

J Watumull

GLOBAL HOSPITAL

& Research Centre

Newsletter

Inside this issue



PAGE 2

Good clinical practice



PAGE 5

Donate blood, donate life



PAGE 6

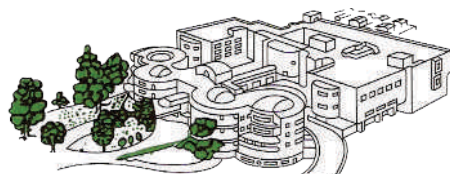
Restoring sight

Dr Ashok Mehta, trustee of Global Hospital & Research Centre, with additional administrative head of the Brahma Kumaris Dadi Ratan Mohini, managing trustee Brahma Kumar Nirwair and trustee Dr Banarsilal Sah

Honouring 50 years of oncology service

On February 4, World Cancer Day 2020, the Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya felicitated Dr Ashok Mehta, trustee of Global Hospital & Research Centre, for his outstanding contribution to oncology over the last five decades.

A rally through the town of Abu Road sought to spread awareness of the need for the early detection of cancer.



A publication of J Watumull Global Hospital & Research Centre
www.ghrc-abu.com

Health Services | Education | Research

April 2020
Volume 137

In focus: Good Clinical Practice



J Watumull Global Hospital & Research Centre organised a one day workshop on Good Clinical Practice & New Clinical Trial Rules 2019, in collaboration with the Government Medical College Bhavnagar on February 2. This all day event attracted 58 doctors, paramedics and nurses with an interest in research, and members of the hospital's Research Ethics Committee.

This training was essential to register the hospital's Ethics Committee with the National Ethics Committee Registry for Biomedical and Health Research, Department of Health Research, Ministry of Health & Family Welfare, Government of India. Dr Chinmay Shah, associate professor at the department of physiology, Government Medical College, Bhavnagar, facilitated the event.

Visiting specialists

Cardiology: Dr Subir Ghosh from Ahmedabad visited once each in January and March, and saw 19 patients. Dr Ashish Agarwal from Jaipur saw 10 patients in February.



Dr Subir Ghosh sees a patient

Interventional pulmonology: Dr Shwetang Jani from Ahmedabad saw 27 patients over visits in January and March.



Dr Shwetang Jani with a patient

Joint replacement: Senior orthopaedic surgeon from BSES MG Hospital, Mumbai, Dr Narayan Khandelwal assisted by consultant orthopaedic surgeon Dr Kailash Kadel operated on 17 joints during the quarter.

Nephrology: Dr Manjunath Doshetty from Gulbarga saw 15 patients in February.

Urology: Dr Yogesh K Swamy from Palanpur operated on three cases and saw eight patients over two visits in February and March. Dr Brijesh Singhal from Gwalior operated on nine cases during the quarter and was consulted by six patients.

Participation in conferences

*Who ~ What,
organised by ~ When, where*

Shobha Sharma, staff nurse ~
second national critical care
nursing congress of the Society of
Critical Care Nursing ~ February 1-
2, Chandigarh

Dr E Archana, dental surgeon ~
19th annual Conference of the
Indian Society of Cleft Lip, Palate
& Craniofacial Anomalies ~
February 7-9, New Delhi

Dr VK Sharma, senior consultant
ophthalmologist, and Dr Prateek
Jain, registrar, ophthalmology ~
78th annual conference of the All
India Ophthalmological Society ~
February 13-16, Gurugram

Kavita Pandagale and Kavita
Maske, staff nurses ~ international
conference on peri-operative
nursing 2020 by the All India
Institute of Medical Sciences,
Jodhpur ~ February 26-27,
Jodhpur



Kavita Maske in the conference at Jodhpur

New assets

Donations by the family of Bhavini Patel in
memory of her parents Lilaben & Manubhai Patel and by
the Point of Life Inc helped procure a new phaco emulsification
system for the Department of Ophthalmology.

Gratitude to Prakash Sakraney, USA, for contributing towards a puretone audiometer
and a bronchoscope for the Department of ENT.

A new orthopaedic drill was procured for the Department of Orthopaedics.



*Managing trustee
BK Nirwair inaugurated a new
solar electricity generating system. Also
seen lending him a hand are medical director
Dr Partap Midha and electrician Ravi Rana.
Supervisor, electric & generator Ranjeet Mengane stands behind
Dr Midha.*

*Consult online
www.ghrc-abu.com*

Recognition

On the occasion of Womens
Day, dietician Sujata Rath
collected an award from the
Nari Utkarsh Seva Sansthan
(Women's Upliftment Service
Organisation) for her service
to women.

Screening villagers for cataract and offering free surgery



Over six eye screening events, DNB ophthalmology resident Dr Anshuman Pattnaik screened 587 villagers and referred 64 for

surgery. DNB ophthalmology resident Dr Poulami Pal screened 191 villagers and referred 29 for surgery. These events were held in Sumerpur, Sildar, Siloeya, Pomava, Badhgaon, and Raniwada.

Joint replacement consultations

Visiting senior orthopaedic surgeon Dr Narayan Khandelwal and consultant orthopaedic surgeon Dr Kailash Kadel were approached by 125 patients at a knee joint replacement consultation programme in Bali (district Pali).



Outreach consultations

Consultant GI, general & laparoscopic surgeon Dr Dilip Kothari saw 81 patients during outreach events in Raniwara, Nana, Sirohi and Jalore.

Consultant orthopaedic surgeon Dr Kailash Kadel saw 80 patients in Nana and Jalore.

Senior consultant ENT surgeon Dr Sharad Mehta saw 65 patients in Jalore.

Cancer screening

Oral and maxillofacial surgeon Dr Keyur Mevada screened 984 persons over nine events held in Taleti, Abu Road, Janapur, Sabli, Bhinmal, Ajari, Mandar, Sanchore and JK Lakshmipuram.

Caring for hotel employees

The Cama Rajputana Club sponsored health checks for 60 employees in February. Dr Nabajyoti Upadhyaya and his team stepped in to do the needful.

Subscribe

> Write to Sister Archana for a soft copy at ghrchps@gmail.com
> Request Sister Yashoda for prints, at ghrcoffice@gmail.com

Donate

Global Hospital & Research Centre offers section 80G (50% exemption) tax exemptions on donations. State your address and PAN when making a donation.

Mega blood donation drive



Sudhir Jain's family and the Mount Abu Hotel Association sponsored a mega blood donation drive in March

The Rotary International Global Hospital Blood Bank at the Radha Mohan Mehrotra Global Hospital Trauma Centre organised nine donation programmes between January and March. These events were co-organised by the Shri Radhe Shyam Mitra Mandal of Pindwada, the Maa Vaishnav Devi Seva Samiti of Abu Road, the BJP Vice President Vijay Gothwal, the

Chhipa Samaj of Reodar, the office of the Chief Medical & Health Officer Sirohi, the Brahma Kumaris Ishwariya Vishwa Vidyalaya, Madhav University, the North Western Railway Employees Union of Abu Road, and Sudhir Jain and the Mount Abu Hotel Association. The last programme held in Mount Abu yielded 672 units of blood, the lions share of the 1065 units collected in the quarter.

New assets

Histology services got a boost with the procurement of a microscope for the Department of Pathology.



Pathologist & in-charge, blood bank services Dr Chhalana using the new procurement

New orthopaedic service

The Radha Mohan Mehrotra Global Hospital Trauma Centre has introduced a new procedure—anterior cruciate ligament tear reconstruction, a procedure performed on patients with injuries. Visiting orthopaedic surgeon from Ahmedabad Dr Harsh Raval made available the instruments needed for this surgery. He was assisted by consultant orthopaedics and joint replacement surgeon Dr Nithin Sunku in performing the first such procedure on a 38 year old man who suffered from pain in his right knee after an injury five years ago.



Shankar Lal, aged 38, from Pali, Rajasthan, after undergoing surgery for an injury in his right knee

Bone health screening

Six bone mineral density screening events were held at the Radha Mohan Mehrotra Global Hospital Trauma Centre during the quarter.



Talk on retinal problems



Dr Sandeep Grover, associate chair and associate professor, Ophthalmology, University of Florida, (see inset photograph) delivered a talk on inherited retinal dystrophies at the P C Parmar Global Hospital Eye Care Centre on February 18. Dr Grover stressed the need to understand this retinal problem, a genetic issue which should not be taken lightly. Treatment and awareness can help patients deal with this condition.

Restoring sight, restoring confidence

Ram Singh Rajput, aged 70, a resident of Kotda, district Udaipur, lost the use of a leg in a road accident. He exhausted all his savings on his treatment. Rajput was left with just a meagre government pension to live on. Meanwhile, his eye sight deteriorated as cataract had set in. Then one night, he fell. It felt like the last straw. When he heard about an eye screening programme, he was determined to do whatever he could to improve his quality of life.

Rajput approached the Global Hospital Institute of Ophthalmology outreach team. He was found to have a hyper mature cataract. He was provided transport to the hospital for a cataract operation and escorted back home thereafter. He felt very much better after regaining his sight. Significantly, he said he had regained his confidence.



Covid-19 awareness

On March 17 and March 21, doctors and paramedicals attended an awareness programme on ways to care for the community in the light of the spread of Covid-19. Paediatric ophthalmologist Dr Chandresh Nandwana, senior consultant ophthalmologist Dr VK Sharma, medical superintendent & senior consultant ophthalmologist Dr VC Bhatnagar and DNB ophthalmology resident Dr Poulami Pal elucidated the subject.

NOVEL

RONAVIRUS
(COVID-19)

Welcoming & orienting freshers



During February, two welcome ceremonies were held for the incoming batches of Saroj Lalji Mehrotra Global Nursing College and the Global Hospital School of Nursing respectively. The principals, Shashi Bala and Mahesh Chand Goyal were in attendance. On February 11, Shrinidhi K, deputy manager, training & development, conducted a training session on communication skills for first year students. Subsequently, on February 20, BK Mukesh, associate professor at the Jaipur Engineering College and Research Centre, Jaipur, and founder of a Rajyoga Thought Lab, delivered a lecture on self-transformation. The freshers took the Nightingale Pledge, an oath to abide by best nursing practices, on March 7, in the presence of Dr Ramveer Meena, medical officer at the Primary Health Centre in Chanar. On March 2, the outgoing college students were given a farewell.

Creating cancer awareness

On World Cancer Day February 6, the chairman of the municipal board of Abu Road Suresh Sindal flagged off a rally that wound its way through Abu Road to create awareness of cancer.



Launch: Nursing Now, a campaign to promote nursing

The World Health Organisation (WHO) has designated 2020 as the Year of the Nurse and Midwife, in honour of the 200th birth anniversary of Florence Nightingale. The WHO and the International Council of Nurses have also jointly instituted a three-year global campaign, Nursing Now, to raise the status, profile and impact of nursing. Significantly, Saroj Lalji Mehrotra Global Nursing College is one of only two nursing colleges in Rajasthan to have signed up to run this campaign. On January 24, Dr Rajesh Kumar, the chief medical & health officer of Sirohi, and Dr Sanjeev Kalia, the vice chancellor of Madhav University attended the campaign launch.



Staff & student development

On January 27, students heard from Michiko Hayashi, the global director of the Emoto Peace Project, an initiative to educate children on Masaru Emoto's findings on the association between the mind and water. Research by Emoto shows that our intentions, words and vibrations impact water. Emoto attributes the positive impact of our pure intentions and speech on water to the fact that we as human beings are majorly (70%) constituted of water. Students took away the message that polluted water can be cleaned through prayer and positive visualisation.

On February 2, assistant professors Chris Thomas, Harish Kumar and Maneesh Sharma, and clinical instructors Jitender Kumar and Komal Jain attended a workshop on Good Clinical Practice at J Watumull Global Hospital & Research Centre, Mt Abu.

Students participated in a speech competition on International Women's Day (March 6). The chief guests were Dr Savita Arora, coordinator of Women's Wing, Rajyoga Education & Research Foundation, and Vijaylaxmi Kathpalia, deputy manager, Shivmani Geriatric Home.

Skill updation



Sirohi district tuberculosis officer Dr Sanjay Gehlot addressing participants

Chief of the VOP Dr Kanak Srivastava attended a workshop on tuberculosis organised by the District Health Society Sirohi on February 12.

Treating children in remote villages

Sonu Garasia, age 4, developed a small itchy, pustular swelling on a part of her scalp. Simultaneously, she developed chronic suppurative otitis media, a discharging ear. Gradually, she developed fever and the pustular swelling grew to cover 3cm by 3cm of her scalp.

Her mother, a resident of Nichalagarh, one of the 21 adopted villages of the VOP, approached medical officer with the VOP Dr Manisha Maindad for help. Dr Maindad cleaned the wound and prescribed antibiotics, anti-fungal and multivitamins. During the next follow-up Sonu was asymptomatic.



before



after

PERFORMANCE UPDATE

2158

Patients in the field

705

Hospital walk-ins

33

Admissions

8

Tuberculosis patients

Recognition for service

On the occasion of Womens Day, chief of the VOP Dr Kanak Srivastava collected an award from the Nari Utkarsh Seva Sansthan (Women's Upliftment Service Organisation) for her service to women through the VOP platform.



See more online
www.ghrc-abu.com