

J Watumull

GLOBAL HOSPITAL

& Research Centre

Newsletter

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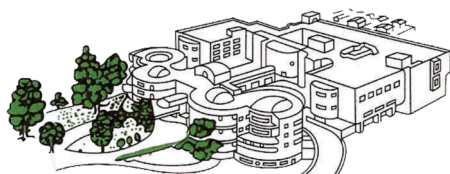


In memorium

Dr Avdesh Sharma (1956-2022) studied psychiatry at NIMHANS, Bengaluru, graduating with a gold medal. With his wife Dr Sujatha, he ran Parivartan Center, his practice in Delhi for over 35 years. He also established the city's first private deaddiction clinic in 1986.

Dr Sharma's Mind your Mind was the first (of many) programmes on mental health on India's national television. He was a prolific writer of books and articles, and actively engaged with professional bodies. His latest of many awards (lifetime achievement) was conferred posthumously at the 2022 Indian Brand Conclave.

A spiritual seeker for most of his life, Dr Sharma was associated with the Brahma Kumaris (and hence, Global Hospital) for over 30 years. We pay respect to this gem who lived a life of purpose, growth and service to society.



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And the lifetime achievement award goes to...



Dr Niranjan Upadhyay, senior dentist at J Watumull Global Hospital & Research Centre poses with his felicitation turban and award

The Indian Dental Association of Pali, Sirohi and Jalore conferred a Lifetime Achievement Award on Dr Niranjan Upadhyay, senior dentist at J Watumull Global Hospital & Research Centre, Mt Abu, in honour of his completing over 25 years of health services to society. The award was presented on March 6 at the organisation's Dentist Meet 2022.

NEW: 24x7 Urology services

On January 10, Dr Vaibhav Vishal joined J Watumull Global Hospital & Research Centre as consultant urologist, uro oncologist and renal transplant surgeon. Dr Vishal holds a graduate degree from Government Medical College, Miraj, and a post-graduate degree from Dr SN Medical College, Jodhpur. He acquired specialisation in urology and kidney transplantation from the Government Medical College, Kozhikode. Dr Vishal was awarded a fellowship by the Urology Society of India at Chicago, USA. After specialising, he worked for a decade at some of India's leading hospitals such as CMC Vellore and Fortis Hospital.

Dr Vishal offers surgery for kidney stones (PCNL, ureterorenoscopy); for prostate-related problems (TURP); for cancer of the kidney, bladder, prostate; and others.

To publicise his work, he conducted a radio show on kidney stones and prostate problems, and interacted with doctors in the district.

**30-01-2022
09.10AM IST**

APKA SWASTHYA APKE HAATH **63**



Dr. Vaibhav Vishal
MS, MCh Urology
AUA-USI FELLOWSHIP(CHICAGO, USA)

Topic - Urine infection & Prostrate related Problems

In conversation with RJ Ramesh

LIVE  www.facebook.com/radiomadhuban/live
 www.youtube.com/fmradiomadhuban/live

Specialists visits

Visiting cardiologist Dr Ashish Kumar Agarwal was consulted by 13 walk-in patients on February 14. Dr Agarwal practices in Ajmer.

About 150 patients consulted Dr Sunil Mishra and Dr Anuja Shirke, dermatologists from Mumbai, on March 15.

Visiting nephrologist Dr Anand Narayan Malu saw 9 patients on February 28.

2 Visiting joint replacement surgeon Dr Narayan Khandelwal performed 11 knee replacements during the quarter.

Dialysis facility in ICU



Medical director Dr Pratap Midha inaugurated the new dialysis machine in the presence of the associated hospital staff

In view of the increasing number of seriously ill patients needing dialysis, a dialysis machine was procured for the Intensive Care Unit.

Working towards accreditation

Pooja Nandy, senior deputy manager, Quality & Development, at J Watumull Global Hospital & Research Centre has been deputed to visit the Radha Mohan Mehrotra Global Hospital Trauma Centre once a week to lead activities aimed at getting that unit accredited with the National Accreditation Board for Hospitals & Healthcare Providers.



► After Pooja Nandy's presentation on the need for NABH accreditation, medical director Dr Partap Midha addressed the staff to gauge their willingness to support the process.

Diagnosing a rare disorder

A 79-year-old male patient suffering from easy fatigability and tiredness for six months had been hospitalised for those concerns and dysphagia a few months ago in Delhi. He received two units of packed cells, and was diagnosed with esophageal candidiasis and dimorphic anaemia.

At the Radha Mohan Mehrotra Global Hospital Trauma Centre, consultant physician Dr Sumeru Patil initiated extensive workup including immunophenotyping. Dr Patil diagnosed the patient as suffering from chronic myelomonocytic leukemia, a rare haematological disorder.

In the United States, only about 4 people per million suffer from this disorder. In India, the annual incidence would be slightly higher. Diagnosing the condition necessitates extensive workup including bone marrow studies and cytogenetics. The patient was given supportive treatment and is being followed up.



Creating awareness about glaucoma



RJ Mona (left) interviewed junior consultant ophthalmology Dr Shalini on glaucoma

World Glaucoma Week ran from March 6 to 12, 2022. To create awareness about the disease and this year's theme: The world is bright, save your sight, Dr Shalini, junior consultant, ophthalmology, Global Hospital Institute of Ophthalmology, participated in talk shows on the illness daily from March 7 to 10. Radio Madhuban 90.4 FM hosted these shows.

On March 10, 158 people were screened for glaucoma and 23 patients above the age of 40 were undergoing investigation for glaucoma.

Support for community operations

NTC Ventures, a private company in Pindwara, district Sirohi, contributed the cost of 148 cataract operations for poor patients from the area. Additionally, the company covered the cost of 822 spectacles distributed at screening events in Swaroopganj, Kojra, Jhadoli and Rohida. Gratitude to the director Nitin Bansal, who is also the block head of the panchayat committee of Pindwara.

Asset acquisitions to upgrade eye services

The acquisitions included a specular microscope (Tomey/Japan), a noninvasive tool that facilitates the in-vivo evaluation of the corneal endothelium; a fundus fluorescence angiography (Forus Health/India), a machine used to diagnose retinal diseases; a non contact tonometer (Topcon/Japan), a machine used to non-invasively check the intraocular pressure; an imaging slit lamp (Topcon/Japan), used to diagnose different eye diseases and capture their still images and videos; a corneal topograph (Tomey/Japan), a machine used to assess the structure and function of the cornea; and an A-scan (Sonomed/USA), a machine used to measure the power of intraocular lenses before cataract surgery.

Additionally, a B-scan (BioMedix), equipment that uses sound waves to examine the inner eye, and an Nd Yag laser (Appasamy/India), equipment used to treat patients who develop posterior capsular opacity, closed-angle glaucoma and certain post-cataract operation conditions, were procured for the Shri Adinath Fateh Global Eye Hospital, Jalore. These acquisitions support Dr Amit Mohan, the senior consultant ophthalmologist & incharge, for expansion of the services delivered by the unit.

Dr Amit Mohan, the senior consultant ophthalmologist & incharge of the Jalore unit uses the new equipment





Recognition for excellence in blood banking



Sangeeta Beniwal, chairperson, Rajasthan State Commission for [the] Protection of Child Rights; Arjun Ram Purohit, district head, Sirohi; and Dharmendra Singh, superintendent of police, Sirohi, shared the dais at a felicitation event to honour the blood bank's quality manager Dharmendra Kumar Singh

Dharmendra Kumar Singh, quality manager at the Rotary International Global Hospital Blood Bank, was felicitated by Zee Rajasthan (a television channel) on February 26. Singh's recognition was part of an initiative to felicitate personalities who made a significant contribution for the betterment of Sirohi district and the state.

Blood banking drives

Donors at the Rotary International Global Hospital Blood Bank numbered 1525 with 742 of those coming from nine donation drives. Three drives yielded more than 100 units each. These included an event with the Shri Rashtriya Rajput Karni Sena of Mt Abu (228 units), another with the Muslim Youth Committee of Abu Road (122 units) and one with the Jewellers Association of Abu Road (101 units). The blood bank issued 1399 units, 424 for no charges. Eighty thalassemia patients registered with the bank availed transfusions.



A donation drive arranged with the Jewellers Association of Abu Road yielded 101 units

Caring for thalassemia patients

On February 7, the Sankalp India Foundation, a non-governmental organisation based in Bengaluru, arranged a human leukocyte antigen screening and bone marrow transplantation counselling event at the Radha Mohan Mehrotra Global Hospital Trauma Centre. Dr Vaibhav Shah, a paediatric haemato-oncologist associated with CIMS, Ahmedabad, counselled the guardians of children suffering from thalassemia.



Paediatric haemato-oncologist Dr Vaibhav Shah talks to guardians of thalassemia patients

Kudos to college student

Alumni Naresh Trivedi had made the college proud by serving seriously ill Covid-19 patients in a reputed hospital in Ahmedabad. Trivedi's career has taken a leap in his selection as nursing officer at the National Centre for Polar & Ocean Research, India's premier institution for R&D in the polar region and Southern Ocean. He has been posted in Antarctica as well as the Indian Ocean sector of the Southern Ocean.



Alumni Naresh Trivedi in his new workplace

Cultural events

The nursing school and the nursing college jointly celebrated the New Year (January 1), Republic Day (January 26), International Women's Day (March 8), and other festivals. Rajat Rawat, the manager of the nearest State Bank of India branch, and others, joined the principals, faculty and students in celebrating Republic Day.

Staff skill upgradation

Banupriya A, vice principal, and Sudhanjali, lecturer, Saroj Lalji Mehrotra Global Nursing College, took a three-day online course in building nursing & midwifery leadership for achieving the Universal Health Care/ Sustainable Development Goals. This was organised by the Department of Social Sciences, National Institute of Health & Family Welfare, New Delhi.

Community awareness



Students educate menial workers on cancer

Students of Saroj Lalji Mehrotra Global Nursing College marked World Cancer Day on February 4 by conducting a skit to create awareness on oral cancer and breast cancer preventative measures. They brought out the theme, "close the care gap." Assistant professor Harish Nair, lecturer Sudhanjali Behera and nursing tutor Ratheesh R facilitated the initiative.

Students of the Global Hospital School of Nursing marked the day by participating in quizzes, skits and mimes.

Students conducted a street play and chart display at village Bharja on the occasion of World Tuberculosis Day, which falls on March 24 annually. Lecturer Sudhanjali Behera helped the students.

Student development

In February, spiritual counsellor Kalpana Bhandare, introduced the college students to Values in Healthcare: A Spiritual Approach, a modular programme for health professionals showing them how to apply values at the workplace for better outcomes and more satisfactory careers.

Radio Madhuban production head Krishnaveni Katakam and deputy manager training & development Shinidhi K co-conducted some sessions.

On March 26, trainer-motivator Subhash Sarangi and Shrinidhi spoke to the second year college students about empathetic listening and exploring [your] inherent competency.

Specialists consultations



Dr NS Girish, dental surgeon at the Radha Mohan Mehrotra Global Hospital Trauma Centre sees a patient

J Watumull Global Hospital & Research Centre organised consultation programmes with specialists in the Community Health Centre in village Ker, Swaroopganj, Sirohi, on February 7 (dentistry) and 8 (paediatrics). Forty seven patients consulted Dr NS Girish, dental surgeon at the Radha Mohan Mehrotra Global Hospital Trauma Centre, and 50 patients consulted Dr Pankaj Gupta, paediatrician at J Watumull Global Hospital & Research Centre.

An ophthalmology screening event was held on February 22 in Deri and Surpagla, Abu Road. This attracted 27 patients, of whom 13 were referred to Global Hospital Institute of Ophthalmology for cataract surgery (12 were later operated on). DNB resident Dr Akanksha and optometrists served the patients.

The Community Service Project of the hospital arranged and publicised these events, all of which were sponsored by the Sewa International as a part of their one year's operational support to one mobile clinic.

Bus service

The community team found that seriously ill patients seen by the mobile clinics in villages and referred to J Watumull Global Hospital & Research Centre for further care, often did not make it to the base because they lacked a means of transportation. Therefore, in January, a weekly bus service was instituted to ferry villagers needing hospitalisation to Mt Abu. The bus starts from village Bhaisa Singh, in Abu Road tehsil, which has been publicised as a pickup point.



Patients transported to J Watumull Global Hospital & Research Centre, Mt Abu

Audiometry checks

On February 18, 57 workers of the Indian Oil Corporation Limited underwent audiometry exams, part of their regular annual check-up. Audiometrist Purva Vyas conducted the test.

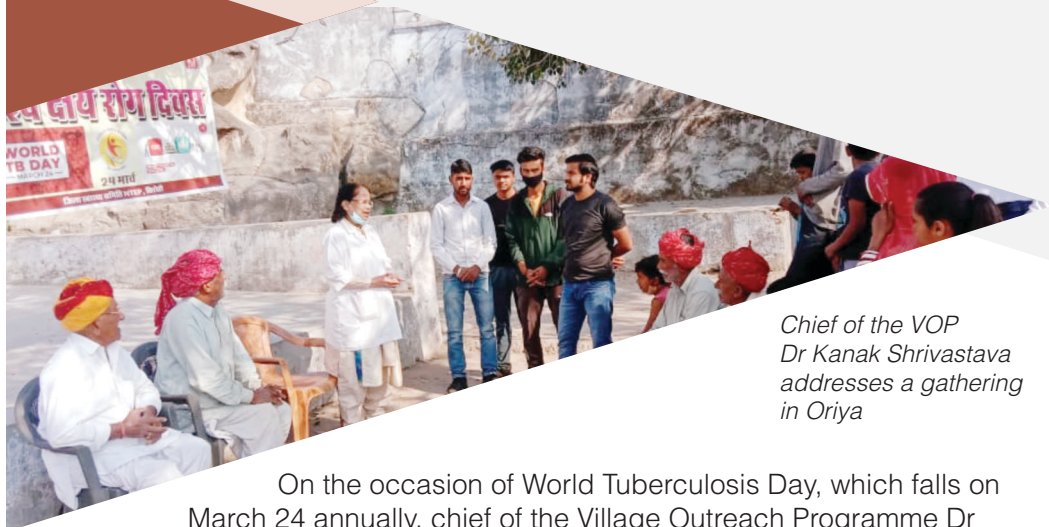
Multispeciality consultation programme

J Watumull Global Hospital & Research Centre in collaboration with the Shri Swami Maheshanand Giri Smriti Trust (Shankar Math), Mt Abu, organised a consultation programme in the Mahavir Jain Dharamshala on March 8. This attracted 198 patients. Medical officer Dr Ramya, gynaecologist Dr Saurbhi Singh, paediatrician Dr Pankaj Gupta, orthopaedic consultant Dr Kailash Kadel and urologist Dr Vaibhav Vishal were in attendance.

Caring for cleft-afflicted patients

The Rotary Club Palanpur City organised a screening programme for children with a cleft lip and/or cleft palate on February 16, in Palanpur, Gujarat. About 28 patients consulted Dr Keyur Mevada, oral and maxillofacial surgeon.

Focus on Tuberculosis



Chief of the VOP
Dr Kanak Shrivastava
addresses a gathering
in Oriya

On the occasion of World Tuberculosis Day, which falls on March 24 annually, chief of the Village Outreach Programme Dr Kanak Shrivastava addressed villagers in Oriya on the disease. At the foothills, medical officer Dr Manisha Maindad addressed villagers and school students in Uplagarh. The aim of these interactions was to create awareness about the symptoms and cure for tuberculosis. This years' World TB Day theme was 'Invest to End TB. Save Lives.'.

On March 25, Dr Shrivastava delivered a talk for the hospital staff on the government's present National Tuberculosis Elimination Programme, explaining how the objectives had changed from the prior Revised National Tuberculosis Control Programme and the National Tuberculosis Control Programme. Globally, the emphasis now is on ending tuberculosis.

Between January and March, the VOP teams collected 33 sputum samples, of which, 23 were positive, and 15 patients were put on treatment. Eight patients were referred to a higher centre.



Medical officer Dr Manisha Maindad addresses a
gathering in Uplagarh

Quarterly activities

Hospital admissions

10

Patients in the field

1836

Walk in village patients

426

On TB treatment

15

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