

Annual Report 2024-25



Global Hospital & Research Centre
J Watumull Global Hospital & Research Centre and
other units of the trust

Messages



BK Mohini, administrative head of the Brahma Kumaris, inaugurates a new dialysis machine donated by ONGC to the trauma centre



BK Jayanti Kirpalani

Additional Administrative Head
Brahma Kumaris

The Global Hospital & Research Centre is a beacon of excellence and selfless service. Each year there are new developments and refinements. What makes the hospital unique is the atmosphere and working practice, which is firmly grounded in both medical expertise and spiritual awareness. Serving the entire community of Mount Abu in its various locations, the hospital makes a huge difference to the lives of patients, families, visitors and staff members alike, through delivering healthcare based on spiritual values and practice. On behalf of the Management Team of the Brahma Kumaris and every single member of the Brahma Kumaris family, I would like to thank all the members of staff through whose tireless dedication and love for God this ambitious project continues to flourish.



BK Mohini Panjabi

Administrative Head
Brahma Kumaris

I was pleased to welcome Dr Partap to the US this year to share news of the exceptional service of Global Hospital & Research Centre. It is a remarkable story of providing world class healthcare to over 100,000 a year, regardless of their social or economic background. A secret to the continued success of your activities is the double commitment to top quality medical science and deep spiritual study and practice. The result is experienced in every encounter between patient and staff, as a double blessing of physical treatment and spiritual encouragement. While the hospital is feeling the loss of its benefactor and spiritual friend, BK Nirwair, Dr Partap and the trust's community of friends are committed to realising his vision for a super-specialty hospital at Abu Road.



BK Munni

Additional Administrative Head
Brahma Kumaris

Heartfelt congratulations to the Global Hospital & Research Centre team, the doctors, nurses and other staff for serving the community of Sirohi and visitors with great dedication. The Global Hospital & Research Centre trust has far-reaching plans to serve more people in this district and beyond. Creating a superspecialty facility at Abu Road will help plug a major service gap.

Godfather Shiva's blessings will carry you forward and to new heights. May 2025 be your best year of service ever!



Dr Anshu Priya, IAS

Sub-Divisional Magistrate
Mt Abu

Global Hospital has been delivering great service to the people of Mount Abu for many years with its quality patient care.

The outreach activities and innovations in public health care is one of the most important tasks taken by the hospital. I will never forget those three days when my mother was hospitalised in J Watumull Global Hospital & Research Centre, Mt Abu. The treatment she got, both pharmacological and emotional, was beyond words! Grateful and obliged.

My best regards to the whole team of doctors and caregivers.



Dr RN Mohanty

CEO
Sightsavers India

Our partnership with Global Hospital Institute of Ophthalmology has strengthened our shared mission of making quality eye care accessible to all. The hospital's dedicated team continues to deliver quality eye care in some of the most remote parts of Rajasthan, and we are proud to work alongside them. Together, we are implementing three impactful initiatives across Sirohi and Jalore. These efforts reflect our commitment to inclusive, community-based eye care that leaves no one behind.



Shwetanjali Kumari

CSR Head
Siemens Healthineers India

Siemens Healthineers is actively working to enhance healthcare access in remote and underserved regions of India. Through a strategic partnership with Global Hospital and Research Centre and local authorities, we have launched a community health project in Sirohi, Rajasthan, an aspirational and tribal-majority region. This initiative is designed to deliver essential healthcare to a population of 50,000 people across 38 villages. Our approach utilises a mobile health clinic with a robust follow-up system, offering a range of services from general consultations and screenings for common diseases to identifying and treating conditions like cataracts and tuberculosis. This partnership is especially focused on making a significant impact on the lives of communities who often have limited access to healthcare.



BK Brij Mohan

Secretary General
Brahma Kumaris

Global Hospital and Research Centre has completed another remarkable year of service and healing. I extend my heartfelt congratulations to the trustees, management and staff. Your commitment to delivering quality healthcare with dignity and empathy – regardless of the patient's economic status – is a shining example of what can be achieved when we are guided by purpose and spiritual values.

Providing charitable services in a region lacking adequate quality healthcare not only restores hope to needy local beneficiaries, but also reminds us that kindness itself is a powerful palliative that complements medicine. Your reach is not limited to the local community. Members of the Brahma Kumaris from across the world avail of your services every year, taking back happy memories of medical support and care with a spiritual touch.

Your dedication will widen the trust's reach, deepen its impact and help ever more people lead healthier lives.

Respected BK Brij Mohan passed away after sharing this message. We are grateful for his staunch support all these years.



Dr Partap Midha

Managing Trustee
Global Hospital & Research Centre

It is rightly said that some people live ahead of their time. Over two decades ago our founder managing trustee BK Nirwair envisioned an easily accessible superspecialty hospital at the foothills of Mt Abu. He foresaw the epidemic proportion that non-communicable diseases would take, and sought to create a healthcare facility to serve the community. Then, and now, the population of Sirohi has to travel out of the district for tertiary services in the fields of cardiology, gastroenterology, nephrology and neurology. In provisioning these services at Abu Road, we are pressing forward in giving BK Nirwair's vision a practical form. Mental health is another priority area given growing stresses in society and their adverse impact on the happiness quotient. An extension to Shivmani Geriatric Home, our sought-after facility for the elderly, is also underway, as is an annexe physiotherapy and rehabilitation centre. We pioneered research in the reversal of coronary artery disease by lifestyle changes in India two decades ago. With diabetes and hypertension becoming as common, a research centre for lifestyle diseases is on the cards. In line with the need for more nursing professionals, we're increasing the teaching capacity of our nursing college. We invite philanthropists and corporations desirous of promoting societal health to contribute to these projects.

Activities



Darshan Kumar Gola, director of the Internal Security Academy, Central Reserve Police Force, Mt Abu flags off a rally on de-addiction flanked by staff bearing social messaging placards

The Global Hospital & Research Centre trust is a charity registered with the Charity Commissioner of Greater Mumbai Region. The trust owns and operates units in Mt Abu, Abu Road, Jalore, Vadodara and Mumbai, as under :

J Watumull Global Hospital & Research Centre

Mt Abu
Since 1991

Vision Centres

Raniwada, Kalandri, Pindwada, Reodar and Sayla
Since 2010, 2011, 2016, 2022 and 2022

Radha Mohan Mehrotra Global Hospital Trauma Centre

Abu Road
Since 2007

G V Modi Rural Health Care Centre

Abu Road
Since 1996

Global Hospital Institute of Ophthalmology

Abu Road
Since 2004

Brigadier Vora Clinic (Since 1994) &

Global Dialysis Centre (Since 2024)
Vadodara

Shri Adinath Fateh Global Eye Hospital

Jalore
Since 2017

Shivmani Geriatric Home

Abu Road
Since 2010

BSES Municipal General Hospital

Mumbai
Since 2002

Global Hospital School of Nursing (Since 2006)

Saroj Lalji Mehrotra Global Nursing College (Since 2011)
Abu Road

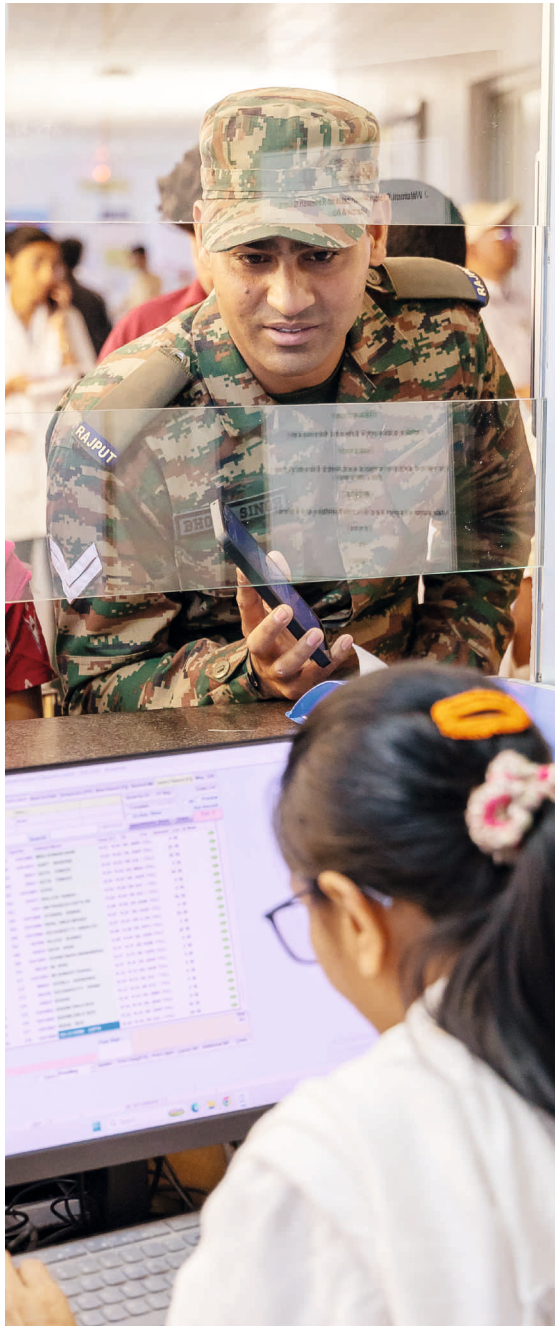
J Watumull Global Hospital & Research Centre, Mt Abu, the flagship unit of the trust, has adopted the following vision and mission:

Vision

Healthcare for all irrespective of social or economic background.

Mission

To provide world class complete healthcare services responsibly and with a human touch at affordable prices.



A patient registers for a consultation at J Watumull Global Hospital & Research Centre

At the J Watumull Global Hospital & Research Centre, Mt Abu

98,993

patients stepped in to consult a specialist for free

3,174

patients were hospitalised, 23% for free

1,455

patients underwent dialysis, 97% for free

1,164

major operations were done

504

minor operations were performed

51

scope investigations were done

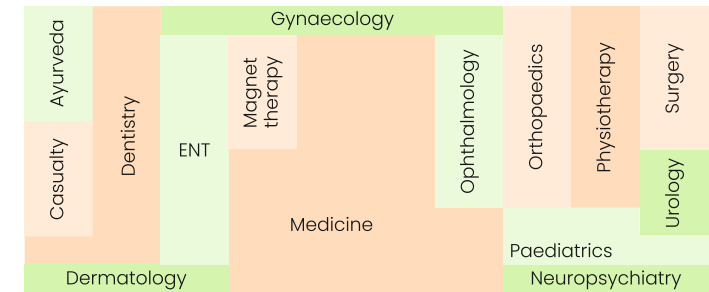
27,929

patients had laboratory tests

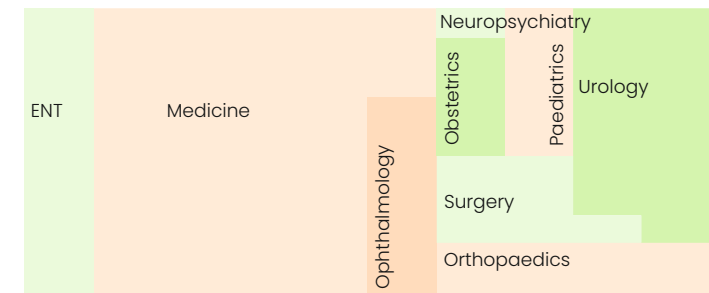
17,066

patients had other diagnostic tests

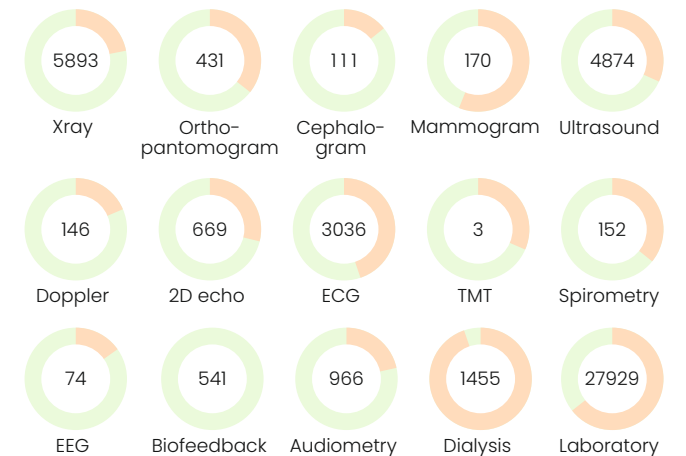
Out-patients



Admitted patients



Diagnostics



Free diagnosis/treatment Paid diagnosis/treatment



Medical officer Dr Lalit Saini sees a patient

Community Service Project

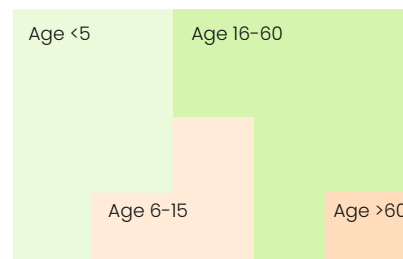
Two of three mobile clinics managed by J Watumull Global Hospital & Research Centre found new sponsors. One route was sponsored by NewSpace India Limited. Health consultations through this mobile clinic touched the lives of 14,158 villagers, 7,497 female and 6,661 male.

Optometrists and field workers screened 636 villagers for cataract, and 122 were successfully operated on for no charges.

Hundreds were served through programmes to improve health awareness, including school students. Free health checks were arranged for 232 students of government primary schools in the area.

A second route sponsored by

Route 1

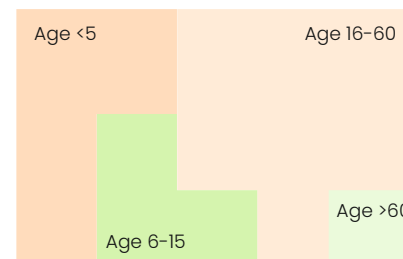


Siemens Healthineers starting September 2024 covered general health consultations, screening and treatment for noncommunicable diseases such as cancer (of the oral cavity, breast or cervix), diabetes, hypertension, asthma, chronic obstructive pulmonary disorder and cataract, and tuberculosis.

Called Access to Primary Healthcare, this project served 9,273 patients, 4,109 male and 5,164 female. Acute diarrhoea, acute respiratory tract infection, osteoarthritis, pulmonary tuberculosis, pyoderma and scabies were the predominant diseases afflicting these people. Referrals to the base hospital for further investigation numbered 211.

Awareness events attracted 1,091 villagers while 1,796 stepped in to be screened for

Route 2



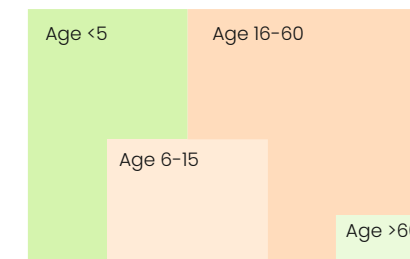
noncommunicable diseases such as diabetes, hypertension, cervical cancer, breast cancer and oral cancer. Eyecare teams screened 300 villagers for cataract while 196 children consulted the doctors.

For both of these routes, graduate nursing students from the Saroj Lalji Mehrotra Global Nursing College played a role in creating awareness. They simplified useful concepts for the community through skits in the local language.

Prior to the start of this Siemens-sponsored initiative, the route had served 6,413 patients.

A third route served 12,272 villagers, including 5,426 male and 6,846 female patients. Australian Friends for Global Hospital (AF4GH) has supported this route.

Route 3





An expanded dialysis unit at the Radha Mohan Mehrotra Global Hospital Trauma Centre caters to the needs of the community

At the Radha Mohan Mehrotra Global Hospital Trauma Centre, Abu Road

31,429

patients stepped in to consult a specialist for free

1,603

patients were hospitalised, 5% for free

4,033

patients underwent dialysis, 10% for free

466

major operations were done

133

minor operations were performed

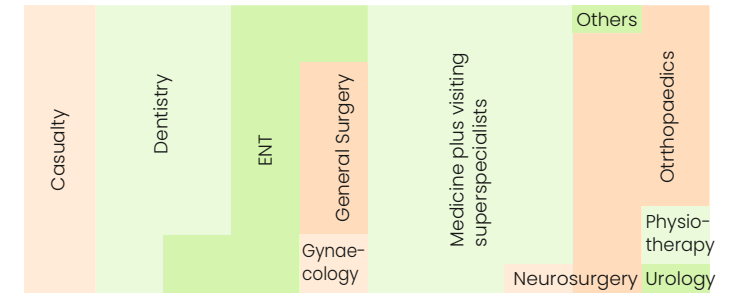
11,749

patients had laboratory tests, 38% for free

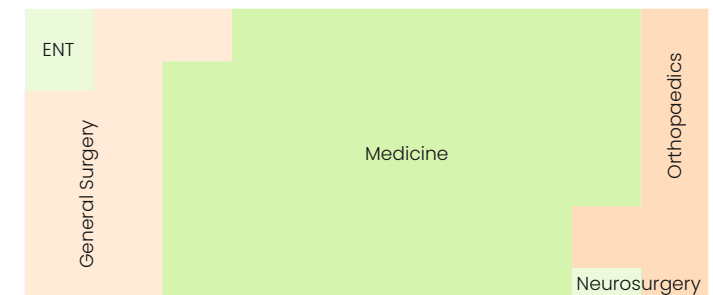
18,696

patients had other diagnostic tests, 11% for free

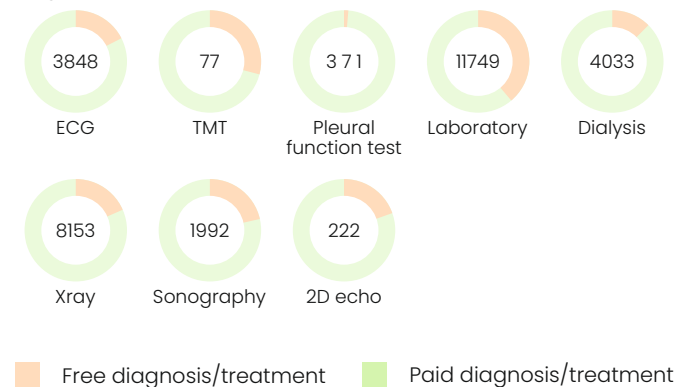
Out-patients



Admitted patients



Diagnostics





The Brahma Kumaris hosted a large blood donation programme in memory of Dadi Janki, former administrative head of the Brahma Kumaris and chief patron of Global Hospital & Research Centre



Blood donation in progress

Rotary International Global Hospital Blood Bank

The Rotary International Global Hospital Blood Bank collected 7,128 units of blood from 6,800 male donors and 328 female donors.

Thirty four blood donation drives yielded 50% of these units while the remaining were collected within the premises.

The blood was processed into 14,859 units of whole blood, packed cells, fresh frozen plasma, platelets and cryoprecipitate. 7,346 of these units were issued to 4,092 patients, 34% for free.

A Thalassemia Day Care Centre within the Rotary International Global Hospital Blood Bank, functional since October 1, 2018, serves 45 registered patients. The day care centre is supported by the Sankalp India Foundation, a Bengaluru-based not-for-profit. Patients are provided with medicine and monitored through regular testing. Families are supported with medical advice.



High end microscopes facilitate operations at the Global Hospital Institute of Ophthalmology

At the Global Hospital Institute of Ophthalmology, Abu Road

39,235

patients stepped in to consult a doctor

34,247

patients underwent procedures

4,636

patients were admitted,
76% were treated for free

4,370

major surgeries were performed,
94% for cataract

244

minor surgeries were performed

46

eye screening programmes were held

6,706

patients were screened in camps

2,809

refractions were done at camp site

976

camp patients were operated on

Rooparam Bhil, a 56-year-old resident of Mangariwara, Reodar, had diminishing vision in his left eye, which made it difficult for him to work and get around, especially at night.

Rooparam is from a poor family. He and his two sons work as daily wagers on a farm, which is especially difficult for Rooparam because he has a mobility issue from an accident some years ago. He suffers from pain in both his right shoulder and hip.

Rooparam was happy to hear that a screening programme was happening near his village. He was diagnosed with cataract and operated on at the Global Hospital Institute of Ophthalmology, under the aegis of the National Programme for Control of Blindness.

Who we treat





Eye diagnosis in progress

At the Shri Adinath Fateh Global Eye Hospital, Jalore

17,528

patients stepped in to consult a doctor

563

patients underwent procedures

1,509

patients were admitted,
76% were treated for free

1,471

major surgeries were performed,
97% for cataract

32

minor surgeries were performed

200

eye screening programmes were held

23,679

patients were screened in camps

11,510

refractions were done at camp site

3,119

camp patients were operated on

Shanti Devi Meghwal, a 71-year-old resident of village Chorau, block Sayla, had trouble seeing.

Being poor, Shanti Devi had not approached a doctor for treatment. Her husband works as a farm hand. She has two sons, but she and her husband live with their younger son who farms a small piece of land. He has a large family to support. So when she heard that a cataract screening event was being arranged at the Sayla Vision Centre, she grabbed the opportunity to get her eyes examined.

She was diagnosed with cataract in both eyes and a growth in her right eye, and advised to get her eyes operated on.

Shanti Devi's left eye was first taken up at the Shri Adinath Fateh Eye Global Hospital, Jalore.

Ophthalmologist Dr Rajesh Bishnoi operated on her. She recovered well. In time, she will undergo an operation on her right eye.

Who we treat





Optometrists posted at Vision Centres perform basic eye checks

Shivmani Geriatric Home, Abu Road

Shivmani Geriatric Home is home to more than 85 elderly men and women.

GV Modi Rural Health Centre, Abu Road

September 2024 saw the launch of the Breast Cancer Screening and Awareness Centre in the GV Modi Rural Health Centre, Abu Road. The centre is targeting the early detection of breast cancer among nulliparous female volunteers of the Brahma Kumaris. Renowned cancer surgeon Dr Ashok Mehta is leading this project. A contribution from the Watumull Sanatorium Trust covered the cost of screening equipment. Dr Shalini Singh, director of the National Institute of Cancer Prevention and Research, ICMR, and Dr Anurag Shrivastava, director of the Subharti Institute of Cancer Management & Research, Swami Vivekanand Subharti University, Meerut, are also associated with the initiative. Between December 2024 when the service started

and March 2025, 664 women were screened, of whom around 15 were found to have suspicious lesions and six cases proved to be cancerous on biopsy. The smallest cancerous lesion detected was 7mm.

Dr Mahesh Hemadri, the family physician at the GV Modi Rural Health Centre served 42 walk-in patients and 472 elderly residents of Shivmani Geriatric Home. Offline and online counselling services benefited 13,610 Indians and foreigners.

Vision Centres

Vision centres provide eye checks and minor ophthalmic procedures, and refer more serious patients to the base hospital. Five vision centres attached to the Global Hospital Institute of Ophthalmology are located in Raniwada (district Jalore, since 2010), Kalandri (district Sirohi, since 2011), Pindwada (district Sirohi, since 2016), Reodar (district Sirohi, since 2022), and Sayla (district Jalore, since 2022). These collectively saw 10,965 out-patients, performed 6,775

refractions, prescribed 6,389 spectacles and dispensed 5,947 spectacles. Of 83 patients referred for surgery, 52 were operated on.

Brigadier Vora Clinic & Global Dialysis Centre, Vadodara

About 2,400 patients availed of health consultations while health awareness outreach activities positively impacted 1,500 people. Twenty-six patients availed of free dialysis. Special events included a health check drive in summer, which 800 people availed of; a health consultation programme on July 31, which attracted more than 50 patients. On October 20, liver fibrosis, diabetic neuropathy and pulmonary checks attracted 150 patients while 100 more patients consulted lung, heart and allergy specialists on December 22. Hands-on cardiopulmonary resuscitation training on November 24 empowered 250 people. On March 30, the specialists served more than 200 people in the premises of the Gurudwara Nanakwadi.



A doctor sees a patient in the ICU

At BSES MG Hospital, Mumbai

52,060

patients stepped in to consult a doctor,
34% for free

4,332

patients were admitted,
32% were treated for free

879

operations were performed,
21% on general+indigent patients

74

angiographies were performed under a
state sponsored scheme

9,365

patients availed lab investigations,
50% for free

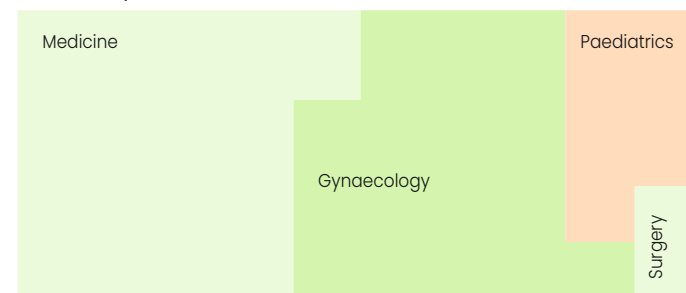
5,837

patients availed xrays,
21% for free

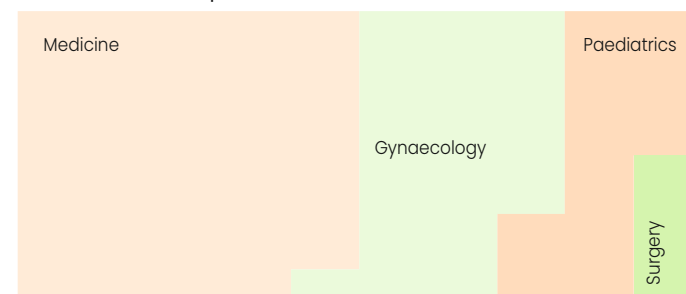
4,051

patients availed sonograms and
mammograms,
36% for free

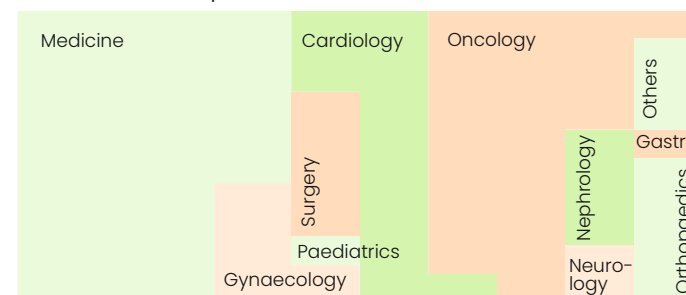
Free outpatients



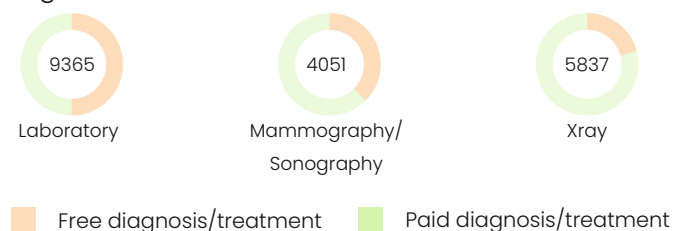
Free admitted patients



Paid admitted patients



Diagnostics



Education



Graduate nursing students help create awareness of health concerns in villages



Sports day at the nursing campus



Diploma nursing students address village women

Saroj Lalji Mehrotra Global Nursing College

Thirty new students were enrolled in the Saroj Lalji Mehrotra Global Nursing College in 2024 taking the total number of students to 148 across four years.

The new entrants included 14 girls and 16 boys. In all, 73 girls and 75 boys are enrolled.

One student is being assisted with a loan by the Global Hospital & Research Centre trust.

Global Hospital School of Nursing

Eighteen new students got enrolled in the Global Hospital School of Nursing in 2024 taking the total number of students to 84 across four batches.

The new entrants included 13 girls and 5 boys. In all, 44 girls and 40 boys are enrolled.

Three female students are presently being assisted with loans by the Global Hospital & Research Centre trust, and one student has been supported by a private company under their CSR mandate. Further, 36 students from scheduled caste, scheduled tribe or other backward caste backgrounds have availed of support to meet their tuition fees from the state government.



Doctors enrolled for the post graduate degree in ophthalmology play a major role in the outpatient clinics at the Global Hospital Institute of Ophthalmology



Post graduate degree in ophthalmology

Global Hospital Institute of Ophthalmology offers post graduate training in ophthalmology since 2013. The degree is awarded by the National Board of Examination.

In 2024, Dr Yash Mody and Dr Neha Kumari joined the course, Dr Rohit Singh Rawal and Dr Ishan Sharma progressed to the second year while Dr Indu Vishnoi and Dr Aishwarya Hada entered their final year.

The DNB academic programme covers corneal foreign body, B-scan, tonometry, gonioscopy, lid tumours, fundus fluorescein angiography, diabetic retinopathy, vernal keratoconjunctivitis, hypertensive retinopathy, epidemic keratoconjunctivitis, small incision cataract surgery and phaco.

Degree in ophthalmic technology

Global Hospital Institute of Ophthalmology offers a 42-month degree programme in ophthalmic technology in association with Tanta University, Sri Ganganagar, Rajasthan. Ten students enrolled in 2024.

This academic programme covers human anatomy and physiology; ocular anatomy, pathology and microbiology; ocular physiology and binocular reflexes and its maintenance; optics; orthoptics; lens grinding and fitting; pharmacology and pharmacy; refraction; investigative ophthalmology; ophthalmic instruments and appliances; clinical refraction and contact lenses; community ophthalmology, eye bank and eye camps; etc.



Premedical student Bhakti Kataria with wellness department incharge Kalpana Bhandare



Premedical student Krishna Bhadra

Observership visits

Dr Roshni Laxwani, a fresh graduate in dentistry and a resident of Abu Road, underwent an observership in the Department of Dentistry at the Radha Mohan Mehrotra Global Hospital Trauma Centre, Abu Road, from March 21 to June 21.

Dr Kamini Soni, a resident of Mt Abu who is also a fresh graduate in dentistry, underwent an observership in the Department of Dentistry at J Watumull Global Hospital & Research Centre, Mt Abu, from May 1 to 16.

Krishna Bhadra from Thrissur, Kerala, a pre-medical student, spent a week in the Surgery Department at J Watumull Global Hospital & Research Centre in September 2024.

Bhakti Kataria, a pre-medical student from London, UK, underwent

an observership in various clinical departments at J Watumull Global Hospital & Research Centre from September 6 to 14.

Dr Ishita Sharma, a resident of Mount Abu who recently acquired a medical degree from Mauritius, underwent an observership in the Department of Medicine at J Watumull Global Hospital & Research Centre from July 2 to October 30.

Tanmay Biswas, from West Bengal, a fourth year student of a graduate programme in nursing, underwent an observership in the Intensive Care Unit at J Watumull Global Hospital & Research Centre from February 10 to April 23.

Research



J Watumull Global Hospital & Research Centre helped organise a public rally on World Health Day



Senior consultant neuropsychiatrist Dr Nikhil Patel in discussion with managing trustee Dr Partap Midha

Ongoing projects

A prospective real-world registry for screening, management and assessment of outcomes of breast cancer among a specific group of women affiliated with a global spiritual organisation, Dr Ashok Mehta, Senior Consultant Cancer Surgeon, Head & Neck Surgical Oncology, (affiliated) Nanavati Max Super Speciality Hospital, L S Raheja Hospital, HCG Cancer Hospital, Mumbai

Clinical spectrum of pseudoexfoliation (PXF) syndrome in western Rajasthan, Dr Ishan Sharma, DNB Ophthalmology Resident, second year

Quality of life in glaucoma in western India: A questionnaire-based study, Dr Rohit Singh Rawal, DNB Ophthalmology Resident, second year

Reasons for delayed presentation for cataract surgery in patients of lens induced glaucoma, Dr Yash Mody, DNB Ophthalmology Resident, first year

Analysis of astigmatism induced visual outcomes across multiple focal points in pseudophakic eyes with monofocal intraocular lens implantation, Dr Neha Vaghela, DNB Ophthalmology Resident, first year

Completed projects

Study of the astigmatism induced multifocal vision in the pseudophakic eyes with monofocal intraocular lens, Dr Indu

Vishnoi, DNB Ophthalmology Resident, third year

Factors responsible for delayed presentation of patients in advanced stage of glaucoma in southern Rajasthan: A questionnaire-based study, Dr Aishwarya Hada, DNB Ophthalmology Resident, third year

Special appointment Book contribution

The Indian Psychiatric Society nominated neuropsychiatrist Dr Nikhil Patel advisor of a speciality committee on Spirituality Psychiatry for the year 2025-26. In the last six years, Dr Patel has consistently been nominated advisor or chairperson of the society's speciality committees on yoga or spirituality. During his stint in 2024, Dr Patel authored the inaugural chapter of the second edition of Spirituality & Mental Health, edited by Dr B N Gangadhar, chairperson of the National Medical Commission (published by Jaypee Publications). Dr Patel's chapter was titled *Spirituality: A missing dimension in mental health care*.

The Indian Psychiatric Society is organising a monthly webinar on spirituality to raise awareness amongst clinicians of the role of spirituality in psychiatry.

During the annual national conference of the Indian Psychiatric Society, held in Hyderabad in January 2025, Dr Patel



Dr Vishal Bhatnagar, medical superintendent & senior consultant ophthalmologist at the Global Hospital Institute of Ophthalmology delivers a lecture



Dr Nithin Sunku, consultant orthopaedics & joint replacement surgeon, at a conference

chaired a joint session with the British-Indo Psychiatric Association and a session titled *Om chanting psychotherapy*. He also chaired and presented a scientific paper in an exclusive seminar on *Yoga in psychiatry* with four other psychiatrists.

Scientific conference participation

Dr Nithin Sunku, Consultant Orthopaedics & Joint Replacement Surgeon, attended the national conference of the Indian Orthopaedic Association at Bengaluru from December 2 to 11. His scientific presentation was titled *Clinical outcomes of bilateral proximal femur fractures in the elderly*.

Dr Vaibhav Vishal, Urologist, Uro-oncologist & Renal Transplant Surgeon, attended the 5th National Youth Urology Conference in Nadiad on August 3-4. This event was organised by the Youth Organisation of the Urological Society of India. Dr Vishal's presentation was titled *Video demonstration of advanced urological surgical technique*.

Dr Vaibhav Vishal, Urologist, Uro-oncologist & Renal Transplant Surgeon, and Dr Piyushi Sharma, Consultant Gynaecologist & Infertility Specialist, attended an oncology conference organised by GBH American Hospital on September 28-29 where they chaired scientific sessions on *Uro-oncology* and *Gynaec-oncology*.



Dr Satish Gupta, director, Department of Medicine & Preventive Cardiology, Radha Mohan Mehrotra Global Hospital Trauma Centre, with patients

Applied research

Coronary artery regression through Rajyoga meditation, a vegetarian diet and moderate aerobic exercise is Global Hospital's most successful research project to date. In the early 2000s, Dr Satish Gupta, director, Department of Medicine & Preventive Cardiology, Radha Mohan Mehrotra Global Hospital Trauma Centre, with scientists from the Defence Institute of Physiology and Allied Sciences, co-conducted two studies on more than 500 patients. They were supported by grants from the Central Council for Research in Yoga & Naturopathy and the Defence Research and Development Organisation.

These studies conclusively proved that lifestyle changes can effectively reverse heart disease—93% patients included in the interventional group could open their blocks as compared to only 13.5% in the control group. Other benefits included improved insulin sensitivity resulting in diabetic control with less medication, better control of blood pressure, relief from bronchial asthma, migraine, arthritis, depression, insomnia, anxiety and other conditions. Mount Abu Open Heart Trial, a paper based on this work, was published in the September 2011 issue of the Indian Heart Journal.

To take forward this outcome, the team designed the 3-Dimensional Healthcare Programme for Healthy Heart, Happy Mind

and Healthy Body, a seven day in-house programme, which involves educating patients about the body, heart, heart disease, mind-heart connection, heart disease risk factors, heart attacks and how to modify them through Rajyoga Meditation, proper diet, exercise, sleep and regular medical care. Thousands have since attended this residential programme, and learned how to implement lifestyle changes that open blocked arteries without any percutaneous transluminal coronary angioplasty or coronary artery bypass grafting. Patients attend with their spouses or caregivers to ease their transition to a new, healthier lifestyle.

The programme's success and the potential of lifestyle changes to help reverse other noncommunicable diseases has led to the intake being expanded. Today, patients who enrol are not necessarily coronary artery disease patients. The beneficiaries may be suffering from obesity, high cholesterol and high triglycerides, hypertension, fatty liver disease, irritable bowel syndrome, chronic digestive disorders or depression.

During this reporting year, 450 patients and their spouses or caregivers attended five mega residential programmes conducted at the Brahma Kumaris' Shantivan Complex.

Patients who are desirous of participating may email 3dhealthcare@gmail.com

People & quality



I would like to congratulate the hospital management team and employees of this hospital.

Honourable chief minister of Sikkim Prem Singh Tamang (PS Golay)

Governing Board

The Global Hospital & Research Centre trust is registered with the Charity Commissioner of Greater Mumbai. The trust is represented by nine unrelated trustees from diverse walks of life, including:



Mahesh Patel

Mahesh Patel is a chartered accountant and businessman with a chain of care homes in the UK. His family helped support the hospital's Shivmani Geriatric Home.



Dr Partap Midha

Dr Partap Midha worked for the government of Haryana, gaining an understanding of grassroots health needs. He is responsible for the trust units at Mount Abu, Abu Road, Jalore & Vadodara.



Kishore D Shah

Kishore D Shah is a retired businessman. He was instrumental for aggregating the land on which the flagship hospital is constructed.



Jeetendra G Mody

Jeetendra G Mody is a civil engineer with five decades of experience. He has helped implement projects involving construction.



BK Yogini

BK Yogini manages 22 Rajyoga centres of the Brahma Kumaris in Mumbai. At BSES MG Hospital, she is honorary director, Administration.



Dr Banarsi Lal Sah

Dr Banarsi Lal Sah is also honorary treasurer of the trust, and executive secretary of the Medical Wing, Rajyoga Education & Research Foundation.



Rashmikant Acharya

Rashmikant Acharya has 30 years of global finance and technology experience in multinational corporations, and with Indian Space Research Organisation. He is an alumnus of IIM Bangalore; ESADE Business School and London Business School.



Dr Rajagopala Reddy

Dr Rajagopala Reddy has 40 years of experience in the pharmaceutical industry, including 30 years of running a bulk pharma ingredients manufacturing unit.



Additional administrative head of the Brahma Kumaris inaugurates a new clinic as trustee
Rashmikant Acharya looks on

J Watumull Global Hospital & Research Centre, Mt Abu

Dr Midha, Partap, Medical Director & Managing Trustee

Consultants:

Dr Ananda B, Radiologist

Dr Bhuvanagiri, Ramya, Physician & Intensivist

Dr Garg, Rajinder Prashad, Consultant Physician

Dr Jaini, Sridivya, Physician

Dr Kadel, Kailash, Consultant Orthopaedic & Joint Replacement Surgeon

Dr Mehta, Sharad, Senior Consultant ENT Surgeon

Dr Nadkarni, Kumarsen, Consultant General & Laparoscopic Surgeon

Dr Nemade, Gaurav, Consultant ENT Surgeon

Dr Patel, Nikhil, Senior Consultant Neuro-psychiatrist

Dr Patil, Laxmi, Senior Dental Surgeon

Dr Sajjanshetty, Jagadevi, Senior Consultant Anaesthesiologist

Dr Sharma, Piyushi, Consultant Gynaecologist & Infertility Specialist (part-time)

Dr Singh, Saurabhi, Consultant, Obstetrics & Gynaecology

Dr Singh, Sudhir, Senior Consultant Ophthalmologist

Dr Sukhsohale, Sachin, Physician & Intensivist

Dr Upadhyay, Niranjana, Senior Dental Surgeon

Dr Vishal, Vaibhav, Urologist, Uro-oncologist & Renal Transplant Surgeon

Dr Yadav, Neha, Dental Surgeon

Senior Doctors - Registrars:

Dr Gupta, Aarushi, Registrar, Surgery

Dr Nathe, Asavari, Microbiologist & Patient Safety Officer

Dr Sharma, Murlidhar, Senior Medical Officer

Dr Shrivastava, Durgesh, Senior Medical Officer

Dr Shrivastava, Kanak, Senior Medical Officer



Dr Shekhar Bhojraj, orthopedic & spine surgeon, PD Hinduja National Hospital & Medical Research Centre, Mumbai, delivers a lecture

Resident Medical Officers:

Dr Patil, Prasad, Senior Resident Medical Officer

Dr Soni, Vivek, Resident Medical Officer

Clinical Associates:

Dr Banjara, Kamlesh, Clinical Associate

Dr Hosamath, Sumangala, Yoga Therapist & Senior Clinical Associate

Dr Memon, Mohammad Asim, Clinical Associate - Urology

Dr Sonar, Savita, Clinical Associate

Dr Upadhyaya, Naba Jyoti, Senior Clinical Associate, Surgery Department

Alternative Therapists:

Dr Dharamthok, Ramesh, Magnetotherapist

Dr Dave, Prakash, Ayurveda Specialist

Visiting Specialists:

Dr Abhichandani, Vinod, Endocrinologist

Dr Agarwal, Ashish Kumar, Cardiologist

Dr Batra, Puneet, Orthodontist

Dr Doshetty, Manjunath, Nephrologist

Dr Ghatoda, Gurcharan Singh, Anaesthesiologist

Dr Gupta, Bhargav, Oral & Maxillofacial Surgeon

Dr Gupta, Swapan, Neurologist

Dr Khandelwal, Narayan, Senior Orthopaedic Surgeon

Dr Malu, Anand Narayan, Nephrologist

Dr Mehta, Pushpa, Homeopath

Dr Mehta, Yogesh, Honorary Homeopathic Physician

Dr Mevada, Keyur, Oral & Maxillofacial Surgeon

Dr Mistry, Saurav, Orthodontist

Dr Poojary, Ashwini, Paediatric Dentist

Dr Sharon, Anupam, Plastic Surgeon & Specialist, Varicose Veins



Dr Shalini, consultant ophthalmology & glaucoma, sees a patient

Radha Mohan Mehrotra Global Hospital Trauma Centre, Abu Road

Dr Bhansali, Anil Kumar, Medical Superintendent & Chief Consultant Surgeon

Dr Gupta, Satish, Director, Department of Medicine & Preventive Cardiology

Consultants:

Dr Kaur, Rajbir, Dental Surgeon (on long leave)

Dr Khatri, Prakash, Senior Neurosurgeon

Dr Lakhota, Rahul, Anaesthesiologist & Pain Management Specialist

Dr Mishra, Jyoti, Pathologist & In-charge, Blood Bank Services

Dr NS Girish Kumar, Senior Dental Surgeon

Dr Sekhar, Amitendu, Senior Neurosurgeon

Dr Singh, Harpal, Radiologist

Dr Somani, Shruti, Anaesthetist & Intensivist

Dr Sunku, Nithin, Consultant Orthopaedics & Joint Replacement Surgeon

Dr Vasava, Rushangi, Physician

Registrars, Medical Officers & Others:

Dr Bharatiya, Krunalkumar, Trainee Junior Resident

Dr Das, Rajat, Blood Bank Officer

Dr Krupakar, Hari, Senior Medical Officer

Dr Potdar, Akash Jain, Registrar Orthodontia

Dr Viswas, Gaurav, Resident Medical Officer

Clinical Associates:

Dr Patel, Dignesh, Clinical Associate

Dr Sharma, Giriraj Prasad, Senior Clinical Associate

Dr Verma, Hemant Kumar, Clinical Associate

Visiting Specialists:

Dr Chauhan, Prakash, Paediatric Orthopaedic Surgeon



Physician Dr Rushangi Vasava sees a patient

Global Hospital Institute of Ophthalmology, Abu Road

Dr Bhatnagar, Vishal, Medical Superintendent & Senior Consultant Ophthalmologist

Consultants:

Dr Laad, Seema, Consultant Ophthalmologist

Dr Khare, Sneha, Consultant Ophthalmologist

Dr Shalini, Consultant Ophthalmology & Glaucoma

Dr Singh, Sudhir, Senior Consultant Ophthalmologist

Registrars & Residents:

Dr Hooda, Ravinshu, Senior Resident

Dr Sah, Pooja, Registrar, Ophthalmology

Visiting Specialists:

Dr Bishnoi, Rajesh, Consultant Ophthalmologist

Breast Cancer Screening & Awareness Centre / GV Modi Rural Health Care Centre, Abu Road

Dr Hemadri, Mahesh, Medical Officer & In-charge

Dr Tumma, Roja, Clinical Unit Head & Consultant Radiologist

Shri Adinath Fateh Global Eye Hospital, Jalore

Dr Bishnoi, Rajesh, Consultant Ophthalmologist (visiting)

Community Service Project (Mobile Clinics 1, 2 & 3)

Dr Dave, Ashok, Clinical Associate & Coordinator, CSP

Dr Kumar, Shrawan, Medical Officer, CSP-I

Dr Saini, Lalit Kumar, Medical Officer, CSP-II

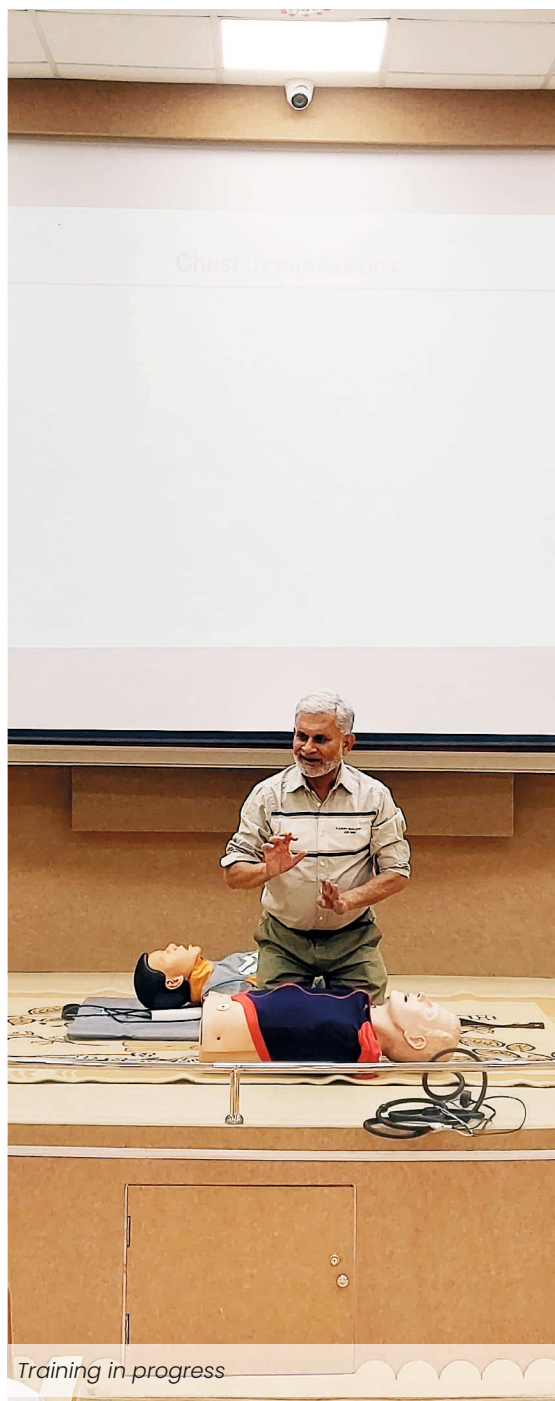
Dr Singh, Himanshu, Medical Officer, CSP-III

Brigadier Vora Clinic & Global Dialysis Centre, Vadodara

Dr Shah, Vaibhav, Consultant Operations



Nursing supervisor Meena Vadasriya makes a presentation



Training in progress

Skill development Internal training

Weekly clinical department presentations: 29

Nursing audits: 4

Special CME/Guest lectures: 14

Lectures on biomedical waste and infection control: 2

Basic life support training: 3

Advanced cardiovascular life support training: 1

Communication skill sessions: 2

Customer service skill training: 6

Soft skills training: 4

Human resource training (induction and orientation programme): 4

Nursing CMEs: 39

Pathology training: 3

Disaster management training: 1

Special training on breast cancer detection: 2 days

External training

Fourteen staff members were supported to attend 16 external conferences and learning events (Dr V C Bhatnagar attended two events and Dinesh Singh attended three events). Four staff members of the Central Sterile Supply Department were supported to attend a six-month long external training programme.



The year was marked by the continuous pursuit of excellence in patient safety and health care quality, guided by the National Accreditation Board for Hospitals & Healthcare Providers (NABH) 5th Edition standards. Efforts spanned the key focus areas—documentation enhancement, internal audits, staff capacity-building, strengthening patient safety practices, structured training programmes and active committee engagement.

Preliminary steps were taken to align systems with the forthcoming NABH 6th Edition standards, setting the stage for seamless transition and compliance. The NABH Core Committee was reconstituted, a gap assessment was undertaken, staff underwent training on the NABH 6th Edition standards, policies and standard operating procedures (SOPs) were completed (95%), two internal audit rounds happened followed by corrective action, and 17 clinical and facility audits were conducted. An external consultant conducted a mock assessment. Preparations for surveillance are ongoing. The relevant committees met as mandated.

Chapter-wise compliance based on self-assessments:

Chapter	Compliance status	Remarks
Access, Assessment & Continuity of Care (AAC)	90%	Initial assessment time lines improved
Care of Patients (COP)	88%	Emergency care SOPs revised
Management of Medication (MOM)	85%	Drug expiry audit mechanism strengthened
Patient Rights & Education (PRE)	92%	Signage & patient information leaflets displayed
Infection Prevention and Control (IPC)	90%	Antimicrobial stewardship programme and SOP formed and circulated; implementation aligned with 6th Edition; indicators implementation in progress
Patient Safety & Quality (PSQ)	80%	Indicator tracking system developed
Responsibilities of Management (ROM)	95%	Governance and minutes documentation maintained
Facility Management & Safety (FMS)	87%	Utility logs and safety drills updated
Human Resource Management (HRM)	90%	Induction & training records digitised
Information Management System (IMS)	82%	MRD & consent processes streamlined

Training sessions:

Training programme	Sessions	Participants
NABH standard orientation	10	145 staff
Hand hygiene & infection control	6	120 staff
Fire safety and evacuation drill	4	100 staff
Bio-medical waste management	4	95 staff
Consent, communication & documentation	3	85 staff
Clinical audit training	2	35 clinicians

Going forward, the key challenges will be staff turnover as this affects the continuity of training, incomplete signature-name-date-time (SNDT) assessments in certain departments, the timeliness of documentation uploads for evidence and biomedical waste colour segregation lapses in the out-patient department.

The aim is to build systems that are not only NABH-compliant but also patient-centric, evidence-driven and tech-enabled. Each implementation area is being tracked through internal audits and responsible department heads to ensure measurable progress.

Stakeholders



Dr Sharad Mehta, senior consultant ENT surgeon (extreme right), Dr Jagadevi Sajjanshetty, senior consultant anaesthesiologist (second from left) and nurses on the first World Cleft Awareness Day in 2025



Tuberculosis patients are distributed high protein food

The state government Mukhyamantri Ayushman Arogya Yojana

The Global Hospital & Research Centre trust partners the Government of Rajasthan to implement the Mukhyamantri Ayushman Arogya (MAA) Yojana, a state sponsored health insurance scheme for the poor. Beneficiaries are eligible for free treatment upto Rs 500,000 in affiliated hospitals. J Watumull Global Hospital & Research Centre and the Radha Mohan Mehrotra Global Trauma Centre are both affiliated hospitals. At the former, 1,038 patients were admitted over the course of the year while 812 patients underwent dialysis. At the latter, 619 patients were admitted while 3,974 underwent dialysis.

The central government National Tuberculosis Elimination Programme

India has the largest share of the global tuberculosis burden. Studies show that people with tuberculosis in

rural India stay infectious for twice as long as infected people in urban India. So, speeding up the diagnosis and commencement of treatment of tuberculosis patients in rural India would help contain the spread of disease.

The Global Hospital & Research Centre trust partners the central government for the implementation of the National Tuberculosis Elimination Programme, previously called the Revised National Tuberculosis Control Programme, the country-wide initiative to reduce the burden of tuberculosis by 2025, five years ahead of the Sustainable Development Goals.

The government partially reimburses the cost of diagnosing suspect patients and monitoring confirmed patients through the course of treatment. The government also provides the WHO-prescribed medication for no charges.

Field workers attached to the Community Service Project implement this project. Last

Who we treat

Chetana, a 5-year-old female resident of Matafali, Nichalagarh, approached the community doctor for loss of hair and itching. She had been suffering for a month. A clinical exam showed that she had tinea capitis, an infection common in school-going children like Chetana. The doctor prescribed her an anti-fungal cream to be applied locally. Within a month, she had grown back hair on all the bald patches of her scalp. Chetana's treatment was sponsored by NewSpace India Limited.



Before
treatment

After
treatment



Eye screening at makeshift locations helps identify cataract patients

year, they collected 709 sputum samples, of which 172 tested positive. In all, 105 patients completed the treatment regimen, of whom 102 were declared tuberculosis free. 27 patients were referred. The field workers also distributed nutritional supplements to the patients to boost their immunity and reduce the chance of a relapse. Contributions from GiveIndia helped to cover this cost.

The central government National Programme for Control of Blindness

Global Hospital Institute of Ophthalmology and the Shri Adinath Fateh Global Eye Hospital implement the National Programme for Control of Blindness, the central government's initiative to eradicate preventable blindness occurring from diseases like cataract.

Government estimates suggest that thousands of people with mature cataracts in Rajasthan and other states need surgical intervention. To treat these people, the central government has partnered

with private health providers like the Global Hospital & Research Centre trust.

Partners conduct screening programmes in villages to identify needy patients, provide them transport to the base hospital, operate on them and drop them back home. The government pays a part of the cost of such cataract operations. In FY25, 1,091 operations were performed on patients covered by the District Blindness Control Society Jalore and 2,704 operations on patients covered by the District Blindness Control Society Sirohi.

Organisations that have empanelled the hospital to care for their employees








J Watumull Global Hospital & Research Centre has been enlisted as a treatment centre for beneficiaries of the Employees State Insurance Corporation (ESIC). Last year, 30 such covered employees claimed the cost of their treatment in the out-patient department, and 37 employees who were







hospitalised claimed their treatment cost.







J Watumull Global Hospital & Research Centre is also an empanelled private hospital to deliver allopathic and AYUSH medicare to former service personnel and their dependents, under the Ex-Servicemen Contributory Health Scheme (ECHS). Seven patients were admitted in this category last year.

J Watumull Global Hospital & Research Centre has entered into agreements to treat employees (deployed at Mt Abu) of the Central Reserve Police Force, Physical Research Laboratory, Bhabha Atomic Research Centre, Armed Forces, All India Radio, Central Public Works Department and Kendriya Vidyalaya.

Radha Mohan Mehrotra Global Hospital is enlisted as a private treatment provider for retirees and serving employees of the North Western Railways and their dependents. Last year, 290 beneficiaries availed of out-patient services while 99 beneficiaries were admitted.

	Donor	Contributed to
	Australian Friends for Global Hospital (AF4GH) Incorporated (Inc 1700731)	Contributed towards the operations of a mobile clinic and the care of poor patients
	Champabai Chandulal Parmar Educational Foundation	Contributed to eyecare activities
	Dam Capital Advisors Limited	Contributed to the expansion of hospital infrastructure
	Devarsons Industries Pvt Ltd	Contributed to the general sustenance of the hospital
	Fundación Ananta	Contributed to the general sustenance of the hospital
	Ganga Devi Rajgarhia Health Foundation	Contributed to the general sustenance of the hospital
	Give	Running the radiology services, paediatric services and gynaecological services for the poor
	Indian Oil Corporation Limited	Contributed to the procurement of biomedical equipment
	Jiv Daya Foundation	Paediatric IOL support

	Donor	Contributed to
	Lala Shri Ram Garg Charitable Trust	Contributed to the general sustenance of the hospital
	Newspace India Limited	Contributed to the operations of a mobile clinic and health awareness creation
	Oil & Natural Gas Corporation Limited	Contributed to the procurement of biomedical equipment
	Om Charitable Trust	Contributed to the Global Institute of Health Sciences project
	Operation Eyesight Canada	Contributed to eyecare activities
	Palaniandavar Healthcare Foundation	Contributed to the general sustenance of the hospital
	Point of Life Inc	Contributed to the general sustenance of the hospital
	Progressive Share Brokers	Contributed to the operations of the BSES MG Hospital
	Rangoli Techtraders Private Limited	Contributed to the general sustenance of the hospital

	Donor	Contributed to
	Rashi Techno Services	Contributed to the trust corpus
	Royal Commonwealth Society for the Blind (Sightsavers)	Contributed to eyecare activities
	Seva Foundation	Contributed to cataract operations for the poor
	Siemens Healthineers	Contributed to the operations of a mobile clinic and screening for noncommunicable diseases
	Smile Train	Contributed to the cost of conducting cleft lip and/or cleft palate corrective surgery on children from poor families
	The Janki Foundation for Spirituality in Healthcare	Contributed to the general sustenance of the hospital
	The Support Foundation	Contributed to the general sustenance of the old age home
	Watumull Sanatorium Trust	Contributed to the creation of the Breast Cancer Screening and Awareness Centre in the G V Modi Rural Health Care Centre

Financials



New equipment for urology surgery is inaugurated in the operation theatre

Auditors Report

We have audited the accompanying financial statements of GLOBAL TRUST & RESEARCH CENTRE, 102, OM SHANTI, N S ROAD NO: 3, J V P D SCHEME, 48 SWASTIK SOCIETY, VILE PARLE WEST, MUMBAI, 400056 which comprise of the Balance Sheet as at March 31, 2025, and the Income & Expenditure Account for the year then ended and a summary of significant accounting policies and other explanatory information.

In our opinion and to the best of our information and according to the explanations given to us, the accompanying financial statements of the entity are prepared, in all material respects, in accordance with the Bombay Trust Act and also give a true and fair view in conformity with the accounting principles generally accepted in India,

- (a) in the case of Balance Sheet, of the state of affairs of the trust as at March 31, 2025;
- (b) in case of Income & Expenditure, of the excess of income over expenditure of the trust for the year ended as on that date.

Basis for opinion

We conducted our audit in accordance with the Standards on Auditing (SAs) issued by the Institute of Chartered Accountants of India (ICAI). Our responsibilities under those Standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the entity in accordance with the Code of Ethics issued by the ICAI and we have fulfilled our other ethical responsibilities in accordance with the Code of Ethics. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of management and those charged with governance for the financial statements

Management is responsible for the preparation of these financial statements that give a true and fair view of the financial position and financial performance. This responsibility also includes maintenance

of adequate accounting records in accordance with the provisions of the Act for safeguarding the assets and for preventing and detecting frauds and other irregularities; selection and application of appropriate accounting policies; making judgements and estimates that are reasonable and prudent; and the design, implementation and maintenance of adequate internal financial controls, that were operating effectively for ensuring the accuracy and completeness of accounting records, relevant to the preparation and presentation of the financial statements that give a true and fair view and are free from material misstatement, whether due to fraud or error.

Auditor's responsibility

Our responsibility is to express an opinion on these financial statements based on our audit.

We have taken into account the provisions of the Act, the accounting and auditing standards and matters which are required to be included in the audit report under the provisions of the Act and Rules made there under.

We conducted our audit in accordance with the Standards on Auditing issued by the ICAI. Those Standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal financial control relevant to the trust's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances but not for the purpose of expressing an opinion on whether the trust has in place an adequate internal financial control system over financial reporting and operating effectiveness of

such controls. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of the accounting estimates made, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Report on other legal and regulatory requirements

The Balance Sheet and the Income and Expenditure account have been drawn up in accordance with the provisions of S.33 of the Bombay Public Trust Act, 1950.

We report that:

- (a) we have obtained all the information and explanations which, to the best of our knowledge and belief, were necessary for the purpose of our audit and found them to be satisfactory;
- (b) the transactions of the trust which have come to our notice have been within the powers of the trustees;

We further report that:

- i. the Balance Sheet and the Income and Expenditure Account dealt with by this report are in agreement with the books of accounts;
- ii. in our opinion, proper books of account as required by law have been kept by the trust so far as appears from our examination of those books;

PLACE: MUMBAI

FOR AND ON BEHALF OF
BALAKRISHNA T THAKKAR & CO
CHARTERED ACCOUNTANTS

DATED: SEPTEMBER 19, 2025

BALKRISHNA T. THAKKAR
[PROPRIETOR]
M No: 017421
UDIN No: 25017421BMGCIT3035

Global Hospital & Research Centre (Consolidated)

Income & Expenditure Account for the year ended March 31, 2025

Previous year	Expenditure	Current year	Previous year	Income	Current year
1,09,74,332	Amount transferred to reserve or specific funds	1,64,48,489	3,41,26,601	Interest on bank account	3,93,25,047
86,34,72,424	Expenditure on object of the trust	92,87,69,422	28,26,21,004	Donations in cash or kind	22,62,61,367
9,02,80,595	Surplus carried over to Balance Sheet	2,78,13,725	43,51,150	Grant-in-aid	94,49,300
			58,96,69,375	Hospital receipts	64,98,46,841
			5,21,82,391	Other receipts	4,71,65,799
			17,76,830	Transfer from reserve	9,83,281
96,47,27,352		97,30,31,636	96,47,27,352		97,30,31,636

Balance Sheet as on March 31, 2025

Previous year	Liabilities	Current year	Previous year	Assets	Current year
71,81,20,599	Trusts funds or corpus	77,07,57,158	15,98,12,901	Immovable properties balance as per last Balance Sheet	15,09,14,880
66,32,54,243	Other earmarked funds	68,36,52,830	2,000	Investments	1,00,02,000
21,74,14,886	Liabilities	20,36,53,596	38,48,29,315	Furniture & fixtures & utensils	40,76,24,054
(11,95,65,014)	Income and expenditure account	(9,17,51,290)	13,67,99,821	Advances, deposits and capital work in progress	11,58,18,573
			7,58,57,311	Income outstanding	10,74,58,383
			72,19,23,365	Cash & bank Balances	77,44,94,403
1,47,92,24,713		1,56,63,12,294	1,47,92,24,713		1,56,63,12,294

Funds Flow Statement for the year ended March 31, 2025

Sources of funds		
Opening balance in cash & bank a/c		10,36,43,236
Donation income (including fund received under FCRA)	22,62,61,367	
Hospital income (OPD & IPD& Medical Stores)	64,98,46,841	
Grant-in-aid from government	94,49,300	
Bank & other interest	3,93,25,047	
Other income	4,71,65,800	
Sale of fixed assets	7,47,000	
Contribution to earmarked funds (including fund received under FCRA)	48,56,391	
Contribution to trust corpus fund	5,26,36,559	
Fund transferred from BSES MG Hospital fund	7,62,083	
Incoming funds		1,03,10,50,388
Total funds available		1,13,46,93,624
Application of funds		
Addition to fixed assets (excluding WIP capitalised)	9,32,22,830	
Revenue expenditure (excluding depreciation)	85,08,75,106	
Increase in current assets	7,48,499	
Investments in bank FD's	3,96,29,755	
Capital work-in-progress	98,71,325	
Decrease in current liabilities	1,37,61,290	
Total funds applied		1,00,81,08,805
Closing balance in cash & bank a/c		12,65,84,819

J Watumull Global Hospital & Research Centre (Mt Abu), and its projects*

Income & Expenditure Account for the year ended March 31, 2025

Previous year	Expenditure	Current year	Previous year	Income	Current year
1,30,93,038	To Administration expenses	99,72,235	22,73,73,230	By Donation income	19,54,65,457
1,58,71,729	To Depreciation	1,92,34,741	11,01,72,098	By Hospital receipts	12,44,89,598
8,42,29,855	To Employment cost	8,93,29,724	1,85,43,077	By Other receipts	2,39,95,196
3,19,92,484	To Hospital consumables	3,56,75,615			
33,17,941	To Kitchen expenses	21,62,441			
4,61,893	To Insurance	3,64,523			
5,39,18,744	To Medical relief assistance	6,63,62,387			
31,17,967	To Other consumables	25,43,710			
1,33,60,516	To Power & fuel	1,25,64,776			
43,73,364	To Repairs & maintenance	51,82,377			
8,79,926	To Rent & taxes	1,74,552			
2,48,000	To Education project expenses	2,40,000			
51,07,988	To Medical/ social project/ reserve	92,68,601			
12,61,14,960	By Net surplus transfer to Mumbai Head Office a/c	9,08,74,569			
35,60,88,405		34,39,50,251	35,60,88,405		34,39,50,251

*Includes the Smile Train and the Coronary Artery Disease through Lifestyle Changes projects

Balance Sheet as on March 31, 2025

Previous year	Liabilities	Current year	Previous year	Assets	Current year
48,75,59,809	Mumbai office account	56,01,52,749	12,14,14,717	Fixed assets	15,09,72,652
5,82,202	Specific reserve fund	5,82,202	-	Current assets / loans & advances	-
25,71,351	Outstanding expenses	20,69,675	8,10,405	Capital work-in-progress	87,28,043
2,59,30,668	Sundry creditors	89,922	1,79,420	Sundry debtors	1,87,143
			3,07,66,203	Advance to creditors	1,60,862
			1,34,85,483	Loans/ advances & deposits	1,46,88,085
			28,81,05,525	Investments	32,86,73,343
			1,98,65,196	Income receivable	1,95,72,417
			52,30,687	Closing stock (as taken valued and certified by the management)	43,10,017
			3,59,77,481	Bank balances	3,49,92,771
			8,08,913	Cash balances	6,09,214
51,66,44,030		56,28,94,548	51,66,44,030		56,28,94,548

Funds Flow Statement for the year ended March 31, 2025

Sources of funds		
Opening balance in cash & bank a/c		3,67,86,394
Donation income (including fund received under FCRA)	19,54,65,457	
Hospital income (OPD & IPD)	12,44,89,598	
Grant-in-aid from government	9,01,700	
Bank & other interest	2,00,71,277	
Other income	30,22,219	
Sale of fixed assets	4,47,000	
Decrease in current assets	3,06,08,465	
Incoming funds		37,50,05,716
Total funds available		41,17,92,110
Application of funds		
Addition to fixed assets	4,91,52,231	
Capital work-in-progress	79,17,638	
Investments in fixed deposits with bank	4,05,67,818	
Decrease in current liabilities	2,63,42,422	
Revenue expenditure (excluding depreciation)	23,38,40,941	
Transfer to branch account	1,83,69,075	
Total funds applied		37,61,90,125
Closing balance in cash & bank a/c		3,56,01,985

GV Modi Rural Healthcare Diagnostic Centre & Eye Hospital, Abu Road

Income & Expenditure Account for the year ended March 31, 2025

Previous year	Expenditure	Current year	Previous year	Income	Current year
85,537	To Administration expenses	12,90,273	5,900	By Hospital receipts	2,830
15,129	To Depreciation	2,35,352	117	By Other receipts	23,579
1,99,832	To Employment cost	10,99,167	-	By Donation general	62,50,000
8,500	To Medical relief assistance	7,529	3,05,936	By Net deficit transfer to Mumbai Head Office a/c	12,42,422
2,455	To other consumables	89,784			
500	To Repairs & maintenance	40,26,412			
-	To Hospital consumables	5,82,915			
-	To Power & fuels	1,81,362			
-	To Insurance compact	5,662			
-	To GST on food	375			
3,11,953		75,18,831	3,11,953		75,18,831

Balance Sheet as on March 31, 2025

Previous year	Liabilities	Current year	Previous year	Assets	Current year
4,58,059	Mumbai office control account	27,42,819	4,55,604	Fixed assets	22,15,149
6,622	Outstanding expenses	21,967	69,400	Capital work-in-progress	-
69,400	Sundry creditors	7,534	-	Security deposit (Medi Recruiters)	50,000
-	Security deposit (staff)	1,16,750	9,076	Cash & bank balance	5,99,854
			-	Prepaid expenses	24,066
5,34,081		28,89,070	5,34,081		28,89,070

Brigadier Vora Clinic & Global Dialysis Centre, Vadodara

Income & Expenditure Account for the year ended March 31, 2025

Previous year	Expenditure	Current year	Previous year	Income	Current year
14,20,341	To Administration expenses	1,47,480	44,500	By Donation income	76,500
2,63,396	To Depreciation	2,98,072	48,580	By Clinic receipts	1,21,530
1,38,270	To Hospital consumables	23,26,619	46,573	By other receipts	56,839
6,37,322	To Employment cost	7,70,575	31,01,269	By Net deficit transfer to Mumbai Head Office a/c	34,65,899
6,603	To Medical relief & assistance	21,911			
3,57,486	To Repairs & maintenance	31,630			
3,69,341	To Power & fuels	72,949			
48,163	To Rent, rates & taxes	51,532			
32,40,921		37,20,767	32,40,921		37,20,767

Balance Sheet as on March 31, 2025

Previous year	Liabilities	Current year	Previous year	Assets	Current year
69,82,540	Mumbai office control account	67,72,585	60,66,952	Fixed Assets	58,90,854
9,661	Outstanding expenses	19,286	4,50,000	Bank of Baroda: Fixed deposit	7,00,000
-	Creditors - hospital	28,893	1,34,638	Advances & deposits	1,33,887
		69,92,201	3,40,611	Cash & bank balance	96,023
69,92,201			69,92,201		69,92,201

Global Hospital Institute of Ophthalmology

Income & Expenditure Account for the year ended March 31, 2025

Previous year	Expenditure	Current year	Previous year	Income	Current year
63,96,963	To Administration expenses	88,89,924	48,51,575	By Donation income	88,39,545
61,00,328	To Depreciation	72,14,047	2,75,14,464	By Hospital receipts	4,01,80,831
2,38,88,589	To Employment cost	2,41,88,094	45,97,227	By other receipts	80,12,306
67,18,018	To Hospital consumables	84,77,342	2,51,50,843	By Net deficit transfer to Mumbai Head Office a/c	2,05,89,000
2,14,879	To Insurance	2,03,216			
89,93,208	To Medical relief assistance	1,86,96,240			
33,36,525	To Other consumables	36,88,838			
15,22,970	To Power & fuel	13,82,220			
31,22,429	To Repairs & maintenance	18,00,500			
52,392	To Rent, rates & taxes	32,733			
17,67,808	To Project expenses	30,48,528			
6,21,14,108		7,76,21,682	6,21,14,108		7,76,21,682

Balance Sheet as on March 31, 2025

Previous year	Liabilities	Current year	Previous year	Assets	Current year
5,16,23,278	Mumbai office control account	7,18,31,853	4,17,17,324	Fixed Assets	5,41,39,943
8,35,741	Outstanding expenses	3,98,399	36,055	Fixed deposits (SBI)	38,570
1,82,204	Sundry creditors	6,37,564	5,69,666	Advances & deposits	8,49,728
3,95,120	Other liabilities	3,15,163	73,14,947	Income receivable	1,29,82,742
			14,86,286	Stock	16,53,922
			2,43,931	Sundry debtors	2,18,767
			16,68,135	Cash & bank balance	32,99,307
5,30,36,343		7,31,82,979	5,30,36,343		7,31,82,979



Gynaecologist Dr Piyushi Sharma spoke to village women about screening for cancer



Nursing assistant Ashok Asarsa interacts with a patient

Shri Adinath Fateh Global Eye Hospital

Income & Expenditure Account for the year ended March 31, 2025

Previous year	Expenditure	Current year	Previous year	Income	Current year
6,56,043	To Administration expenses	4,68,863	80,00,206	By Hospital receipts	67,09,141
12,66,767	To Depreciation	11,17,948	16,57,068	By Donation income	17,70,477
34,25,858	To Employment cost	40,63,893	24,40,416	By other receipts	28,25,410
44,214	To Insurance	21,290			
19,77,359	To Hospital consumables	18,95,544			
1,05,280	To Medical relief assistance	8,600			
30,820	To Other consumables	31,969			
3,06,084	To Power & fuel	3,21,058			
1,96,622	To Repairs & maintenance	2,35,932			
6,753	To Rent, rates & taxes	6,098			
9,14,846	To Medical project expenses	11,02,355			
31,67,044	To Net surplus transfer to Mumbai Head Office a/c	20,31,477			
1,20,97,690		1,13,05,028	1,20,97,690		1,13,05,028



DOT supervisor cum field assistant Yoga Ram screening for noncommunicable diseases

Balance Sheet as on March 31, 2025

Previous year	Liabilities	Current year	Previous year	Assets	Current year
1,64,09,097	Mumbai office control account	1,77,87,038	75,32,329	Fixed Assets	68,28,986
1,46,359	Outstanding expenses	1,21,655	63,07,565	Fixed deposits (SBI)	70,38,994
10,81,952	Sundry creditors	2,99,650	4,16,544	Stock in hand	3,30,989
			6,17,882	Income receivable	27,89,074
			30,222	Advances & deposits	43,181
			27,32,866	Cash & bank balance	11,77,120
1,76,37,408		1,82,08,343	1,76,37,408		1,82,08,343



ICU supervisor Sanjay Wadekar cares for a patient

Radha Mohan Mehrotra Global Hospital Trauma Centre

Income & Expenditure Account for the year ended March 31, 2025

Previous year	Expenditure	Current year	Previous year	Income	Current year
1,60,45,104	To Administration expenses	22,99,672	7,91,96,197	By Hospital receipts	8,97,85,825
2,03,85,154	To Depreciation	2,97,89,839	33,87,483	By other receipts	35,69,341
3,78,27,022	To Employment cost	4,30,54,557	1,88,73,992	By Donation income	26,84,305
1,68,88,742	To Hospital consumables	3,12,19,729	3,58,43,102	By Net deficit transfer to Mumbai Head Office a/c	6,11,04,546
1,96,942	To Insurance	1,98,257			
2,76,16,156	To Medical relief assistance	3,17,29,744			
15,27,502	To Other consumables	20,69,517			
88,05,666	To Power & fuel	71,86,402			
72,26,780	To Repairs & maintenance	81,73,454			
83,162	To Rent, rates & taxes	88,520			
6,98,545	To Project TB	13,34,325			
13,73,00,774		15,71,44,017	13,73,00,774		15,71,44,017



Manager hospital promotional services Archana Kulkarni performs a ritual on a new bus

Balance Sheet as on March 31, 2025

Previous year	Liabilities	Current year	Previous year	Assets	Current year
22,53,75,228	Mumbai office control account	20,67,37,830	21,11,86,595	Fixed Assets	19,19,19,967
9,39,533	RMM Medical Relief Trust	6,44,559	-	Capital work in progress	-
20,84,582	Outstanding expenses	17,18,745	22,00,000	Fixed deposits (SBI)	9,00,000
14,35,135	Advance for expenses	15,34,309	40,15,752	Sundry debtors	56,35,512
6,31,475	Other credit balance	32,131	17,40,126	Stock	18,52,665
			25,50,697	Advance & deposits	32,69,236
			2,97,441	Income receivable	7,37,234
			84,75,342	Cash & bank balance	63,52,961
23,04,65,953		21,06,67,574	23,04,65,953		21,06,67,574



A new enhanced external counter pulsation machine was put to service during the year

Shivmani Geriatric Home

Income & Expenditure Account for the year ended March 31, 2025

Previous year	Expenditure	Current year	Previous year	Income	Current year
6,07,801	To Administration expenses	6,47,409	22,97,900	By Donation income	10,50,900
24,26,682	To Depreciation	23,83,290	2,16,36,864	By other receipts	2,25,64,572
72,03,830	To Employment cost	82,02,209			
90,309	To Insurance	99,603			
20,460	To Medical relief assistance	1,01,901			
2,22,703	To Other consumables	3,08,497			
19,10,925	To Power & fuel	18,85,893			
16,41,160	To Repairs & maintenance	19,57,046			
49,86,135	To Kitchen & canteen expenses	51,97,870			
14,594	To Rent, rates & taxes	52,238			
48,10,165	To Surplus transfer to Mumbai Head Office a/c	27,79,515			
2,39,34,764		2,36,15,472	2,39,34,764		2,36,15,472

Balance Sheet as on March 31, 2025

Previous year	Liabilities	Current year	Previous year	Assets	Current year
4,84,04,119	Mumbai office control account	5,39,50,909	2,01,94,451	Fixed Assets	2,12,43,550
1,14,256	Outstanding expenses	1,60,245	89,599	Capital work-in-progress	17,54,540
1,32,556	Sundry creditors	1,21,719	15,14,50,000	Investments	15,64,50,000
12,26,95,462	Geriatric patients deposits	12,39,25,589	1,744	Sundry debtors	2,136
31,71,104	Others	44,21,682	2,81,180	Advance & deposits	3,04,144
			2,07,670	Income receivable	4,78,131
			22,92,853	Cash & bank balance	23,47,643
17,45,17,497		18,25,80,144	17,45,17,497		18,25,80,144



A puppet group performs in a village to create health awareness

Global Hospital School of Nursing

Income & Expenditure Account for the year ended March 31, 2025

Previous year	Expenditure	Current year	Previous year	Income	Current year
3,97,894	To Administration expenses	3,85,852	55,02,599	By Other receipts	3,09,373
12,67,071	To Depreciation	11,55,775	-	By Fees receipts	41,72,875
44,65,100	To Employment cost	50,54,925	25,07,634	By Net deficit transfer to Mumbai Head Office a/c	39,60,305
7,69,242	To School consumables	6,83,190			
88,461	To Insurance	73,465			
99,580	To Other consumables	1,77,810			
2,80,108	To Power & fuel	2,65,227			
6,36,025	To Repairs & maintenance	5,90,135			
6,752	To Rent, rates & taxes	8,674			
-	To Education project	47,500			
80,10,233		84,42,553	80,10,233		84,42,553

Balance Sheet as on March 31, 2025

Previous year	Liabilities	Current year	Previous year	Assets	Current year
1,14,70,992	Mumbai office control account	97,39,196	1,10,88,174	Fixed Assets	1,00,93,085
1,872	Outstanding expenses	1,614	5,13,211	Investments	9,50,127
16,82,027	Advances for expenses	17,56,365	23,841	Advances & deposits	23,263
			13,97,243	Income receivable	3,58,936
			1,32,422	Cash & bank balance	71,763
1,31,54,891		1,14,97,175	1,31,54,891		1,14,97,175

Saroj Lalji Mehrotra Global Nursing College

Income & Expenditure Account for the year ended March 31, 2025

Previous year	Expenditure	Current year	Previous year	Income	Current year
16,95,132	To Administration expenses	10,35,710	1,48,09,783	By Other receipts	7,13,577
23,90,832	To Depreciation	21,55,907	-	By Fees receipts	1,16,44,422
88,22,106	To Employment cost	98,27,024	8,16,244	By Net deficit transfer to Mumbai Head Office a/c	31,18,256
11,60,418	To College consumables	8,92,387			
1,32,692	To Insurance	1,10,199			
38,644	To Other consumables	1,75,926			
4,20,164	To Power & fuel	4,34,728			
9,66,039	To Repairs & maintenance	8,44,374			
1,56,26,027		1,54,76,255	1,56,26,027		1,54,76,255

Balance Sheet as on March 31, 2025

Previous year	Liabilities	Current year	Previous year	Assets	Current year
1,98,02,032	Mumbai office control account	1,43,94,372	1,70,36,073	Fixed Assets	1,53,30,965
1,22,898	Outstanding expenses	1,55,310	16,24,340	Fixed deposits	32,16,593
55,38,584	Sundry creditors etc.	59,70,170	1,43,226	Advances & deposits	4,22,599
			61,67,238	Income receivable	5,32,917
			4,92,636	Cash & bank balance	10,16,779
2,54,63,513		2,05,19,852	2,54,63,513		2,05,19,852

BSES MG Hospital

Income & Expenditure Account for the year ended March 31, 2025

Previous year	Expenditure	Current year	Previous year	Income	Current year
64,13,538	Expenditure on properties	52,50,131	33,46,96,197	Hospital receipts	35,41,85,219
4,55,66,345	Establishment expenses	4,48,95,908	42,57,550	Pharmacy income (net)	57,90,238
50,24,844	Professional & legal expenses	88,29,480	48,91,973	Income from other sources	50,40,964
22,45,732	Other admin expenses	5,83,431	1,44,39,783	Interest	1,38,86,946
1,57,62,075	Depreciation	1,39,89,895	2,34,965	Canteen income	10,85,491
3,054,430	Amount transferred to reserve or specific funds	19,65,281	2,73,55,739	Donations received in cash or kind	95,08,183
30,08,52,198	Expenditure on objects of the trust	29,64,71,324	17,76,830	Amount spent on object transfer from specific fund	9,83,281
8,13,973	Canteen expenses	40,11,665			
1,06,69,902	Surplus carried to B/S	1,44,83,208			
38,76,53,037		38,76,53,037	38,76,53,037		39,04,80,322

Balance Sheet as on March 31, 2025

Previous year	Liabilities	Current year	Previous year	Assets	Current year
30,24,32,963	Trust Funds or Corpus	31,69,16,172	25,41,962	Immovable properties	23,42,452
1,75,84,363	Other Earmarked Funds	2,00,65,325	5,64,10,960	Other fixed assets	4,86,93,412
4,72,77,533	Liabilities	5,43,39,839	16,13,78,999	Investments	15,19,35,750
			1,17,73,606	Closing stock	1,10,10,514
			6,45,24,565	Advances & deposits	7,87,88,530
			4,51,78,761	Cash & bank balance	6,72,38,326
			2,54,86,007	Income outstanding	3,13,12,352
36,72,94,859		39,13,21,336	36,72,94,859		39,13,21,336



Graduate nursing students deliver a lecture in a village to create health awareness



HOTEL HILLTONE
MOUNT ABU

Commitment to Employee Well-being Building a Healthier, Happier Workforce

Comprehensive Health Check-ups and Preventive Care

At Hotel Hilltone, employee well-being remains a core organizational priority. Regular health check-ups, vaccination drives and preventive screenings are conducted to promote early detection and overall wellness.

Mental Health and Emotional Support

Recognizing the significance of mental well-being, we organize monthly counseling sessions and stress management workshops to help employees maintain a positive and balanced mindset.

Nutrition and Lifestyle Management

Our cafeteria encourages healthy lifestyle by offering nutritionally balanced meals curated to support employee energy and productivity throughout the day.

Access to Quality Healthcare

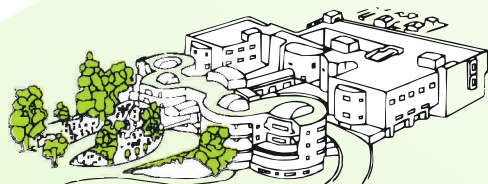
Through our association with Global Hospital, an ESI-empanelled institution, employees benefit from easy access to quality medical care and government health programs.

Emergency and Critical Health Support

Global Hospital continues to serve as a trusted healthcare partner, providing timely and effective support during medical emergencies for both employees and guests.



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Global Hospital & Research Centre

Delwara Road, Mount Abu 307501 Rajasthan, INDIA

T +91 7230000611

E info@ghrc-abu.com

URL www.ghrc-abu.com