

J Watumull

# GLOBAL HOSPITAL

& Research Centre

## Newsletter

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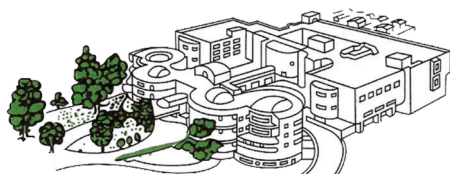
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*Trustee BK Yogini  
collected the Mumbai  
Dream Social Welfare Award 2021  
from the Honourable Governor of Maharashtra  
his excellency Bhagat Singh Koshiyari on September 14*

### Kudos to our trustee

Trustee BK Yogini was declared a Corona Warrior by Mumbai Dream Publications. She collected a Mumbai Dream Social Welfare Award 2021 from that organisation for her leadership role during the Covid-19 outbreak. BSES MG Hospital treated hundreds of patients during the worst phase of the pandemic in 2021. BK Yogini also collected an appreciation certificate from the World Book of Records London for her commitment to social work through the Covid-19 pandemic.

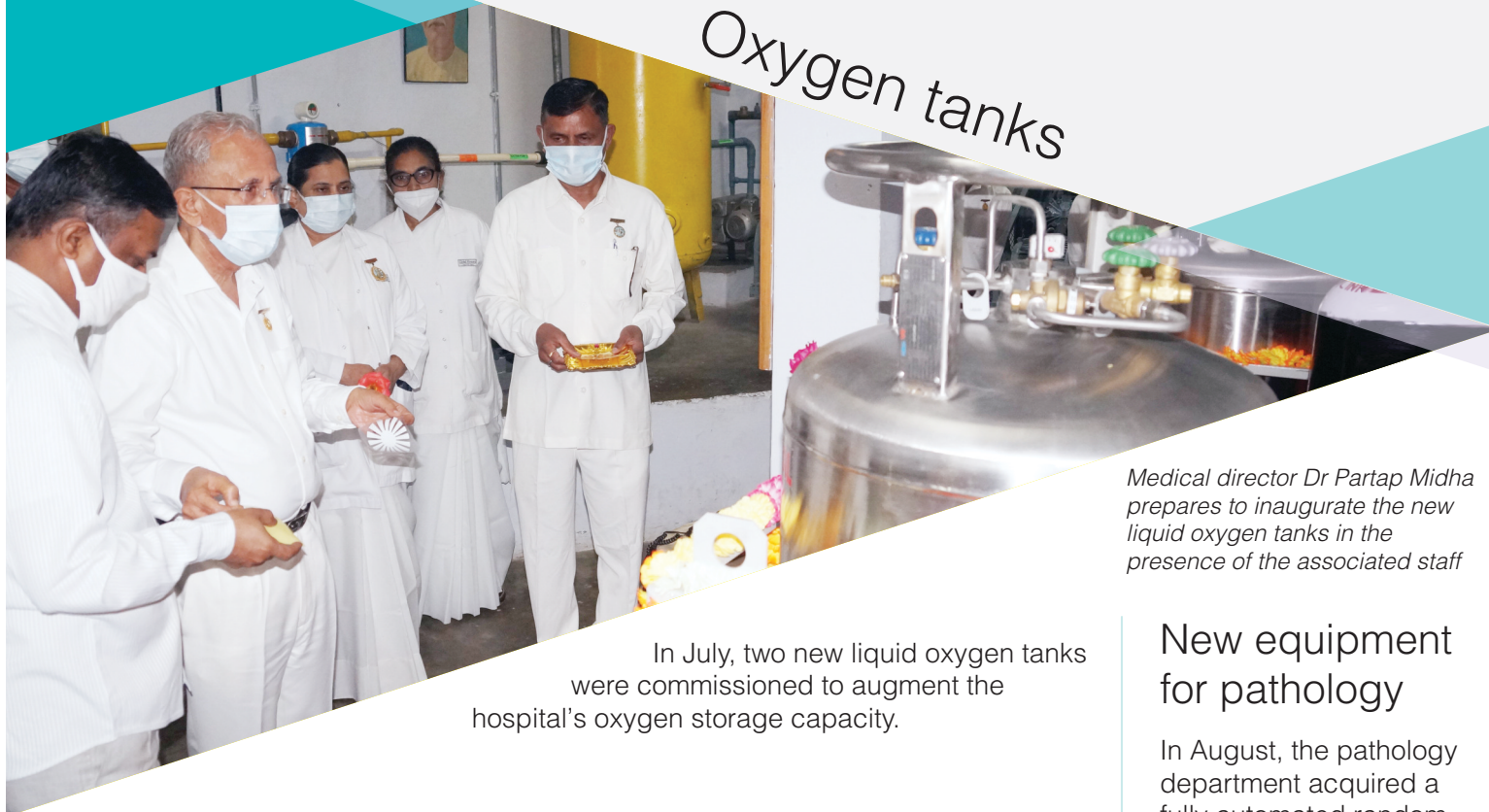


A publication of J Watumull Global Hospital & Research Centre  
[www.ghrc-abu.com](http://www.ghrc-abu.com)

Health Services | Education | Research

Oct 2021  
Volume 145

## Oxygen tanks



*Medical director Dr Partap Midha prepares to inaugurate the new liquid oxygen tanks in the presence of the associated staff*

In July, two new liquid oxygen tanks were commissioned to augment the hospital's oxygen storage capacity.

## Staff skill upgradation

In September, orthopaedic surgeon Dr Kailash Kadel spent five days with the team of Wishbone Orthopaedics, Ahmedabad, observing their work.

## Visiting specialists

On July 2 and 3, visiting urologist Dr Brajesh Singhal was consulted by nine patients and he operated on four patients. Dr Singhal visited again on September 3-4, when he saw 10 patients and operated on six.

Visiting joint replacement surgeon Dr Narayan Khandelwal performed 16 knee replacements during the quarter.

Dr Sunil Mishra, a dermatologist from Mumbai, was consulted by 107 patients on July 27.

The quarter saw a large number of cardiology consultations. Visiting cardiologist Dr Ashish Agarwal saw 18 patients during visits on July 30-31 and on September 25. Another visiting cardiologist Dr Rajkumar Shivnani addressed an audience of 2,000 at Shantivan, Abu Road, on September 28. Over the next two days, he saw nine patients.

On September 14, 13 patients consulted visiting endocrinologist Dr Shivani Sidana. Visiting nephrologist Dr Manjunath saw 19 patients on September 23.



*Visiting urologist Dr Brajesh Singhal operating on a patient*

## New equipment for pathology

In August, the pathology department acquired a fully automated random access Chemiluminescence's analyser (refurbished) for immunoassays. This machine will test blood for various tumour markers, thyroids, cardiac markers, speciality, virus, infectious diseases, skeletal etc. So far the hospital had been using a semi-automated low-end dry analyzer for certain markers. This was found lacking in robustness and reliability. A semi-automated machine is a reader whereas a fully automated machine processes (aspirates) samples as well as reads parameters.

Thank you to Carmencita Angelica Ortiz, a well-wisher in the US, for willing money to Global Hospital for this procurement.



## Caring for the poor

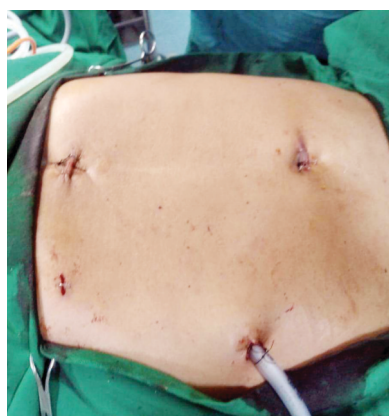


ENT, general surgery, neurosurgery and orthopaedics are the four surgical disciplines at the Radha Mohan Mehrotra Global Hospital & Research Centre.

Many of the patients availing treatment at the hospital are covered by the Rajasthan government's health insurance scheme for the poor. The department of ENT operated on five such cases between July and September while general surgery saw six cases and the orthopaedics department admitted 28 cases. Poor patients constituted a high percentage of the overall work done by the department of orthopaedics followed by ENT. The total number of ENT admissions was 14, general surgery cases were 72 while the orthopaedics cases numbered 55.

## Removing multiple gallbladder stones

A man, aged 58, presented with pain in the abdomen in the right lumbar region. A sonography of the whole abdomen showed he had multiple calculi (stones) in the gallbladder. Dr Anil Bhansali conducted a laparoscopic cholecystectomy on the patient to remove the calculi and the gallbladder.



The patient intra- and post-operatively

## Nose corrective surgery

A 41-year-old woman had been suffering from a watery discharge from her left eye for four years. Imaging showed that her septum was crooked, or in medical parlance, she had a left deviated nasal septum (bone and cartilage dividing the nose into two nostrils). Dr Kusum Bhansali conducted a nasal septoplasty, a surgical procedure to straighten the septum, and an endoscopic dacryocystorhinostomy (DCR).



Xray shows the left deviated nasal septum



## Blood banking picks up



*The North Western Railway Employees Union co-organised a blood donation drive*

Donors at the Rotary International Global Hospital Blood Bank numbered 1760 over the quarter with 663 units coming from nine donation drives. The largest drive yielded 230 units, this was conducted with the North Western Railway Employees Union and Lions Club Aravali of Abu Road. Another initiative by the staff of J Watumull Global Hospital & Research Centre yielded 87 units, and 71 units were collected at a drive with the BJP Yuva Morcha of Mt Abu. The bank issued 1823 units, 274 for no charges. Sixty six thalassemia patients registered with the bank availed transfusions.

## Strengthening the accounting systems

Sumit Gupta, chartered accountant, joined the hospital in July 2021. He has been entrusted with helping the existing chartered accountant Somesh Dandavatimath ensure that different units of the trust at Mt Abu, Abu Road and Jalore comply with accounting systems.

## Trauma quarterly update

*Out patients*

12,894

*Admissions*

1,016

*Lab samples*

3,608

*X-rays*

1,385

*CT scans*

565

*Sonography exams*

516

*Dialysis*

750



## Expanding ophthalmology services to new villages



Chief guest Arjun Purohit, chairman, Zila Parishad, district Sirohi, Jagsiram Koli, member, Legislative Assembly, Reodar, and Ajbaram, sarpanch, Reodar, did the opening honours in Reodar with Dr Partap Midha, medical director & trustee, Global Hospital & Research Centre

A new vision centre in Sayla was inaugurated on August 29, 2021. The SEVA Foundation, a global eye care charity, supported this expansion project.

The inaugural ceremonies were done by Dhruv Prasad, circle inspector, Rajasthan Police; Ramesh Bohra, chairman, Fateh Granites, Jalore; and Dr V C Bhatnagar, senior ophthalmologist and medical superintendent, Global Hospital Institute of Ophthalmology, Abu Road. BK Ranju, senior Rajyoga teacher and incharge, Brahma Kumaris, Jalore, was present on the happy occasion.

Another new vision centre was opened in Reodar on September 21. Support for this expansion project came from the Gerald A Cooper-Key Foundation through Operation Eyesight Universal, Canada.

Chief guest Arjun Purohit, chairman, Zila Parishad, district Sirohi; Jagsiram Koli, member, Legislative Assembly, Reodar; and Ajbaram, sarpanch, Reodar, did the opening honours in Reodar with Dr Partap Midha, medical director & trustee, Global Hospital & Research Centre.



The Vision Centre in Sayla

Staff from the Global Hospital Institute of Ophthalmology helped to establish these much-needed facilities because the villages have no other access to ophthalmology services.

Two staff have been stationed at each of the new centres—an optometrist, to conduct primary examinations, refractions, referrals to the base hospital and record-keeping, and an optical assistant-cum-field worker to operate the optical counter, grind glasses, dispense spectacles, conduct field surveys, etc.

Each of the vision centres will serve a population of about 50,000.



Eyecare manager Sandeep Singh explains the nuances of high-end equipment to the guests in Reodar as trustee Rashmikant Acharya (extreme left) looks on

## Creative learning



*Students pose with their diet plans*

Nutrition is an essential part of a nurse's training. At the Saroj Lalji Mehrotra Global Nursing College, the subject—therapeutic diets—was handled creatively in September by getting students to prepare different speciality diets for patients suffering from renal issues, cardiac complications, diabetes, and for toddlers and expectant mothers, under the guidance of dietician Shruti.

Director of cardiology and medicine at the Radha Mohan Mehrotra Trauma Centre Dr Satish Gupta examined all the preparations and declared the winner and runner up.

## Serving the community

During World Breastfeeding Week (in the first week of August) students are encouraged to conduct outreach events to teach the community about the importance of breastfeeding, the best breastfeeding positions, diets that support lactating mothers, and the need for families and society to support the practice. Lecturer Nidhisha Pillai and clinical instructor Sheetal Rana arranged events for fourth year students at the Community Health Centres in Akrabhatta and maternity hospital Chandrawal.



*Students teach patients at a local health centre about breastfeeding*

## The 10th batch

In July, the college welcomed its tenth batch with dances and songs and a contest to choose, what else, but Mr Fresher (Shaktipal Singh) and Ms Fresher (Priyanka Patel).

On September 1, this batch took their nursing oath, formally called the lamp lighting ceremony, in the presence of medical director and trustee Dr Partap Midha and Brahma Kumari Dr Savita.

Medical Director Dr Partap Midha joined the principals, faculty and students to bid farewell to the outgoing batch of the nursing college on August 7. The event included group dances, songs and the distribution of awards.

## Awareness event

Radio Madhuban production head Krishnaveni Katakam and intern Prachi interacted with the students

on the theme "Young warrior, role of youth to combat Covid-19."

## Learning meditation

Students were taught meditation to help them cope with the stress of daily living. Spirituality teachers BK Savita and BK Urmil were called in from Shantivan, the Brahma Kumaris nearby campus, for this event on September 9.



## Training health workers



*Medical director  
Dr Partap Midha  
addresses the group*

On August 14, training was arranged for 38 health workers of the key outreach initiatives, the village outreach programme (VOP) and community service project (CSP). Chief of the VOP (and senior medical officer) Dr Kanak Shrivastava, CSP coordinator (and clinical associate) Dr Ashok Dave and VOP medical officer Dr Manisha Maindad imparted information on vaccination, menstrual hygiene, oral rehydration therapy, clean drinking water, etc.

Medical director Dr Partap Midha and deputy manager, hospital promotional services, Archana Kukarni also interacted with the group.

## PhonePe programme for expectant mothers

A partner of GiveIndia, a reputed online donation platform, pitched a project of Global Hospital on its platform on National Safe Motherhood Day. The consumer campaign, titled Give the gift of safe motherhood, raised money on PhonePe for nutritional supplements to be distributed to expectant mothers.

Doctors in charge of the two mobile clinics of the hospital distributed calcium, iron and multivitamin tablets to pregnant women in villages falling on their route. Early results are encouraging so the project will be expanded to the other hospital outreach initiatives.

*Sami, 25-years-old, a beneficiary of the PhonePe project,  
delivered a healthy baby*



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> Request Sister Yashoda for prints, at [ghrcoffice@gmail.com](mailto:ghrcoffice@gmail.com)

## Donate

Global Hospital & Research Centre offers section 80G (50% exemption) tax exemptions on donations. State your address and PAN when making a donation.



*Maruni, another beneficiary,  
took the medicine fairly  
regularly*

## Doorstep health services



Chief of the village outreach programme Dr Kanak Shrivastava sees a patient in Aarna

Chief of the village outreach programme Dr Kanak Shrivastava resumed seeing patients in the adopted villages around Mt Abu, namely, Aarna, Jawaingaon, Oriya, etc.

## Anaemia awareness lecture

Medical officer Dr Manisha Maindad delivered a talk on anaemia and the role of nutritional food in preventing it, to women in village Jaidra. Through the lecture, she also made a preliminary assessment of women's access to nutritious food.



Medical officer Dr Manisha Maindad speaks to village women

## Quarterly activities

Hospital admissions

44

Patients in the field

2,235

Walk in village patients

553

On TB treatment

12

## Corporate sponsor steps in

Gratitude to RenewSys India for sponsoring the operations of the village outreach programme and its associated nutritional project for six months.