



Newsletter

- October to December 2022
- Volume 150

31st
ANNIVERSARY

On J Watumull Global Hospital & Research Centre's 31st anniversary, medical director and trustee Dr Partap Midha and deputy manager, hospital promotional services, Archana Kulkarni, interacted with the elected representatives of the Mt Abu municipality.

Infection Control Training

Basic life support training in October was attended by 50 non clinical and 16 clinical staff. Microbiologist & infection control specialist Dr Margeyi Mehta trained 35 employees in infection control from December 26 to 28. Assistant chief of nursing services and infection control nurse Minati Naik trained the hospital's housekeeping team.



Visiting specialists

Who ~ from where ~ patients seen ~ when

Dr Ashish Kumar Agarwal, cardiologist ~ Ajmer
~ 7 ~ November

Dr Swapan Gupta, associate neurologist, GB Pant
Hospital ~ Delhi ~ 48 ~ December

Dr Mankul Goyal, dermatologist ~ Delhi ~ 56 ~
November

Dr Anupam Garg, gastroenterologist ~ Bhatinda
~ 57 ~ October

Dr Manjunath, nephrologist ~ Gulbarga ~ 9 ~
October

Expansion of Thalassemia Day Care Centre

On the 4th anniversary of the Thalassemia Day Care Centre, the facility was expanded from two to four beds and given a play area. Members of the Rotary Club of Abu Road, thalassemia patients (mostly children) and their parents attended the opening.



Recognition for community service

In November, the J&K chapter of the Indian Society of Blood Transfusion & Immunohaematology awarded the blood bank's quality manager Dharmendra Kumar Singh for his commendable work during the pandemic and his continuing efforts to motivate people to donate blood.



Blood banking

The Rotary International Global Hospital Blood Bank collected 1304 units of blood between October and December. Two blood donation drives arranged by the Vishwa Hindu Parishad, Reodar, and the Yuva Committee Abugarh

Pargana, Gulab Ganj, yielded 152 and 103 units of blood respectively. During the quarter, the blood bank issued 22 units of whole blood, 1595 units of packed cells, 1425 units of fresh frozen plasma, 75 units of platelets and 3 units of cryoprecipitate.



The workshop participants enjoy a light moment

Focus on capacity building

On December 22 and 23, associate directors at LV Prasad Eye Institute, Dr Srinivas Marmamula and Rajashekar Varada conducted a capacity building initiative under the aegis of their Sight Savers India Rural Eye Health Netra Vasan project. New ideas were discussed including strategy goals and expertism. The outcome of the discussion was a revised vision for the eyecare services: provide comprehensive high quality, affordable eyecare to all with dignity and respect. The participants also defined indicators that would be monitored to steer the operations in the right direction.

Sight Savers India also supported training in infection control practices by Dr Shagufta, an experienced facilitator. About 25 members attended the training on December 24 and 25. Dr Shagufta also explained the need to accredit the hospital.



Other staff skill updates

Consultant, Ophthalmology, Dr Seema Laad attended a national conference organised by the Eye Bank Association of India at Manesar, on December 3 and 4.

Junior consultant, Ophthalmology, Dr Shalini, attended the annual conference of the Glaucoma Society of India at New Delhi from November 18 to 20.

Dharmendra Singh, quality manager, Pathology & Blood Bank, attended the 47th annual national conference of the Indian Society of

Blood Transfusion & Immunohaematology at Jammu from November 11 to 13.

Junior equipment maintenance engineer Ravinesh Mishra, biomedical department trainee Shekhar Raj and optometrists Ashwini Kumar Vishwakarma and Dhanajay Gabhane attended a training programme in the maintenance of ophthalmic equipment. This was organised by Vision 2020 The Right to Sight, at Sankara Nethralaya, Chennai, on November 19-20.



Senior paediatric optometrist Santosh Anbhule examines a pupil's eye

Community ophthalmology update

The Royal Commonwealth Society for the Blind (Sightsavers) has supported the operations and expansion of Vision Centres in Kalandri and Reodar. Around World Sight Day (Oct 12), eye screening events attracted 3012 villagers, 459 were operated on for cataract. Screening touched the lives of 2112 pupils of six government schools in blocks Abu Road, Kalandri and Reodar. Children with refractive errors were given spectacles. Senior paediatric optometrist Santosh Anbhule and optometrists Rewat Garasia, Beena Chandravanshi and Shalu Hada led this activity.

Additionally, 823 pupils of the V.S. Mahaveer School and Mahatma Gandhi School in Jalore underwent eye checks. Jogeshwar Garg, MLA, Jalore, distributed 101 spectacles to children with refractive errors. Dr Amit Mohan, senior ophthalmologist, Shri Adinath Fateh Global Eye Hospital, Jalore, addressed the pupils on eye hygiene and digital eye strain. Dr Mohan also spoke on the theme 'love your eyes' for Lions Club members and others.

A rally to create eye awareness was inaugurated by additional superintendent of police Jalore Anukriti Ujjainia. More than 200 school students and the hospital employees covered the 3km-long route.



On December 30, 237 accredited social health activists (ASHAs) from Abu Road and Pindwada, in district Sirahi, and from Jalore were trained to identify cataract and visual impairments. Senior optometrist Dhaneshwar Deka and project coordinator Manish Sharma conducted the training.



Nursing education update

Speakers at a seminar on the application of soft skills in nursing on October 1 included Dr Prem Masand from the Ever Healthy Hospital in Shantivan, Abu Road, Dilip Mishra, president of the Rotary Club, Chris Thomas, assistant professor, Saroj Lalji Mehrotra Global Nursing College, and Dr Sachin Sukhsohale, physician at J Watumull Global Hospital & Research Centre.

To commemorate the Newborn Care Week, on October 1, graduate students addressed patients at the Community Health Centre and at Kamlesh Vyas Hospital on ways to care for newborns.

Graduate students took out a rally to mark World Mental Health Day (October 10). They also created awareness about mental health in the Senior Secondary Government School in village Bharja.

The deputy superintendent of police at Abu Road Yogesh Sharma graced the Annual Day on October 21. Block development officer Navila Ram and trustee and medical director Dr Partap Midha were also present.

On November 25, renowned counsellor from Delhi Dr Sujatha Sharma made a presentation on positive coping to the graduate students.

India celebrates organ donation day on November 27. On November 29, associate professor Manish Sharma delivered a lecture to the graduate students about this noble act.

World AIDS Day is designated on December 1 every year. To create awareness of the disease, the diploma students held a quiz on December 3. The graduate students presented informative skits at the Government Higher Secondary School in Amthala, at the Community Health Centre, and in the Radha Mohan Mehrotra Global Hospital Trauma Centre.

Nursing tutor Ratheesh R and clinical instructor Mitesh Kumar coordinated the Sports Week in December. Block development officer of Abu Road Navila Ram performed the commencement ceremony. Sagar Katurde, a winner of the World Bodybuilding Championship graced the last day with deputy director of J Watumull Global Hospital & Research Centre, Dr Roja Tumma.



Spectacular recovery of a bear maul victim

Shankar Singh, age 54, lives in Jawaingaon, an adopted village of the Village Outreach Programme.

Singh sustained injuries on his head and arm when he was mauled by a bear. At Global Hospital, a CT scan showed that he had dislocated his left maxillary medial incisor and left mandibular premolar teeth. He had contusion,

edema, laceration and a small acute hematoma in the right fronto temporo parietal scalp, infratemporal fossa and pre-zygomatic soft tissue. His arm had soft tissue contusion in the elbow joint. Consultant general and laparoscopic surgeon Dr Jayanta Bhowmick performed debridement and multiple repairs of the extensive wound. A couple of months later, Singh had fully recovered.

Outreach by specialist

Consultant general and laparoscopic surgeon Dr Jayanta Bhowmick saw 27 patients in Reodar on November 24. He advised 10 patients to seek further treatment.



Reporting from the field

Dr Murlidhar Sharma who sees patients in the villages adopted by the Village Outreach Programme saw 1762 patients in the field while another 770 patients walked into the hospital to consult the panel of specialists and 26 patients were admitted.



Focus on tuberculosis

Ninety five sputum samples were collected by field workers attached to the Village Outreach Programme over the quarter, of which 26 tested positive and seven patients were found to have extra pulmonary tuberculosis. Thirty-one patients recovered, 23 were referred.

