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J Watumull **GLOBAL HOSPITAL** & Research Centre

Pre construction ceremony for Global Institute of Health Sciences

October 2 saw a ceremony to mark a step forward in the construction of the Global Institute of Health Sciences, Abu Road, a tertiary care hospital planned as complementary to the services offered by the J Watumull Global Hospital & Research Centre, Mt Abu.

The chief guest, member of the legislative assembly (MLA) from Pindwada-Abu Samaram Garasiya addressed the gathering and appreciated the detailed plans explained by the chief architect Himanshu Thakkar.

Former managing trustee late BK Nirwair was fondly remembered on the occasion. A super-specialty hospital at Abu Road was very much his vision.



▲ Senior officials from the Brahma Kumaris graced the occasion alongside the chief guest

► Administrative head of the Brahma Kumaris BK Mohini and additional administrative head BK Munni performed a ceremony at the site



Glimpses

The Global Hospital & Research Centre trust is actively fund-raising for this project. If you are interested in helping to make a difference in Sirohi, a backward but aspirational district, please email us at info@ghrc-abu.com

Spotlight on: UROLOGY

As urology surgeries pick up in J Watumull Global Hospital & Research Centre, Mt Abu, the operation theatre team has developed a strong work ethic and coordination skills. A key recent achievement was urologist, uro-oncologist and renal transplant surgeon Dr Vaibhav Vishal conducting seven major urology surgeries on a single day. These included renal stone removal, ureteric stone removal, reconstruction and emergency torsion.

Meanwhile, Dr Vishal attended the annual conference of North Zone chapter of the Urological Society of India at Jaipur from November 14 to 16, where he delivered a talk on handling a patient arriving late in the outpatient clinic.

Dr Vishal also attended a conference on advancements in endourology at Ahmedabad from December 19 to 21, an event that is the brainchild of Dr Kandarp Parik, a senior urology consultant from Ahmedabad, and which was organised by the Urology Society of Gujarat and the Ahmedabad Urology Association.



Urologist, uro-oncologist and renal transplant surgeon Dr Vaibhav Vishal at a conference on advancements in endourology



Assistant manager, hospital promotional services, Jagat Pratap Singh, at OPSCON (front row, extreme left)

CONFERENCE AND TRAINING UPDATE

Dr Akash Jain Potdar, registrar, Orthodontia, at the Radha Mohan Mehrotra Global Trauma Centre, attended the 59th Indian Orthodontic Conference of the Indian Orthodontic Society at Visakhapatnam from November 28 to 30. *Align smiles, transform lives* was the conference theme.

ENT surgeon Dr Gaurav Nemade attended the 44th North West Zone Conference of the Association of Otolaryngologists of India and the 22nd Himachal Pradesh Association of Otolaryngologists of India Conference at Tanda, from December 19 to 21.

Quality assurance officer Vaibhav Tiwari attended an NABH quality managers certificate course at Noida, organised by NABH and the Quality Council of India on December 14.

Assistant manager, hospital promotional services, Jagat Pratap Singh, attended OPSCON 2025, the 3rd Edition of Transforming Healthcare Operations, at KD Hospital, Ahmedabad, on December 6.



Quality assurance officer Vaibhav Tiwari attended an NABH quality managers certificate course



A new dental chair was put to service thanks to support from Verena Lipp-Gass (Heidi), a Mt Abu resident

Asset upgrades

Asset upgrades included the procurement of a flexible digital disposable ureteroscope for the operation theatre, and a dental chair and imaging plate system for J Watumull Global Hospital & Research Centre, Mt Abu, and a vision camera, a camera and two slit lamps for the Global Hospital Institute of Ophthalmology, Abu Road.

BLOOD BANKING UPDATE

The Rotary International Global Hospital Blood Bank collected 1,985 units of blood, 23% from donation programmes and the rest from walk-ins.

Three blood donation events yielded more than 100 units of blood each, a programme organised by the Vishwa Hindu Parishad, Reodhar (168 units), one by NTC Ventures Private Limited, Swaroopganj (144 units) and one by the Mali Samaj Youth Committee, Gulabganj (130 units).

The blood was processed into 4,095 units of whole blood, packed cells, fresh frozen plasma, platelets and cryoprecipitate.

4,195 units were issued to 1,335 patients, 10% for free. Only 20% of the units were used in-house.



Specialist's consultations

Dr Vinod K Abhichandani, endocrinologist & diabetologist from Ahmedabad, saw 57 patients over five visits.

Dr Swapan Gupta, associate professor, Department of Neurology, GB Pant Institute of Postgraduate Medical Education & Research, New Delhi, was consulted by 92 patients in visits over the quarter.

Plastic surgeon and varicose vein specialist from Lucknow Dr Anupam Sharan saw 39 patients.

Gastroenterologist Dr Sudhir Mankare from Mandi was consulted by 26 patients in December.



▲ Plastic surgeon and varicose vein specialist from Lucknow Dr Anupam Sharan sees a patient

► Dharmendra Kumar Singh, quality manager and PRO, Rotary International Global Hospital Blood Bank at the blood donation event organised by the Mali Society



A puppet show in progress

A Siemens-sponsored community initiative

Access to Primary Healthcare, an 18-month initiative to deliver primary healthcare services through a mobile clinic to around 50,000 socio-economically deprived people in 38 villages in Sirohi, an aspirational district, served 7,257 people, 52% were women. More than 70% patients were from below poverty line backgrounds. Further, 30% patients were aged less than five, 19% were aged 6 to 15, 46% were aged 16 to 60 and 5% were aged more than 60.

Siemens Healthineers is sponsoring this project to increase access to essential health consultation services by those at the bottom-of-the-pyramid.

Nine community awareness and screening events attracted 129 women for breast cancer and cervical cancer screening, and 993 persons for screening for non-communicable diseases.

Six puppet shows performed by experts in the local dialect helped enthuse villagers about health-related issues.

Eye care for HIV-positive people

Babu Khan, a 70-year-old resident of Jaswantpura in Jalore district, is HIV-positive, an outcome of his wife being transfused infected blood in 1990, during the delivery of her second child.

Not only did Babu Khan acquire HIV from her but their children were also diagnosed HIV-positive.

Just before the Covid-19 pandemic, Babu Khan and his wife began developing cataracts that severely impaired their vision. They visited

several hospitals, where they were advised to undergo phaco supra foldable cataract surgery. But they were repeatedly denied treatment solely because they were HIV-positive.

Years passed.. until one day they heard of the Global Hospital Institute of Ophthalmology in the neighbouring district Sirohi, which they approached asking for assistance.

Ophthalmologist Dr Sneha Khare, assured them that their surgeries

could be performed safely and successfully.

Under her expert care, both cataract surgeries were carried out smoothly and without complications. After years of waiting, the couple finally regained their vision—turning a long-held hope into reality.

I am deeply impressed by the hospital's cleanliness, hygiene standards, facilities, and the warmth and cooperation of the staff.

Babu Khan





1 October 2025 at 10:58

Physician Dr Sridivya Jaini sees patients at an outreach event

Outreach specialist consultations

A consultation programme for women's diseases in the government upper primary school in Uplibor attracted 117 patients. Physician Dr Sridivya Jaini attended to these patients. Community Service Project coordinator and medical officer Dr Ashok Dave and Dr Vikas Gurjar helped organise and

conduct this event on October 1.

The Raj Kunwar Prakashchand Agarwal Welfare Trust co-organised a free orthopaedic consultation programme in Sirohi on October 4, which attracted 41 patients. Dr Kailash Kadel, consultant orthopaedics & joint

replacement surgeon, referred several patients to J Watumull Global Hospital & Research Centre, Mt Abu, for surgery. A similar event in Mandar on November 22 attracted 41 patients. Alongside seeing patients with knee, hip, shoulder and back ailments, osteoporosis, and sports injuries, Dr

surgeon, was consulted for hernia, appendix, hydrocele, intestinal tumours, polyps, etc. Dr Nadkarni also conducted a consultation programme in Satyam Multispeciality Hospital, Sirohi, on November 27 where he saw six patients.

Urologist Dr Vaibhav Vishal addressed an audience of 85 at Pandav Bhawan, Mt Abu, on urology issues on December 9.

A multispeciality programme in the government primary school in Chandela on December 26 attracted 283 patients. Alongside Dr Nadkarni and Dr Kadel, gynaecologist Dr Piyushi Sharma, medical officer Dr Shravan Purohit, optometrist Harish Biswal and others attended to the patients.



Consultant general and laparoscopic surgeon Dr Kumarsen Nadkarni sees a patient at a remote venue

Kadel addressed the patients on the need for prompt medical attention.

A free surgery consultation programme in Swaroopganj on October 11 attracted 11 patients. Dr Kumarsen Nadkarni, general and laparoscopic



Visit to water treatment facility

World Nutrition Day

Graduate students of the Saroj Lalji Mehrotra Global Nursing College celebrated World Nutrition Day on October 27 and 28 by preparing and presenting a variety of therapeutic and age-appropriate diets, including a pregnancy diet, fatty liver diet, school-going children's diet, diet for those with anaemia and diet for adolescents.

For each diet, the students showcased a diet plan replete with nutritional values and the preparation method. The activity enhanced their understanding of balanced nutrition for different conditions and age groups. Principal Dr Supriya K and vice principal Banu Priya evaluated the students' creativity, presentation skills and subject knowledge.

National Cancer Awareness Day

On November 7, diploma students of the Global Hospital School of Nursing presented an informative and engaging skit in village Isra to create awareness of the importance of screening for oral cancer. They stressed the importance of the early detection of cancer, common signs and symptoms of oral cancer, risk factors and prevention methods. The skit encouraged 99 people to get themselves screened.

World Diabetes Day

Graduate students performed a skit to bring out the causes, symptoms, complications and preventive measures of diabetes, in the grounds of the Government Secondary School, Uplakhejra village, on the occasion of World Diabetes Day (November 14). The students also displayed posters and flashcards with relevant health messages.



Prize distribution in progress

World AIDS Day

Graduate students celebrated World AIDS Day on December 1. Fifteen students presented a skit and posters on AIDS awareness at the community health centre in Abu Road, and later at the Radha Mohan Mehrotra Global Hospital Trauma Centre, Abu Road. Associate professor Sudhanjali Behara and nursing tutor Arpita Mallik facilitated these activities.

Visit to a water treatment plant

Graduate students visited the water treatment plant at Mount Abu as part of their community health nursing subject. They were explained how water is purified and supplied, and actually saw how sedimentation, filtration, chlorination and quality testing takes place. They also learned about the importance of safe drinking water to prevent diseases.

Visit to rehabilitation centre for the blind

Graduate nursing students visited the NAB Phiroze & Noshir Merwanji Rehabilitation Centre for the Blind at Mt Abu as part of their community learning activity. They interacted with children and learned about Braille reading, mobility training, classroom routines and special learning aids. The visit helped the students develop empathy, communication skills and awareness about caring for the visually impaired.

Annual sports meet

Karate coach RS Rajput graced the annual sports meet from December 22 to 24. Sports coordinator Ratheesh R organised outdoor games such as sprints, relay races, shot put, cricket, tug of war and volleyball, and indoor games such as carom, chess and badminton.