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J Watumull **GLOBAL HOSPITAL** & Research Centre

Vehicle for community activities

Gratitude to the Champabai Chandulal Parmar Educational Foundation Trust of Pune for sponsoring a new sports utility vehicle for the use of the P C Parmar Foundation Global Hospital Eye Care Centre. In the photo below, managing trustee Dr Partap Midha inaugurates the new vehicle as eyecare manager Dinesh Singh looks on.



Expansion of dialysis centre

An upgraded dialysis centre replete with 11 stations was inaugurated by Rajyogini Mohini Punjabi, administrative head, Brahma Kumaris, on February 23. Gratitude to the Oil and Natural Gas Corporation and trustee Jeetendra G Modi for sponsoring this expansion.

Visitor speak

What an auspicious day when I saw a noble scene. In visiting Mt Abu in the new year I understood what man needs to fulfill his need for happiness.

Happiness is to be found in the pure environment here.

Happy to see your service.

Purushottam Dattatray More
President
Sant Tukaram Maharaj Sansthan Dehu Maharashtra

CSR contribution

Gratitude to Indian Oil Corporation Ltd. for sponsoring the acquisition of a cone-beam computed tomography with orthopantomogram and a haemoglobin testing system.



The former machine takes 3D images of the teeth, maxillofacial bones and nerves, providing a panoramic view of the teeth and jaws. The second machine is an automated, integrated system dedicated to glycosylated haemoglobin (HbA1c), thalassemia and haemoglobinopathy testing and screening.



Kedar Khamitkar addressed the management and staff

FOCUS ON ENERGY SAVING: Kedar Khamitkar, a Bureau of Energy Efficiency empanelled certified energy auditor and Urja Mitra expert, conducted training on energy management and audit, as part of an initiative to save power.

SPECIALIST'S CONSULTATIONS

Dr Vinod K Abhichandani, endocrinologist & diabetologist from Ahmedabad, saw 60 patients over five visits.

Nephrologist Dr Anand Narayan Malu from Gulbarga was consulted by 12 patients over two visits.

Cardiologist Dr Sabanaygam Thangam from USA saw 33 patients.

Plastic surgeon and varicose vein specialist from Lucknow Dr Anupam Sharan saw 16 patients.

Dr Swapan Gupta, associate professor, Department of Neurology, GB Pant Institute of Postgraduate Medical Education & Research, New Delhi, was consulted by 88 patients in visits over the quarter.

Dermatologist Dr Harshvardhan Singh from Sheoganj was consulted by 111 patients over three visits.



Cardiologist Dr Sabanaygam Thangam sees a patient

WALKING FOR HEALTH

J Watumull Global Hospital & Research Centre and the Brahma Kumaris organised a four kilometres walkathon to commemorate World Health Day, which falls on April 7. This year's theme was *Healthy Beginnings, Hopeful Futures*, to highlight the care of expecting women and newborns. The walk started at the Gyan Sarovar campus and ended in the hospital. Staff avidly participated in the event.



Staff avidly participated in a walkathon for health awareness

CONFERENCE PARTICIPATION

Nursing tutor Ratheesh R and professor-cum-vice principal Banupriya A at the Saroj Lalji Mehrotra Global Nursing College and 30 students of the third year of the graduate nursing programme attended a conference on critical care nursing, organised by the Society for Critical Care Nursing at the Post Graduate Institute of Medical Education & Research, Chandigarh, on February 14 and 15.



A few students and faculty at the critical care nursing conference



A consultation in progress

SPINE SURGERY: A spine screening programme on January 4 held in collaboration with The Spine Foundation (Mumbai) attracted 94 patients, 36 from tribal areas like Nichlagarh, Panchdeval, Deldar, Udwaria, etc. Nineteen patients were from villages outside district Sirohi. Three patients were successfully operated on, on January 11.

BLOOD BANKING UPDATE

Just over half of the 1760 donors at the Rotary International Global Hospital Blood Bank over the quarter walked into nine blood donation programmes.

The largest drive yielded 380 units, this was organised by the Education Wing of the Rajyoga Education & Research Foundation.

Another initiative by Muslim Youth Committee yielded 173 units.

The bank prepared 3,641 units of blood and blood components, and issued 2,989 units to 896 patients, 14% within the hospital, and 23% for no charges.



A blood donation programme organised by the Muslim Youth Committee

NEUROSURGERY KICKS OFF

With the addition of Dr Amitendu Sekar, a senior neurosurgeon from Udaipur, to the team on February 17, neurosurgery services have restarted at the Radha Mohan Mehrotra Global Hospital Trauma Centre. Dr Sekhar is presently visiting the unit but is expected to transition to full time service soon. By the end of March he had been consulted by 145 patients and performed five neuro and spinal surgeries, including a minimally invasive spinal surgery, marking the first time such a complicated procedure had been performed in the district.



Managing trustee Dr Partap Midha and trustee Rashmikant Acharya welcome neurosurgeon Dr Amitendu Sekhar in the presence of medical superintendent Dr Anil Bhansali.

A neurosurgery case

A male patient, age 55 years, presented with severe pain in the back radiating to both legs up to the toes. He had been treated by multiple doctors.

Investigation showed that he had compression of the spinal nerve at L4/L5 by the disc. He was suggested nano technology-based minimally invasive spinal fusion surgery, by a percutaneous approach with an intra-operative microscope. The Radha Mohan Mehrotra Global Hospital Trauma Centre has all the equipment needed for this advanced procedure--the advanced microscope, high speed drilling system and intra-operative imaging system.

The patient felt the improvement immediately after the procedure and was discharged on the third day without any further complications.

Nano-lock disc surgery is far superior to conventional spinal fusion surgery.

EMPOWERING WOMEN

On the occasion of Women's Day 2025, the focus was on empowering and educating girls and women. Gynaecologist Dr Piyushi Sharma addressed about 74 students of the government secondary school in Abu Road, and about 60 women living nearby, on women's health. Archana Kulkarni, manager, Hospital Promotion Services, and Dinesh Singh, eye care manager, also organised eye screening for the audience.



Gynaecologist Dr Piyushi Sharma addressed students and women

CONFERENCE PARTICIPATION

Dr Vishal Bhatnagar, medical superintendent, and Sandeep Singh and Dinesh Singh, eyecare managers at the Global Hospital Institute of Ophthalmology attended a workshop on improving the delivery of eyecare services in underserved districts, organised by SightSavers at the Lions Aravind Institute of Community Ophthalmology at Madurai, from January 31 to February 4.



Eyecare staff attended a vision building workshop



Dr Sanjay Mishra from AIIMS New Delhi is presented a gift

KNOWLEDGE UPGRADATION

Global Hospital Institute of Ophthalmology conducted a Continuing Medical Education (CME) programme, Continuous Quality Improvements in Ophthalmology, for DNB residents, optometrists and paramedical staff on March 23. Dr Uday Gajiwala from the Divya Jyoti Trust led the event, sharing his insights on improving quality standards in ophthalmic care, emphasising best practices, innovative strategies, and the importance of ongoing education in achieving better patient outcomes.



Dr Prem Kumar Singh from Shroff Charity Eye Hospital spoke on orthoptics and binocular vision

A two-day CME programme, Insight for Sight, for optometrists and vision technicians followed on March 29 and 30. Medical superintendent Dr VC Bhatnagar and eyecare manager Sandeep Singh led the event. Dr Sanjay Mishra, scientist at the Dr RP Centre, AIIMS, New Delhi, and Prem Kumar Singh, incharge, Orthoptics & Binocular Vision at Shroff Charity Eye Hospital, New Delhi took sessions on the latest advancements in optometry, orthoptics and binocular vision.

Notably, this event also welcomed participation from alumni of the unit's optometry program, who travelled from various states to attend.



Senior optometrist Dhaneshwar Deka addressed patients on glaucoma

CREATING AWARENESS OF GLAUCOMA: On the occasion of World Glaucoma Week in March, the staff of the Shri Adinath Fateh Global Eye Hospital delivered talks on the eye disease that is the most common cause of irreversible blindness.

OUTREACH ACTIVITIES IN JALORE

Fifteen cataract screening programmes organised by the Shri Adinath Fateh Global Eye Hospital over the quarter attracted 2645 patients, of whom 1531 had their vision checked and 473 were found to need a cataract operation. Ophthalmologist Dr Rajesh Bishnoi operated on 241 patients while the remaining patients will need more motivation to visit the hospital for surgery.



Senior optometrist Dhaneshwar Deka screens a patient

One such patient was Shanti Devi, age 67, a resident of Navi, Jalore, who underwent a cataract operation of her right eye. Her treatment was sponsored by SightSavers India. Shanti Devi, a widow dependent on her son, a driver who barely manages to make ends meet, was extremely grateful for the free care.



Breast cancer screening and awareness

The Breast Cancer Screening and Awareness Centre, housed in the GV Modi Rural Health Centre, Abu Road, is targeting the early detection of breast cancer among nulliparous female volunteers of the Brahma Kumaris. Renowned cancer surgeon Dr Ashok Mehta is leading this project. A contribution from the Watumull Sanatorium Trust has covered the cost of equipment to screen for cancer.



Breast cancer screening with a mammography

Screening starts with a trained nurse checking for any palpable lumps, following which, she screens by means of a thermal camera. Thermal sensitivity images generate a B-score using artificial intelligence.

Thereafter, a digital mammogram is performed. A radiologist (presently, Dr Roja Tumma) analyses these images to detect early signs of breast cancer. If needed, she also performs a sonography.

Suspicious lesions are referred for a biopsy.

Between December 2024 when the service started and March 2025, 664 women were screened, of whom around 15 were found to have suspicious lesions and six cases proved to be cancerous on biopsy. The smallest cancerous lesion detected was 7mm.



Thermal sensitivity images help detect cancer

COMMUNITY OUTREACH

Providing health consultations to socio-economically deprived village people through a mobile clinic

A community project sponsored by NewSpace India Limited, touched the lives of 3890 villagers between January and March.

Besides regular health consultations through a mobile clinic, visiting paediatrician Dr Kanistha Agarwal conducted health checks for 195 students of the government primary schools in Ghata Fali (Uplagarh), Nichli Fali (Uplagarh), Karma Fali (Nichalagarh), Nichli Bar (Nichalagarh) and Sangna (Khadat) between February 28 and March 7.

An awareness programme on safe motherhood in Uplagarh village on March 25 attracted 50 tribal women, including expectant mothers. Graduate nursing students from the Saroj Lalji Mehrotra Global Nursing College who speak the local dialect creatively simplified useful concepts.

Optometrists and field workers screened 156 villagers for cataract in six villages, of whom 45 were successfully operated on.

Senior students and teachers of the government secondary school in Jambudi, and villagers in Kalora were made aware of tuberculosis on World TB Day. Medical officer Dr Sanjay Dixit and programme coordinator Dr Ashok Dave encouraged people to help eradicate the disease.



Nursing students created health awareness



Visiting paediatrician Dr Kanistha Agarwal examined school students

PROVISIONING SPECIALITY SERVICES



Dr Piyushi Sharma, consultant gynaecologist & infertility specialist, saw 11 patients in the Ultratech Cement premises in Pindwada.

Seventeen patients consulted Dr Vaibhav Vishal, urologist, uro-oncologist & renal transplant surgeon, in the Shree Vinayak Hospital, Sirohi, and in the Sanjay Medical Store, Swaroop Ganj, in January.

Dr Kailash Kadel, consultant orthopaedics & joint replacement surgeon, saw 81 patients in the government hospital in Raniwada.

VACANCIES

J Watumull Global Hospital & Research Centre, Mt Abu, has vacancies for a general & laparoscopic surgeon and a paediatrician. Applicants should hold a postgraduate qualification in the respective field. Vacancies also exist for medical officers at J Watumull Global Hospital & Research Centre, Mt Abu, and for a staff nurse with experience in neurosurgery at the Radha Mohan Mehrotra Global Hospital Trauma Centre, Taleti, Abu Road.

Access to Primary Healthcare, a community programme sponsored by Siemens Healthineers, touched the lives of 4,536 villagers over the quarter.

The project covers provisioning a mobile health consultation service for a population of about 50,000, and screening for non-communicable diseases from August 2024 to March 2026.



Blood sugar being tested

Screening for respiratory diseases, particularly chronic obstructive pulmonary disease (COPD) and asthma in village Ker on January 13 attracted 175 patients. A health awareness and screening programme in village Redwakala on January 22 attracted 143 women. On January 30, 121 villagers showed up for asthma, COPD, diabetes, hypertension and cataract screening in the remote tribal village Kala Mahadev Kheda.



Eye screening

Ninety patients were screened for suspicious lesions in the oral cavity and throat on World Cancer Day (February 4) in Surpagla. A women's health check programme in village Doitra on February 13 focused on breast and cervical cancers awareness and screening for 154 beneficiaries. Diabetes, hypertension, asthma, COPD



Oral cancer screening

and cataract were in focus in village Jaydra on February 17. Each of the 82 adult beneficiaries had their blood pressure checked. Screening for oral cancer, diabetes, hypertension and orthopaedic ailments in Isara, on February 22, attracted 160 villagers.

A cervical cancer and breast cancer awareness and screening programme in village Paba, on International Women's Day (March 8), attracted 151 women. Eighty-three people showed up for asthma, COPD, diabetes, hypertension and cataract screening in village Siyawa on March 25. An awareness and screening event for oral cancer, diabetes, hypertension, orthopaedic diseases and cataract saw 125 being examined in village Bhula on March 28.



A medical consultation

Gynaecologist Dr Piyushi Sharma, physician Dr Divya Jaini, medical officers Dr Prasad Patil and Dr Lalit Saini, DNB ophthalmology candidate Dr Neha Baghela, ENT surgeon Dr Gaurav Nemade, orthopaedic surgeon Dr Kailash Kadel, clinical associate Dr Savita Sonar and optometrists Dhananjay and Beena were deputed to serve the community at these events. Students of Saroj Lalji Mehrotra Global Nursing College presented informative skits at a few of these events.



Lamp-lighting ceremony underway

LAMP-LIGHTING CEREMONY

The lamp-lighting induction ceremony for the 14th batch of graduate nursing students and 20th batch of diploma nursing students was held on February 7. Dr P N Gupta, senior medical officer of the Sub District Hospital, Abu Road, presided over the event. Managing trustee Dr Partap Midha and trustee Rashmikant Acharya blessed the newcomers.

CREATING TB AWARENESS



Creating awareness of tuberculosis

On the occasion of World Tuberculosis (TB) Day, observed annually on March 24, the Department of Community Health Nursing of the nursing college organised an awareness programme at the Government Girls Senior Secondary School, Swaroopganj. Principal Bharti Purohit, teachers and around 200 students witnessed an informative street play by the third semester graduate nursing students. Associate professor Sudhanjali Behera organised this event.

STUDENTS INTRODUCED TO RESEARCH

Third year nursing diploma internship students were assigned research projects on menstrual hygiene, infections of the upper respiratory tract, the management of perineal tears and antenatal diets.



Diploma nursing students visited the Banas Dairy in Palanpur

ANNUAL SPORTS MEET

Dr Jagbir Singh, coordinator of the Sports Wing, Rajyoga Education & Research Foundation inaugurated the annual sports meet of the nursing school and nursing college, which ran from March 3 to 6.

Students participated in both outdoor (cricket, volleyball, badminton, tug of war, races, shot put) and indoor (carom and chess) sports. ENT surgeon Dr Gaurav Nemade presided over the prize distribution. Senior nursing tutor Ratheesh R, and nursing tutor Hanuwant Singh organised the event.



Various sports events took place

VALUES IN HEALTHCARE

Values in Healthcare: A Spiritual Approach (VIHASA) is a programme explaining how health professionals can apply values at their workplace. A group of nursing college and nursing school students and clinical instructors Arpita and Chandrika underwent VIHASA training on February 22 and 24. The facilitators included Nirmala Ragbir-Day (UK), BK Arushi (India), BK Raksha (South Africa), Kalpana Bhandare (India) and BK Hitesh (India).