damage caused by long term uncontrolled diabetes is a growing concern in India, where diabetes has acquired epidemic-like proportions. Left untreated, retinopathy can lead to blindness.

PROJECT DURATION | 2016-2018

**SPONSORS** | Queen Elizabeth Diamond Jubilee Trust, UK, partnered by London School of Hygiene and Tropical Medicine, UK, through the Public Health Population of India.

BENEFICIARIES | 785 patients were screened, 61 had non proliferative diabetic retinopathy, 26 were referred



# Radha Mohan Mehrotra Global Hospital Trauma Centre

Radha Mohan Mehrotra Global Hospital Trauma Centre is primarily a provider of emergency trauma and medicine health services at Abu Road. Over time it has evolved into a centre offering consultations with specialists of other disciplines. It is an accredited centre for the treatment of employees of North Western Railways and persons covered under Rajasthan's health insurance scheme Bhamashah Swasthya Bima Yojna.



Patients throng the trauma centre for emergency as well as elective health services

A high end CT Scanner facilitates radiological investigations





Surgeon Dr Anil Bhansali operates on a patient at the trauma centre

## **FACT FILE**

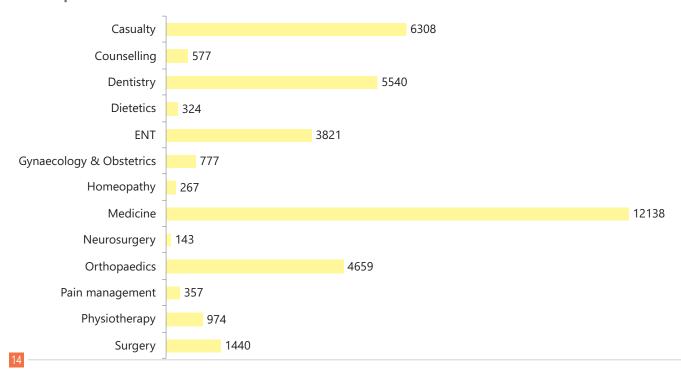
Established: 2007

Location: Abu Road

Beds: 36

Genre: Trauma care hospital

# Outpatient consultations



## Diagnostics, admissions, operations



## Rotary International Global Hospital Blood Bank

The sole not-for-profit Regional Blood Transfusion Centre in Rajasthan, it is mandated to promote voluntary blood donation, to separate into components at least 50% of the blood it collects and to solve technical and clinical problems of the region it oversees.

Salient achievements:

5,897 donor bleeds, 99.93% voluntary

5,963 units issued, 20% free

8% to Mt Abu

11% in-house

81% other hospitals

33 donation drives, 3,518 units



Organised with assistance from:

- ♦ Sudhir Jain & Shailesh Jain, Mt Abu
- ♦ Binani Cement
- ♦ JK Laxmi Cement (Officers Club)
- ♦ Adarsh Credit Co-operative Society

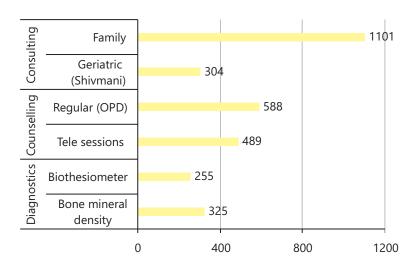


Blood donation in progress

- ♦ North Western Railways Employees Union
- ♦ Lions Club Abu Road
- ♦ Agarwal Samaj, Abu Road
- ♦ Principal, BAPS School, Mt Abu
- ♦ Raktdan Parivar, Montu Bhai
- ♦ Bajrang Dal BHP, Sirohi
- ♦ USB Group of Colleges
- ♦ Brahma Kumaris

# G V Modi Rural Health Care Centre, Abu Road

A clinic offering medical and geriatric consultations and counselling.





Medical officer Dr Mahesh Hemadri shared health tips with 10,295 seniors during the year, and also provided consultations

# Shivmani Geriatric Home, Abu Road



A residential facility for the elderly, currently occupied by 87 individuals.

Shivmani residents celebrate festivals, enjoy spiritual discourses, and avail an array of facilities on campus such as a full time dietician for meals tailored to their health conditions, a physiotherapist for fitness/physiotherapy sessions, consultations with a geriatric care specialist, etc.

A conducted exercise session for seniors

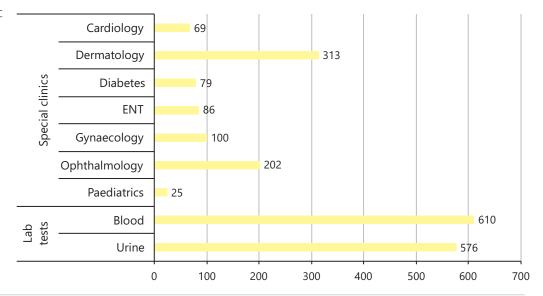
# Brigadier Vora Clinic & Jyoti Bindu Diagnostic Centre, Baroda

A family clinic offering consultation with a general practitioner (GP), basic diagnostics and consultations with visiting specialists.

The medical officer and incharge Dr Satish Upadhyaya passed away last year. The centre faced upheaval until a replacement was found.

Visiting specialists cardiologist Dr Upendra Vaidya, diabetologist Dr Sunil Maniar, gynaecologist Dr Rasila Patel and ophthalmologist Dr Ketan Patel continued to serve.

Last year, 3,116 male patients, 3,007 female patients and 400 children sought the services of the GP.

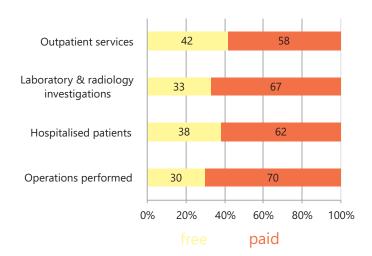


# BSES Municipal General Hospital, Mumbai

BSES Municipal General Hospital is a joint venture of the Municipal Corporation of Greater Mumbai, Brihanmumbai Suburban Electricity Supply and Global Hospital & Research Centre. It is a 100-bed hospital including 33 general beds and 33 intensive care unit beds. Here are a few glimpses from last years' services.

## General & private patients

General patients availed a big slice of the hospital's services last year as the following table shows. In the out-patient department, general patients consult doctors and avail diagnostic facilities for free. Admitted general patients are either treated for free (indigent patients) or for a heavily subsidised charge.



## Tie-up with state government

Some of the general patients who underwent operations were beneficiaries of the Mahatma Jyotiba Phule Jan Araogya Yojna, the health insurance scheme of the government of Maharashtra. BSES MG Hospital is mandated to treat people covered by this scheme.

Last year the hospital conducted 106 percutaneous transluminal coronary angioplasty procedures, 76 coronary artery bypass grafts and 100 operations for patients suffering from cancer.

## Special screening events

Over 4,100 people benefited from 41 screening programmes held during the year. These programmes covered the disciplines: dentistry, ENT, gynaecology, joint replacement, oncology and ophthalmology.

## Initiative for less privileged children

The charity commissioner of the Greater Mumbai region designed an initiative whereby various non government organisations in the city were allocated areas where they were expected to meet the health and other needs of economically less privileged children. BSES MG Hospital was allocated areas in Andheri, Goregaon and Jogeshwari, where the hospital distributed free meals, toys, blankets and medicine to 230 children.

## Mobile clinic services

BSES MG Hospital runs a mobile clinic that visits slums in a tribal belt outside of Mumbai every alternate day. A doctor, nurse and attendant provide free essential medical care and dispense free medicine. Patients needing further care are referred to the L&T Health Care Centre.

Over 179 visits, the team served 25,799 people last year. Jawhar, Vasai, Bordi, Dahanu, Wada were some of the areas served.

The focus was on serving vulnerable groups such as the elderly, orphans, malnourished children, etc.

Informal tie-ups with other non-governmental organisations helped channel other resources to these less privileged people.



Sister Yogini and Sister Pratibha, who were actively involved with the services of the mobile clinic, are seen above distributing materials at a camp site



The opportunity to consult a doctor for free means a lot to underprivileged people

## Investing in better health facilities

# Neonatal intensive care unit & paediatric ward

The Rotary Club of Mumbai Divas covered the cost of creating a new neonatal intensive care unit and Jungle Safari-themed paediatric ward. Redoing the facility for paediatric patients was a key priority in view of the large number of children approaching the hospital for consultation (14,000) and admission (650).







## Cardiac ambulance

Senior business leader with Larsen & Toubro, R N Mukhija, donated a cardiac ambulance in memory of his late wife, Sushma Mukhija.

Sanjeev Kapoor, celebrity chef, and Gracy Singh, actress, inaugurated the new cardiac ambulance

# General ward for female patients & intensive care unit

BSES MG Hospital invested in its 13 bed general ward for female patients and in the intensive care unit. Both of these facilities have been given a new look with fully revamped interiors for the comfort of patients.

The renovated general ward for female patients





# Community Service Project

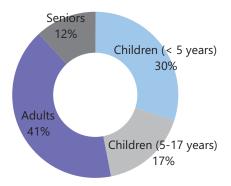
Two doctors assisted by two attendants and two drivers run a mobile health consultation service. They visit 69 villages in tehsils Abu Road, Pindwara and Reodar in district Sirohi, a population of about 150,000.

WHY | To plug a gap in available health services. For most of these villages, the nearest government-run Primary Health Centre is 5 to 20 km away. Travelling to and fro to see a doctor takes up the better part of a day, and means the loss of a day's wage. Understandably, these people tend to delay doctor's visits

WHEN | Since 2004

**BENEFICIARIES** | 36,474 consultations

1,228 referrals to Global Hospital for further diagnosis and treatment



SPONSOR | Zorg Van De Zaak Foundation, Holland



Netwerk

**STAFF** | Dr Ashok Dave (supervisor/doctor), Dr Parul Gaikwad (doctor)







Rakesh, 2, developed blisters on his hand after he dipped it in hot water while playing.

His anxious mother, wife of Bhima Ram, a resident of village Deri, Sirohi, tried some home remedies to give her son relief. When nothing worked, she took him to see Dr Dave, one of the doctors running the Community Service Project.

Dr Dave diagnosed the swelling as a second degree burn. He prescribed and the Community Service Project supplied a pain killer, a broad spectrum antibiotic, a topical sulphur-based cream and a tetanus vaccine.

A week later, Rakesh's hand had healed (although he was still teary eyed!).

# Vitamin A supplementation

In 2016, the Global Hospital & Research Centre entered into an agreement with Vitamin Angels, a global not-for-profit that provides vitamins at no cost to grassroots agencies for distribution to children under five years of age and pregnant women. The extra nutrition is expected to keep them healthy, especially their eyes, and reduce the possibility of mortality from a vitamin shortage.



Global Hospital is distributing vitamin A supplements and deworming tablets through the Village Outreach Programme (see opposite page) and the Community Service Project.

During 2017-18, these teams administered vitamin A supplements to 2,500 children. They distributed deworming tablets to 1,750 children and multivitamin tablets to 23,540 women including 13,680 pregnant women.

Left: Community Service Project supervisor/doctor Dr Ashok Dave is seen administering Vitamin A drops to a baby in a village

# Village Outreach Programme

A health consultation and health education service operating in 20 villages around Mt Abu, namely: Aarna-Hetamji, Achalgarh, Chandela (Telapurphali, Ambaveriphali, Bageri, Khadraphali), Jaidra, Jamburi, Jawaingaon, Kyaria-Takiya, Nichalagarh, Oriya, Salgaon, Shergaon-Utteraj, Siawa, Tuka, Uplagarh.

Two doctors visiting these villages (all but Utteraj) offer consultations. Patients are distributed medicine on the payment of Rs 10, however, destitute patients are exempt from this charge. Those needing diagnostic investigation or other treatment are referred to the base hospitals at Mt Abu.

Patients who step into the hospital are handheld through the process of consultation and hospital admission. Most are treated for free.

The doctors informally impart seasonal health infomation and awareness on maternal health and infectious diseases.

WHY | To plug a gap in available health services. Most of these villages have no health centre staffed by a doctor. To inform villagers about the availability of modern medicine and encourage patients to step into Global Hospital.

WHEN | Since 1991

**BENEFICIARIES** | 7,057 patients on site, 3,727 stepped in for consultations, 171 hospital admissions

**SPONSOR** | Individual philanthropists

**STAFF** | Dermatologist Dr Kanak Shrivastava (dermatologist & VOP head), Dr Manisha Maindad (doctor)



Dr Manisha Maindad, doctor with the Village Outreach Programme (VOP), sees patients in makeshift arrangements as in the photograph above

# **Nutritional Project**

About 2500 students of government schools in 17 of the villages forming the VOP circle are served a milk-based snack and fruit daily during school hours. The VOP team conducts annual checks to monitor the health of children. When funds are available, students are distributed learning aids and warm clothing, and schools are provided with extra infrastructure. Occasionally, the children are delivered informative lectures.

WHY | To boost the nutritional status of school-goers, to monitor the health status of children in adopted villages, to enhance school attendance, to reduce drop-outs and to drive school enrolments.

WHEN | Since 1995

**SPONSOR** | Individual philanthropists, Kanyadaan Charitable Trust, Hong Kong





Dr Kanak Shrivastava, chief of the Village Outreach Programme, delivers a lecture to children



A field worker makes note of a child's weight

# Sewing Project: An initiative of the Village Outreach Programme

In villages Chandela (three locations) and Oriya, the VOP sustains a sewing teaching service.

Some years ago the VOP had invested in creating activity rooms in those two villages and equipped them with five machines each, which women and girls were free to use.

The VOP also hired two seamstresses to come in to teach. The idea behind this project was to contribute to livelihoods by teaching women a useful skill.



Women using the sewing machines in the Village Outreach Programme activity room in village Chandela

# **Tuberculosis Project**

15 field workers posted in 20 villages, supported by one supervisor and three doctors, identify suspect tuberculosis patients from among the 67,516 residents. To confirm the diagnosis, the field workers get suspect patients' sputum tested at the Radha Mohan Mehrotra Global Hospital Trauma Centre or J Watumull Global Hospital & Research Centre, both registered Designated Microscopy Centres under the Government of India's Revised National Tuberculosis Control Programme.

Positively identified patients are started on medication, which the government provides. Field workers personally visit the patients to administer medicine; this ensures patients' compliance with the long treatment regimen, failing which the patient may develop drug resistant tuberculosis. Field workers also distribute nutritional supplements to the patients.

**WHY** | Timely detection and treatment of tuberculosis helps check the spread of the disease as positive cases turn non-infectious about a fortnight after being put on treatment. Distributing nutritional supplements helps boost patients' immunity and prevents relapses due to malnutrition.

WHEN | Since 2008

**BENEFICIARIES** | 1,280 sputum sample examinations, of which 370 tested positive; 158 new cases, 149 cures during the year, including 145 category I cases and 4 category II cases; 5 deaths

**SPONSORS** | Government of India, for the medicine. Givelndia helps raise funds for the nutritional supplements.





# this project needs funds



Pappu Garasia, 35, lives in village Bavta Fali Sagna, Sirohi.

Pappu is a farmer, he earns about Rs 70,000 annually to sustain himself and his wife.

Put on treatment in September 2017, he recovered in March 2018.

## Flood Relief

In July 2017, district Jalore adjoining district Sirohi wherein Global Hospital is located saw unprecedented rainfall and flooding.

Two relief teams from the hospital served the affected people. One team included senior clinical associate Dr Nabajyoti Upadhyaya, patient relation officer Rishi Mehta, nursing supervisor Smita Prajapati, staff nurses Sristi and Jalam, OT assistant Manjunath, pharmacy sales assistant Umesh Singh, volunteers Vinod Jindal and Meena Agarwal, and drivers Ganpat and Aditya. They visited Bhil Basti and Bagri ki Basti in Sayla, Surana and Tiloda.

Another team led by Village Outreach Programme chief and dermatologist Dr Kanak Shrivastava, assisted by field supervisor Ramesh Prajapati, DOT supervisor Yoga Ram and health worker Ranjeet Hiragar, served the people of Bhinmal, Ghani Nadi, Kothvas (Bhilo ki Basti) and Raniwada.

These teams served close to 600 needy people and distributed relief materials such as blankets and food essentials.

Over a fortnight in August 2017, Muzaffarpur and adjoining areas in Bihar witnessed heavy rainfall and flooding.

A team from Global Hospital spent over a week in Muzaffarpur, Motihari and Sitamarhi. Volunteer pharmacologist Dr Devendra Sachdev, staff nurse Gopal Sharma, nursing interns Samir, Rajesh, Abhay and Durgesh, and drivers Rajesh Singh and Devi Singh served 5,310 people.

Fungal infections, skin diseases, fever, abdominal pain, nausea, vomiting and diarrhoea were the most common complaints seen by all of these teams.



Volunteer pharmacologist Dr Devendra Sachdev treated thousands of patients in Bihar working in very basic conditions



# Summary

At both J Watumull Global Hospital & Research Centre and the Global Hospital Institute of Ophthalmology, research receives a shot in the arm from the DNB programmes in Family Medicine and Ophthalmology that require candidates to conduct research. Additionally, an active team of researchers at the Saroj Lalji Mehrotra Global Nursing College, Talhati, Abu Road, promotes, conducts and publishes research.

In the context of the year being reported, special mention must be made of the efforts of Dr Amit Mohan, paediatric ophthalmologist (4 research and 3 academic publications) and Chris Thomas, assistant professor, Saroj Lalji Mehrotra Global Nursing College (3 research and 1 academic publication and currently sits on the editorial boards of 12 national and international journals).



Ron Pieterson, a statistician from Netherlands, delivered a lecture on bio statistics to the DNB family medicine residents

# new projects approved by Research Ethics Committee

- 1. Normative spectral domain optical coherence tomography data of retinal nerve fibre layer thickness in children and its biometric correlation DNB ophthalmology resident Dr Vineet Ashish, guide Dr V C Bhatanagar, co-guide Dr Amit Mohan
- 2. Study of prevalence, risk factors and awareness of diabetic retinopathy among diabetic patients attending an eye clinic in southwestern Rajasthan DNB ophthalmology resident Dr Swati Goel, guide Dr V K Sharma, co-guide Dr Amit Mohan
- 3. A cross sectional study of urolithiasis patients coming to a rural hospital of south west Rajasthan DNB family medicine resident Dr Nikhil Gusain, guide Dr Somendra Sharma, co-guide Dr Ananda B
- 4. To study the effect of Rajyoga meditation based lifestyle intervention on homa index in diabetic and non diabetic cardio vascular disease patients DNB family medicine resident Dr Kuljeet Singh, guide Dr Satish K Gupta, co-guide Dr Anil Chawla
- 5. Surgical induced astigmatism extended near vision by monofocal pseudophakic eyes ophthalmologist Dr Sudhir Singh, guide Dr V C Bhatanagar, co-guide Dr Amit Mohan

# final reports submitted for projects

- 1. Effect of Rajyoga meditation on insulin resistance and carotid intima-media thickness in patients with coronary heart disease DNB family medicine resident Dr Shanti Ahir, guide Dr Satish Gupta, co-quide Dr Ananda)
- 2. Epimediological profiling of pain abdomen cases presenting to a rural hospital of south Rajasthan DNB family medicine resident Dr Pratik Vasantbhai Patel, guide Dr Somendra Sharma, co-quide Dr Nikhil G Patel)
- 3. Prevalence of pseudoexfoliation and its association with other ocular and systemic diseases in south western Rajasthan: A hospital based study DNB ophthalmology resident Dr Navjot Kaur, guide Dr V K Sharma, co-guide Dr Sudhir Singh)
- 4. Clinical study of visual outcome and complications following Nd YAG laser capsulotomy for posterior capsular opacification: A hospital based study DNB ophthalmology resident Dr Abhimanyu Gadakh, guide Dr V C Bhatanagar, co-guide Dr Amit Mohan

# data collection completed projects for

- 1. A demographic and etiological study of dyspepsia patients presenting to a secondary care rural hospital in south west Rajasthan DNB family medicine resident Dr Sagarkumar Dharsandia, guide Dr Somendra Mohan Sharma, co-guide Dr Anil Chawla
- 2. A clinical, radiological and functional study of dyspnoea patient presenting to a secondary care rural hospital in south west Rajasthan DNB family medicine resident Manoj Rajkumar Khiyani, guide Dr Anil Chawla, co-guide Dr Rajendra Pancholi & Dr Ananda B
- 3. Clinical study of visual outcome, intraocular pressure control and optic disc evaluation following cataract surgery in lens induced glaucoma DNB ophthalmology resident Dr Annu Chahar, quide Dr Vishal Bhatnagar, co-quide Dr Amit Mohan
- 4. Visual problems among video display terminal users, DNB ophthalmology resident Dr Kamlesh Gendalbhai Damor,

guide Dr VK Sharma, co-guide Dr Amit Mohan

- 5. Evalution of macular and peripapillary retinal nerve fibre layer thickness in children with anisometropic amblyopia using optical coherence tomography DNB ophthalmology resident Dr Suba Ronak D, quide Dr VK Sharma, co-quide Dr Sudhir Singh
- 6. Injury patterns in bear mauling cases admitted to GHRC and GHTC (2003-2013) consultant general and laparoscopic surgeon Dr Somendra Mohan Sharma
- 7. Study of serum B12 levels in vegans consultant physician Dr A K Chawla
- 8. Assess the effectiveness of meditation to promote quality of life and metabolic control among diabetic patients in selected settings former principal, SLM Global Nursing College, Geetha Venugopal



Dr Subramanian K Iyer, a urologist from UK, demonstrated the urinary catheterisation procedure to the nursing staff

# projects published in peer reviewed journals

- 1. Mohan A, Kaur N, Bhatanagar V C; Safety, efficacy and cost effectiveness of consecutive bilateral cataract surgery on two successive days in tribes at base hospital through community outreach programme: A prospective study of Aravali Mountain, North West; Indian Journal of Ophthalmology, Dec 2017, Volume 65, Issue 12 [p. 1477-1482]
- 2. Mohan A, Kaur N; *Pattern of presentation of paediatric cataract in tribes of hills of Western India: A hospital based retrospective study at Global Hospital Institute of Ophthalmology, Mount Abu;* Journal of Clinical Sciences, Oct-Dec 2017, Volume 14, Issue 4 [p. 178-181]
- 3. Mohan A, Jamil Z, Bhatanagar V C, Gajraj; *Prevalence of spheroidal degeneration of cornea and its association with other eye diseases in tribes of Western Rajasthan*; Indian Journal of Ophthalmology, Oct 2017, Volume 65, Issue 10 [p. 1010-1014]
- 4. Mohan A; Combined scleral fixated intraocular lens and strabismus surgery; Indian Journal of Clinical and Experimental Ophthalmology, April-June 2017;3(2): 210-213

psychological risk factors of coronary artery disease patients; International Journal for Psychology and Social Sciences Vol. 2/Issue No. 1/Feb 2018 P164-192

- 7. Thomas C, Akhter J, Goyal J; Assess attitude and beliefs towards role of magico-religious and supernatural influences in mental illness among care givers of psychiatry patient attended in selected mental hospital, Palanpur, Gujarat; International Journal of Nursing Science Practice and Research Dec 2017 Vol. 3: Issue 2 P75-79
- 8. Thomas C, Srishti, Inku; A descriptive study to assess the quality of life in chronic renal failure patients receiving haemodialysis treatment in selected hospital, Palanpur; International Journal of Medical and Surgical Nursing, January-June 2017, Vol.01, No. 01
- 9. Thomas C, Garg I, Chiwda R; An exploratory study to assess the factors affecting stress and coping strategies among 1st year B.Sc. Nursing students of selected nursing colleges at Rajasthan; International Journal of Practical Nursing, 2017; Vol 5(2):73-78

# academic articles published in peer reviewed journals

- 1. Sharma S M, Sharma D, Ananda B; Repeatedly recurrent supernumerary bilateral fibroedenoma breast with family history of breast cancer in a young girl: A surgeon's dilemma; Indian Journal of Clinical Practice Nov 2017 Vol. 28, No. 6 P560-562
- 2. Mohan A, Kaur N, Sharma VK; *Inferior subconjunctival dislocation of posterior chamber intraocular lens after blunt trauma;* Indian Journal of Ophthalmology, 2017, Volume 65, Issue 6 [p. 521-523]
- 3. Mohan A, Thakarani J, Sukhwal R; *Postpartum central retinal vein occlusion*; Kerala Journal of Ophthalmology, Year 2017, Volume 29, Issue 2 [p. 134-135]
- 4. Mohan A; Letter to the editor: *Unilateral myelinated retinal nerve fibres*; Journal of Ophthalmic and Vision Research Jan-Mar 2018 Vol 13 (1) P87-88
- 5. Shah R, Gupta S K; Role of Rajyoga Meditation as a psychotherapy in various physical and mental illnesses & well-being; Indian Journal of Positive Psychology
- 6. Thomas C; *Microteaching: A review*; Journal of Advances in Education and Philosophy. Scholars Middle East Publishers, Dubai, United Arab Emirates. Vol-1, Iss-1 (Oct, 2017):10-12

# Research & academic presentations at scientific conferences:

- 1. Annual conference of Rajasthan Ophthalmic Society, consultant paediatric ophthalmologist Dr Amit Mohan awarded Shuveer Singh Gold Medal for best free paper in Competitive Young Ophthalmologist
- 2. 19th annual conference, International Association of Facilitators Asia, Seoul, South Korea, Aug 17-19, manager organisation development, Stephen Berkeley, facilitated workshop, *Building bridges & breaking walls: One story at a time*

- 3. 4th annual conference, International Association of Facilitators, Chennai, Dec 3-4, manager organisation development, Stephen Berkeley, facilitated workshop, *Facilitation from the inside out: Change your mental models, transform your facilitation*
- 4. 76th annual conference, All India Ophthalmological Society, Feb 22-25, consultant ophthalmologist Dr Sudhir Singh, presented eposters, Manual small incision cataract refractive surgery and Incisions planning in manual small incision cataract surgery, moderated The magic Of SICS-2, spoke at National Symposium: SICS, evaluated instruction course, presented videos Intratunnel phacofracture MSICS: A manual cataract refractive surgery approach [anterior segment] and 4 mm intratunnel phacofracture: A novel manual small incision cataract surgery technique [anterior segment], faculty, Surgical Skills Transfer Course and Technical Skills Transfer Course; consultant paediatric ophthalmologist Dr Amit Mohan, presented paper, Effectiveness of modified glass prescription & smartphone based exercises in fusion insufficiency and Combined strabismus and scleral fixated IOL surgery in aphakia and Ophthalmologist on smartphones: Image based teleconsultation

# Research by other organisations to which the hospital contributed data:

1. Inherited blood disorders, sickle cell anaemia and thalassemia: an Indian case study Dr Sangeeta Chatt, Department of Health Sciences, The University of York, UK

# Global Hospital is doing outstanding work in mental, spiritual and physical healing.

Lt Gen S K Singh Former Vice Chief Of Army Staff

# Applied research

In the late nineties, J Watumull Global Hospital & Research Centre co-conducted a study to assess the effect of lifestyle changes: Rajyoga meditation, exercise and a vegetarian diet on reversing coronary artery disease. Global Hospital's implementation partners included the Defence Institute of Physiology & Allied Sciences and the Defence Research & Development Organisation, New Delhi. The Central Council for Research in Yoga & Naturopathy, the Ministry of Health & Family Welfare, Government of India, and the Defence Research & Development Organisation, New Delhi, sponsored the project. Mount Abu Open Heart Trial, a paper on the findings was published in September 2011 in the Indian Heart Journal.

Dr Satish Gupta, director, Department of Medicine and Cardiology, Radha Mohan Mehrotra Global Hospital Trauma Centre, developed the 3D Healthcare Model, a seven-day residential programme based on this study, to inform patients how to implement the lifestyle changes that bring spiritual, mental and physical wellness. Last year, nine sessions were held for patients, 429 participated.



Dr Satish Gupta, director of the Department of Medicine and Cardiology at the Radha Mohan Mehrotra Global Hospital Trauma Centre, Abu Road, conducts an education session for coronary artery disease patients



# Global Hospital School of Nursing/ Saroj Lalji Mehrotra Global Nursing College

Global Hospital School of Nursing offers a three year diploma in General Nursing & Midwifery since 2006 (students referred to as GNM students).

Saroj Lalji Mehrotra Global Nursing College offers a four year graduate programme in nursing since 2011 (students referred to as B Sc students).

In 2017, 109 students were on the school's rolls, 98 students were on the rolls of the college. Twenty seven school students and 19 college students graduated during the year.



Community engagement initiatives by students included imparting information on important subjects to school pupils

Principal of the Saroj Lalji Mehrotra Global Nursing College Shashi Bala Gupta presented an award to a speaker at an event on mental health

A visitor from the Stichting Global Hospital Nederland interacted with students

## Inclusive education

Ten GNM students were provided education loans and three high-performers won awards.

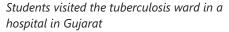
Zorg van de Zaak Foundation, a Dutch NGO sponsored five students for the diploma course: three girls from socio-economically weak families and two handicapped young adults, a boy and a girl.

Two B Sc students were provided education loans and four toppers won awards.



Graduate nursing students imparted essential information on health to village women









Address inquiries for the diploma nursing programme to Maya Bisht, principal, Global Hospital School of Nursing, email: ghsn.abu@gmail.com

Address inquiries for the graduate nursing programme to Shashi Bala Gupta, principal, Saroj Lalji Mehrotra Global Nursing College, email: slmgnc.raj@gmail.com

# Post graduate education in Family Medicine

Address inquiries for this post graduate programme to Dr Nabajyoti Upadhyaya, senior clinical associate, Surgery Department, email: drjyotigh@yahoo.co.in



DNB Family Medicine resident Dr Kuljeet Singh with a patient.

DNB residents play a key role in supporting the care of patients

In 2013, J Watumull Global Hospital & Research Centre was accredited by the National Board of Examinations, New Delhi, for post graduate training in family medicine. It is the only institution in Rajasthan offering this course, and one of about 517 institutions across India offering DNB programmes.

MBBS holders can apply for two primary seats, entailing three years training.
Candidates holding a Diploma in Geriatrics or Mother and Child Healthcare from IGNOU can apply for two secondary seats of two years duration.

The new entrants to the course were Dr Md Akhlaqur Rahman and Dr Anjaria Paras Devendra. Dr Nikhil Gusain and Dr Kuljeet Singh were in their second year. Dr Sagarkumar Dharsandia and Dr Manoj Rajkumar Khiyani were in their final year.

# Post graduate education in Ophthalmology

Global Hospital Institute of Ophthalmology has been a National Board of Examination accredited institute for post graduate training in ophthalmology since 2013. The institute offers two primary DNB in Ophthalmology seats for candidates holding a graduate degree in medicine (MBBS). This is a three year course. Two secondary seats are on offer for candidates holding a Diploma in Ophthalmology (DO/ DOMS). This is a two year course.

Dr Pooja Shivaji Shinde and Dr Nimeshbhai Bhalaji Purohit are the newest students to sign on for the programme.

They join final year residents Dr Abhimanyu Gadakh, Dr Suba Ronak Dinesh Bhai and Dr Annu Chahar, and second year residents Dr Vineet Ashish and Dr Swati Goel.

Interestingly, a former student, Dr Rini Sukhwal from Udaipur, was employed for the Sri Adinath Fateh Global Eye Hospital in Jalore.



DNB
Ophthalmology
resident
Dr Nimeshbhai
Bhalaji Purohit
made a
presentation in
the hospital
auditorium

Address inquiries for this post graduate programme to Manisha Ligade, deputy manager, HR, email: ghrchrd@ymail.com



Ophthalmology resident
Dr Annu Chahar made a presentation in the hospital auditorium

# Diploma in Ophthalmic Techniques

Global Hospital Institute of Ophthalmology offers a three year diploma in Ophthalmic Techniques conducted in affiliation with the Federation of Ophthalmology and Optometry Research and Education College, New Delhi. The institute had 43 students on its rolls in 2017. Fourteen final year students successfully found employment. Two students were absorbed by the institute and posted at Abu Road and Jalore respectively.

Address inquiries for this diploma course to Dinesh Singh, eyecare manager, email: ghioabu@gmail.com



Ophthalmic technician Ajay Dabgar demonstrated the use of a diagnostic machine to the diploma course students



DNB Ophthalmology resident Dr Vineet Ashish checked a juvenile patient as DNB resident Dr Nimeshbhai Bhalaji Purohit and several students of the diploma in ophthalmic techniques course looked on

# Student internships, observerships & training

J Watumull Global Hospital & Research Centre offers students (and aspiring students) of medicine and allied streams training opportunities as well as short-term internships and observerships.

Last year the hospital hosted Riley Shaffer, Megan Reinhard, Luciana Almeida Bueno, Palvi Chadha, Alecia Louise Alto, Hannah Canepa, Samantha Michelle, Adam Freeman, Quang Le, Jacob LeBeau, medicine or pre/medicine students who visited the hospital for clinical exposure under an agreement with the Child Family Health International, a US NGO. Senior consultant physician Dr Anil Chawla supervised them.

Nicolas Rincon Arias, a fifth year student of medicine at the Universidad Pontificia Bolivariana, Columbia; Pouvani Devi Cudian, a fifth year student of medicine at the Sir Seewoosagur Ramgoolam Medical College, Mauritius; and Kate S McGibbon, Caitalin McArdle and Callum M Harris, sixth year students of medicine at Oxford University Medical School, UK, were accepted for observerships under Dr Chawla.

Dr Nagma Nigar Shah, a final year Masters in Public Health student at the Indian Institute of Public Health Gandhinagar underwent an observership supervised by Dr Ashok Dave, incharge of the Community Service Project, and Stephen Berkeley, manager organisational development.

Ishita Dahiya, a student of the kinesiology honours programme at McMaster University, Canada, and Dr Priyanka Kumari, a newly qualified bachelor in dental surgery from Chaudhary Charan Singh University, Meerut, underwent an observership supervised by senior dental surgeon Dr Niranjan Upadhyay.

Sinthia Mangi, a post graduate biotechnology student at Punjabi University, Punjab, was accepted for and successfully underwent an observership under chief lab technologist Jyoti Narang.

Harshita Aggrawal, a graduate dentistry student at Vyas Dental College & Hospital, Jodhpur, underwent an observership under Dr Chawla.

Students enjoy the diverse experiences Global Hospital / Mt Abu offer them, Nicolas Rincon Arias from Columbia shared this photograph taken with his mentor/superviser Dr Anil Chawla



Address inquiries for observerships, internships and training to Manisha Ligade, deputy manager, HR, email: ghrchrd@ymail.com



# Summary

Training and development is a high priority activity at J Watumull Global Hospital & Research Centre. During the reporting year, staff were provided the following internal opportunities to upgrade their learning and skills:

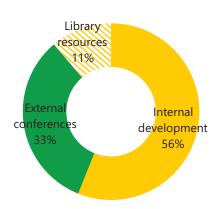
- ➤ Weekly clinical department presentations and journal article reviews (35)
- ➤ Guest lectures (19)
- ➤ Lectures on bio medical waste and infection control (8)
- ➤ Basic life support training sessions (4)
- ➤ Webinar with external faculty (1)
- ➤ Communication skills workshops held in the Academy For A Better World (3)
- ➤ Nurse educator-led training sessions in the skills lab for staff nurses and interns (20)
- ➤ Nursing Continuing Medical Education sessions (2 guest lectures and 7 talks by hospital staff)
- ➤ Bedside training sessions in the ward by the nurse educator (144)

Additionally, 11 staff members were supported to attend external conferences and eight were supported to attend external training programmes.

Two staff members were extended support to pursue higher education.

## Training expenses

A breakdown of last years' expenditure on training and development follows. Donations towards the library or to meet the costs of sending a doctor for an overseas conference are solicited.



Communication skills training in the Academy for a Better World, Mt Abu, was organised and facilitated by the human resource department, and attended mostly by new staff





Gynaecologist & obstetrician Dr Saurbhi Singh attended the 61st All India Congress of Obstetrics & Gynaecology, workshop and CME in Bhubhaneshwar in January 2018

Epidemiologist with the World Health Organisation Dr Lalit delivered lectures on public health issues to DNB (family medicine) residents



The state of the s

Renowned cosmetic dentist Dr Sandesh Mayekar presented dental surgeon Dr E Archana a certificate on completing an orthodontic seminar in Mumbai





# Accreditation with standards certifying body

The National Accreditation Board for Hospitals & Healthcare (NABH) is a part of the Quality Council of India, an autonomous body that works to establish quality standards across economic and social activities. The NABH specifically establishes and operates accreditation programmes for healthcare organisations. Accreditation is provided in three levels: Pre Accreditation Entry Level, Progressive Level and Full Accreditation.

At J Watumull Global Hospital & Research Centre, Radha Mohan Mehrotra Global Hospital Trauma Centre and Global Hospital Institute of Ophthalmology, work is ongoing on a Pre Accreditation Entry Level application for accreditation.

Last years progress at the flagship unit in Mt Abu is detailed below. Similar activities are underway at the other units as well.

#### Bio medical waste management:

New waste management rules were introduced detailing the colour coding of bins and adding a blue bin for broken glass, ampoules and implants.

#### Checklists:

New checklists were introduced to ensure safe patient care (temperature and humidity chart, ICU ambulance checklist, central line checklist).

## Discharge audit:

A discharge audit was done to ensure that patients are being discharged with a discharge summary.

#### Documentation:

68 policies finalised, 34 clinical guidelines finalised and 9 clinical procedures finalised.

## Fire safety:

An external review of the hospital's capacity to prevent, detect and fight a fire resulted in the installation of 40 extra fire detectors in areas with false ceilings, the centralisation of the control panels, the procurement of five extra fire extinguishers and lowering the height of all the fire extinguishers to four feet to facilitate access. Extra exit signage was installed and an external staircase fabricated outside the P2 ward to evacuate patients and staff in the eventuality of fire. Extinguisher usage instructions and instructions on how to act in case of a fire were installed.

## Incident reporting:

A new incident reporting system was introduced to track the occurrence of all types of incidents or near misses.

### Infection prevention and control:

Started daily rounds of the outpatient department to monitor compliance with infection control standards.

#### Initial assessment:

New forms were introduced to ensure all patients receive adequate initial assessment prior to admission.

### Mandatory indicators:

Started collecting ICU mandatory indicators, outpatient satisfaction feedback and quality indicators in the Pathology Department.

#### Security:

Four extra CCTV cameras were installed.

## Signage:

New boards were put up in the outpatient reception highlighting the hospital's scope of services and on patients rights and responsibilities.

## Educating staff on standards

Introduction on NABH (x3 sessions, 109 staff)

BMW and hand hygiene (x3 sessions, 52 staff)

Patient rights and responsibilities (x1 sessions, 22 staff)

Discharge summary content (x1 session, 45 staff)

Scope of services and registration of patients (x1 session, 40 staff)

Incident reporting process (x1 session, 34 staff)

Brought dead procedure (x1 session, 31 staff)

Fire safety training (one on one training at workplace, 32 staff)

Practical fire fighting (x2 sessions, 87 staff)



New boards were installed displaying the hospital's scope of services and patients' rights & responsibilities



Fire fighting demonstration for staff



CCTV cameras have helped improve security in the hospital premises Amazing environment. Simplicity even in complicated procedures. You sense spirituality here in the rooms, wards, everywhere. They are a blessing for the poor tribal population.

Naveen Jain, IAS MD, National Health Mission Secretary, Medical & Health Department Rajasthan

## Values in Healthcare



Group photograph of 100 medical professionals who took part in VIHASA training at Gyan Sarovar Mt Abu from August 25 to 29

Values in Healthcare: A Spiritual Approach (VIHASA) is a modular development programme for health professionals, created by the UK-based Janki Foundation for Spirituality in Healthcare, a not for profit that channels resources to help sustain the work of the hospital.



Through experimental exercises and opportunities for reflection and self enquiry, VIHASA helps professionals identify their core values and insights that can enhance their work.

VIHASA helps healthcare professionals deliver the best possible care to patients and at the same time feel enriched by their work.

VIHASA training includes lectures and workshops ranging from 2 hours to 4 days.

Participants can undergo facilitator training, which empowers their own practice and prepares them to run the programme in their organisations.

Last year Global Hospital organised VIHASA training at Gyan Sarovar Mt Abu from August 25 to 29. A full day VIHASA introductory programme for doctors was held at Laxmi Cement on April 9. PRO Rishi Mehta facilitated this programme.

# Equipment wish-list

Monetary donations and donations of medical equipment for which spares and support are readily available are welcome.

### J Watumull Global Hospital & Research Centre

Anaesthetic gas monitor for operation theatre: Rs 4,50,000

Vital sign monitors and central monitoring system in ICU: Rs 32,00,000

Electrosurgical unit for operation theatre: Rs 3.50,000

Brain evoked response audiometry: Rs 1,50,000

Stapes drill for ENT surgery: Rs 4,00,000 Otoacoustic emission system for ENT:

Rs 4,50,000

Mini PACS for radiology: Rs 2,00,000 Harmonic scalpel for operation theatre: Rs 11,00,000

ETO steriliser: Rs 20,00,000 Electrosurgical unit: Rs 3,00,000 Lithotripsy unit: Rs 30,00,000 Generator: Rs 10,00,000 Elevator: Rs 30,00,000

## Radha Mohan Mehrotra Global Hospital Trauma Centre

Laundry equipment: Rs 10,00,000

## Global Hospital Nursing School/ Saroj Lalji Mehrotra Global Nursing College

New bus: Rs 18,00,000

Boys' hostel: Rs 1,00,00,000 (per floor x 3 floors)

If you are enthused to support us, do drop us a mail: info@ghrc-abu.com

Or call:

Dr Partap Midha Medical Director / Trustee 02974 238347/8/9

Or write: PO Box 35 Mt Abu Rajasthan 307501



# J Watumull Global Hospital & Research Centre, Mt Abu

#### **Administrative Doctors**

Dr Mehta, Ashok, Honorary Medical Director (& Trustee) Dr Midha, Partap, Medical Director (& Trustee)

#### **Consultants**

Dr Ananda B, Radiologist

Dr Batra, Puneet, Orthodontist (visiting)

Dr Chawla, Anil, Senior Consultant Physician

Dr Doshetty, Manjunath, Nephrologist (visiting)

Dr Garg, Rajinder Prashad, Consultant Physician

Dr Ghatoda, Gurcharan Singh, Anaesthesiologist (visiting)

Dr Gupta, Pankaj, Paediatrician

Dr Kadel, Kailash, Junior Consultant, Orthopaedics

Dr Khandelwal, Narayan, Senior Orthopaedic Surgeon (visiting)

Dr Kothari, Dilip, Consultant Gl, General & Laparoscopic Surgeon

Dr Mehta, Sharad, Senior Consultant ENT Surgeon

Dr Malu, Anand Narayan, Nephrologist (visiting)

Dr Mistry, Saurav, Orthodontist (visiting)

Dr Patel, Nikhil, Senior Consultant Neuropsychiatrist

Dr Patil, Laxmi, Dental Surgeon

Dr Sahu, Shrimant, Anaesthetist & Diabetologist

Dr Sajjanshetty, Jagadevi, Anaesthetist

Dr Singh Saurabhi, Consultant, Obstetrics & Gynaecology

Dr Singh Sudhir, Senior Consultant Ophthalmologist

Dr Singhal, Brijesh, Urologist (visiting)

Dr Sharma, Somendra Mohan, Consultant General & Laparoscopic Surgeon

Dr Sukhsohale, Sachin, Physician & Intensivist

Dr Suriya, Charu, Senior Consultant Paediatrician

Dr T, Ayyappan, Plastic Surgeon (visiting) Dr Upadhyay, Niranjan, Senior Dental Surgeon

## **Senior Doctors / Registrars**

Dr Chawla, Shashi, Senior Medical Officer Dr Darda, Mahima, Registrar, Department of Medicine

Dr E Archana, Dental Surgeon

Dr Mevada, Keyur, Registrar, ENT

Dr Prakash, Om, Senior Resident, Surgery

Dr Sharma, Murlidhar, Registrar, Orthopaedics & Emergency Department Dr Shrivastava, DK, Senior Medical Officer Dr Shrivastava, Kanak, Senior Medial Officer & Chief, Village Outreach Programme

#### **Medical Officers/Clinical Associates**

Dr Hosamath, Sumangala, Yoga Therapist & Clinical Associate

Dr Maindad, Manisha, Medical Officer, VOP Dr Mukadam, Hina, Senior Clinical Associate

Dr Sonar, Savita, Clinical Associate, Department of Diabetology Dr Upadhyaya, Naba Jyoti, Senior Clinical Associate, Surgery Department

Dr Wargantiwar, Vaibhavi, Clinical Associate

#### **Alternative Therapists**

Dr Dharamthok, Ramesh, Magneto Therapist

Dr Mehta, Pushpa, Honorary Homeopathic Physician (visiting)

Dr Mehta, Yogesh, Honorary Homeopathic Physician (visiting)

Dr Solanki, Purvi, Ayurveda Specialist

# Radha Mohan Mehrotra Global Hospital Trauma Centre, Abu Road

#### Consultants

Dr Bhansali, Anil Kumar, Senior General & Laparoscopic Surgeon

Dr Bhansali, Kusum, ENT Specialist

Dr Chauhan, Prakash, Paediatric

Orthopaedic Surgeon (visiting)

Dr Gupta, Satish, Director, Department of Medicine & Cardiology

Dr Kaur, Rajbir, Dental Surgeon

Dr Lakhotia, Rahul, Anaesthesiologist

Dr Mishra, Kanaklata, Obstetrics & Gynaecologist

Dr NS Girish Kumar, Dental Surgeon

Dr Sarma, Barasha Bharadwaj, Pathologist

& In-charge, Blood Bank Services

Dr Singh, Harpal, Radiologist & NABH

Accreditation Coordinator
Dr Sunku, Nithin, Consultant Orthopaedics

& Joint Replacement Surgeon Dr Tumma, Roja, Consultant Radiologist &

Deputy Director

#### **Doctors**

Dr Das, Rajat, Senior Medical Officer & Additional Blood Bank Officer

Dr Shah, Rupal, Consultant Psychologist Dr Krupakar, Hari, Senior Medical Officer

#### **Clinical Associates**

Dr Janawa, Narottam, Clinical Associate Dr Patel, Dignesh, Clinical Associate Dr Sharma, Giriraj Prasad, Senior Clinical Associate

Dr Singh, Ashish, Clinical Associate Dr Verma, Hemant Kumar, Clinical Associate

# Global Hospital Institute of Ophthalmology, Abu Road

#### **Consultants**

Dr Arya, Saket, Vitreoretinal Surgeon (visiting)

Dr Bhatnagar, Vishal, Medical Superintendent & Senior Consultant Ophthalmologist

Dr Laad, Seema, Consultant Ophthalmologist

Dr Sharma, Aditya Vikram, Vitreoretinal Surgeon (visiting)

Dr Sharma, Vinod Kumar, Senior Consultant Ophthalmologist

#### **Registrar / Senior Resident**

Dr Kolte, Ankush, Registrar, Ophthalmology Dr Jain, Prateek, Registrar, Ophthalmology

# G V Modi Rural Health Care Centre, Abu Road

Dr Hemadri, Mahesh, Medical Officer & Incharge

# Community Service Programme

Dr Dave, Ashok, Clinical Associate & Coordinator, Community Service Project

# Brigadier Vora Clinic & Jyoti Bindu Diagnostic Centre, Baroda

A resident medical officer looks after this clinic

\*In alphabetical order as on 15.7.2018



## J Watumull Global Hospital & Research Centre

#### Department of Dentistry

- Dental chair

#### Department of ENT

- Microdebrider & saw system

#### Intensive Care Unit

- Ventilator

## Pathology Laboratory

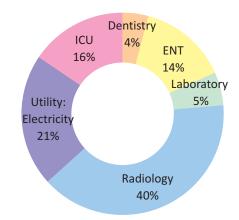
- Coagulation analyser
- Centrifuge, incubator
- Automatic tissue processor for histopathology

#### Radiology

- Computerised radiography system
- Mammography

#### **Utility: Electricity**

- Solar photovoltaic panels



Photovoltaic solar panels installed with support from Wilde Ganzen, a Dutch media agency, Stichting Global Hospital Nederland, Holland, and Rotary Club The Hague Metropolitan:







Thanks is also due to:



Fundacion Ananta, Spain, has supported the hospital's ambulance services and nursing scholarships and its general sustenance.



#### **IndiaCare**

IndiaCare, Germany, has channelled equipment and consumables to the Mt Abu unit since its inception.

- > G V Mody Trust, Surat
- > Parmar Foundation, Pune
- > Point of Life Inc., USA
- > Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, India
- > Radha Mohan Mehrotra Medical Relief Trust, Mumbai
- > Sitaram Jindal Foundation, India
- > Stiftunng Cleft Children International, Switzerland

# Radha Mohan Mehrotra Global Hospital Trauma Centre

#### Intensive Care Unit

- Ambulance
- Patient monitor

#### **Operation Theatre**

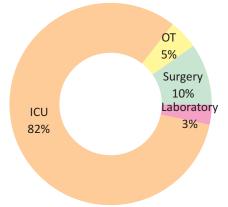
- Cautery

#### Pathology Laboratory

- Biochemistry analyser

#### Department of Surgery

- Laparoscopes



# Global Hospital Institute of Ophthalmology

## **Utility: Transport**

- Bus

## Diagnostics

- Optical biometer

#### Jalore, Diagnostics

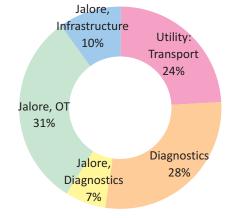
- Auto refractometer
- Slit lamp & beam splitter
- A-Scan biometer
- Refraction unit with vision drum

#### Jalore, Operation Theatre

- Operating table
- Motorised instrument table
- Ophthalmic instruments
- Compact phaco emulsification system
- Steam steriliser

#### Jalore, Infrastructure

- Furniture
- Solar power conditioning unit





THE GLOBAL HOSPITAL & RESEARCH CENTRE TRUST is registered with the Charity Commissioner of Greater Mumbai. The trust is represented by 11 unrelated trustees from diverse walks of life, including:



BK Nirwair is a visionary leader with exemplary drive, dedication and meditative qualities, an inspiration for many employees of the trust's hospitals at Mt Abu and Abu Road.

Mahesh Patel is a chartered accountant and businessman with a chain of care homes in the UK. His family helped support the establishment of the hospital's Shivmani Geriatric Home.



Dr Ashok Mehta is a surgical oncologist, previously with Tata Memorial Hospital and Nanavati Hospital. Dr Mehta is honorary medical director of BSES MG Hospital, Mumbai, and J Watumull Global Hospital & Research Centre, Mt Abu.





Dr Partap Midha worked for two decades with the health department of the government of Haryana, gaining an understanding of grassroots health needs. He is responsible for the trust units at Mount Abu and Abu Road.

Kishore D Shah is a retired businessman and resident of Mt Abu since 1982. He was instrumental for aggregating the land on which J Watumull Global Hospital & Research Centre is constructed.





Jeetendra G Mody is a civil engineer with five decades of experience in developing real estate. He has helped implement trust projects involving the construction of new buildings.



father, late founder trustee and businessman Khubchand Watumull. Gulu worked in the fashion industry in the US and Hawaii for some years.

Gulu Watumull assumed the place of his





Dr Banarsi Lal Sah has been associated with the Trust since its inception as honorary treasurer. Dr Banarsi is executive secretary of the Medical Wing, Rajyoga Education & Research Foundation.



BK Yogini manages 22 Rajyoga centres of the Brahma Kumaris in Mumbai. At BSES MG Hospital, she is honorary director, Administration, and a member of the Advisory Committee.





Chetan Mehrotra is an entrepreneur and philanthropist. He manages his family charitable trusts focusing on education and healthcare since the past two decades. The trusts have supported many third party projects in the past and now have set up their own institutions in Maharashtra, Gujarat, UP, Haryana and Delhi.

## **Auditors Report**

We have examined the Balance Sheet as at March 31, 2018 and the Income & Expenditure Account for the year ended on that date of Global Hospital & Research Centre, 102, Om Shanti, N S Road No 3, JVPD Scheme, Mumbai, 400056. We certify that the Balance Sheet and the Income and Expenditure Account are in agreement with the books of account maintained by the head office at Mumbai and branches at Mount Abu, Abu Road and Jalore in Rajasthan and Vadodara in Gujarat.

Subject to comments below:

- 1. We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of the audit.
- 2. In our opinion, proper books of accounts have been kept by the head office and the branches of the above-named fund, or trust, or institution, or any university or other educational institution or any hospital or other medical institution so far as appears from our examination of the books of account.
- 3. In our opinion and to the best of our information, and according to the information given to us, the said accounts read with notes thereon, if any, give a true and fair view:
- i) In the case of the Balance Sheet, of the state of affairs of the above-named fund, or trust or institution or any university or other educational institution or any hospital or other medical institution as at March 31, 2018 and
- ii) In the case of Income & Expenditure Account, deficit for the year ended on that

The prescribed particulars are annexed herewith.

For and on behalf of Balkrishna T Thakkar & Co Chartered Accountants

Notes to the Balance Sheet and Income & Expenditure Account for the year ended March 31, 2018

Significant Accounting Policies

Basis of preparation of financial statements: The financial statements are prepared under Historical Cost Convention on accrual basis and under going concern assumption in accordance with the generally accepted accounting principles (GAAP). The accounting policies adopted in preparation

of the financial statements are consistent with those of the previous year.

Use of estimates: The preparation of the financial statements in conformity with the GAAP requires the management to make judgments, estimates and assumptions that affect the reported amount of assets, liabilities, revenues and expenses and disclosure of an item or information in the financial statements. The management believes that the estimates used in preparation of the financial statements are prudent and reasonable. Future results could differ from these estimates.

Fixed assets & impairment of assets: Fixed assets are capitalised at cost and are stated at historical cost. At each Balance Sheet date, an assessment is made as to whether there is any indication of impairment in the value of assets. Impairment loss is recognised whenever the carrying amount of an asset exceeds its recoverable value.

Foreign currency transactions: Transactions in foreign currency are recorded at the rate of exchange in force on the date of the transactions. Current assets, current liabilities and borrowings denominated in foreign currency are translated at the exchange rate prevalent at the date of the Balance Sheet. The resultant gain/loss, except in cases where they relate to the acquisition of fixed assets, are recognised in the Profit & Loss account.

Inventories: Inventories such as stock of surgical, sutures, medicines, pathology chemical, x-ray films are valued at cost or net realisable value whichever is lower and are physically verified and certified by the management.

**Investments:** Investments are stated at cost. Sundry creditors/debtors: Sundry creditors and debtors are subject to confirmation from them.

#### Receipts:

- 1. Hospital Receipts:
- OPD Receipts are accounted on accrual basis on the date of providing hospital services/facilities.
- IPD Receipts are accounted on accrual basis on the date of billing as and when the patient is discharged. However billing is done upto March 31 of every year.
- 2. Medical Stores Receipts: GHRC Medical Stores, Mt Abu and GHIO Medical Stores (Talheti): Sales are accounted at gross (inclusive of vat) and transfer to inter units is shown separately. Similarly, purchases are accounted at gross (inclusive of vat) and transfers from / to inter units is shown separately.

- 3. Donation Receipts are accounted on receipt basis on the date of receipt. Donation received towards specific / corpus fund is transferred to respective fund as per the direction of the donor.
- 4. Interests on bank fixed deposits and investments are accounted on accrual basis.
- 5. Grant-in-aid from the government is accounted as and when it is sanctioned and reasonable certainty of disbursement of claim.

Revenue recognition (BSES MG Hospital): Medicines are sold over-the-counter on cash basis (Om Shanti Pharmacy). General patient deposits (depending on decided category) are received when patient is admitted in the hospital and the bill is updated on regular basis to calculate the due amount and the final bill is given during discharge of the patient and balance payment is received.

TPA/Corporate patient security deposits (depending on decided category) are received when the patient is admitted in the hospital and the bill is updated on regular basis to calculate the due amount and the final bill is given during discharge of the patient and amount is received by TPA/Corporate as per the credit terms. Rental, interest and dividend incomes are recognised on accrual basis. Donations are recognised on cash or kind basis.

Depreciation: Depreciation on fixed assets is provided on written down value method as per rates shown against each asset in case of assets held on April 1, 2017, for the full year, and in case of assets purchased and capitalised during the year, for half year irrespective of its date of purchase.

Contingent liabilities: Contingent liabilities are not provided in the books and are disclosed by way of notes to accounts.

**Gratuity:** The trust has opted for Group Gratuity Scheme with Life Insurance Corporation of India for the benefit of employees.

Contingent liabilities not provided for: Nil

Claims made by other parties not acknowledged as debt: Nil

**Bank guarantee:** FDR of Rs 1 lakh purchased from State Bank of India Mt Abu Branch given as bank guarantee to ECHS Regional Centre, Ahmedabad.

BSES MG Hospital v/s Labour contractors, Certain contract labourers of the hospital have filed a suit in the labour court. The management of the hospital is of the view that there are no material financial implications and hence no provision is required for the same.

# BSES MG Hospital V/S Municipal Commissioner of Greater Mumbai Bombay,

The municipal corporation has served a notice for termination of the contract for management of the hospital, against which a suit has been filed challenging the order. The management of the hospital is confident of a positive outcome of the dispute. In view of this the balance sheet has been prepared on a going concern assumption.

In compliance with the directions of the Honorable Mumbai High Court, a sum of Rs 89,90,831 being 2% of the gross receipts of the year is set apart and credited to the "Indigent Patients Fund" for the benefit of indigent patients to be spent in the manner specified under the scheme framed by the Honourable High Court.

Payment made to trustees and/or their relatives: The hospital has paid professional charges to honorary medical director and trustee Dr Ashok R Mehta for professional services rendered by him which is considered reasonable.

Donation, BK Healthcare Fund: The Trust has launched a donations drive programme in the past years to raise funds for a specified purpose i.e. BK Healthcare Fund. Under the scheme, the Trust will raise funds and invest in specified securities. The income of the fund will be applied for medical purposes for poor and needy people. During the year the Trust managed to raise Rs 23.64.877 under the scheme.

Assets value: In the opinion of the management, the nature and the realisable value of current assets, loans and advances, in the ordinary course of business, are as stated in the books of account.

Internal audit of the trust units (except BSES MG Hospital, Mumbai and Brigadier Vora Clinic & Jyoti Bindu Diagnostic Centre, Baroda) are carried out by M/s GMJ & Company, Chartered Accountants, Mumbai. We have considered their reports for finalising the accounts.

Accounts of BSES MG Hospital, a branch in Mumbai, are audited by M/s N G Thakrar & Company, Chartered Accountants, Mumbai. Accounts of GHRC Medical Stores and GHIO Medical Stores branches at Mt Abu and Abu Road respectively are carried out by M/s GMJ & Company, Chartered Accountants, Mumbai. We have relied upon their audit report and statements for merging them in the main accounts.

Previous Years Figures: The figures of the current year and previous year have been regrouped and re-arranged wherever necessity arised.

## Global Hospital & Research Centre (Consolidated)

Income & Expenditure Account for the year ended March 31, 2018

Expenditure	Previous year	Current year
To Amount transferred to reserve or specific fund	6,98,58,415	7,29,95,462
To Brigadier Vora Clinic, Baroda	7,29,445	6,93,041
To BSES MG Hospital, Mumbai	48,61,47,604	53,55,51,650
To GHRC CAD Project	16,55,568	20,08,525
To GHRC Education Project	87,090	52,760
To GHRC Eye Care Project	25,49,269	-
To GHRC Mumbai	10,84,449	14,18,418
To GHRC Mumbai Drought Relief Expenses	5,35,766	-
To GHRC Village Outreach Programme	90,10,406	82,86,541
To GV Modi Rural Health Care Clinic	1,85,897	1,99,925
To Global Hospital Institute of Ophthalmology	4,39,60,576	4,33,29,648
To JW Global Hospital & Research Centre	11,76,06,645	13,85,79,138
To RMM Global Hospital Trauma Centre	6,62,46,327	7,41,08,867
To Shivmani Geriatric Home	1,73,35,493	1,74,32,707
To Smile Train Project	1,07,64,908	66,11,807
To Global Hospital School of Nursing	99,07,765	92,99,947
To SLM Global Nursing College	1,15,68,218	1,17,87,823
To Shri Adinath Fateh Global Eye Hospital Jalore	-	26,75,369
	84,92,33,848	92,50,31,627
Income		
By Interest	1,44,82,208	1,32,63,692
By Dividend	1,21,401	4,77,682
By Donations in cash or kind	16,36,30,637	16,08,47,821
By Grant-in-Aid	38,11,750	33,59,750
By Income from hospital IPD/OPD receipts	59,57,50,689	61,74,53,402
By Income from other hospital receipts	4,48,52,365	4,97,08,003
By Transfer from reserve	2,36,83,510	2,66,00,940
By Deficit carried over to balance sheet	29,01,287	5,33,20,336
	84,92,33,848	92,50,31,627

## Balance Sheet as on March 31, 2018

Liabilities	Previous year	Current year
Trust corpus fund	39,64,68,143	44,37,69,879
Other earmarked funds	48,40,84,001	45,25,75,541
Liabilities	18,19,43,935	20,18,17,277
	1,06,24,96,079	1,09,81,62,697
Assets		
Movable & immovable properties	33,49,26,909	33,35,26,685
Capital work in progress	120,463	-
Investments	10,02,000	2,10,02,000
Advances	1,21,23,326	1,49,76,279
Income outstanding	6,40,52,123	5,61,96,700
Stock & inventories	3,43,75,218	3,47,65,342
Cash & bank balances	33,29,11,734	33,45,19,984
Income & expenditure a/c	28,29,84,306	30,31,75,707
	1,06,24,96,079	1,09,81,62,697

## J Watumull Global Hospital & Research Centre, Mt Abu, and projects\*

Income & Expenditure Account for the year ended March 31, 2018

Expenditure	Previous year	Current year
To Administration expenses	1,67,88,661	1,54,89,375
To Depreciation	80,43,459	83,70,708
To Education project expenses	13,20,123	6,286
To Employment cost	5,30,27,054	5,76,80,362
To Hospital consumables	1,36,71,720	1,42,76,958
To Insurance	3,65,817	399,699
To Kitchen expenses	7,18,028	876,265
To Medical relief & assistance	3,45,80,256	3,81,51,710
To Other consumables	15,58,543	17,20,260
To Power & fuel	46,51,464	1,01,64,833
To Repairs & maintenance	43,87,308	47,43,898
To Medical / Social project	18,72,445	25,40,215
To Rent, rates & taxes	6,01,922	1,01,340
To Net surplus transferred to HO	1,70,46,044	56,09,434
	15,86,32,844	16,01,31,343
Income		
By Donation income	8,46,47,029	6,94,91,811
By Transfer from various funds	27,03,745	66,35,012
By Hospital receipts	6,49,07,333	7,01,49,607
By Other receipts	63,74,737	1,38,54,913
By Net deficit transferred to HO	-	-
	15,86,32,844	16,01,31,343

## J Watumull Global Hospital & Research Centre, Mt Abu, and projects\*

Balance Sheet as on March 31, 2018

	•	
Expenditure	Previous year	Current year
Mumbai office account	13,26,07,494	17,23,43,425
Specific reserve fund	25,74,892	13,53,654
Outstanding expenses	43,82,523	48,08,307
Sundry creditors	4,50,542	1,81,665
Deposits – Tender money	22,43,894	-
	14,22,59,346	17,86,87,052
Assets		
Fixed assets	6,33,85,038	6,88,88,729
Capital work in progress	1,20,463	-
Sundry debtors	9,45,837	7,27,148
Advances to creditors	11,62,454	13,86,933
Loans/advances & deposits	40,81,227	43,23,750
Investments	5,37,15,374	7,09,46,715
Income receivable	41,50,723	38,46,339
Closing stock	22,75,324	24,62,003
Bank balances	1,16,05,710	2,53,38,536
Cash balances	8,17,195	7,66,899
	14,22,59,346	17,86,87,052

<sup>\*</sup> Also includes Smile Train Project, Village Outreach Programme, Coronary Artery Disease Regression Project and Eye Care Project (for previous year)

# Global Hospital & Research Centre (Consolidated)

Funds Flow Statement for the year ended March 31, 2018

Sources of Funds	
Opening Balance in Cash & Bank a/c	6,69,27,078
Donation income (including FCRA fund received)	10,50,42,062
Hospital income (OPD & IPD Medical Stores)	61,74,53,402
Grant-in-aid from Government	33,59,750
Bank & other interest	1,32,63,692
Other income	4,27,13,652
Sales of fixed assets	77,95,000
Contribution to earmarked funds (including fund received under FCRA)	85,04,023
Contribution to Trust Corpus fund	4,73,01,736
Increase in current liabilities	1,98,73,342
Decrease in current assets	46,12,346
Fund transferred from BSES MG Hospital	50,80,250
Total sources	94,19,26,333
Application of Funds	
Addition to fixed as sets (excluding WIP capitalised)	4,16,65,114
Investments in fixed deposits with bank and mutual funds	93,56,313
Revenue expenditure (excluding depreciation)	81,17,25,891
Closing Balance in Cash & Bank a/c	7,91,79,015

## J Watumull Global Hospital & Research Centre, Mt Abu, and projects\*

Funds Flow Statement for the year ended March 31, 2018

Sources of Funds	
Opening Balance in Cash & Bank a/c	1,24,22,905
Donation income (including fund received	6,94,91,811
under FCRA)	
Hospital income (OPD & IPD)	7,01,49,607
Grant-in-aid from Government	4,32,250
Bank & other interest	45,56,290
Other income	17,75,298
Sales of fixed assets	75,23,325
Head office and branch office transfer account	4,06,61,967
Total sources	20,70,13,453
Application of Funds	
Addition to fixed assets	1,40,86,643
Revenue expenditure (excluding depreciation)	14,61,51,201
Utilisation from specified fund	12,21,238
Investments in bank FD's	1,72,31,341
Decrease in current liabilities	20,86,987
Increase in current assets	1,30,608
Closing Balance in Cash & Bank a/c	2,61,05,435

## G V Modi Rural Health Care Centre, Abu Road

Income & Expenditure Account for the year ended March 31, 2018

Expenditure	Previous year	Current year
To Administration expenses	20,940	22,201
To Depreciation	33,641	29,587
To Employment cost	111,604	127,123
To Medical relief & assistance	14,229	16,895
To Other consumables	2,744	2,269
To Repairs & maintenance	2,740	1,850
	1,85,898	1,99,925
Income	Previous year	Current year
By Hospital receipts	8,090	7,240
By Other receipts	480	348
By Net deficit transferred to	1,77,328	1,92,337
Mumbai HO a/c		
	1,85,898	1,99,925

### G V Modi Rural Health Care Centre, Abu Road

Balance Sheet as on March 31, 2018

Liabilities	Previous year	Current year
Mumbai office control a/c	5,89,447	5,50,768
Outstanding expenses	27,180	35,640
	6,16,627	5,86,408
Assets	Previous year	Current year
Fixed assets	6,00,789	5,71,202
Cash & Bank balances	15,838	15,206
	6,16,627	5,86,408

## Global Hospital Institute of Ophthalmology, Abu Road

Income & Expenditure Account for the year ended March 31, 2018

Previous year	Current year
19,01,410	15,72,798
39,43,361	43,12,335
1,65,79,600	1,83,85,740
54,53,626	46,48,585
87,041	1,12,001
102,91,918	87,18,634
8,15,550	5,87,538
11,07,249	9,83,525
9,15,107	17,85,464
1,65,648	2,57,323
27,00,066	19,65,705
4,39,60,576	4,33,29,648
Previous year	Current year
1,16,22,456	73,67,744
2,17,02,291	2,01,88,893
51,80,891	47,64,609
54,54,938	1,10,08,402
4,39,60,576	4,33,29,648
	19,01,410 39,43,361 1,65,79,600 54,53,626 87,041 102,91,918 8,15,550 11,07,249 9,15,107 1,65,648 27,00,066 4,39,60,576 Previous year 1,16,22,456 2,17,02,291 51,80,891 54,54,938

## Global Hospital Institute of Ophthalmology, Abu Road

Balance Sheet as on March 31, 2018

Liabilities	Previous year	Current year
Mumbai office control a/c	3,82,17,456	2,89,80,145
Diabetic retinopathy fund	31,81,167	13,44,301
Eye medical equipment project fund	-	44,89,116
Outstanding expenses	18,89,933	18,99,488
Advance for expenses	8,33,430	31,70,028
	4,41,21,986	3,98,83,109
Assets	Previous year	Current year
Fixed assets	3,08,45,162	3,13,37,743
Fixed deposits	25,00,000	5,00,000
Advances & deposits	3,34,992	3,19,353
Income receivable	56,14,322	27,44,380
Stock	5,93,949	9,62,379
Cash & bank balances	42,33,561	40,19,254
	4,41,21,986	3,98,83,109

## Radha Mohan Mehrotra Global Hospital Trauma Centre, Abu Road

Income & Expenditure Account for the year ended March 31, 2018

Expenditure	Previous year	Current year
To Administration expenses	65,65,080	49,32,152
To Depreciation	76,54,157	76,80,705
To Employment cost	2,12,24,350	2,60,42,378
To Hospital consumables	93,27,207	98,37,665
To Insurance	1,69,795	1,94,001
To Medical relief & assistance	1,26,69,918	1,65,46,388
To Other consumables	2,71,098	1,85,819
To Power & fuel	37,27,722	48,93,813
To Repairs & maintenance	32,65,767	22,67,000
To Rent, rates & taxes	70,000	53,530
To TB Project	13,01,234	14,75,415
	6,62,46,328	7,41,08,867
Income	Previous year	Current year
By Hospital receipts	3,64,20,473	4,34,23,932
By Other receipts	32,04,904	28.83.922
By Donation	20,14,936	49,97,646
By Net deficit transferred to Mumbai	2,46,06,015	2,28,03,367
HO a/c		
	6,62,46,328	7,41,08,867

## Radha Mohan Mehrotra Global Hospital Trauma Centre, Abu Road

Balance Sheet as on March 31, 2018

Liabilities	Previous year	Current year
Mumbai office control a/c	7,22,77,712	7,82,45,805
Outstanding expenses	31,40,647	39,31,440
Advances for expenses	4,76,366	8,71,647
	7,58,94,725	8,30,48,892
Assets	Previous year	Current year
Fixed assets	7,03,16,210	70,077,352
Fixed deposits – SBI	200,000	12,50,000
Sundry debtors	16,79,267	39,61,859
Stock	9,43,042	11,10,179
Advance & deposits	7,82,411	8,70,795
Income receivable	99,273	35,467
Cash & bank balances	18,74,522	57,43,240
	7,58,94,725	8,30,48,892

### Shivmani Geriatric Home, Abu Road

Income & Expenditure Account for the year ended March 31, 2018

Expenditure	Previous year	Current year
To Administration expenses	5,46,612	4,43,890
To Depreciation	47,48,935	43,27,243
To Employment cost	45,47,661	50,41,548
To Insurance	75,841	74,189
To Medical relief assistance	16,619	15,071
To Other consumables	2,19,747	1,47,233
To Power & fuel	12,94,692	15,78,073
To Repairs & maintenance	22,72,385	18,15,882
To Kitchen & canteen expenses	36,13,001	39,89,578
	1,73,35,493	1,74,32,707
Income	Previous year	Current year
By Donation	1,30,401	1,38,101
By Other receipts	1,61,44,727	1,56,00,062
By Net deficit transfer to Mumbai	10,60,365	16,94,544
Head Office a/c		
	1,73,35,493	1,74,32,707

## Shivmani Geriatric Home, Abu Road

Balance Sheet as on March 31, 2018

Liabilities	Previous year	Current year
Mumbai office	3,85,10,780	3,66,88,798
Outstanding expenses	4,85,065	4,78,448
Advance for expenses / others	9,66,397	7,71,343
Geriatric patients deposits	9,66,31,069	10,67,05,402
	13,65,93,311	14,46,43,991
Assets	Previous year	Current year
Fixed assets	4,04,54,705	3,66,03,062
Fixed deposits - SBI	2,45,00,000	1,85,00,000
Fixed deposits - Axis	6,95,00,000	8,35,00,000
Fixed deposits - SBI S	29,861	46,38,000
Sundry debtors	2,870	2,680
Advance & deposits	2,22,299	2,27,681
Income receivable	2,83,695	2,82,422
Cash & bank balance	15,99,881	8,90,146
	13,65,93,311	14,46,43,991

## Sri Adinath Fateh Global Eye Hospital, **Jalore**

Income & Expenditure Account for the year ended March 31, 2018

Expenditure	Previous year	Current year
To Administration expenses	-	2,96,556
To Depreciation	-	2,95,519
To Employment cost	-	9,95,747
To Insurance	-	523
To Hospital consumables	-	4,17,988
To Medical relief & assistance	-	397,584
To Other consumables	-	150,181
To Power & fuel	-	59,331
To Repairs & maintenance	-	61,940
	-	26,75,369
Income		
By Hospital receipts	-	13,27,422
By Donation	-	12,100
By Other receipts	-	133,169
By Net deficit transferred to Mumbai HO a/c	-	12,02,678
	-	26,75,369

## Sri Adinath Fateh Global Eye Hospital, Jalore

Balance Sheet as on March 31, 2018

Liabilities	Previous year	Current year
Mumbai office control a/c	-	40,40,948
Outstanding expenses	-	4,08,165
	-	44,49,114
Assets	Previous year	Current year
Fixed assets	-	36,94,137
Stock in hand	-	2,05,774
Cash & bank balances	-	549,203
		44,49,114

BSES MG Hospital, Mumbai Income & Expenditure Account for the year ended March 31, 2018

Expenditure	Previous year	Current year
To Expenditure in properties	56,67,112	69,85,107
To Establishment expenses	3,99,69,213	4,48,76,559
To Legal expenses	44,95,809	49,53,774
To Other administration expenses	5,94,930	6,72,080
To Depreciation	1,01,24,541	97,53,265
To Amount transferred to reserve	1,40,82,761	1,69,50,975
or specific fund		
To Expenditure on objects of the trust	42,52,95,999	46,83,10,865
	49,88,67,478	55,25,02,625
Income	Previous year	Current year
By Hospital receipts	46,00,05,236	46,96,03,981
By Interest income of hospital	85,05,683	74,50,361
By Interest income on IP patient fund	4,11,500	4,09,859
By Interest income on kidney	237,500	186,215
patient fund		
By Donations	1,85,20,882	2,46,87,151
By Amount spent for specific fund	1,11,86,677	1,70,36,124
By Deficit carried over to Balance	13,62,888	3,31,28,935
Sheet		
	49,88,67,478	55,25,02,625

# BSES MG Hospital, Mumbai Balance Sheet as on March 31, 2018

Liabilities	Previous year	Current year
Other earmarked funds	22,04,94,206	17,84,81,767
Liabilities	6,21,74,062	6,68,47,922
Income & expenditure account	-	-
	28,26,68,268	24,53,29,689
Assets	Previous year	Current year
Immovable properties	47,18,127	43,01,000
Other fixed assets	5,56,37,078	5,27,72,651
Investments	-	2,00,00,000
Closing stock	1,59,46,555	1,50,66,332
Advances & deposits	4,36,11,095	4,53,89,305
Cash & bank balances	13,74,31,645	9,90,85,910
Income outstanding	2,53,23,767	87,14,491
	28,26,68,267	24,53,29,689

# Credibility Alliance Norms Compliance Report



The Global Hospital & Research Centre trust is accredited by the Credibility Alliance under Desirable Norms.

The Credibility Alliance reviews and certifies non governmental organisations for their commitment to transparency and good governance.

## Identity

The Global Hospital & Research Centre trust is registered as a charity with the Charity Commissioner of the Greater Mumbai Region (Mah.) under No. PTR/E/12573 dated January 5, 1990.

The functional units of the Trust, in the order of their date of establishment, are:

- >> J Watumull Global Hospital & Research Centre, Mount Abu
- >> Brigadier Vora Clinic & Jyoti Bindu Diagnostic Centre, Baroda
- >> G V Modi Rural Health Care Centre & Eye Hospital, Abu Road
- >> BSES MG Hospital, Mumbai
- >> Global Hospital Institute of Ophthalmology, Abu Road (includes the wing named P C Parmar Foundation Global Hospital Eye Care Centre)
- >> Radha Mohan Mehrotra Global Hospital Trauma Centre, Abu Road
- >> Shivmani Geriatric Home, Abu Road

Two permanent positions at J Watumull Global Hospital & Research Centre, Mount Abu, medical director and honorary medical director, are held by Dr Partap Midha and Dr Ashok Mehta respectively.

At BSES MG Hospital, BK Yogini is the honorary director for administration.

Dr Banarsi Lal Sah is the honorary treasurer of the Global Hospital & Research Centre trust

The Trust Deed is available on request.

## Trust Registration

- >> Under section 12A of the Income Tax Act, 1961 vide No.TR/27348 dated January 15, 1990.
- >> With the DIT Exemptions, under section 80G, vide registration No.DIT(E)/MC/80g/1303/2008/2008-09 valid in perpetuity.
- >> Under section 6 (1) (a) of the Foreign Contribution (Regulation) Act, 1976 (FCRA registration No. 083780494 dated June 5, 2016) valid until October 31, 2021.

## Name & Address of FCRA Bank

Union Bank of India, 11 Vithal Nagar Coop Hsg. Society, 10th Road JVPD Scheme, Vile Parle (West), Mumbai 400056.

#### Name & Address of Auditor

Balkrishna T Thakkar & Co, 6th floor, 602-603, "Saffron", Near Bank of Baroda, Ambawadi, Ahmedabad, 380 006.

#### Vision & Mission

Mission: To provide world class complete healthcare services responsibly and with a human touch at affordable prices.

Vision: Healthcare for all irrespective of social or economic background.

#### Governance

The Global Hospital & Research Centre trust Board met seven times during the year 2017-18, on April 14, September 1, November 14, December 29, January 25,

February 10 and March 25. Minutes of the Board meetings are documented and circulated.

A Board Rotation Policy (of non-rotation) exists and is practised. Minutes of the Board meetings are documented and circulated.

The Board approves programmes, budgets, annual activity reports and audited financial statements. The Board ensures compliance with laws and regulations.

## Accountability & Transparency

- >> No remuneration, sitting fees or any other form of compensation have been paid since the inception of the trust, to any Board member, trustee or shareholder for being a member.
- >> The following payments have been made to Board members in 2017-18:

Professional fees paid to trustee Dr Ashok Mehta for operations he has performed: Rs 66,14,671

Reimbursements to trustees for domestic travel: Dr Ashok Mehta, Rs 28,193 | BK Yogini, Rs 8,873

No other reimbursements have been made to any Board member, trustee or shareholder.

- >> Remuneration of the highest paid staff members: Rs 2,00,000 | Rs 1,79,000 | Rs 1,65,000
- >> Monthly remuneration of the lowest paid staff member: Rs 6,390
- >> Total cost of national travel by all personnel (including volunteers) and Board members: Rs 6,75,430
- >> Total cost of international travel by all personnel (including volunteers) and Board members: Nil

### Staff Details

All trustees are "volunteers" working pro bono. They are not included in these numbers. Cleaning labourers, paid volunteers and trainees being paid a stipend are also excluded.

## **Details of Board Members**

Name	Age	Gender	Position on Board	Occupation	Area of competency	Meetings attended
BK Nirwair	80	М	Managing Trustee	Social worker	Social service	7/7
Dr Ashok Mehta	81	М	Trustee	Medical Director & Consultant Cancer Surgeon, BSES MG Hospital, Mumbai	Oncology	5/7
Gulu Watumull	68	М	Trustee	Business person	Business	1/7
Mahesh Patel	65	М	Trustee	Chartered accountant and businessman with a chain of care homes in the UK	Healthcare	2/7
Dr Partap Midha	68	М	Trustee	Medical Director, J Watumull Global Hospital & Research Centre	Hospital management	7/7
Yogini Bhupatrai Vora	67	М	Trustee	Director, Rajyoga Centres, Vile Parle Sub-Zone	Social service	5/7
Kishore D Shah	68	М	Trustee	Retired business person	Business	4/7
Chetan Mehrotra	55	М	Trustee	Business person	Business	1/7
Jeetendra G Modi	76	М	Trustee	Civil engineer	Civil engineer	4/7
Rashmikant Acharya	52	М	Trustee	Technology and finance Specialist	Technology, finance	2/7
Dr Banarsi lal Sah	64	М	Trustee	Doctor turned social worker	Social work	6/7

## Distribution of staff according to category

Gender/ Staff distribution	Male	Female	Total
Paid full time	424	419	843
Paid part time	7	9	16
Paid consultants	31	11	42
Volunteers	56	39	95

# Distribution of staff according to salary level

Slab of gross salary (Rs) plus benefits paid to staff	Male	Female	Total
< 5000	9	2	11
5000 - 10000	119	51	170
10000 - 25000	220	269	489
25000 - 50000	48	68	116
50000 - 100000	23	20	43
> 100000	11	5	16
Total	430	415	845

## Contribute to hospital activities

Find us on www.GiveIndia.org

Donate via www.ghrc-abu.com (Paypal enabled)

Cut a cheque favouring Global Hospital & Research Centre

Transfer via NEFT (Indians) or Telegraphic Transfer (overseas donors)

Email ghrcabu@gmail.com for details

## Did you know?

Donors who pay taxes in India can avail income tax benefits under section 80 G of the Income Tax

Act of 1961

50% of the donated amount is deductible from income for the purpose of computation of taxable income



# **Hotel Hillock**

Mount Abu, Rajasthan, 307 501
T: 0091 (0) 2974 238463/64/65 M: 0091 82395 25008
To make a reservation, dial 0091 76659 68231 or email reservation@hotelhillock.com
W: www.hotelhillock.com



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## **Hotel Karnavati**

Gaumukh Road Corner, Mount Abu T: 0091 (0) 2974 235265 M: 0091 9145810292



## **Hotel Lake Inn**

Nr. Vivekanand Garden, Nakki Lake, Mount Abu T: 0091 (0) 2974 235456 M: 0091 9772570091



# Global Hospital & Research Centre

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