

J Watumull

# GLOBAL HOSPITAL

& Research Centre

## Newsletter

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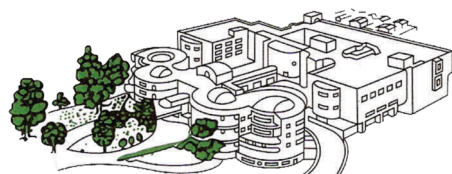
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Correcting congenital  
deformities

*Hiraben and  
Manibhai Joshi inaugurate  
the new dialysis machine in the  
presence of Dr Partap Midha, medical  
director and trustee*

## Commissioning a new dialysis machine

Much gratitude to Manibhai Joshi, a business person and resident of Mt Abu and Ahmedabad, for covering the cost of acquiring a new dialysis machine. Dialysis is one service that has seen no let up in demand throughout the lockdown. The new machine has increased the station count to six, thus cutting the waiting time for dialysis.



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# Staff training



Facilitators and trainees pose for a photograph!

When the lockdown struck, regular walk-in patient numbers dropped significantly. To keep staff usefully engaged, the human resource department introduced communication skills training. 54 staff members attended the week-long sessions.



Dr Naba Jyoti Upadhyaya, senior clinical associate, Surgery Department, delivers a lecture on disaster preparedness

Infection control coordinator Maya Kharche and senior deputy manager, facility services Pooja Nandy teach sanitation employees how to don and doff a personal protection suit





# Thank you!

When the pandemic struck, businesses across India were shuttered with the exception of essential services. J Watumull Global Hospital & Research Centre, Mount Abu (henceforth, Global Hospital), a Covid-19 treatment centre, continued to operate but the number of admitted patients was low as most of the patients were mildly to moderately afflicted, and hence sent to recover in a 300-bed facility created at the foothill of the town. RT PCR testing was centralised in Sirohi, the district headquarters while Global Hospital was made a sample collection centre. As the weeks rolled on, this situation persisted. "Regular" non-Covid patients were so few that sustaining the hospital became very challenging. The stoppage of intra-state and inter-state bus and train services made it all the more difficult for patients needing specialised care—such as cleft surgery or joint replacement surgery—to travel to Abu.

To tide over the ensuing funds crunch, the management appealed to all of its known institutional donors. They didn't disappoint! A big thanks for your support:



**Zorg van de Zaak (Holland):**  
Sponsored the salaries of staff employed in the Intensive Care Unit of the hospital for two months, and part of the cost of a ventilator to support ICU patients.



**Wilde Ganzen (Holland):**  
Contributed to the cost of Covid-19 sample collection and transportation.



**THE SUPPORT FOUNDATION**

**The Support Foundation (UK):**  
Contributed to the general sustenance of the hospital.

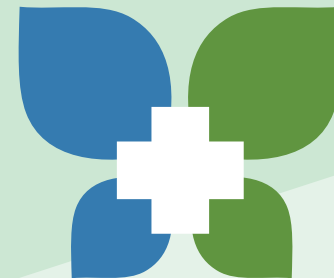


**The Smile Train (USA):**  
Contributed towards the acquisition of personal protection gear.



**GENERATIONS FOUNDATION**

**Generations Foundation (UK):**  
Contributed to the general sustenance of the hospital.



**Radha Mohan Mehrotra Medical Relief Trust:** Contributed to the general sustenance of the trauma hospital.



**PlayGames 24x7 (India):**  
Contributed towards the acquisition of personal protection gear and Bipap machines.



**GiveIndia:**  
Contributed towards the wages of sanitation workers to keep them employed.

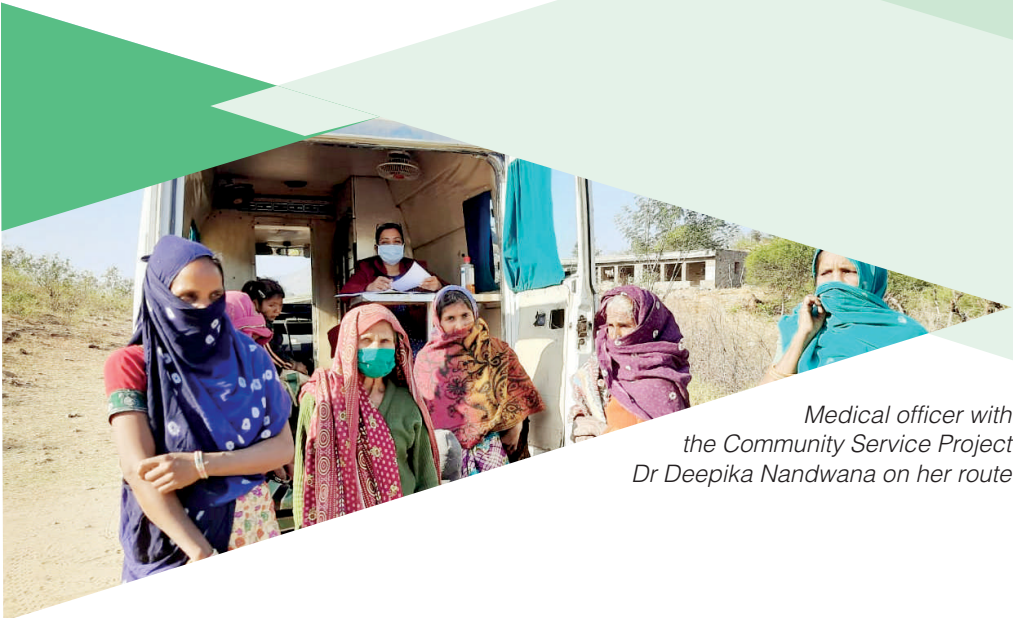


**Point of Life Corp (USA):**  
Contributed to the general sustenance of the hospital.



**Sar-La Education Trust:**  
Contributed to the sustenance of the nursing college.

# Village services continued unabated through the pandemic



Medical officer with the Community Service Project Dr Deepika Nandwana on her route

Throughout the lockdown, the services of the Community Service Project consisting of two mobile clinics visiting villages around Abu Road continued unabated. Over the quarter the two clinics saw 6291 patients in all, marking no drop from the average levels. This was unlike the drop in service levels in the hospital.



Clinical associate and coordinator, Community Service Project Dr Ashok Dave sees a patient

## Serving tuberculosis patients

Most importantly, the two medical officers Dr Ashok Dave and Dr Deepika Nandwana continued to distribute tuberculosis medicine to villagers diagnosed with tuberculosis. They also continued to support the screening of people with symptoms like tuberculosis. Sputum samples of 94 villagers were tested over the quarter, of whom 22 returned positive results.

Here are two such cases who were very grateful for the medicine and the nutritional supplements the Community Service Project doles out to tuberculosis patients.



Jija, age 31, a resident of Patelfali, Boribuj



Babali, age 60, a resident of Katiaphali Deri

# Caring for children with thalassemia



On June 11, Rotarian Rajendra Bakliwal celebrated his birthday with children afflicted with thalassemia and also organised a voluntary blood donation camp. He distributed gifts among the

children. Medical director Dr Partap Midha and deputy director Dr Roja Tumma joined the celebration. Businessman and social activist from Abu Road Bhimshankar Singhal also celebrated his birthday, in the presence of his wife Radha Singhal and others.

*Businessman and social activist Bhimshankar Singhal donated blood at a programme he sponsored in June*

## Blood collection through the lockdown!

Some prominent organisations of Abu Road that helped arrange blood donation events between April and June include the Kheteshwar Yuva Mandal, Muslim Vakkh Committee, Mukhri Mata Construction Group, Shyam Mitra Mandal, Raktdan Seva Sansthan, Chamunda Mata Group and Garasia Samaj (Brother Ashok, Malera). In all, 427 units were collected.



*Happy donors from the Shyam Mitra Mandal pose with their certificates*

## Quarterly update

*Out-patients:*

8700

*Hospitalised patients:*

977

*Operations (major):*

49

*Operations (minor):*

34

*Dialysis:*

787

## Subscribe

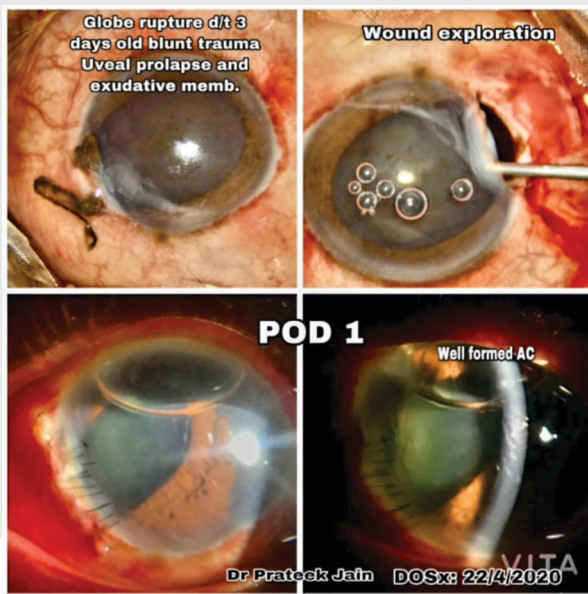
> Write to Sister Archana for a soft copy at [ghrchps@gmail.com](mailto:ghrchps@gmail.com)  
> Request Sister Yashoda for prints, at [ghrcoffice@gmail.com](mailto:ghrcoffice@gmail.com)

## Donate

Global Hospital & Research Centre offers section 80G (50% exemption) tax exemptions on donations. State your address and PAN when making a donation.



# Serving through the lockdown



Junior consultant in ophthalmology Dr Prateek Jain successfully operated on this injured eye



This traumatic cataract was resolved at Global Hospital Institute of Ophthalmology

Abhay Singh Rajput, a 55 year old subsistence farmer, suffered a ruptured globe, uveal prolapse and exudative membrane when an iron wire got into his eye.

Rajput was working in a field at the time. He was in pain but desperate to save his vision. The challenge was--the entire country was in lockdown. Everything except for essential services was closed.

How could he get help?

Rajput knew of an eye hospital in Abu Road, the Global Hospital Institute of Ophthalmology, but reaching the facility was a challenge. He managed somehow and was very grateful to be treated by junior consultant in Ophthalmology Dr Prateek Jain for a very nominal sum.

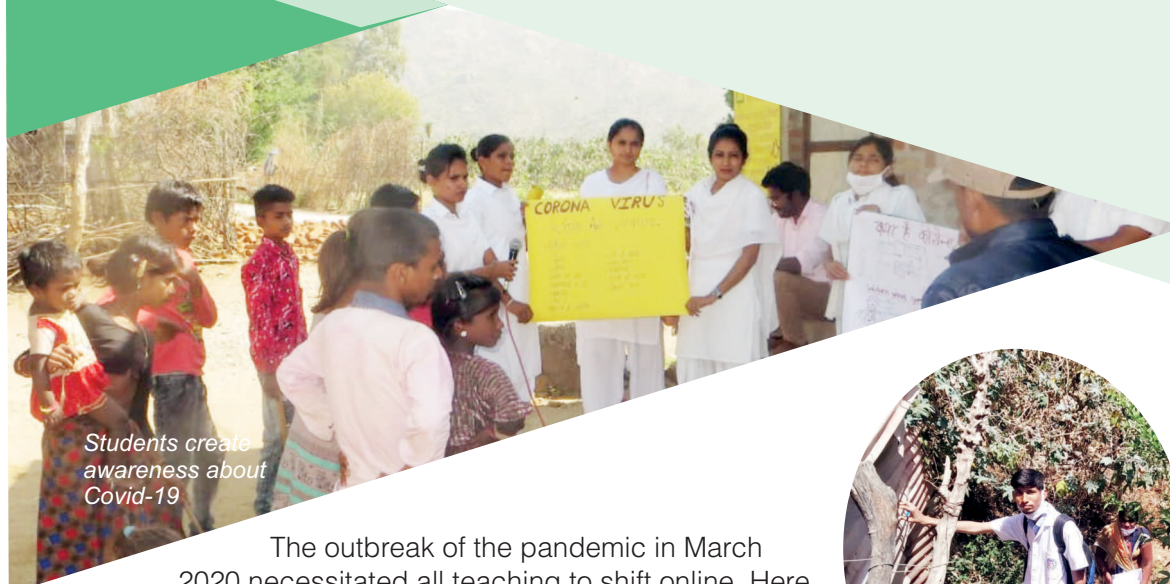
Kishore Bhil, a 25 year old resident of the Jalore, the district adjacent to Sirohi, where the Global Hospital Institute of Ophthalmology is situated, found it more tedious to get help for his injured eye.

Bhil had suffered a corneal tear and vitreous prolapse and rupture, which led to the development of a traumatic cataract. He needed special permission from the district authorities to travel for treatment.

Dr Jain operated on Bhil.

Both patients were grateful for the care received.

## Impact of the pandemic on nursing education



Students create awareness about Covid-19

The outbreak of the pandemic in March 2020 necessitated all teaching to shift online. Here are some salient events of the quarter.

2nd and 4th year students who lived locally were called upon to conduct a survey on behalf of the government (on the orders of the Rajasthan Nursing Council) in the villages Bharja, Mudrela, Kiara, Panduri and Camel Rock, to estimate the prevalence of Covid-19. Students also distributed food to some communities.



## EVENTS

### International Nurses Day, May 12, 2020

Online competitions (e-poster, quiz, video) were held for students on the occasion of Nurse's Day.

Students participated in an online panel discussion on the theme, Nurses: A voice to lead, nursing the world to health. Saroj Lalji Mehrotra Global Nursing College co-arranged a national seminar for nurses on the theme, Empowering nurses in times of crisis, facilitated by BK Shivani. All the students attended this seminar along with more than 3000 nurses from across the country.

## World No Tobacco Day, May 31, 2020

4th year students arranged an online video-making competition.



### Online Webinar, June 19, 2020

Students attended an online webinar on compassionate learning, organised by JIET College of Nursing, Jodhpur.



## Non union of fracture



*Libari Garasia before the operation and after, a happy patient!*

Libari Garasia, 35, a resident of Kyaria, had sustained a fracture of the right tibia in a road accident. The tibia is the main bone running between the knee and the foot.

She had twice been operated on by other doctors--a rod had been implanted and subsequently removed--but she had still not recovered. Since six months she could not bear weight on her leg, which was discharging pus when she consulted Dr Kadel.

Dr Kadel performed an osteotomy at the fracture site, a corticotomy of the proximal tibia and applied an Ilizarov fixator on the leg.

She was very grateful for the treatment.



## Quarterly update

The April to June quarter coincided with the first lockdown due to the Covid-19 pandemic. It was a very quiet time, as schools closed and people stayed indoors.

Still, the essential field services of the Village Outreach Programme continued uninterrupted, and patients needing hospitalised care continued to avail those services.

VOP patients onsite

2048

Village walk-ins

431

Hospitalised patients

19

## Congenital deformity

Sakli Garasia, 24, a resident of village Siawa, was born with a deformity in her left arm. She had an overgrowth of bone over her elbow, and bowing of the radial shaft, one of the two bones between the elbow and the hand. In medical language, this is called the Madelung deformity and it happens due to premature closure or defective development of the ulnar third of the distal epiphysis of the radius.

Consultant orthopaedic surgeon Dr Kailash Kadel performed an osteotomy on her ulna shaft, meaning the bone was cut and reshaped. He applied an Ilizarov fixator over the forearm. This external fixator helps reshape limb bones.

She recovered very well and was very grateful for the correction of her deformity.



*Sakli Garasia before and after the corrective surgery*