

J Watumull

# GLOBAL HOSPITAL

& Research Centre

## Newsletter

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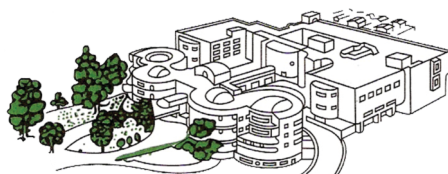
*Australian Friends for  
Global Hospital (AF4GH)  
contributed to this  
expansion in  
infrastructure*



### At your service

Gratitude to the Australian Friends for Global Hospital (AF4GH) for sponsoring the acquisition of two new ambulances for the activities of the Global Hospital & Research Centre trust in Mt Abu and Abu Road.

A four wheel drive ambulance for the Radha Mohan Mehrotra Global Hospital Trauma Centre and an intensive care ambulance for J Watumull Global Hospital & Research Centre.



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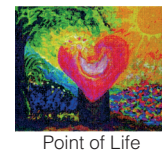
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# Covid-19 report



The Covid-19 care team



BRAHMA KUMARIS



**The Janki Foundation**  
for Spirituality in Healthcare

J Watumull Global Hospital & Research Centre and the Radha Mohan Mehrotra Global Hospital Trauma Centre stood shoulder to shoulder with the district authorities in the devastating Covid-19 outbreak in April-May 2021, jointly treating about 350 Covid-19 patients. A 128-slice CT scanner installed at the Radha Mohan Mehrotra Global Hospital Trauma Centre (in 2016) was used extensively. Upwards of 100 scans were performed daily.

The Global Hospital & Research Centre remains indebted to those who generously contributed at short notice to procure the infrastructure to treat Covid-19 patients, including Point of Life Corp (USA), The Janki Foundation For Spirituality in Healthcare (UK), Brahma Kumaris (USA) and the Hong Kong Indian Women's Club (SAR). The Tzu Chi Charity Foundation, a Taiwanese global humanitarian non-governmental organisation, contributed 100 oxygen cylinders and the money to buy four ventilators with accessories, 10 syringe pumps and 10 infusion pumps to treat Covid-19 patients. GiveIndia, a donation platform in India, stationed 14 oxygen concentrators at the two hospitals and contributed 1000 cannulas.

HG Infra Engineering and the family of Sudhir Jain (a prominent hotelier of Mt Abu) contributed towards the acquisition of two oxygen plants for the units at Mt Abu and Abu Road. The Jain family donated the plant in memory of their parents Shri Jaisingh Jain and Shrimati Shakuntala Devi Jain. Two prominent Mt Abu hoteliers pitched in—Vinod Agarwal contributed 100 oxygen cylinders while Geeta Agarwal contributed oxygen concentrators.



Inauguration of new oxygen plant by Sanyam Lodha, MLA, Sirohi, and Ratan Devasi, former deputy chief whip and former MLA



## Caring for housekeeping workers



*Prominent Mt Abu resident Manibhai Joshi distributes the supplements to the beneficiaries in the presence of medical director Dr Partap Midha and others*

During the second wave of Covid-19, India saw thousands of deaths and near unmanageable situations in most hospitals with Covid-19 wards. The situation was equally grim at J Watumull Global Hospital & Research Centre, Mt Abu. The housekeeping staff rose to the occasion, using protective suits to help maintain hygienic conditions in the wards.

After the worst of the pandemic abated, the hospital embarked on an initiative to identify housekeeping staff with compromised immunity due to anaemia and or low body weight, and directed special nutritional and food supplements to these (mostly) women. Over several months, the women experienced better health.

The Tzu Chi Charity Foundation, a Taiwanese global humanitarian non-governmental organisation, had contributed towards the cost of meals for Covid-19 patients but since a part of those funds remained unutilised, some of that money was directed to cover the cost of this intervention.

## Visiting specialists

Visiting nephrologist Dr Anand Narayan Malu saw eight patients on June 25.

Visiting joint replacement surgeon Dr Narayan Khandelwal performed six knee replacements during the quarter.

## Staff skill upgradation

Shrinidhi K, deputy manager, training & development, attended an online training programme for trainers, organised by BOSCH from April 19 to 23.

Sr deputy manager, facilities, Pooja Nandy, and physiotherapist Hemalatha C attended an online workshop on tools and techniques for continual quality improvement, organised by the National Accreditation Board for Hospitals (NABH) on April 11. In June, they also acquired advanced certification in NABH (Edition II) organised by the Apollo Medvarsity, Hyderabad. This was a two-month programme. Hemalatha C additionally underwent a one-day certificate course on Covid-19 awareness and management, organised by the Federation of Indian Chambers of Commerce and Industry (FICCI) and the Healthcare Federation of India (NATHEALTH) on May 3.

## New ambulance



*The new four wheel drive ambulance*

Gratitude to the Australian Friends for Global Hospital (AF4GH) for sponsoring the acquisition of two new ambulances. A four wheel drive ambulance for the Radha Mohan Mehrotra Global Hospital Trauma Centre and an intensive care ambulance for J Watumull Global Hospital & Research Centre. This strengthening of ambulance services came soon after the disastrous Covid-19 outbreak during which the existing patient transfer infrastructure proved inadequate.

## Ilizarov fixture to lengthen limb

Orthopaedic consultant & joint replacement surgeon Dr Kailash Kadel has been successfully using the Ilizarov fixator for bone reconstruction surgery in cases considered "hopeless" in terms of making a recovery. One such case was a 72-year old male patient; the fixator was applied to lengthen his limb. Only a handful of orthopaedic surgeons across Rajasthan are using the Ilizarov fixator.



*The Ilizarov fixture attracts the interest of the patient and his relative*

## Trauma quarterly update

*Out-patients*

13,405

*Admissions*

1,134

*Lab samples*

4,036

*X-rays*

1,007

*CT scans*

4,079

*Sonography exams*

349

*Dialysis*

783





## Blood banking



The Rotary International Global Hospital Blood Bank remained busy despite the Covid-19 outbreak. Blood donors numbered 1078 albeit only 97 units were collected outdoors over two donation drives arranged with the Seva Bharti (Rashtriya Swayamsevak Sangh) and the BJP Yuva Morcha of Abu Road. Unlike the usual situation, most of the units were collected in-house. The bank issued 1408 units, 277 for no charges.

Notably, the bank saw no let up of services to the thalassemia patients registered with it, with 68 patients availing transfusions.

## Subscribe

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- > Request Sister Yashoda for prints, at [ghrcoffice@gmail.com](mailto:ghrcoffice@gmail.com)

## Donate

Global Hospital & Research Centre offers section 80G (50% exemption) tax exemptions on donations. State your address and PAN when making a donation.



## Student nurses plant trees



*Students plant a tree to celebrate World Environment Day*

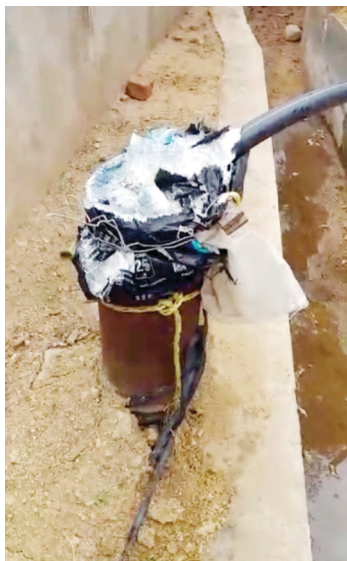
Very limited activities took place between April and June because of the widespread, devastating Covid-19 outbreak.

On May 12, International Nurses Day, the students of Saroj Lalji Mehrotra Global Nursing College put on their creative hats to participate in an online e-poster competition. First year student Kadambini Khatua bagged the first prize; Bibhuarpita Behera, also from the first year, came second; while third year student Arpita Mallik stood third.

To commemorate World Environment Day, in June, the principals of the Saroj Lalji Mehrotra Global Nursing College and the Global Hospital School of Nursing led the faculty and students on a tree plantation drive.

## Efforts to green the campus

A water harvesting system comprised of a 3m x 2m tank constructed adjacent to an existing submersible well has helped recharge the ground water level. So much so that the campus is now self reliant for water for the plantation.



*The borewell*



*Water harvesting tank*



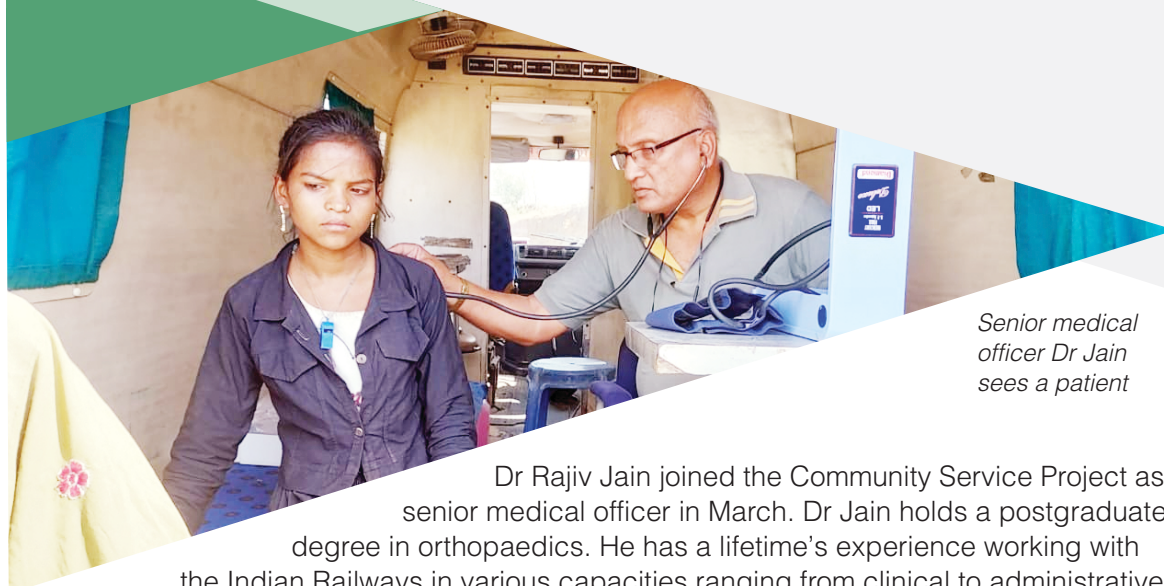
*Water recharging*



*The outcome*



# A warm welcome!



*Senior medical officer Dr Jain sees a patient*

Dr Rajiv Jain joined the Community Service Project as senior medical officer in March. Dr Jain holds a postgraduate degree in orthopaedics. He has a lifetime's experience working with the Indian Railways in various capacities ranging from clinical to administrative, in hospitals attached with railway workshops and divisions across the country. In his clinical practice, he has handled all kinds of surgical cases as well as emergencies. Dr Jain joined the Community Service Project because he was inspired to serve the poor and less privileged, especially children, women and the elderly.

## Focus on tuberculosis

Field workers attached to the mobile clinics identify suspect tuberculosis patients and get their sputum checked. Positively identified patients are handheld through the six months tuberculosis regimen. The doctors and field supervisors explain the medicine regimen and ensure adherence to the daily doses. Patients are also provided with protein supplements to boost their immunity and weight.



## Contribution to mobile clinic



Sewa International contributed to the operations of one of the two mobile clinics run under the Community Service Project of J Watumull Global Hospital & Research Centre. The clinic serves a population of about 75,000 scattered in remote villages. The grant covered the cost of operations as well as medicine for the needy patients, and extended to provisioning visits of specialists—dentists, ophthalmologists and a paediatrician to the villages to improve the health status of the people. Sewa International's support will run from June 2021 to May 2022.

Sewa International is a not-for-profit with operations in 25 countries. It started in 1993 as an initiative to engage the global Indian diaspora with its roots by contributing to humanitarian causes.



*Lala, a tuberculosis patient, before and after tuberculosis treatment*

he weighed 32 kg. His health improved considerably, as the photographs show.

One such case is Lala, a 14-year-old resident of village Mulliya Kheda in district Sirohi. Lala weighed just 22 kg when he was detected with tuberculosis. After completing the six months treatment,

## Hydration awareness lecture



Medical officer Dr Manisha Maindad spoke to women in village Jambudi and village Chandela

Summer brings exceedingly warm days when the chance of getting dehydrated increases, especially for people working on farms. The monsoon increases the chances of diarrhea as water sources often get contaminated.

Medical officer Dr Manisha Maindad created awareness about the need to stay hydrated during summer and to make an oral rehydration solution for those suffering from stomach upsets. She showed the women how to make an oral rehydration solution at home.

## Ear infections: A common problem

Sonu Garasia, a four-year-old girl from Nichalagarh, developed a small pustular swelling on her scalp. The plaque was itchy. She also developed a discharge from the ear. In time, her condition grew worse. She developed fever and the pustular swelling increased to approximately 3cm x 3cm. Then, her worried parents took her to a private hospital where she was given some medicine but her condition remained the same.

Thereafter, Sonu's distraught mother approached Dr Manisha Maindad of the VOP. The pustule on her scalp had become a wound by then. It was cleaned. The patient was prescribed an antibiotic, antifungal medication and a multivitamin. Seven days later her fever and the discharge had abated and the wound had healed.



## Statistics

Hospital admissions

10

Patients in the field

1430

Walk in village patients

363

On TB treatment

6