

# NEWSLETTER

J Watumull **GLOBAL HOSPITAL** & Research Centre

## In Memoriam

### BK Nirwair

20.11.1938 - 19.9.2024

We lost our dear elder brother and guide managing trustee BK Nirwair on September 19, 2024.

It is hard to put into words the profound impact he had on those who came in contact with him. From the moment you met him, you felt embraced by warmth. It didn't matter who you were or where you came from. He welcomed you with open arms and an open heart. He had the extraordinary ability to make everyone feel valued and loved. As his name suggested, he was a friend to all and an enemy to none.

Bhai'sahab, as he was lovingly called, brought people together with his kindness and compassion. It was in his nature to uplift others, to share what he had and to give without expecting anything in return. He offered timeless wisdom, guidance and support. As we remember his legacy, let us carry forward the lessons he taught us. Let us be more caring, more giving and more open-hearted. In a world that can sometimes feel divided, let us honour his memory by embodying his spirit of friendship and acceptance. Though he may no longer walk among us in physical form, he will always look out for us from beyond and his teaching will forever shine in our heart. Let us celebrate a life well-lived, a royal soul who will be dearly missed and never forgotten.



*Late BK Nirwair (seated, centre) with a group of hospital staff in his living quarters*



*Late BK Nirwair interacting with a child in the J Watumull Global Hospital & Research Centre, Mt Abu*

Dr Vinod K Abhichandani, an endocrinologist & diabetologist from Ahmedabad, saw 77 patients at Mt Abu and 102 at Abu Road across multiple visits.

Dr Swapan Gupta, associate professor, Department of Neurology, GB Pant Institute of Postgraduate Medical Education & Research, New Delhi, was consulted by 68 patients in Mt Abu and nine patients at Abu Road visits over the quarter.

Plastic surgeon and varicose vein specialist from Lucknow Dr Anupam Sharan saw 36 patients in July and August.

Paediatric orthopaedician Dr Prakash Chouhan saw eight patients at Abu Road over the quarter.

Dermatologist Dr Mankul Goyal from Delhi was consulted by 72 patients in July.

Dr Elliott Swepson and Dr Nguyen Hong Quan, chiropractors from the UK, served 422 patients in September.

Dermatologist Dr S C Tiwari from New Delhi was available for consultations in September.

A few patients at Abu Road consulted a team of specialists from GBH American Hospital, including nephrologist Dr Mahesh Desai, neurosurgeon Dr SR Choudhary and cardiologist Dr Pawan Singhal. Radiation oncology consultant at the GBH Memorial Cancer Hospital, Udaipur, Dr Manan Sarupia also saw a few patients.

A few patients consulted nephrologist Dr Anand Narayan Malu from Gulbarga in August, both in Mt Abu and at Abu Road.



*Dr Vinod K Abhichandani sees a patient*

## HR update

Dr Pooja Sah, registrar, Ophthalmology, underwent training in Small Incision Cataract Surgery at MGM Eye Institute, Raipur, Chattisgarh from June 1 to July 31.

Dr NS Girish, dental surgeon, attended the 2nd Global Conference on Basal Implantology organised by the International Foundation for Implant Dentistry and AIM Academy Switzerland at New Delhi

from August 9 to 11.

Hemlatha C, physiotherapist & clinical safety officer, underwent training in advanced neuro rehabilitation at the Indian Spinal Injuries Centre in New Delhi from August 12 to 17.

Dinesh Patanayak, assistant professor, Saroj Lalji Mehrotra Global Nursing College attended the 10th conference organised

by the Indo Pacific Academy of Forensic Nursing Science with the National Forensic Sciences University, Gandhinagar, in the premises of the latter, on August 29-30. The theme of the conference was "Investigative approaches with a healing touch: A forensic nursing perspective."

Pooja Nandy, senior deputy manager, Quality & Development, and Hemlatha C,

physiotherapist & clinical safety officer attended a patient safety conference organised by the National Accreditation Board for Hospitals & Healthcare Providers in New Delhi on September 17.

Dr Akash Jain Potdar, registrar, Orthodontia, attended the annual conference of the Indian Orthodontic Society at Bengaluru from September 19 to 22.

## Launch: Breast Cancer Screening & Awareness Centre, Abu Road



Dr Shalini Singh, director of the National Institute of cancer Prevention and Research, ICMR, performed the inaugural ceremony of a breast cancer screening & awareness centre at the G V Modi Rural Health Care Centre, Abu Road, on September 8. The project was conceptualised by reputed oncologist Dr Ashok Mehta after a few women surrendered to the Brahma Kumaris, a socio spiritual organisation that Dr Mehta is associated with, were detected with advanced stage breast cancer during

preliminary screening. Research shows that nulliparous women are more likely to develop breast cancer. The centre targets screening 15,000 women annually.

Dr Anurag Shrivastava, director of the Subharti Institute of Cancer Management & Research, Swami Vivekanand Subharti University, Meerut and Dr Rajesh Kumar, chief medical & health officer, Sirohi presided over the event.

This project is being supported by the Watumull Sanatorium

Trust, of which Dr Ashok Mehta is the managing trustee. Thermal scanning cameras are being used to detect hotspots, and are supported by sonography and mammography studies. The centre is staffed by Dr M Santhisree, the project scientific incharge and administrator, Dr T Roja, radiologist, Dr Manisha Maindad, gynaecologist, thermalytox assistants, clinical examiners, a nurse, a lab technician, and a receptionist and facility supervisor.

### Setting a milestone in record time

Dr Vaibhav Vishal, urologist, uro-oncologist & renal transplant surgeon has achieved a remarkable milestone in his first two years with J Watumull Global Hospital & Research Centre. He has performed 1000 operations in this time, including cancer of the kidney, kidney stones and other advanced procedures. Much of this success can be credited to his regular outreach. In this reporting quarter, 28 patients consulted him in the Shree Vinayak Hospital, Sirohi. and in the Sanjay Medical Store, Swaroop Ganj.

Provisioning speciality services



Dr Piyushi Sharma, consultant gynaecologist & infertility specialist, saw 37 patients in monthly visits to the Ultratech Cement premises in Pindwada.



Dr Kailash Kadel, consultant orthopaedics & joint replacement surgeon, saw 57 patients in July at the Rajkunwar Prakashchand Physiotherapy Centre, Sirohi, and at Krishna Hospital, Swaroop Ganj.



Dr Swapan Gupta, associate professor, Neurology, GB Pant Institute of Postgraduate Medical Education & Research, New Delhi saw patients in the Rajkunwar Prakashchand Physiotherapy Centre, in Sirohi, and in Krishna Hospital in Swaroopganj.

In July, physician Dr B Ramya conducted a diabetes screening programme for the employees of Ultratech Cements, Pindwara, which attracted 13.

Senior medical officer Dr Murlidhar Sharma and visiting physician Dr Sridivya Jaini served 47 patients at a general medicine consultation programme in Bali, district Pali, in August.

## Celebrating Eye Donation Fortnight

This year's celebration of the Eye Donation Fortnight by the Global Hospital Institute of Ophthalmology ended on a high. Lion Pradeep Mittal and other members of the Lions Club of Abu Road facilitated the posthumous donation of the eyes of late Narayan Lal Agarwal by his son Shailesh Agarwal. The eyes were sent to an eye bank in Jaipur for use.

Awareness creating events and initiatives during the fortnight, which runs from August 25 to September 8, included informative lectures on eye donation delivered in an old age home and in the hospitals at Abu Road and Mt Abu, numerous talk shows on Radio Madhuban, a quiz competition, publishing informative pieces in local newspapers and putting up information banners in the hospital premises.



*The facilitatory team and the family that donated the eyes*

## Blood banking progress

Between July and September, the Rotary International Global Hospital Blood Bank collected 819 units internally and 1351 units at six blood donation programmes. Against this, 1151 patients were served. Three in ten of the 2313 blood and blood components units issued were given for free. The Thalassemia Day Care Centre attached to the blood bank consumed 10% units, the Radha Mohan Mehrotra Global Hospital Trauma Centre consumed 9% and the remaining units were consumed externally.

These drives were conducted in Purohit Hospital, Pindwada, in



*The blood bank team with donors and facilitators of a blood donation drive in the premises of the North Western Railways, Abu Road*

the premises of the North Western Railways, Abu Road, in the Government Railway Police office, Abu Road, in the Brahma Kumaris Shantivan Complex, Abu Road, in J Watumull Global Hospital & Research Centre, Mt Abu, and in Vishnu Dharamshala, Abu Road. Gratitude to the BJP Yuva Morcha, the Agarwal Sangh Trust, the Government Railway Police, Rakesh Kangtani and Devendra Kumar for arranging these events.

## Nursing update

### Marking International Yoga Day

In association with the Sirohi branch of the Ministry of Information and Broadcasting's Central Communication Bureau, the Saroj Lalji Mehrotra Global Nursing College and the Global Hospital School of Nursing organised a yoga programme on June 21. Yoga trainers Bhik Singh Bhati, Ramesh Kumarji and Shankar led the faculty and students through various "asanas" (positions). The yoga was followed by a quiz, coordinated by Polchand Gehlot.



*Students perform a conducted yoga routine*

### Commemorating World Breastfeeding Week



*Students create awareness with visual aids*

World Breastfeeding Week is celebrated every year from August 1 to 7. This year's theme, set by the World Alliance for Breastfeeding Action was Closing the gap: Breastfeeding support for all. The final year students of the Saroj Lalji Mehrotra Global Nursing College delivered breastfeeding awareness-building talks with the aid of audio-visual props on August 2 at the Community Health Centre in Akrabhatta and on August 7 at the Primary Health Centre in Bharja and the Community Health Centre in Rohida. Such engagements are an essential part of paediatric nursing.

### Focus on public welfare on World Tribal Day

On August 9, the students of Saroj Lalji Mehrotra Global Nursing College delivered



*Students perform an educational skit*

a powerful message to the public, urging them to stay free from addiction at an event organised at the Rana Punja Government Tribal Hostel in Nichalagarh, Abu Road, under the joint auspices of J Watumull Global Hospital & Research Centre and NewSpace India Limited.

The event aimed to raise awareness about the dangers of addiction and to encourage people to lead healthy, addiction-free lives. The students and the tribal hostel residents actively participated. The audience included the community and leaders of the local government authority.

### Creating awareness on World Hepatitis Day

On July 29, the final year students of the nursing college commemorated World Hepatitis Day with a skit and poster presentation in Nichalagarh village. Themed It's time for action, the skit and poster presentations effectively emphasised hepatitis prevention, diagnosis and treatment. The active participation and cooperation of the attendees, which included the villagers and their community leaders, ensured the event's success. The villagers walked away with a deeper understanding of hepatitis. J Watumull Global Hospital & Research Centre arranged this event with sponsorship from NewSpace India Limited.