J Watumull

GLOBAL HOSPITAL

& Research Centre

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Newsletter



Casualty department 2.0

During the last Covid-19 outbreak, the need for a larger, better equipped casualty was sorely felt. So the casualty department has been upgraded. Now the facility has four beds as opposed to two earlier.

Gratitude to Dr Medha Kelkar, Pune, for sponsoring this upgradation.



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Global Hospital ranked #40 in 100 Heroes Challenge

Global Hospital & Research Centre participated in the "100 Heroes" fundraising challenge organised by Givelndia, an online giving platform. Global Hospital secured the 40th place among hundreds of NGOs from across the country, raising Rs 10,11,799 on which it won a matching reward of Rs 1,30,000 from Givelndia. Kudos to Shrinidhi K from Global Hospital who led this initiative!

Staff skill upgradation

Dr Dilip Kothari, GI, general & laparoscopic surgeon, attended a training course on the use of smart lasers in the treatment of proctology. Lasotronix, a provider of surgical lasers, arranged this course in Mumbai on October 9.

For 15 days starting October 1, Dr Akash Jain Potdar, Registrar, Orthodontia, underwent training in orthodontics and general dentistry work at Dr Thakkar's Jaipur Dental Hospital & Orthodontic Centre, Jaipur.

Ravinesh Mishra, junior equipment maintenance engineer, took an online training-cum-certification course on the radiation safety aspects of nucleonic gauges, organised by Indian Association of Radiation Protection from October 4 to 13.

Visiting specialists

Visiting orthopaedic and joint replacement surgeon Dr Narayan Khandelwal performed 13 joint operations over the quarter.

Dr Brajesh Singhal, a Gwalior-based urologist, was consulted by 29 patients at events in Mt Abu and Sirohi on October 22 and 23. He operated on three patients. Dr Singhal saw six patients and operated on three at a subsequent visit on November 29.

A visiting neurologist from Delhi saw four patients on October 16.

Dr Anand Narayan Malu, a nephrologist from Gulbarga, saw eight patients on November 29.



Nephrologist Dr Anand Narayan Malu sees a patient



BK Shobhaben Patel and BK Sunil Patel from Mumbai were honoured for their contribution to the Global Hospital & Research Centre trust with plaques dedicated to their late parents installed outside the glaucoma clinic at the Global Hospital Institute of Ophthalmology, Abu Road, and room number 5, general ward, J Watumull Global Hospital & Research Centre, Mt Abu.

Case study: Bone tumour successfully operated on

A 57-year-old male patient with pain in the right knee since one year and progressive swelling was found to have a lytic lesion, a tumour in the proximal tibia (the shinbone). Dr Nithin Sunku, consultant orthopaedic and joint replacement surgeon, operated on the patient. He deployed the sandwich technique with cementing. The post-operative pathological examination of the tumour showed it to be a giant cell tumour of the bone, a rare, aggressive non-cancerous tumour. The patient resumed his day-to-day activities within a fortnight.

Since the patient was from a low income background, he was operated on under the Mukhya Mantri Chiranjeevi Swasthya Bima Yojana, a health insurance initiative for the poor by the state government.



A collage of different stages of the operation

New clinics/ assets

To cater to the shortage of space for consultations, five new clinics were created in the erstwhile administrative area of the Radha Mohan Mehrotra Global Hospital & Research Centre on the first floor. The clinics will be used for neurosurgery, the pain clinic and dietetics.

A new Eeco Maruti vehicle was purchased to facilitate the local movement of staff.

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Donate

Global Hospital & Research Centre offers section 80G (50% exemption) tax exemptions on donations. State your address and PAN when making a donation. Blood banking



Donors at the Rotary International Global Hospital Blood Bank numbered 1081 with 274 of those coming from three donation drives. Two drives arranged with the help of the Relief Muslim Yuva Committee of Pindwada and the VHP Bajrang Dal of Reodar yielded 111 units each. On December 14, students of the Saroj Lalji Mehrotra Global Nursing College came forward to donate blood.

The blood bank issued 1559 units, 316 for no charges. 71 thalassemia patients registered with the bank availed transfusions.



A student donates blood

Trauma unit stats

Out patients



Admitted patients



Laboratory samples



X-rays



CT scans



Sonography exams



Dialysis





New leadership: With the joining of Dr Amit Mohan, MS (Ophthalmology), as senior consultant ophthalmologist & incharge, with effect from October 4, activity at the Shri Adinath Fateh Global Eye Hospital, Jalore, has picked up manifold.

More than three hundred eye operations were performed in December 2021, the most ever performed in a single month.



Basanti Dhinda, patient care executive, acknowledges the contribution of members of the Mehta family, the event sponsor

Outreach activities: An eye screening programme in Jalore on December 26, sponsored by The Lions Club and the Mehta family attracted more than 350 walk-in patients. Dr Mohan selected 136 patients for cataract surgery, 124 were finally operated on.

Another outreach event in village Ummedabad on December 19, with the support of Mahaveer International and sponsored by the Jugraj Talavat family, attracted 700 patients. Dr Mohan screened all of these walk-ins, identified 90 with cataract disease and operated on about 70 patients.

Research: Dr Mohan is keen on research as well as patient care. An article by him was published in the Indian Journal of Ophthalmology, December 23 edition, volume 70, issue 1. The article was on the impact of online classes and home confinement on the progression of myopia in children during the COVID-19 pandemic, and titled "Digital eye strain among kids (DESK) study 4".

New equipment: A new Alcon Legion phaco machine was bought for the unit. Gratitude to the Australian Friends for Global Hospital (AF4GH) for sponsoring this procurement.

Dr Mohan has also been entrusted with the Vision Centre in Sayla.



World Aids Day (December 1) was marked by awareness programmes for students of the government senior secondary school in Bharja. The performing nursing students emphasised the years theme, end inequalities end AIDS, by sharing information on the mode of transmission of HIV, the stigma surrounding the disease, preventive measures, treatment and the role of nurses in reducing stigma and discrimination.

Sponsored nursing student bags a government job

Global Hospital School of Nursing, a part of Global Hospital & Research Centre trust, offers a three-year diploma in General Nursing & Midwifery. Former student Rasmita comes from a tribal background. Her academic expenses were sponsored by the Zorg van de Zaak Foundation, a Dutch NGO. She was a very good pupil. She has just been employed as a community health officer with the Government of Odisha. Congratulations! Very well done.

Annual day

On October 30, Abhishek Surana, IAS, the subdivisional magistrate of Mt Abu, attended the annual cum sports day as the chief guest, while Arvind Sharma (RAS), the sub-divisional magistrate of Abu Road, was the guest of honour. The principals presented the annual report. Various competitions were held: video making, e-poster making, poster making, mobile photography, mask making, mono acting, short film-

making, etc. Winners of past competitions and academic toppers were awarded with prizes.

Career talk

On December 16, Deepti Damodaran, a content strategist with Elsevier, discussed career opportunities in nursing.

Commemorating mental health day

World Mental Health Day falls on October 10 every year. To commemorate the day, both the nursing college and nursing school students competed in contests on the theme--positivity everywhere. The college students competed in a mobile photography contest while the nursing students competed in a poster competition.

Introduction to spirituality

The new intake of school students was introduced to spirituality to help them cope with the stresses of adult living.



lifestyles are still somewhat nomadic. The Australian Friends for Global Hospital (AF4GH), a charity that supports the work of Global Hospital, has stepped in to help

Eye screening

34 patients consulted Dr Akanksha, the DNB resident who visited Doytara and Bhula, villages in Abu Road tehsil on October 28. Seven of those villagers were escorted to Global Hospital Institute of Ophthalmology where they underwent cataract surgery.





Here's one such example:

Savli Garasia, age 21, lives in a village in block Abu Road, district Sirohi. She developed cataract and a corneal tear after suffering an eye injury while working on her family's small patch of land. Savli was very scared to be

operated. When she first heard that she would need an operation, she ran straight out of the hospital! So the staff explained the procedure to her husband and then, he motivated Savli to return to the hospital the next day. Savli was very happy after the successful operation, as the photographs show! Before the operation she could only perceive light in the injured eye. But the operation restored her vision.

cover the cost of treating the latter category.

Savli was given a concession on her bill amount because the family is financially hard pressed. Savli and her husband live with her in-laws. Her husband is the sole earning member. He is a daily wage worker in a factory. He feeds eight people. Savli's concession was covered by the fund created by the AF4GH.





Savli Garasia before and after restorative eye surgery



Primary schools remained closed due to Covid-19 from March 2020 to September 2021. The nutritional project was stalled throughout. With the reopening of schools in October, the distribution of a nutritional supplement to students during school hours

Gratitude to Woori Bank for contributing towards the sustenance of this programme. **WOORI BANK**



Distribution of supplement in Bageriphali, village Chandela

Quarterly activities

Hospital admissions



Patients in the field



Walk in village patients



On TB treatment



Uniforms for village workers

Dr Partap Midha, medical director and trustee, Global Hospital & Research Centre, and Dr Kanak Shrivastva, chief, Village Outreach Programme, presented new uniforms to the village outreach programme staff.

